

January 2018 Newsletter

Hello! I hope that your 2018 is starting off great. I always feel excitement about the possibilities that the new year holds for me both personally and professionally. I am truly excited about 2018. Personally I am focused on my physical fitness. I used to go to the gym 4 - 5 days a week but in the last 2 years that dwindled down to 1 day or no days. So this month I have pushed myself to exercise 2 days a week and so far I have stuck with that. Next month I will increase it to 3 days a week. I'm also focused on eating healthier. I just have a question....why can't junk food be healthy??? Sooo I have been more focused on cutting out bread, starch, sweets and snacks and increasing my vegetables and fruits. Please send me some encouragement and positive vibes on this!

With my business, I started off 2018 with my FREE webinar "Money Mindset for 2018" and being interviewed by Double Dose Entertainment and sponsoring their radio show for the next 3 months. I have also continued with my weekly Tuesday Lunchtime Finance on FB Live. I plan to do more FB Lives this year with my goal of letting you get to know even more about me and the results I bring to my clients. The new semester has started and I have a great group of students in my Personal Financial Management classes. They always keep me on my toes!

As well, I want to hear from you more this year. Please "comment" on my posts and of course, like and share. You can always reach out to me and let me know what you are interested in that you will help you in your own Financial Fitness journey.

Starting **February 6th**, my newest program – **Financial Fitness Boot Camp** will begin. This is an 8-week group coaching program that I do live, online each week. This makes it convenient for you to participate and I can serve more people but because I do it live, you can ask me questions each week. For details and to enroll, visit my website at <http://www.fiercelyfinancial.com>

I will also increase my focus on my corporate work this year. I want to do more workshops for employees through my **Workplace Financial Fitness Program**. My goal for 2018 is to educate **1,000** employees! Who can I connect with at your company to bring this amazing program onsite for you

and your co-workers? You can visit my website <http://www.fiercelyfinancial.com> under "Employee Programs" for details and email me at coaching@fiercelyfinancial.com to discuss.

To get you started on your Financial Fitness for 2018 please read my **"5 Easy Money Moves to Improve your Finances"**.

The infographic is on a yellow background. At the top left is a sticky note icon with the text "Financial Tips". To its right is the title "5 Easy Money Moves to Improve Your Finances". Below the title are five numbered tips. At the bottom left is a small portrait of Audrey Washington. To her right is her name and title: "Audrey Washington, Founder/CEO Fiercely Financial Coaching Personal Finance Coach, Speaker and Author". At the bottom right is the Fiercely Financial Coaching logo, which consists of three interlocking circles and the text "Fiercely Financial Coaching".

Financial Tips

"5 Easy Money Moves to Improve Your Finances"

Tip #1 - Saving - Open a savings account and set up your automatic deposit.

Tip #2 - Credit Reports - Order your FREE credit reports from annualcreditreport.com

Tip #3 - Reduce Expenses - Think of 1 expense that you can eliminate or reduce.

Tip #4 - Bank Statements - Review your bank statements for errors; contact your bank to credit your money back.

Tip #5 - Reduce Debt - Make a list of your debts and identify 1 account to start paying off.

Audrey Washington, Founder/CEO
Fiercely Financial Coaching
Personal Finance Coach, Speaker and Author

Fiercely
Financial Coaching

And be sure to watch my FREE webinar "Money Mindset for 2018". When you change your thinking, you can improve your money and finances <http://bit.ly/MoneyMindsetfor2018>.

5 People....As always, please share my newsletter with 5 people. Wishing you a phenomenal 2018!

#FierceLife

Be fierce in your finances!

Audrey

Equifax Security Breach

I shared this last year but it is still important to observe your accounts. In

early September 2017, Equifax announced a massive security breach that they have reported affected 145 million people. Be sure to go to the website that has been set up at <http://equifaxsecurity2017.com> to learn more about the breach and what you need to do.

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"Be fierce in your finances!"