

2014

CSAA CROSS COUNTRY INFORMATION AND RULES

LOUISVILLE CSAA CHAMPIONSHIP The 2014 meet will be held on Tuesday, October 7 at E. P. "Tom" Sawyer Park, 2800 Freys Hill Road 40241. The Fun Meet will be at the same location on Monday, October 6.

CSAA CHAMPIONSHIP SCHEDULE

<u>Start</u>	<u>Grades</u>	<u>Gender</u>	<u>Distance</u>
6:00	5th - 6th	Girls	1.00 mile
6:15	5th - 6th	Boys	1.00 mile
6:30	7th - 8th	Girls	1.25 miles
6:50	7th - 8th	Boys	1.25 miles

FUN RUN SCHEDULE

5:40	1st - 2nd	Girls	0.50 mile
5:55	1st - 2nd	Boys	0.50 mile
6:10	3rd	Girls	0.50 mile
6:25	3rd	Boys	0.50 mile
6:40	4th	Girls	0.75 mile
6:45	4th	Boys	0.75 mile

TEAM SIZE A parish must compete with a minimum of four runners to receive a team score. There is no limit to the number of runners a parish may enter. Parishes may enter fewer than four runners but their finishing places will not count toward a team score. Schools may not merge teams.

TEAM SCORING

<u>Place</u>	<u>First</u>	<u>Second</u>	<u>Third</u>	<u>Fourth</u>	<u>Fifth</u>	<u>Etc.</u>
Points	1	2	3	4	5	Etc.

All competitors who finish the race shall be ranked and tallied in accordance with the above table. Up to seven team members retain their order of finish. Any team members beyond seven shall not displace any opposing runners. The team score shall then be determined by totaling the scores of the first four runners of each team. The team which scores the fewest number of points is the winner.

Ties in team scoring shall be resolved by comparing the fifth place finishers from the tying teams. The team with the best fifth place finisher shall prevail. If one team does not have a fifth place finisher, the team with the fifth place finisher shall prevail.

COMPETITOR IDENTIFICATION Each runner will be assigned a unique number to be worn on the front of his/her uniform. This number will contain a chip.

Upon crossing the finish line, the chip pad will record each number - and the corresponding finishing place and time - and automatically upload it into the computer.

THESE RACE NUMBERS MUST BE RETURNED UPON COMPLETION. FAILURE TO DO SO WILL RESULT IN A \$10 FEE FOR EACH UNRETURNED NUMBER.

RACE RESULTS Finishing places, times and team scores will be automatically determined using the above systems.

FINALS Each race is a final. There are no heats or classes.

STARTING LINE PROCEDURES Although somewhat dependent on the number of schools participating, each team will generally be allowed to line up a minimum of three runners on the starting line. Additional team members will fill in behind the front runners. Each starting box will be equidistant to the first turn in the race.

RULES The meet will be governed by the National Federation High School Rules.

UNIFORMS All teams must wear matching shirts.

COURSE MARKINGS Each course will be marked with a variety of flags, ropes, cones and paint. Race officials - as available - will be posted at strategic junctures along the route.

AWARDS Trophies will be awarded to Champion, Runner-Up and Third Place teams. Medals will be presented to the first three finishers. Ribbons will be given to the first 20 individuals.

ELIGIBILITY RULES Participants must run in the division as dictated by their grade. A 5th or 6th grade runner may not compete on an 8th grade team.

TEAM ROSTER Team Rosters are due September 29. Rosters must be delivered using hytek software to David Flaughter at dflaughteris@gmail.com. The CSAA franchise fee will only be charged for those who compete so please turn in a complete roster.

SPIKES Spikes are not allowed.

COURSE LOCATION The course is located in the southeast corner of Sawyer park. Follow signs to the BMX track. A good Google address to use is 2800 Freys Hill Rd. From Westport Rd., turn south onto Freys Hill Rd., travel 1.1 miles and turn right into the Park. From LaGrange Rd., turn north onto Lakeland Rd. for 0.8 miles, and then left onto Freys Hill Rd. Course entrance is 0.3 miles on the left. NOTE - THIS IS NOT THE MAIN ENTRANCE.

PARKING Primary parking areas are the "BMX" lot and the "softball" lot. Overflow parking will be in the main lot. Based upon the weather, there is a possibility that the field directly across from the course may be available as well. DO NOT PARK ON THE GRASS!

TENTS Tents are allowed anywhere other than on the actual courses and in the open area surrounding the finish line. Preferred locations would be directly against the fence by the BMX track and along the tree line of the 4th and under starting area.

CONCESSIONS Tom Sawyer Park will be providing concessions.