

# The Pump Jack Classic November 17-18, 2018 COM Aquatics, Midland TX



AAU Sanction #	Available soon
MEET DIRECTOR:	Gabi Chereches   com.diving.team@gmail.com   (432) 684-7755 ext. 111
MEET SITE:	3003 North A Street, Midland, TX 79705
ENTRY FEES/ REGISTRATION:	Register at <u>www.divemeets.com</u> by Friday, November 16 <sup>th</sup> at 9am (CT) Junior, Intermediate and Future Champions \$35 per event \$30 one-time late fee (no late fee for Synchronized events) \$40 deck entry per event due 1.5 hour before event starts If competing in all three events no charge for Synchronized events
FACILITY:	Four 1 meter springboards. Four 3 meter springboards. Full stack of platforms 1, 3, 5, 7.5 & 10 meters. The diving pool depth is 16/5 ft.
AWARDS:	Top eight places medals.
EVENTS/ AGE GROUPS:	<ul> <li>Junior Events (register on Divemeets.com)</li> <li>1M &amp; 3M Springboard: 9&amp;Under, 10-11, 12-13, 14-15, 16&amp;Up</li> <li>Platform: 11&amp;Under, 12-13, 14&amp;Up</li> <li>Junior Synchro Events (register on Divemeets.com or on deck with no late fee)</li> <li>3M Springboard and Platform: 13&amp;Under, 14&amp;Up</li> <li>Future Champions Events (register on Divemeets.com)</li> <li>1M &amp; 3M Springboard and Platform: 7&amp;Under, 8-9, 10-11, 12&amp;Up</li> <li>Intermediate Events (register on Divemeets.com)</li> <li>11&amp; Under, 12&amp;Up (1M &amp; 3M Springboard and Platform)</li> <li>Novice Synchro Events (register on Divemeets.com or on deck with no late fee)</li> <li>1M and 3M Springboard: No age restriction</li> </ul>
PRACTICE TIMES:	<ul> <li>Friday, November 16<sup>th</sup>: Open practice 3pm-7:30pm.</li> <li>Saturday, November 17<sup>th</sup>: Pool opens at 7am. Open practice 7-8:30am. Event warm-up 8:30-9am. Event starts at 9am. Pool open for practice for 1 hour after the last event.</li> <li>Sunday, November 18<sup>th</sup>: Pool opens at 7am. Open practice 7-8:30am. Event warm-up 8:30-9am. Event starts at 9am.</li> <li>Warm-up between events is 30 minutes. Competition boards are only open to the divers competing in the next event, all other boards are open for all divers.</li> </ul>
<ul><li>All participan</li><li>AAU member</li></ul>	licensed by the Amateur Athletic Union of the U.S., Inc. ts must have a current AAU membership. rship may not be included as part of the entry fee to the event. thlete membership must be obtained before the competition begins, except where the event operator has

a laptop available with an internet connection. Be Prepared: Adult and Non-Athlete memberships are no longer instant and cannot be applied for at an event. Due to background screenings, please allow up to 10 days for adult memberships to be processed.

Participants are encouraged to visit the AAU website www.aausports.org to obtain their membership.

Note: any contacts listed within this flyer MUST have a current AAU Membership.

# **Junior Rules**

Divers must compete in their age group. USA Diving Competitive and Technical Rules: <u>https://www.teamusa.org/usa-diving/resources/rulebook</u>

# Subpart C - Junior Rules

# 2018 Rulebook

### Junior Individual Springboard 1-meter and 3-meter Competition

#### 9&Under Boys and Girls (five dives)

Three (3) voluntary dives from different groups and all must be '01 dives in the tuck position (101c, 201c, 301c, 401c) and true degree of difficulty. Two (2) optional dives from different groups with a degree of difficulty limit of 2.2 on 1-meter and 2.6 on 3-meter.

### 10-11 or 11&Under Boys and Girls (FINA Group D) (six dives)

Three (3) voluntary dives from different groups and all must be '01 dives in the tuck position (101c, 201c, 301c, 401c) and true degree of difficulty. Three (3) optional dives from different groups with a degree of difficulty limit of 2.2 on 1-meter and 2.6 on 3-meter.

### 12-13 Boys and Girls (FINA Group C) (eight dives)

Five (5) voluntary dives from different groups and all have an assigned degree of difficulty of 1.8 on 1-meter and 1.9 on 3-meter. When doing the front/inward voluntary, one (1) must be tuck and one (1) must be pike. When the doing the back/reverse voluntary, one (1) must be tuck and one (1) must be tuck and one (1) must be pike. Three (3) optional dives from different groups with a degree of difficulty limit of 2.4 on 1-meter and 2.8 on 3-meter.

#### 14-15 Boys (nine dives) and Girls (eight dives) (FINA Group B)

Five (5) voluntary dives from different groups with a cumulative degree of difficulty not to exceed 9.0 on 1-meter and 9.5 on 3-meter. Four (4) optional dives for Boys from different groups without limit of degree of difficulty. Three (3) optional dives for Girls from different groups without limit of degree of difficulty.

#### 16&Up Boys (eleven dives) and Girls (ten dives) (FINA Group A+)

Five (5) voluntary dives from different groups with a cumulative degree of difficulty not to exceed 9.0 on 1-meter and 9.5 on 3-meter. Six (6) optional dives for Boys from five groups with one group being repeated without limit of degree of difficulty. Five (5) optional dives for Girls from different groups without limit of degree of difficulty.

#### Junior Individual Platform Competition

#### 9&Under Boys and Girls (four dives on 5-meter only)

Two (2) voluntary dives from different groups with a cumulative degree of difficulty not to exceed 3.4.

Two (2) optional dives from different groups with a degree of difficulty limit of 2.6.

#### 10-11 or 11&Under Boys and Girls (FINA Group D) (five dives on 5-meter only)

Three (3) voluntary dives from different groups with a cumulative degree of difficulty not to exceed 5.4.

Two (2) optional dives from different groups with a degree of difficulty limit of 2.6.

#### 12-13 Boys (seven dives) and Girls (six dives) on 5-meter or 7.5-meter only (FINA Group C)

Four (4) voluntary dives from different groups with a cumulative degree of difficulty not to exceed 7.6.

Three (3) optional dives for Boys from different groups with a degree of difficulty limit of 2.8.

Two (2) optional dives for Girls from different groups with a degree of difficulty limit of 2.8.

#### 14-15 Boys (eight dives) and Girls (seven dives) on 5-meter, 7.5-meter or 10-meter (FINA Group B)

Four (4) voluntary dives with cumulative degree of difficulty not to exceed 7.6.

Four (4) optional dives for Boys from different groups without limit of degree of difficulty, at least five different groups must be used in the competition.

Three (3) optional dives for Girls from different groups without limit of degree of difficulty, at least five different groups must be used in the competition.

#### 16&Up Boys (ten dives) and Girls (nine dives) on 5-meter, 7.5-meter or 10-meter (FINA Group A+)

Four (4) voluntary dives from different groups with a cumulative maximum degree of difficulty of 7.6.

Six (6) optional dives for Boys from different groups without limit of degree of difficulty.

Five (5) optional dives from different groups without limit of degree of difficulty.

# Junior Synchro

Divers may compete with different partners and mixed gender, up to three synchro teams.

13&Under Girls and Boys 3M Springboard (6 dives)

4 voluntary dives from different groups; each voluntary with a DD of 2.0

2 optional dives from different group

13&Under Girls and Boys 5M Platform (5 dives on 5M only from 4 different groups)

3 voluntary dives from different groups; each voluntary with a DD of 2.0

2 optional dives from different group

14&Up Girls and Boys 3M Springboard & Platform 5M, 7M or 10M (6 dives from 5 different groups)

3 voluntary dives from different groups; each voluntary with a DD of 2.0

3 optional dives from different group

# Intermediate and Future Champions (FC) Rules

Divers must compete in their age group in the Future Champions events.

Intermediate age groups Girls and Boys

11&Under | 12&Up

Future Champions age groups Girls and Boys

7&Under | 8-9 | 10-11 | 12&Up

# **Event Rules**

1M and 3M Springboard (5 Dives)

- Intermediate maximum two (2) skills, skills are not required.
- **Future Champions** minimum three (3) skills are required, may do all skill for the five (5 dives), maximum Degree of Difficulty is 1.8 on dives.
- may repeat dives in different position
- any approach is allowed (standing, bouncing, one or multiple step hurdle)

# Platform (1M, 3M, 5M, 7.5M and 10M)

5 Dives from the Future Champions Bank of Dives

- Intermediate maximum two (2) skills, skills are not required.
- **Future Champions** minimum three (3) skills are required, may do all skill for the five (5 dives), maximum Degree of Difficulty is 1.8 on dives.
- may repeat dives from different platform height
- may repeat dives in different position from the same platform height
- any approach is allowed (standing, one or multiple step approach)
- 1M platform is the same degree of difficulty as 1M springboard
- 3M platform is the same degree of difficulty as 3M springboard

# Intermediate & Future Champions Bank of Dives

- Skills: 100 A, B, C 1.0 degree of difficulty
  - 200 A,B,C 1.0 degree of difficulty
    - 001 A,B,C 1.2 degree of difficulty
    - 002 A,B,C 1.3 degree of difficulty

Dives: Any dives with true degree of difficulty from **<u>FINA Table of Degrees of Difficulty</u>** 

# Novice Synchro 1M and 3M Springboard

*No age groups, divers may compete with different partners and mixed gender up to three synchro teams.* 3 skills: 100D, 200D, 001D; 1.0 DD; 2 optional dives from different groups (true DD; 002D allowed with 1.0 DD)

# **EVENT SCHEDULE**

# Friday, November 16th

**Open Practice 3pm – 7:30pm** 

Coaches Social – Friday, November 16<sup>th</sup> TBA

# Saturday, November 17<sup>th</sup>

Pool opens at 7am. Open practice 7-8:30am			
Event 1 warmup 8:30-9am			
Event 1 start at 9am, estimated end 10:30am (FC - Future Champions)			
FC Girls 7&Under 1M (Boards B)	FC Girls 10-11 Platform		
FC Boys 7&Under 1M (Boards B)	FC Boys 10-11 Platform		
FC Girls 8-9 1M (Boards B)	FC Girls 12&Up Platform		
FC Boys 8-9 1M (Boards B)	FC Boys 12&Up Platform		
Intermediate Girls 11&Under 1M (Boards B)	Intermediate Girls 12&Up Platform		
Intermediate Boys 11&Under 1M (Boards B)	Intermediate Boys 12&Up Platform		

### Event 2 warmup estimated 10:30-11am

# Event 2 estimated start 11am, estimated end 12:30pm (Junior)

### Junior 13&Under Mixed Synchro 3M

Junior 9&Under Girls 3M (Boards A) Junior 9&Under Boys 3M (Boards A) Junior 10-11 Girls 3M (Boards A) Junior 10-11 Boys 3M (Boards A) Junior 12-13 Girls 3M (Boards A) Junior 12-13 Boys 3M (Boards A) Junior 14-15 Girls 1M (Boards A) Junior 14-15 Boys 1M (Boards A) Junior 16&Up Girls 1M (Boards A) Junior 16&Up Boys 1M (Boards A)

# Event 3 warmup estimated 12:30-1pm

Event 3 start at 1pm, estimated end 2:30pm (FC - Future Champions)			
FC Girls 7&Under 3M (Boards A)	FC Girls 10-11 1M (Boards A)		
FC Boys 7&Under 3M (Boards A)	FC Boys 10-11 1M (Boards A)		
FC Girls 8-9 3M (Boards A)	FC Girls 12&Up 1M (Boards A)		
FC Boys 8-9 3M (Boards A)	FC Boys 12&Up 1M (Boards A)		
Intermediate Girls 11&Under 3M (Boards A)	Intermediate Girls 12&Up 1M (Boards A)		
Intermediate Boys 11&Under 3M (Boards A)	Intermediate Boys 12&Up 1M (Boards A)		
	Novice Mixed Synchro 1M		

# Saturday, November 17<sup>th</sup> Continued

#### Event 4 warmup estimated 2:30pm-3pm

Event 4 estimated start 3pm, estimated end 4:30pm (Junior)

Junior 9&Under Girls 1M (Boards A)	Junior 14-15 Girls Platform
Junior 9&Under Boys 1M (Boards A)	Junior 14-15 Boys Platform
Junior 10-11 Girls 1M (Boards A)	Junior 16&Up Girls Platform
Junior 10-11 Boys 1M (Boards A)	Junior 16&Up Boys Platform
Junior 12-13 Girls 1M (Boards A)	Junior 14&Up Mixed Synchro PL (5M, 7.5M, 10M)
Junior 12-13 Boys 1M (Boards A)	

Open practice available one hour after the conclusion of the last event. Teams Social – Saturday, November 18<sup>th</sup> time and location TBA

# Sunday, November 18th

### Pool opens at 7am. Open practice 7-8:30am Event 5 warmup 8:30-9am

Event 5 estimated start 9am, estimated end 10:30am (FC - Future Champions)FC Girls 7&Under PlatformFC Girls 10-11 3M (Boards B)FC Boys 7&Under PlatformFC Boys 10-11 3M (Boards B)FC Girls 8-9 PlatformFC Girls 12&Up 3M (Boards B)FC Boys 8-9 PlatformFC Boys 12&Up 3M (Boards B)Intermediate Girls 11&Under PlatformIntermediate Girls 12&Up 3M (Boards B)Intermediate Boys 11&Under PlatformIntermediate Boys 12&Up 3M (Boards B)Novice Mixed Synchro 3MNovice Mixed Synchro 3M

# Event 6 warmup estimated 10:30-11am

#### Event 6 estimated start 11am, estimated end 12:30pm (Junior)

Junior 9&Under Girls Platform Junior 9&Under Boys Platform Junior 10-11 Girls Platform Junior 10-11 Boys Platform Junior 12-13 Girls Platform Junior 12-13 Boys Platform Junior 13&Under Mixed Synchro 5M Junior 14-15 Girls 3M (Boards A) Junior 14-15 Boys 3M (Boards A) Junior 16&Up Girls 3M (Boards A) Junior 16&Up Boys 3M (Boards A) Junior 14&Up Mixed Synchro 3M



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