

Summer strength and conditioning will be held **Mondays-Thursdays** AND a couple **Fridays** from **8am-10am** at the **fieldhouse weight room**.

July 2019

VBALL and BBALL practices will be on the corresponding day and times. If you play both basketball and volleyball go to the one with the (**) that week.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Davis - Davis	1 SC VBALL ** 10-12	2 SC	3 OFF	4 FACILITIES CLOSED	5 OFF	6
7 Fetty-Masood	8 SC VBALL ** 10-12	9 FACILITIES CLOSED	10 FACILITIES CLOSED	11 SC	12 SC	13
	TGCA GIRLS COACHES CLINIC IN ARLINGTON					
14 Wilfong - Hoge	15 SC BBALL ** 10-12	16 SC	17 SC	18 SC	19	20 Varsity Volleyball Team Camp at A & M
21 Hoge-Masood	22 FACILITIES CLOSED	23 FACILITIES CLOSED	24 SC	25 SC	26 SC	27
Varsity Volleyball Team Camp at A and M	Varsity Volleyball Team Camp at A and M					
28 Wilfong-Fetty	29 SC VBALL ** 10-12	30 SC	31 VOLLEYBALL COACHES WORKDAY 9-2	2 A DAYS START 7:30AM		