## ELK RAPIDS YOUTH SOCCER CAMP 2017

Grades K-7th Ages 4-13, Boys and Girls

## WHEN:

June 12-14th Mon-Wed Rain or Shine TIME:

9-11:30am

WHERE:

**Elk Rapids High School** 

## COST:

\$50 payable to ERHS Girls Soccer

If Registered by May22 T-Shirt guarenteed











## **DAILY SCHEDULE**

9-9:10 Warm up/ Review 9:10-9:15 Introduce Skill 9:15-9:45 Drills 9:45-9:50 Water Break 9:50-9:55 Introduce Skill 9:55-10:25 Drills 10:25-10:30 Water Break 10:30-10:40 Review Skills 10:40-11:15 GAME/Contest 11:15-11:20 Cool Down

EQUIPTMENT to Wear/Bring:

T-Shirt
Shorts
Shinguards
Soccer Shoes & Gym Shoes
(please bring both in case
camp is moved to the gym)
Soccer Ball
Water Bottle
\*PLEASE make sure all
beongings have NAME on
them

Questions???
Coach Andrea Krakow @
231-392-4900 or email @
andreagkrakow@gmail.com
or fax 231-322-2731

| PLEASE turn in this portion  |
|------------------------------|
| of from with camp fee to     |
| Lakeland, Mill Creek, or CMS |
| office or to Coach Andrea    |
| Krakow.                      |
| NAME                         |
| AddressZipPhone              |
| GradeAge                     |
| T-Shirt Size                 |
|                              |

| Printed Name      |
|-------------------|
| Emergency Contact |
| <u> </u>          |
| Phone             |
| Insurance and #   |
|                   |