



CATHOLIC SCHOOL ATHLETIC ASSOCIATION
1949 GOLDSMITH LANE, SUITE 101, LOUISVILLE, KY 40218
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July 31, 2014

To all ADs and Cross Country Coordinators,

Cross Country practice may begin August 1 for 1st through 8th grades. All boys and girls are eligible for participation even if they are involved in other fall sports such as football or volleyball.

The season will conclude with the CSAA Championship Meet for the 5th through 8th grades on Tuesday, October 7 - pending final approval of the race site. A Fun Run for the 1st through 4th grades will be held on Monday, October 6 - also pending final approval of the race site

Parishes are welcome to conduct their own or participate in dual, triangular and/or invitational meets prior to the CSAA Championship.

A Mandatory meeting for Cross Country Coaches will take place August 6th, 2014 at 5:30 PM in the CSAA Office.

Eligibility Certification Forms must be on file with the CSAA office and the participant's parish in order to participate in the CSAA meet.

Teams will consist of all runners from the parish. The first four runners from each parish will combine for the team total. Parishes may also enter individual runners if there are not enough to create a team. Awards will be given on team and individual basis.

The Senior division will consist of 7th and 8th grade girls and boys races each covering a distance of 1 1/4 miles. The Junior division will consist of 5th and 6th grade girls and boys races each covering a distance of 1 mile. First through fourth grade students are not eligible for the Junior and Senior Divisions. The entry fee is \$8 per competitor.

The Fun Run will be divided into separate boys and girls races. The 4th grade will race 3/4 mile, 3rd grade will race 1/2 mile and the combined 1st and 2nd grade race will also cover 1/2 mile. Participation ribbons will be given to all finishers. The entry fee will be \$3.00 per person.

In order for the CSAA Championship Cross Country meet to be successful, we will need volunteers from each school to help with the course and finish line. Please call the CSAA office at 456-2722 or Joe Buechler at 303-4597 (or joebuechler62@gmail.com) to let us know the names of the individuals that will be helping.

Looking forward to the season.

Joe Buechler,
CSAA CC Coordinator

Rick Arnold,
CSAA Executive Director