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November 16-17, 2019



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The Pump Jack Classic

November 16 - 17, 2019

COM Aquatics, Midland TX



AAU Sanction # OKWTDI0184

MEET DIRECTOR: Gabi Chereches | com.diving.team@gmail.com | (432) 684-7755 ext. 123

MEET SITE: 3003 North A Street, Midland, TX 79705

ENTRY FEES/
REGISTRATION: **Online Registration:** \$35 per event at DiveMeets.com by **Thursday, Nov. 14 at 12pm CT**
Pool Deck Registration: \$50 per event due 1.5 hour before event starts. No late fees.

FACILITY: Four 1 meter springboards. Four 3 meter springboards. Full stack of platforms 1, 3, 5, 7.5 & 10 meters. The diving pool depth is 16/5 ft.

AWARDS: Top eight places medals.

EVENTS/

AGE GROUPS:

Individual Events

FINA Senior – 1M Springboard, 3M Springboard, 10M Platform: No age restriction

FINA Junior – 1M Springboard, 3M Springboard, Platform: 9&Under, 10-11, 12-13, 14-15, 16-18

Intermediate – 1M Springboard, 3M Springboard, Platform: 11&Under, 12&Up

Future Champions (FC) – 1M Springboard, 3M Springboard, Platform: 7&Under, 8-9, 10-11, 12&Up

Synchro Events

Elite Mixed – 3M Springboard, Platform: 13&Under, 14&Up

Future Champions (FC) Mixed – 1M Springboard, 3M Springboard: No age restriction

PRACTICE TIMES: **Friday, Nov. 15** – Open practice 3:30-7:30pm.

Saturday, Nov. 16 – Pool opens at 7am. Open practice 7-8:30am. Event warm-up 8:30-9am. Event starts at 9am. Open practice for 1 hour after conclusion of last event.

Sunday, Nov. 17 – Pool opens at 7am. Open practice 7-8:30am. Event warm-up 8:30-9am. Event starts at 9am.

Competition boards are only open to the divers competing in the next event, all other boards are open for all divers. Coaches must supervise divers at all times in dryland room and diving well.

- This event is licensed by the Amateur Athletic Union of the U.S., Inc.
- All participants must have a current AAU membership.
- AAU membership may not be included as part of the entry fee to the event.
- AAU **Youth** Athlete membership must be obtained before the competition begins, except where the event operator has a laptop available with an internet connection.
- **Be Prepared: Adult and Non-Athlete memberships are no longer instant and cannot be applied for at an event. Due to background screenings, please allow up to 10 days for adult memberships to be processed.**
- Participants are encouraged to visit the AAU website www.aausports.org to obtain their membership.

Note: any contacts listed within this flyer MUST have a current AAU Membership.

EVENT SCHEDULE

Saturday, November 16

Pool opens at 7am. Open practice 7-8:30am

Event 1 warmup 8:30-9am

Event 1 start at 9am, estimated end 10:45am

1M Springboard (Boards B)

FC Girls 7&Under 1M
FC Boys 7&Under 1M
FC Girls 8-9 1M
FC Boys 8-9 1M
Intermediate Girls 11&Under 1M
Intermediate Boys 11&Under 1M

Platform

FC Girls 10-11 Platform
FC Boys 10-11 Platform
FC Girls 12&Up Platform
FC Boys 12&Up Platform
Intermediate Girls 12&Up Platform
Intermediate Boys 12&Up Platform

Event 2 warmup estimated 10:45-11:25am

Event 2 estimated start 11:25am, estimated end 12:40pm

3M Springboard (Boards A)

FINA Junior Group E 9&Under Girls 3M
FINA Junior Group E 9&Under Boys 3M
FINA Junior Group D 10-11 Girls 3M
FINA Junior Group D 10-11 Boys 3M
FINA Junior Group C 12-13 Girls 3M
FINA Junior Group C 12-13 Boys 3M

Synchro Elite 13&Under 3M

1M Springboard (Boards A)

FINA Junior Group B 14-15 Girls 1M
FINA Junior Group B 14-15 Boys 1M
FINA Junior Group A 16-18 Girls 1M
FINA Junior Group A 16-18 Boys 1M
FINA Senior Women 1M
FINA Senior Men 1M

Event 3 warmup estimated 12:40-1:10pm

Event 3 start at 1:10pm, estimated end 2:55pm

3M Springboard (Boards A)

FC Girls 7&Under 3M
FC Boys 7&Under 3M
FC Girls 8-9 3M
FC Boys 8-9 3M
Intermediate Girls 11&Under 3M
Intermediate Boys 11&Under 3M

1M Springboard (Boards A)

FC Girls 10-11 1M
FC Boys 10-11 1M
FC Girls 12&Up 1M
FC Boys 12&Up 1M
Intermediate Girls 12&Up 1M
Intermediate Boys 12&Up 1M

Synchro FC 1M

Event 4 warmup estimated 2:55pm-3:35pm

Event 4 estimated start 3:35pm, estimated end 5pm

1M Springboard (Boards A)

FINA Junior Group E 9&Under Girls 1M
FINA Junior Group E 9&Under Boys 1M
FINA Junior Group D 10-11 Girls 1M
FINA Junior Group D 10-11 Boys 1M
FINA Junior Group C 12-13 Girls 1M
FINA Junior Group C 12-13 Boys 1M

Platform

FINA Junior Group B 14-15 Girls Platform
FINA Junior Group B 14-15 Boys Platform
FINA Junior Group A 16-18 Girls Platform
FINA Junior Group A 16-18 Boys Platform
FINA Senior Women Platform
FINA Senior Men Platform

Synchro Elite 14&Up Platform

Open practice available one hour after the conclusion of the last event, estimated 5-6pm.

Sunday, November 17

Pool opens at 7am. Open practice 7-8:30am

Event 5 warmup 8:30-9am

Event 5 estimated start 9am, estimated end 10:45am

Platform

FC Girls 7&Under Platform

FC Boys 7&Under Platform

FC Girls 8-9 Platform

FC Boys 8-9 Platform

Intermediate Girls 11&Under Platform

Intermediate Boys 11&Under Platform

3M Springboard (Boards B)

FC Girls 10-11 3M

FC Boys 10-11 3M

FC Girls 12&Up 3M

FC Boys 12&Up 3M

Intermediate Girls 12&Up 3M

Intermediate Boys 12&Up 3M

Synchro FC 3M

Event 6 warmup estimated 10:45-11:25am

Event 6 estimated start 11:25am, estimated end 1pm

Platform

FINA Junior Group E 9&Under Girls Platform

FINA Junior Group E 9&Under Boys Platform

FINA Junior Group D 10-11 Girls Platform

FINA Junior Group D 10-11 Boys Platform

FINA Junior Group C 12-13 Girls Platform

FINA Junior Group C 12-13 Boys Platform

Synchro Elite 13&Under 5M Platform

3M Springboard (Boards A)

FINA Junior Group B 14-15 Girls 3M

FINA Junior Group B 14-15 Boys 3M

FINA Junior Group A 16-18 Girls 3M

FINA Junior Group A 16-18 Boys 3M

FINA Senior Women 3M

FINA Senior Men 3M

Synchro Elite 14&Up 3M

End of Competition Estimated 1pm

FINA Senior Rules

Men and Women 1 meter and 3 meter Springboard (No age restriction)

- The Women's springboard competitions shall comprise five (5) dives from five (5) different groups without limit of degree of difficulty.
- The Men's springboard competitions shall comprise six (6) dives from five (5) different groups without limit of degree of difficulty.

Men and Women Platform (No age restriction)

- The Women's platform competitions shall comprise five (5) dives from five (5) different groups without limit of degree of difficulty. Only dives from the 10 meter platform may be performed.
- The Men's platform competitions shall comprise six (6) dives from six (6) different groups without limit of degree of difficulty. Only dives from the 10 meter platform may be performed.

FINA Junior (Age Group) Rules

Divers may compete in age groups above their FINA age.

Group A

- Girls' Springboard – 1 meter and 3 meter. This competition shall comprise nine (9) different dives; five (5) dives each selected from a different group, the total degree of difficulty shall not exceed 9.5 for 3 meter events and 9.0 for 1 meter events, and four (4) dives without limit of degree of difficulty, each dive selected from a different group.
- Girls' Platform – 5 meter – 7.5 meter – 10 meter. This competition shall comprise eight (8) different dives; four (4) dives each selected from a different group, the total degree of difficulty shall not exceed 7.6, and four (4) dives without limit of degree of difficulty, each dive selected from a different group. At least five (5) different groups must be used.
- Boys' Springboard – 1 meter and 3 meter. This competition shall comprise ten (10) different dives; five (5) dives each selected from a different group, the total degree of difficulty shall not exceed 9.5 for 3 meter events and 9.0 for 1 meter events, and five (5) dives without limit of degree of difficulty, each dive selected from a different group.
- Boys' Platform – 5 meter – 7.5 meter – 10 meter. This competition shall comprise nine (9) different dives; four (4) dives each selected from a different group, the total degree of difficulty shall not exceed 7.6, and five (5) dives without limit of degree of difficulty, each dive selected from a different group. All six (6) groups must be used.

Group B

- Girls' Springboard – 1 meter and 3 meter. This competition shall comprise eight (8) different dives; five (5) dives each selected from a different group, the total degree of difficulty shall not exceed 9.5 for 3 meter events and 9.0 for 1 meter events, and three (3) dives without limit of degree of difficulty, each dive selected from a different group.
- Girls' Platform – 5 meter – 7.5 meter – 10 meter. This competition shall comprise seven (7) different dives; four (4) dives each selected from a different group, the total degree of difficulty shall not exceed 7.6, and three (3) dives without limit of degree of difficulty, each dive selected from a different group. At least five (5) different groups must be used.
- Boys' Springboard – 1 meter and 3 meter. This competition shall comprise nine (9) different dives; five (5) dives each selected from a different group, the total degree of difficulty shall not exceed 9.5 for 3 meter events and 9.0 for 1 meter events, and four (4) dives without limit of degree of difficulty, each dive selected from a different group.
- Boys' Platform – 5 meter – 7.5 meter – 10 meter. This competition shall comprise eight (8) different dives; four (4) dives each selected from a different group, the total degree of difficulty shall not exceed 7.6, and four (4) dives without limit of degree of difficulty, each dive selected from a different group. All least five (5) different groups must be used.

Group C

- Girls' Springboard – 1 meter and 3 meter. This competition shall comprise seven (7) different dives; five (5) dives each selected from a different group, the total degree of difficulty shall not exceed 9.5 for 3 meter events and 9.0 for 1 meter events, and two (2) dives without limit of degree of difficulty, each dive selected from a different group.
- Girls' Platform – 5 meter or 7.5 meter. This competition shall comprise six (6) different dives; four (4) dives each selected from a different group, the total degree of difficulty shall not exceed 7.6, and two (2) dives without limit of degree of difficulty, each dive selected from a different group.
- Boys' Springboard – 1 meter and 3 meter. This competition shall comprise eight (8) different dives; five (5) dives each selected from a different group, the total degree of difficulty shall not exceed 9.5 for 3 meter events and 9.0 for 1 meter events, and three (3) dives without limit of degree of difficulty, each dive selected from a different group.
- Boys' Platform – 5 meter or 7.5 meter. This competition shall comprise seven (7) different dives; four (4) dives each selected from a different group, the total degree of difficulty shall not exceed 7.6, and three (3) dives without limit of degree of difficulty, each dive selected from a different group.

Group D

- Girls' and Boys' Springboard – 1 meter and 3 meter & Platform – 5 meter only. This competition shall comprise five (5) different dives; three (3) dives each selected from a different group, the total degree of difficulty shall not exceed 5.4 and two (2) dives without limit of degree of difficulty, each dive selected from a different group.

Group E

- Girls' and Boys' Springboard – 1 meter and 3 meter & Platform – 5 meter only. This competition shall comprise four (4) different dives; three (3) dives each selected from a different group, the total degree of difficulty shall not exceed 5.4 and one (1) dive without limit of degree of difficulty.

Synchro Elite Rules

Divers may compete with different partners and mixed gender, up to three synchro teams. Divers must compete in their age group.

Synchro Elite 13&Under 3M Springboard (6 dives)

4 voluntary dives from different groups; each voluntary with a DD of 2.0
2 optional dives from different group

Synchro Elite 13&Under 5M Platform (5 dives on 5M only from 4 different groups)

3 voluntary dives from different groups; each voluntary with a DD of 2.0
2 optional dives from different group

Synchro Elite 14&Up 3M Springboard & Platform 5M, 7M or 10M (6 dives from 5 different groups)

3 voluntary dives from different groups; each voluntary with a DD of 2.0
3 optional dives from different group

Bank of Dives for Intermediate & Future Champions Rules

Skills: 100 A,B,C – 1.0 degree of difficulty

200 A,B,C – 1.0 degree of difficulty

001 A,B,C – 1.2 degree of difficulty

002 A,B,C – 1.3 degree of difficulty

Dives: Any dive with true degree of difficulty from [FINA Table of Degrees of Difficulty](#)

Intermediate Rules

Girls and Boys 11&Under, 12&Up (Divers must compete in their age group)

1M and 3M Springboard (5 Dives from the Bank of Dives)

- Maximum two (2) skills may be performed (skills are not required).
- May repeat dives in different position
- Any approach is allowed (standing, bouncing, one or multiple step hurdle)

Platform 1M, 3M, 5M, 7.5M and 10M (5 Dives from the Bank of Dives)

- Maximum two (2) skills, skills are not required.
- May repeat dives from different platform height
- May repeat dives in different position from the same platform height
- Any approach is allowed (standing, one or multiple step approach)
- 1M platform is the same degree of difficulty as 1M springboard
- 3M platform is the same degree of difficulty as 3M springboard

Future Champions Individual Rules

Girls and Boys 7&Under, 8-9, 10-11, 12&Up (Divers must compete in their age group)

1M and 3M Springboard (5 Dives from the Bank of Dives)

- Minimum three (3) skills are required, may do all skill for the five (5 dives)
- Maximum Degree of Difficulty is 1.8 on dives.
- May repeat dives in different position
- Any approach is allowed (standing, bouncing, one or multiple step hurdle)

Platform 1M, 3M, 5M, 7.5M and 10M (5 Dives from the Bank of Dives)

- Minimum three (3) skills are required, may do all skill for the five (5 dives)
- Maximum Degree of Difficulty is 1.8 on dives.
- May repeat dives from different platform height
- May repeat dives in different position from the same platform height
- Any approach is allowed (standing, one or multiple step approach)
- 1M platform is the same degree of difficulty as 1M springboard
- 3M platform is the same degree of difficulty as 3M springboard

Future Champions Synchro Rules

Divers may compete with different partners and mixed gender, up to three synchro teams. No age restriction.

1M and 3M Springboard (5 Dives from the Bank of Dives)

- Minimum three (3) skills are required, may do all skill for the five (5 dives)
- Maximum Degree of Difficulty is 1.8 on dives.
- May repeat dives in different position
- Any approach is allowed (standing, bouncing, one or multiple step hurdle)

HOTELS

SpringHill Suites Midland Odessa ([Click here to book online](#))

5716 Deauville Boulevard Midland, Texas 79706

Phone: 432-695-6870

Holiday Inn Express Loop 250 ([Click here to book online](#))

5309 West Loop 250 North Midland, TX 79707

Phone: 432-520-3600

Holiday Inn Express I-20 ([Click here to book online](#))

900 Crump Street Midland, Texas 79701

Phone: 432-695-9020