



QUIET TIME STUDY -- LEADER'S COPY

(NOTE: Scripture references are taken from the NIV translation of the Bible.)

From the passages listed below write down a **REASON** for having a daily fellowship with God.

- A. John 1:3-4 We proclaim to you what we have seen and heard, so that you also may have fellowship with us. And our fellowship is with the Father and with his Son, Jesus Christ. We write this to make our joy complete. REASON - To complete our joy.
- B. Deuteronomy 8:3 He humbled you, causing you to hunger and then feeding you with manna, which neither you nor your fathers had known, to teach you that man does not live on bread alone but on every word that comes from the mouth of the Lord. REASON - to receive the daily nourishment of God's word into our body and mind.
- C. Psalm 119:9 How can a young man keep his way pure? By living according to your word. REASON - Learn the ways to have a pure life.
- D. Romans 12:2 Do not conform any longer to the pattern of this world, but be transformed by the renewing of your mind. REASON - Have my mind renewed to a better way to process the issues of life.
- E. Psalm 25:4-5 He who has clean hands and a pure heart, who does not lift up his soul to an idol or swear by what is false. He will receive blessing from the Lord and vindication from God his Savior. REASON - Receive God's blessing by not worshiping idols.
- F. Psalm 16:11 You have made known to me the path of life; you will fill me with joy in your presence, with eternal pleasures at your right hand. REASON - Receive joy by being up close to God.
- G. Psalm 37:4 Delight yourself in the Lord and he will give you the desires of your heart. REASON - God will provide me the desires of my heart as I find delight in his presence.
- H. Jeremiah 33:3 Call to me and I will answer you and tell you great and unsearchable things you do not know. REASON - I can learn great things when I call upon the Lord.
- I. Exodus 33:13 (Moses is speaking) "If you are pleased with me, teach me your ways so I may know you and continue to find favor with you. Remember that this nation is your people." REASON - Like the people of Israel, I am chosen by God, and His favor is available to me.

What are some of the **ATTITUDES** we should have as we approach our time with God?

- A. Psalm 27:4 One thing I ask of the Lord, this is what I seek; that I may dwell in the house of the Lord all the days of my life, to gaze upon the beauty of the Lord and to seek him in his temple. ATTITUDE - Desire to be in close fellowship with God throughout time.

- B. Psalm 27:7-8 Hear my voice when I call O Lord; be merciful to me and answer me. My heart says of you, "Seek his face!" Your face, Lord, I will seek. ATTITUDE -- Anticipate God's closeness by seeking Him.
- C. Psalm 63:1 O God, you are my God, earnestly I seek you; my soul thirsts for you, by body longs for you in a dry and weary land where there is no water. ATTITUDE - Have a great desire, a thirst, to be close to God.
- D. Psalm 119:30 I have chosen the way of truth; I have set my heart on your laws. ATTITUDE - Choose to know and follow God's truths.
- E. Psalm 119:147 I rise before dawn and cry for help; I have put my hope in your word. ATTITUDE - Rightly hope in the Lord's word.
- F. Psalm 139:23-24 See if there is any offensive way in me, and lead me in the way everlasting. ATTITUDE - Desire to be led in the way of everlasting life because of the removal by God of my sin.
- G. John 14:21 "Whoever has my commands and obeys them, he is the one who loves me. He who loves me will be loved by my Father, and I too will love him and show myself to him." ATTITUDE - Obedience to God's commands.

What are some things we can **ASK** God to give us as we approach our time with Him?

- A. Psalm 119:18 Open my eyes that I may see wonderful things in your law. ASK FOR - Revelation of the things God has in his law.
- B. Psalm 119:27 Let me understand the teaching of your precepts; then I will meditate on your wonders. ASK FOR - Understanding of God's words and laws (precepts).
- C. Psalm 119:33-34 Give me understanding, and I will keep your law and obey it with all my heart. ASK FOR - Understanding of the law.
- D. Psalm 119:35-36 Direct me in the path of your commands, for there I find delight. Turn my heart toward your statutes and not toward selfish gain. ASK FOR - A clear direction of God's commands.
- E. Psalm 119:38 Fulfill your promise to your servant, so that you may be feared. ASK FOR - The promise by God so that I will fear him.
- F. Psalm 119:66 Teach me knowledge and good judgment, for I believe in your command. ASK FOR - knowledge and good judgment

The Scripture tells us about people who had daily fellowship with God. From the passages below write down the name of who the person was and what they did to have fellowship with God.

- A. Exodus 33:11 - 34:8 Moses: He would speak face-to-face with God in the tent of meeting. He expressed his desire to be close to God and God spoke with him.
- B. Genesis 19:27 Abraham: He would get up early and go to the place where he stood before the Lord.
- C. Isaiah 50:4-5 Isaiah: He has a 'quiet time' in the morning to listen to God's instructions .

- D. Psalm 5:3 David: He has a morning 'quiet time' with the Lord to have a two-way conversation with Him.
- E. Job 1:5 Job: Early in the morning he sacrificed a burn offering.
- F. Daniel 6:10-11 Daniel: He went to the Lord in prayer three times a day in his upstairs room.
- G. Luke 10:38-42 Mary: She sat at Jesus' feet to listen to Him, while her sister, Martha, was too distracted to do so
- H. Mark 1:35 Jesus: Early in the morning He would go to solitary place where could be alone to be in prayer with His Father.

What are some of the **RESULTS** from spending time with God?

- A. Psalm 16:11 You have made known to me the path of life; you will fill me with joy in your presence, with eternal pleasures at your right hand.
RESULT - I will be filled with joy and even eternal pleasures.
- B. Psalm 119:37 Turn my eyes away from worthless things; preserve my life according to your word (way). RESULT - My life will be revived as I avoid the things that have no eternal value.
- C. Psalm 119:41-42 May your unfailing love come to me, O Lord, your salvation according to your promise; then I will answer the one who taunts me, for I trust in your word. RESULT - I will overcome and have victory in life by having placed my trust in the word of the Lord.
- D. Psalm 119:66 Teach me knowledge and good judgment, for I believe in your commands. RESULT -- I can gain the knowledge and good judgment I will need in life as I believe follow the Lord's commands.
- E. Psalm 119:105 Your word is a lamp to my feet and a light for my path. RESULT - I can live and walk through life well because I have the word of the Lord to guide me.
- F. Psalm 119:130 The unfolding of your words gives light; it gives understanding to the simple. RESULT -- God's words shine through the darkness and help me to understand what is required of me.
- G. John 15:7 If you remain in me and my words remain in you, ask whatever you wish, and it will be given you. RESULT -- As I live with the words of the Lord guiding me, I will receive that which I request.
- H. Isaiah 41:10 So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand. ((NOTE: WHO SITS AT THE RIGHT HAND OF GOD? JESUS --1st Peter 3: 22)) RESULT -- I have no reason to fear because God is with me to strengthen and hold me close.
- I. Psalm 16:8 I have set the Lord always before me. Because he is at my right hand, I will not be shaken. RESULT - I am always secure because my Lord is right in front of me to protect me from whatever lies ahead.
- J. Acts 4:13 When they (members of the Sanhedrin) saw the courage of Peter and John and realized that they were unschooled, ordinary men,

they were astonished and they took note that these men had been with Jesus. RESULT - Jesus will provide what needs to be said by me when I am called to speak of Him.