

# AOTK NEWSLETTER

2015

Parents,

The summer is on its way. It will be time for relaxation and to soak up some sun.

Arms of the King, Inc. have transition to a Summer Program/ Before & After School Program for ages five and up. We are excited about this moved. This is a way for the older kids to have their own space. The kids will be separated into 4 groups; 5-7 girls, 5-7 boys, 8-12 girls and 8-12 boys. During the summer months, they will experience in lots of fun and hands on activities to expand their creative thinking skills. The camp starts June 15<sup>th</sup>.

The hot weather also brings out the summer bugs (mosquitoes, ants, ticks, etc) and seasonal allergies. So, it is important that you spray your child down with bug spray to prevent any bites. The bug spray that is recommend contains 20 to 30% DEET (is a chemical that inside the spray that helps prevent ticks and other bugs). If your child has allergies or asthma it is very, very important that you give him/her their medications before attending. This will allow them to enjoy the outside without any complications. Don't forget the sunscreen.

Parent's please complete your 2015 Summer Packages and get a Summer Field Trip Calendar.

\*\*\*\*Always remember to sign in and out every day.\*\*\*\*\*

**Sumer Camp Fee will get you a camp T-shirt, bag, water bottle, folder, journal and lots of learning activities.**

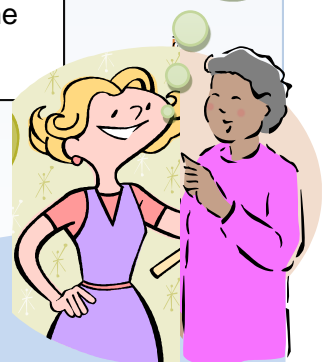
## 6 Summer Safety Tips

- **Drink plenty of water.**
- **Never leave children or pets in the car for any given time.**
- **Take breaks from the sun.**
- **If you are outdoors for a long period of time, Use Sunscreen.(for EVERYBODY)**
- **Follow all safety rules in the pool, wear your life jackets and make sure there is a certified lifeguard on patrol or someone who knows CPR.**
- **Take all necessary medication to avoid any attacks or sickness.**



Parents, I can't stress the importance of talking to your child's counselor to let them know if there's something new is going on with them. We are a team and we have to work together to ensure our children are receiving the best care.

Thank you for the new information



**GET READY, GET SET, LET'S GO EXPLORE!!!!**

## Summer Fun with a twist

This is a cool idea to enjoy while having fun.

Your little one can learn many educational skills like:

- Counting-how many fruit you use
- Colors- what's the color of the fruit
- Sorting-you can mix the fruit in a bowl & have your child sort them by colors
- The feel of different textures-your child can touch all the ingredients and have them explain how it feels.

Let's make some fruit smoothie, you will need:

- Choose two or more different fresh fruit, such as, strawberries, pineapples, or peaches.
- Crushed ice.
- Some yogurt
- Some juice of your choice.

Next, combine all ingredients in a blender, until everything is well blended. Enjoy!!  
Refrigerate the left over smoothie.

Don't Forget! A.O.T.K. Referral Program

Refer a Friend or Family Member and receive \$25 off your tuition.

Come in to volunteer to read a book to your child's class or come share a talent or something about your career



A smile and a hug  
go a long way.



The Summer Camp will include our reading program which will allow each child to read and keep a log of it. Once the log is completed and initial by the teacher; the child will receive a prize. They will also have other work assignments to keep them abreast with their learning.



Remember, your feedback is always welcome. The Red Communication box is located on the sign in table, just place your comments/concerns inside and they will be taken into consideration.



## Mark your calendar!!!

- Closed on the 4<sup>th</sup> of July
- Camp will be closed the last week of summer(August 31<sup>st</sup> - September 4<sup>th</sup>)
- Closed for Labor Day- Sept. 7<sup>th</sup>
- When you attend your child's Open House for the new school year, please do a daycare transportation form. Check with the school to see if Newport News Transportation services the daycare address.

Let's have a Safe and Fun Summer!