



1949 GOLDSMITH LANE, SUITE 101, LOUISVILLE, KY 40218
456-2722 www.loucsaa.org

2015 CSAA TRACK MEET

January 29, 2015

To all AD's and Track Coordinators,

TRACK AND FIELD SEASON STARTING DATE: Official practice may begin March 2nd. No parish sponsored clinics, practices, or workouts are allowed before this date.

MANDATORY MEETING: Track Coaches must attend a meeting on March 3rd at the Catholic School Athletic Association Office located at 1949 Goldsmith Lane unit 101 at 6:00PM.

CSAA Track Coordinator, Mr. Kyle Yochum, will cover divisions, starting times, division sheets, rule sheets, order of events and entry process at the meeting.

Every participant must have a completed CSAA Eligibility Certification Form on file in the CSAA office

The 2014 CSAA Track Meet - Sunday, April 26th, 2014 at St. Xavier High School

REGISTRATION: Teams will use Hytek to register their athletes for races. Running events will be seeded based on best times. Coaches should enter their athletes by time according to actual past performances, ideally from races, but in time trials or practice if necessary.

Registrations with times must be submitted via e-mail to Coach Kyle Yochum at yochumk@saintxfac.com by April 22nd. All teams must submit an entry by this date.

LATE CHANGES WILL BE ACCEPTED UNTIL APRIL 25th. Athletes added or replaced after the initial entry date will not be seeded and will not appear in the program.

Reception of all entry files will be confirmed via email.
Email changes under the subject line "CSAA Changes for _____" (give your school name.)

EVENTS

EACH PARTICIPANT IS ALLOWED TO ENTER A MAXIMUM OF FOUR EVENTS

ALL RUNNING EVENTS WILL BE IN METERS.

SR. BOYS

High Jump
Shot Put – 8 LB.
Long Jump
55 Meters Hurdles
100 Meters Dash
200 Meters Run
400 Meters Run
800 Meters Run
1600 Meter Run
4 x 100 Meter Relay

JR. BOYS

High Jump
Shot Put - 6 LB.
Long Jump
55 Meters Hurdles
55 Meters Dash
100 Meters Dash
200 Meters Run
400 Meters Run
800 Meters Run
1600 Meter Run
4 x 100 Meter Relay

SR.GIRLS

High Jump
Shot Put - 6 LB.
Long Jump
55 Meters Hurdles
100 Meters Dash
200 Meters Run
400 Meters Run
800 Meters Run
1600 Meter Run
4 x 100 Meter Relay

JR. GIRLS

High Jump
Shot Put – 6 LB.
Long Jump
55 Meters Hurdles
55 Meters Dash
100 Meters Dash
200 Meters Run
400 Meters Run
800 Meters Run
1600 Meter Run
4x 100 Meter Relay

Note – The 55 meter hurdle event will include (or go over) 5 hurdles. This conforms to National Federation standards.

FRANCHISE FEE: There will be franchise fee of \$11.00 per participant.

The CSAA “FUN MEET” will take place at ST. PIUS X on Saturday May 9th at 10:00AM.

Boys and Girls 1st through 4th grade only are eligible to participate
The Fun Meet fee is \$3.00 per participant.

Children may participate in 3 of these 4 events: 60 yd. dash, 75 yd. dash, 220 yd dash & Long Jump.

Please check the above times and dates to be sure that you know where and when your school will be participating.

Please contact the CSAA Office at 456-2722 if you have any questions.
CSAA Track Director, Kyle Yochum can be reached at his e-mail address (yochumk@saintxfac.com) with any specific registration or event-related questions.

Thank you,

Rick Arnold
CSAA Executive Director

Kyle Yochum
CSAA Track Director