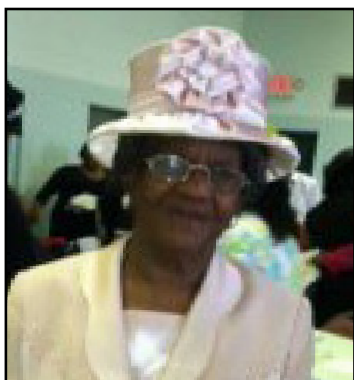




www.telegramnews.net



**Mary Cooper
turns
90 years
old
Page 6A**



**Mark Woodson
honored
Regional Athletic
Director of
the Year
Page 11A**

Volume 70 Number 26

www.telegramnews.net

WEEK OF JANUARY 23 - JANUARY 29, 2014



TELEGRAM

OLDEST PRIVATELY OWNED AFRICAN AMERICAN NEWSPAPER IN MICHIGAN

Remembering the life of Rev. Martin Luther King, Jr.



Photos of various MLK activities on www.telegramnews.net

State leaders announce proposal to protect Detroit retiree pensions

Governor Snyder, Senate Majority Leader Randy Richardville and House Speaker Jase Bolger announced they are working with the Michigan state legislature to allocate up to \$350

million over the next 20 years to be combined with funds raised by private Michigan foundations to assist in saving retiree pensions. The governor recommends these state Detroit Pensions - Page 9A

15th Walk for Warmth at Ford Field Seeks to Raise \$100,000 to Keep Wayne County Warm



Winners of the Best Team Name - Bringing the Heat - a prior Walk for Warmth

WYANDOTTE—Today, Wayne Metro Community Action Agency announces its goal to raise \$100,000 to keep Wayne County residents warm this winter. With support from corporate sponsors, civic and religious organizations, schools and concerned citi-

zens, the Agency tasked with alleviating the causes and conditions of area poverty is attempting to double what it has raised in years past through this annual fundraising event.

The recent frigid weather con-

ditions combined with the high demand for emergency utility and housing assistance has tripled the call volume coming into the Agency's client call center. As a result Agency leadership is putting a call out for donations big and small to

Walk for Warmth page 9A

Westland Mayor Bill Wild Announces Candidacy for Wayne County Executive



DETROIT—After months of traveling throughout Wayne County listening to residents and business owners, Westland Mayor Bill Wild will officially announce his run for Wayne County Executive.

"The message is clear—people want a transformation in

Wayne County. They are tired of scandals. They want, expect and deserve more for their tax dollars. It has been frustrating and embarrassing watching what has happened in our county" declares Wild, mayor of the state's 10th largest city and the third largest in Wayne County.

"When I took office, I immediately assembled a team of talented individuals with integrity," adds Wild, a lifelong Wayne County resident. "In Westland, we have faced many of the same financial issues Wayne County faced and we addressed them. My team took one the state's largest City's, one that was expected to run out of money

Westland Mayor page 9A

2014 Kohl's Cares Scholarship Program accepting nominations



Nominations for kids ages six to 18 will be accepted January 31 – March 14 at kohlskids.com, and nominators must be 21 years or older. Through the program, Kohl's will award more than 2,300 young volunteers nearly \$400,000 in scholarships and prizes to reward kids who have made a positive impact

on their communities.

Two nominees from each of the more than 1,100 Kohl's stores nationwide will win a \$50 Kohl's gift card. Nearly 200 of the store winners will win regional scholarships worth \$1,000 toward higher education. Ten national winners will be

awarded a total of \$10,000 in scholarships for higher education, and Kohl's will donate \$1,000 to a nonprofit organization on each national winner's behalf.

The Kohl's Cares Scholarship Program is part of Kohl's Cares, Kohl's philanthropic program focused on improving the lives of children. Since the program began in 2001, Kohl's has recognized more than 19,500 kids with more than \$3.9 million in scholarships and prizes. To learn more about last year's winners, visit kohlskids.com.



INFORMING * EDUCATING * EMPOWERING * UPLIFTING

CALL TO ACTION

What are you doing for others?

By Gina Steward - Telegram Newspaper Publisher



Now that Martin Luther King Jr. Holiday is over, what have you decided to do differently? The Nation gave us a day of celebration to honor and remember the life of Martin Luther King Jr. He is known as a person that fought and died for the civil rights of all people. His efforts along with many other organizations paved the way so that people of color could have the same rights of others. Have you thought about how different your life would be if you were still living in the manner that your ancestors lived in the 1950s and early 1960s. Think about it.

President Barack Obama has encouraged people to use this day (the 3rd Monday of January) as a Day of Service. That day of service ties into what Martin Luther King Jr.

believes. Two of his famous quotes that deal with service to others are, "Life's most urgent question is: What are you doing for others?" And "Everybody can be great, because anybody can serve. You don't have to have a college degree to serve. You don't have to make your subject and verb agree to serve. You only need a heart full of grace. A soul generated by love."

How did you spend your Martin Luther King Day? Did you attend an event? Did you participate in a walk? Did you talk to your children and/or grandchildren about Martin Luther King? Did you serve the homeless? Did you help the elderly? Did you mentor a young person? Just what did you do on your day off? I hope you did something positive.

There are some people that can give money to help a group or a cause. But there are many more of us that can volunteer their time to help someone else. I challenge you to spend one hour a week doing something for someone else. That doesn't sound like a lot does it? You can have the remaining 167 hours to yourself to do something for you.

THE TELEGRAM IS EVERYWHERE
CHECK US OUT!

We're on the Web www.telegramnews.net
Facebook and Twitter @telegramnews

TELEGRAM

Serving Detroit and the Downriver Community Since 1944

OFFICIAL NEWSPAPER
For the Cities of River Rouge & Ecorse
ADJUNICATED for the city of Inkster
SERVING

DEARBORN HEIGHTS, DELRAY, DETROIT, ECORSE, INKSTER,
LINCOLN PARK, MELVINDALE, RIVER ROUGE, ROMULUS, TAYLOR,
WAYNE, WESTLAND AND WYANDOTTE

Published weekly on Thursday by Telegram Newspaper, Inc.

P.O. Box 29085 • River Rouge, MI 48218
General Office • 10748 W. Jefferson Ave.
Phone (313) 928-2955 Fax (313) 928-3014
Email: telegram@telegramnews.net
Website: telegramnews.net

SUBSCRIPTION RATE

Home or Business Delivery 6 months - \$15.00 1 year- \$26.00
6 months 1st class mail \$40.00 1 year 1st class mail \$65.00

DEADLINE

All news item and advertising copy submitted for publication on Thursday must be at the office of The Telegram no later than 4:00pm on Friday.

MEMBERSHIPS



Michigan Minority Press Association

Michigan Ethnic Media

National Newspaper Publishers Association

NEWS FROM THE CAPITAL

Why Americans Have Grown to Hate Congress

By William Spriggs - Contributing Writer

Congress has itself to blame for its low ratings among the American people. Policymaking is all about choices; it is the calculus of weighing costs and benefits and the distribution of those costs and benefits. In theory, there are lots of policies that can make everyone better off, but they can only be accomplished by redistributing the gains of the policy.

Congress recently passed a budget deal that ended extended unemployment benefits for those unemployed for more than six months. Congress could choose to increase government expenditures-rather than their current stance of decreasing them-as was done in all other economic recoveries.

Republican members of Congress think America's working families have forgotten that Republicans expanded real government expenditures (adjusting for inflation) in the 1980s under President Ronald Reagan and 2001 under President George W. Bush by about 16 percent at this point in the business cycle.

The stalemate caused by Republican refusal to increase government expenditures has resulted directly in lower public sector employment-the loss of hundreds of thousands of public school teachers across the country; and more broadly in a tepid recovery.

The argument against restoring government is that it will increase the federal deficit, leaving unpaid bills for our children to pay and put pressure on interest rates that will hurt investment and homeownership by the middle class and tie the hands of future budgets with large interest costs. Well, of course, the failure to back President Barack Obama's America's Job Act back in 2011 has meant fewer teachers for our children today, rising class sizes and closed schools in many of America's cities, meaning our children will pay with higher dropout rates, lower achievement and lower future earnings. So, that is a trade-off most people think is not sensible.

Currently the Federal Reserve, understanding the dire situation of the economy, has been aggressively pursuing a policy to keep long-term interest rates down. Its efforts has moderated the loss of wealth in housing that most people experienced when the housing price collapse took away the savings America's workers stored in their homes as equity.

The Fed policy also has meant a tremendous growth in the Fed's holding of U.S. Treasury notes. The odd thing about that is that the Federal Reserve's profits from receiving interest payments from holding those bonds go back to the U.S. Treasury. So, currently the structure of U.S. debt is at long-term low rates, and the net interest payments are lower because the Fed pays the interest back to the Treasury. This makes the arguments about interest rates silly.

Ultimately federal debt does have to be paid. Since 2009 and the current recovery, 95 percent of income gains have gone to the top 1 percent of American incomes. In the fairness category, most people would agree that if the net result of policies has benefited the top 1 percent only, then they should be the ones paying taxes. It follows directly from a belief that everyone can be made better off, but only if the people benefiting from the economic policy share the gains with others.

But, Republicans have fought hard to protect the 1% from paying their share of policy gains with others. One example is of corporate CEOs who have boosted their salaries by shipping U.S. jobs overseas

because of "trade" agreements favoring corporations over human, worker and environmental rights. Through the 1970s, CEOs made 20 times their typical worker; today they take home more than 230 times the pay of their typical worker. And, while the federal government isn't taking advantage of low interest rates, CEOs are by using corporate borrowing to buy back the company stock and boost stock prices and CEO wealth and pay.

So, if the point of all this fiscal austerity is to protect us from federal debt in a time of low interest rates, we see who is benefiting. If we favor austerity over creating jobs, then we should at least compensate the people we are asking to suffer-those who are unemployed.

Oddly, the research on the effect of extending unemployment benefits has pointed to this anomaly-people getting the benefit are more likely to keep looking for jobs longer rather than give up and drop out of the labor force (disappearing from the statistics). By ignoring them, Congress wishes they would go away. By ignoring the imbalances in their choices, the American people are wishing Congress would go away.

READ * READ*

GIVE YOURSELF THE GIFT OF KNOWLEDGE

Letter Policy

The Telegram encourages letters from all readers. Submissions must include the writer's name, address and signature and phone number. Only the name will be published. Send your letters to:



Letters to the Editor
Telegram News
10748 W. Jefferson Ave.,
River Rouge, MI 48218 or
telegram@telegramnews.net

Letters published in the Telegram does not necessarily reflect the views and opinions of the Telegram.

LOZON ACE HARDWARE

FULL SERVICE HARDWARD & BUILDER'S SUPPLY
Computerized Paint matching * Screen & Window Repair *
Keys Cut * Masonry Suppliers * Blocks * Bricks * Steps

Fast Delivery Service

10563 W. Jefferson Ave River Rouge
Phone: (313) 841-2940 Fax: (313) 841-2670

FREE ACE 9V BATTERY
With a purchase of \$5 or more (Limit one)

Support our Black Colleges

By Benjamin F. Chavis, Jr. - NNPA Columnist



There is a critical and long overdue discussion about the fate of Historically Black Colleges and Universities (HBCUs) now finally taking place around the nation. Yes, this is the time of year where annual government allocations and budgets are debated, passed or adjusted to meet both federal and state priorities. The issue of higher education and the adequate funding for all colleges and universities is one of the most important budgetary matters in 2014, given the increasing costs of higher education. But for most HBCUs, the concerns today about annual funding are far beyond routine dialogue and consultation. It is now for HBCUs a matter of survival.

Given the outstanding academic achievements and contributions of the 105 HBCUs and 50 Predominantly Black Institutions (PBIs) of higher education, finances should never be an issue. I am, therefore, joining the National Association for Equal Opportunity in Higher Education (NAFEO) in issuing a national and global urgent call for increased financial support of HBCUs and PBIs.

It is a sad reality that too many people take for granted the legacy and continued importance of these particular colleges and universities. That is why African Americans must insist on proper funding for HBCUs and PBIs. If African Americans are not more vocal in expressing support for these colleges the stage will be set for more reduced funding of these vital institutions of higher learning that have done so much to make the world a much better place.

I am always impressed with the dedication and commitment of NAFEO and its members to represent and defend the interests of our colleges and universities. NAFEO is the nation's only 501 (c) (3), not-for-profit membership association of the presidents and chancellors of the nation's richly diverse 105 Historically Black Colleges and Universities (HBCUs) and approximately 50 Predominantly Black Institutions (PBIs). NAFEO members are CEOs of 2- and 4-year public, private, land-grant, sectarian and non-sectarian, undergraduate, graduate and professional schools in 35 states, the District of Columbia and Virgin Islands.

HBCUs and PBIs represent 500,000 students, 53,000 faculty, and 5 million alumni worldwide. NAFEO member institutions educate disproportionate percentages of low-income students—in excess of 60 percent of the students enrolled at HBCUs are eligible for income-based Pell Grants. Because HBCUs educate disproportionate percentages of low-income students, they have designed, tested, and perfected a myriad of successful programs that increase the numbers of low-income students prepared for, entering into and graduating from HBCUs and PBIs.

At a recent meeting at the White House Skills and Education Summit, NAFEO President and CEO Lezli Baskerville challenged the summit participants to both increase the funding for HBCUs and PBIs and to see the clear strategic academic priority for strengthening HBCUs and PBIs in order to achieve President Barack Obama's higher education goals for the nation.

Baskerville emphasized, "The ability of the nation to meet the challenges and seize the opportunities of today and tomorrow depends to a great extent on our science, technological, engineering, agricultural, and mathematics (STEAM) enterprises and ability. We must train 100,000 new STEAM teachers over 10 years and create an American workforce and entrepreneurs prepared for a new generation of high-tech manufacturing and high-paying jobs. To have an America that is 'Built to Last,' President Obama projects that we need to increase the number of college graduates to roughly 60 percent by 2020, which equates to approximately 8 million more Americans with a 2- or 4-year college degree. To realize that goal, the nation must educate at least 2 million more African Americans with college degree by 2020 and many will be graduates of HBCUs and PBIs."

Unfortunately at a time when there is a clear, demonstrated need for more funding for HBCUs and PBIs, the political will does not appear to be there at the local, state or national level. Therefore, it calls on us to inform all our elected officials that increased funding for our colleges and universities has to be a top priority. This is not an option — our future and the future of our nation depends on it.

Benjamin F. Chavis Jr. is President of Education Online Services Corporation and the Hip-Hop Summit Action Network and can be reached at the following link: <http://drbenjaminfchavisjr.wix.com/drbbfc>

New coach, same old Lions?

By Jim Abeare - Contributing Writer



Jim Caudwell was named the 26th head coach of the Detroit Lions. He brings with him two Superbowl Rings and the creation of Peyton Manning in Indianapolis and Joe Flacco in Baltimore.

Most are questioning the choice but I am liking the pick.

He was with Tony Dungy in both Tampa and Indianapolis. He won his first Superbowl under Dungy in Superbowl XLI.

He took over the Colts in 2009.

Under Caudwell's first season the team went 14-2 and went to the Superbowl.

In 2012 Caudwell helped Jim Harbaugh win Superbowl XLVII against San Francisco.

Now he comes to Detroit with a winning background.

And he needs to win now, not in two years.

I would like to see a 10-6 season and the team not make the playoffs. That would show effort on their part.

He also has to change the culture of losing. That has been around for over 40 years, except for 1991 and that was an anomaly.

The Lions had the Mike Utey accident to play for.

I wish him luck!

Westland Mayor

from page 1A

by 2010, and created a \$60 million dollar balanced budget with a \$5 million dollar surplus without cutting services, asking for millages and avoiding labor issues. I know that what we did in Westland, can be done in Wayne County."

Who: Westland Mayor Bill Wild

What: Official Announcement: Candidate for Wayne County Executive

Where: North Brothers Ford, 33300 Ford Road, Westland, Michigan

When: Wednesday January 15, 2014 11 a.m.

Connect with us: www.wild4waynecounty.com / [www.twitter.com/wild4waynecounty](https://twitter.com/wild4waynecounty) / www.facebook.com/Wild4-Wayne-County

Inkster City Manager talks about relationship with youth (part 3)

Christopher Young - Staff Writer



CY: You already had a leg up in that direction when you said that you were working with the YES (Youth Equals Success) organization. Now as you know, the YES organization is led by three Inkster High graduates and former football players.

RM: I've met with Joshua (Howard) in the group and we're actually meeting weekly. We're in the process of helping them set up their private non-profit because they're using their own money for the hair cutting, to cut the grass, for back-to-school and father-daughter dance. They use their own money for this, so we're helping them file the paperwork to create their own non-profit. These are all young men who are substitute teachers, teachers or paraprofessionals in education that want to give back to Inkster. That's a prime example of how we need to let our light shine, because we had youth that could go anywhere they wanted to go, but they choose to come back here and make a commitment to empowering Inkster, and changing the lives of the young adults here. That goes back to the character of Inkster. That nurturing, that caring, that commitment. They don't have to do it, but they do it because they love their community. I'm very excited about working with the youth.

CY: Not only were they graduates of Inkster High, but they were members of those football teams that made it to Ford Field. So they are fully aware of what a champion's spirit is, and the hard work that is necessary to be put in.

RM: I watched the film of some of these young adults playing football, and I was amazed. I was also amazed that these were highly recruited blue-chip athletes and got scholarships, and graduated from college, yet they are humble. They have chosen to live a life of service, to be real difference makers. We get degrees not to say we have a title, but to be real difference makers. I've found that the young adults I work with in the YES group, that they are committed to be real difference makers.

CY: That brings up another point about athletics. With the unfortunate closing of

Inkster Public Schools, a lot of that history will not have pages added to them. But it was a rich history, full of championships, state, regional, and district, state title game appearances, countless conference championships, and many going on to play professional sports. But that goes back to engaging the youth. That's something that Flanagan and Dillon didn't realize when they dissolved the system, the role that extracurricular activities played in developing the child, which was just as much—if not more—than the academics did.

RM: Its amazing that you said that. In Little League and high school, the character it develops in terms of being on time, being disciplined, being dependable, and working with a team for a common good, and taking responsibility for your actions. For the hard work involved with practicing everyday, shows the hard work that is necessary to get what you need in life. Listening to direction from your coaches, and it develops leadership and develops winners. We talk about sports a lot when it comes to the development of that desire to win. Winning is not about an individual, but it's about sacrificing and doing what is good and necessary for the team. That goes right back to the character I've seen in our Inkster residents, that commitment and trying to figure out what's best for our organizations. Sports taught me that.

CY: What I fear with the district being split up, and a lot of those athletes going to other schools, they may get the push necessary to go to the next level, and they may not. But it's not about going to college just to play a sport. It may not even be about going to college period. It's about growing and developing as a person. But those coaches in those districts may not provide the same amount of attention to those Inkster kids as they do to their home-grown Taylor, or Romulus, or Wayne or Westland kids.

RM: I have sisters that are educators. I value education, and educators do have an obligation to make a positive impact in our young adults' lives, and to value and respect every person, no matter their walk of life or background. We all are obligated. I would hope that our young adults in the other districts that those in positions of influence will have their arms around them, see them as valuable and important, and cherish the opportunities that they have. We can learn a lot

The Lucky Doctor

By: Janine Folks Edwards- Telegram Religion Columnist



I recently had a conversation with a retired emergency room doctor. He had worked in one of the most demanding trauma center hospitals in the country. He had seen the worst of the worst medical emergencies. At his hands, countless lives had been rescued.

We reflected on his career and I couldn't help but commend him on tremendous career. I suggested to him that it takes a special kind of person to do what he did for so many years, being responsive and as calm as possible in a high intensity environment. With a background in neuro-science, I gathered that he must be a

very intelligent man. He grew up in a religion but later chose not to subscribe to any religion in particular or religious doctrine. This did not surprise me because many intellectuals become mechanical and function less in their feelings. Maybe it's because adding feelings to the array of thoughts that flow in their minds could get overwhelming. I don't know.

I do know there are many religious doctors out there who have faith and acknowledge God. Thank God for them. Even though this doctor denied being religious, he had a faith system. He was fully aware of a force bigger and more powerful than himself that functioned alongside him in the ER. When I told him he must be pretty smart, he humbly declined the compliment, calling himself 'lucky.'

Over and over again, this doctor had experiences where he knew something bigger than him was present and working on his behalf. I know it was God at this doctor's side, helping him do his job. The doctor knows he had help, but

he defines it differently than I do. A lot of people call God, luck. Even when they do, it's no less God.

Even when people around us do not recognize God at work, let us pay attention and know when God is at work in our lives and in the lives of others. Sometimes it doesn't seem fair to us when we see God being active in the lives of people who do not even recognize or acknowledge Him. But remember this, "...He gives his sunlight to both the evil and the good, and sends rain on the just and on the unjust too" (Matt. 5:45).

We don't know what deters people from religion or what causes them to deny God at work in their lives. Sometimes the best thing we can do is 'be light' and demonstrate God's love to people. This may be the only way to spark their interest in knowing the God we serve.

It's funny how God can use us with or without our permission or even our knowledge of being used. God is awesome and amazing like that. After all, He is omnipotent! He is

God no matter what you call Him. Even though this doctor called himself lucky, I recognize him as someone that God was able to use mightily to help rescue lives.

SCAN AND GO DIRECTLY TO THE TELEGRAM'S WEBSITE



List your: Church services, Announcements, In memory of Love ones, Death Notices and Prayer letters or services.

Pentecostal Way of Faith

Sundays 3:00 pm - 5:00pm

Telegram Business Center
10748 W. Jefferson River
Rouge MI 48218



Pastor Sheare Hill
313-629-2216

Face to Face International Outreach Ministries

29665 Pine St, Inkster, MI 48141

Sunday Morning Service
10am - 12 noon
313-477-6710

Building people of purpose, power and praise.
Bishop Walter L. Starghill Sr. -Pastor



Jehovah Jireh Ministries

Mercy House 15 E. Charlotte Ecorse 313-282-9508

Sunday- Fullfilment Hour 10am Worship 11am & 6pm
Monday -Bible Study 7pm
Wednesday - Prayer and Praise 7pm
Rev. Everett Thomas Pastor

"Where lives are transformed, disciples, and equipped for the kingdom og God. We proclaim Jesus is Savior and Lord!"

St. Marks

Missionary Baptist Church

3860 Inkster Rd, Inkster * 313-792-9789



Rev. Dr. Alford
D. Sample

II Timothy 2:25
Study to show thyself
approved unti God;

Services:

Sunday School 9:30am

Morning Worship/Youth Church 11:00 am

Bible Class/Youth Church 6:30 pm

Bus Pickup Available

Spirit of Praise

Church of God in Christ

368 Salliotte, Ecorse MI * 313-389-1267

Sunday School 9:30am

New Member Class 10:00 am

Morning Worship/Youth Church 11:00 am

Sunday Evening Worship 6:00pm

Wednesday Family Night 6:00 pm

"The only hope we have is in Jesus"



Samuel A. Wyatt,
Senior Pastor

Missionary
Esther Lee Wyatt,
First Lady



Mt. Zion Missionary Baptist Church

3936 12th Street Ecorse, MI 48229

CHURCH PHONE # (313) 383-1069 FAX: (313) 383-2842

Reverend Damon L. Pierson, Pastor

WORSHIP SERVICES

Sundays:

Early Morning Worship7:30 a.m.

Church School at Study9:30 a.m.

Mid-Morning Worship10:50 a.m.

First Sunday: Baptism & Communion Service.....10:30 a.m.

Mid-Week:

Tuesdays- Bible Class9:00a.m. & 6:00p.m.

Wednesday - Worship Service 7:00 p.m.

CORPORATE PRAYER

Sun 6am

Mon-Tues 5pm

Wed 6pm

"Thy word is a lamp unto my feet, and a light into my path." - Psalms 119:105

ALL ARE WELCOME



Union Second Baptist Church

459 Beechwood River Rouge, MI 48218
Church office - (313) - 383-1558 Church fax 313-383-1611
Email: union2bapchurch@att.net
Dr. Kenneth L. Brown - Pastor

Services Times

Sunday

Sunday School and New Members Class 9:15 am
Intercessory Prayer 10:30 am
Morning Service 11:00 am

Tuesday

Prayer Service 6:00 pm
Family Night Bible Study 7:00 pm



As a real church for real people, we provide ministry for the entire family.
Come see the vision expand beyond our walls
and experience the presence of the LORD!

Love Joy Missionary Baptist Church

332 Polk street
River Rouge, MI 48218

SERVICES:

Sunday School - 9:30 AM
Sunday Worship -11:00 AM
Wednesday Prayer & Bible
Class - 6:30 PM

Rev Darryl Bynum, Pastor

Phone: 313 516-2482 -

Email:

Pastordbynum@yahoo.com

ALL ARE WELCOME

Mt. Nebo Baptist Church

4411 5th Street Ecorse
313-382-8577

Rev. Marcus Johnson
Pastor

Sunday Morning Service
11:00am

Everyone is welcome

Runner For Christ Ministries

1125 Fort St., Lincoln Park

Sunday Worship 10am

Bible Classes

Thursday - 6 - 8:30 PM



Gerald M. Overall, Pastor
(313) 381-9303
www.rfcm.org

Ecorse Seventh-day Adventist Church

3834 10th St
Ecorse, MI 48229-1617
(Corner of 10th & Francis Streets)
Dr. Errol Liverpool, Pastor

Sabbath School (Saturday) 9:15 a.m.
Sabbath Worship Service (Saturday) 11:00 a.m.
Prayer Meeting (Wednesday) 6:00 p.m.

Community Services Food Distribution

Every third Wednesday
9:30 a.m. until 1:00 p.m.
(313) 928-9212

PENTECOSTAL MISSIONARY BAPTIST CHURCH

35625 VINEWOOD ROMULUS

Phone: (734) 728-1390 Email:thepen@sbcglobal.net
website: www.pentecostmbc.org

Rev. Arthur C. Willis, Sr. Pastor

Growing Forward

SERVICES

Sunday School - 9:30am

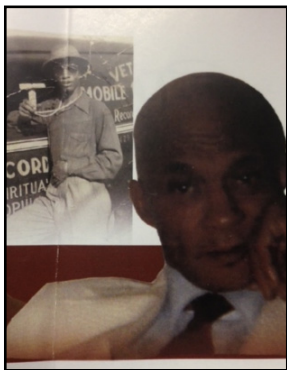
Sunday Morning Service - 11:00am

Wednesday Prayer 6:00pm Bible Study - 6:30pm

Let's worship together down here so
we can live together up there



DEATH NOTICES



HERMAN NORRIS
Sept 2, 1923 –

Herman joined the U.S. Army from 1940 – 1945. He became sergeant for 2 years.

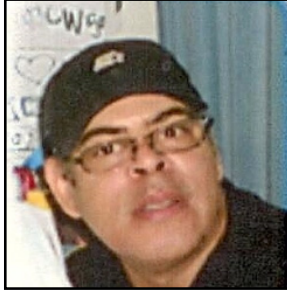
Herman leaves his loving memories to his daughter Gloria Blakley-Smith, three Grandchildren; Lisa, Tiffany and Lance Norris, three Great Grandchildren; Anthony, Jasmine, Elijah and the baby within Courtney, two sister-in-laws Mary Wise (Jack) and Hattie Rankin, and a host of nieces and nephews. Final arrangements were entrusted to Stinson Funeral Home.



CECELIA STEPHANIE FACEN
Sept 26, 1957 – Dec 27, 2013

She enjoyed roller skating, ice hockey, photography, music (favorites: Stylistics and Isley Brothers) and a good game of Bid Whist.

She leaves to celebrate her life and legacy; Mother, Della Louise Brown (Al), two sons, Lance and Larnell Facen, a special daughter Genea, Daughter –in-law Rose, Two grandchildren, Lance Jr., and Courtney Facen, sisters; Deborah Millier (Gary), Liesa (Katie), Selenia Robinson (Wayne), Wanda Thomas (Neil), Brothers; Glenn, Eric, James Green Jr., and Vincent Green, Uncle James and a host of nieces, nephews, relatives, and friends. Final arrangements were entrusted to Stinson Funeral Home.



CURTIS J. GILLIARD JR
Mar 4, 1957 – Dec 31, 2013

Curtis found pleasure in a number of hobbies including feeding the birds in the winter, traveling, going to festivals, taking humorous photographs of birds and other animals, and watching classic movies.

Curtis leaves to cherish his

memory: Fiance Angela Long, daughter Whitney Gilliard siblings Stephanie (Arnold) Sheard, Keith Gilliard, Susan Holt, Allison arby, grandsons Cameron and Kayden Lopez, extended family Tanesha (Jamal) Dobbins, DeShawn Long, haunte Long, and a number of nieces and nephews. Final arrangements were entrusted to Chapel of Chimes Funeral Home. (chapelofchimes.com)



SYLVESTER DAVID LYNEM III
Dec 1, 1952 – Jan 5, 2014

Family, protective, funny,fun loving and cool are words that best describe Chip.

He leaves to cherish his parents Sylvester and Martha; sister Sylvia (Charles) Dickerson; brother Darryl (Robin) Lynem; daughter Shaynna and her mother Sheryl Washington; and many aunts, uncles, nieces, nephews and cousins. Final arrangements were entrusted to Chapel of Chimes Funeral Home. (chapelofchimes.com)



VERNELL EUGENE BURRELL, JR
Dec 14, 1958 – Jan 7, 2014

Vern was kind, energetic, friendly and a true man of God who had a passion for encouraging and uplifting other.

Left to cherish his memory are his children Nyree A. Pugh, Jordyn Diane Randall and Isiah Gregory Randall, his beloved sister Vernetta "Penny" Burrell, special friend and mother of his children Jordyn and Isiah, Cindy Randall and a host of relatives and friends. Final arrangements were entrusted to Chapel of Chimes Funeral Home. (chapelofchimes.com)



MARION MARIE KLINGMAN
Jun 2, 1918 – Jan 10, 2014

Marion was a very intuitive woman, and God blessed

her with the gift of writing insightful prose and poetry. Several of her published works include: "Then There Was You," and "Pathways to the Inner Journey,"

She leaves to cherish her memory her sister Sarah Frances (Klingman) Lowe, niece Mary Ann Sparkman, nephew Dr. Edward M. Greene (Jacqueline Jones), nephew Rev. Stanley U. Sims (Jacquelyn), great nephew Milton J. Sims, cousin Carolyn Smalley (James), and a host of other loving cousins and friends. Final arrangements were entrusted to Chapel of Chimes Funeral Home. (chapelofchimes.com)



VINCENT BROWN
Jul 7, 1951 - Dec 25, 2013

He was a hard worker and a team leader for General Motors for thirty years.

He leaves to mourn his passing and cherish his memories his wife of over 36 yrs. Sandra Clemons, daughter Idrissa, 2 grandchildren Tyie & Darrius Timmons, his mother Ruby, sister Shirley, brother Cornel, family and friends.

Final arrangements were entrusted to Penn Funeral Home.



Joseph E. Westley
Jul 7, 1947 - Dec 29, 2013

He loved his family, children and grandchildren. He loved cooking, watching football, watching

CNN, listening to gospel music and reading the Bible.

He leaves to cherish his memory and celebrate his life his wife of over 48yrs. Karin Westley, six children, Joseph (Rena), John (Carolyn), Angela(Keith), Luis, Marcus, and Danielle, two sisters, 3 brothers, 23 grandchildren, 1 great grand, family and freinds.

United Church of Faith
6064 Fourth St
Romulus

Sunday Worship
11:30am
Bible Classes
Tues & Wed-6:00 PM
Rev Mark R. Zockheem, Pastor
(734) 765-5335
Welcome Home!

Community AME
4010 17th St, Ecorse, MI

313-386-4340
Rev. William D. Phillips, Pastor

Sunday School 10am
Sunday Worship 11:00am
Wed Bible Class 6pm
"Empowered by the living Word" Matt 4:4

Don't forget to Sign up for healthcare
Sign up at healthcare.gov
Deadline March 31, 2014

Christian Faith Ministries
27500 Marquette, Garden City, MI 48135
734-525-0022

Sunday- Worship Cafe 9:30am
Morning Worship 10:30am
Mid Week Bible Study
Wednesday 7pm
Rev. John D. Hearn Jr. Pastor
"You are the light of the world. A city on a hill cannot hide" (Matthew 5:14)

Good News Christian Center
30000 Hiveley Inkster, 313-359-4062
Pastor Rodney Brown

Sunday Prayer/Worship 10:00am
Sunday Service 11:00am
Saturday Words of Wisdom for Life
10:00am -12:00pm
With Free Breakfast
Youth Stewardship Mentoring every third Saturday of the Month 5:00pm-8:00pm
"Building Strong, Successful Families to Withstand Life's Situations"

Are your spouse or kids getting on your nerves?
Do you need to talk with someone?

Pine Grove Baptist Church offers Counseling in the areas of: Family and Martial Problems, Pre-Martial Counseling, Relationships, Stress, Anxiety, Depression , Fear and Worry, Anger, Resentment and Bitterness, Self-Image and Self-Awareness, Grief and Loss
Biblical Counseling is by appointment only
Contact Joseph Stephens, Director 313-381-9722
1833 S. Electric Detroit, MI

All types of services, for all types of people, with all types of budgets.

Some people prefer traditional funeral services. Others prefer cremation. Some want an elaborate ceremony. Then there are others who don't want any ceremony at all. When it comes to funerals, there are as many options as there are people. We take pride in being able to say we offer all funeral service options to fit all types of budgets. Inquire about our various service packages and our complimentary benefits for veterans.

• Special Value Burial Package (A)	\$4,280
• Tribute Burial Package (A)	\$3,790
• Tribute Cremation Package (A)	\$3,495
• Bronze Burial Package (A)	\$2,895
• Limited Service Package (Burial or Cremation)(A)	\$2,075

Note (A): Includes a casket.

Stinson FUNERAL HOMES

1939 South Fort Street • Detroit, Michigan 48217 • 313.386.8200
16540 Meyers • Detroit, Michigan 48235 • 313.863.7300
www.stinsonfuneralhomes.com

IN THE SPIRIT TIME TO FLY THE COOP

by Minister Karen S. Williams

God often speaks in ways we don't expect. Recently I sensed He wanted me to research – now don't laugh – a cartoon character featured on Warner Brother's Looney Tunes, "Miss Prissy." Yes. Miss Prissy. Prissy the Chicken. The beleaguered, white-bonneted and spectacled matron of the hen house who slowly drawled "Yah-uss" when asked a question. After I watched a few episodes featuring her, I realized two things: (1) Prissy somewhat symbolized the biblical figure, Hannah (1 Sam. 1:1-3,6-7); and (2) her experience of barrenness in key life areas further highlighted how God wants to heal areas of unfruitfulness we too have. Time to Silence the Barnyard Like Hannah, Prissy shared space, rather a hot, noisy chicken coop, with a saucy, strutting brood of Penninah's. "You can't lay any eggs," they'd cackle. "Or get a husband." Consequently, Prissy would lower her eyes, sigh and then droop about the barnyard, hurt and shame dusting her feathery countenance.

Life too, unfortunately, can confine us into similar "coops. For instance, perhaps a family member's experiences at church, work or at home aren't going well. Do you squawk at their plight then join Penninah's brood to mock them? Or do you encourage them to press into God in prayer until He cracks the shell of barrenness in their life and breaks them through? I hope the latter. Time to Fly the Coop! Regardless of where you live, there are Prissy's and Penninah's around you that are surrounded with many teachers. But these unique birds -- like you and I -- need natural and spiritual fathers (1 Cor. 4:15), who will spur them into an even more enriching relationship with God himself. Only He can best help any of us to steward our lives into being as fruitful as He would like for them to be. Let's pray: Father, in the name of Jesus, I don't believe I wake up every morning with the intention of being barren in any area of my life. Help me to be like Hannah and pray and travail until I give birth my son. He may not be an actual,

physical child, but I know this "child" represents the natural and or spiritual fruit, in righteousness, that you want me to bear in my day to day world. So to do it, help me to first love You with all of my heart, soul, mind and strength. Help me to love my neighbor as I love my self. And help me to forgive anyone who has ever served as unhealthy teacher or father role model in my life. Help me to see how they that they only behaved with me, and toward me as their own life had prepared them to. Help me to forgive them and be reconciled to them, if they are still alive. And if they are no longer with me, help me to honor and savor pleasant memories of them, and forgive them still. I would not be here today, becoming the person you are shaping me to be, without their input into my life. In the name of Jesus, Amen." Karen S. Williams is a prophetic minister and intercessor at Good News Christian Church in Inkster, Michigan, where Rev. Rodney Brown is pastor.

★ TELEGRAM NEWSPAPER'S ★ SENIOR STAR

Rise in the presence of the aged, show respect for the elderly and revere your God. I am the LORD." Leviticus 19:32 (NIV)

MARY J. COOPER River Rouge resident turns 90 YEARS OLD



Born in Opelika Alabama, Lee County Mary has 14 Children, 43 Grandchildren, 63 Great Grand Children

She was born on January 24, 1924. Mary was married for 46 years and all of our children graduated from River Rouge High School. She was an longtime active member of Union Second Baptist Church and a member of a Community Christmas Club. She was a Den Mother with the Boy Scouts in the Community. She was recognized with several Citizen Appreciation Awards.

During her life she was employed doing Domestic Work (cleaning) Farming, Textile Work, Great Lakes Steel (janitorial work, Concrete work and making steel.

Some of my family members have passed on; Husband (Curtis Cooper, Sr.) Daughter (Geraldine Cooper Hughes) and sons (Curtis Cooper Jr., Edgett Charles Muhammad –Cooper) and Calvin Cooper) My living children are Virginia, Burnice, Gwendolyn, Chester, Robin, Clinton, Cornelius, Donna, Robert and Tammy. The motto I live by is "It's better to give than receive"

Who inspires her is – her mother, President Barack Obama and Dr. Martin Luther King, Jr., Rosa Parks, Rev. E. C. Copeland, Rev. J. W. McCrary and Pastor Dr. Kenneth Brown.

What do you remember most about growing up in the com-

munity where you grew up? Always working, attending elementary school, living in rural areas, farming with siblings and parents. I also remember sharing fun games with friends and family when time permitted.

Who were some of your friends who grew up with you: Addie Pearl Cooper, Eloise Clark, Mingo Luke, L. C. Clark, Helen Campbell, Gloria Frazier and Bertha Walker-Cooper.

What do you think needs to change in your community? Children's' dress attire, rapid drug and crime rate. We need to patronize our own businesses and not shop outside the community. We also need to have more activities for our youth.

My favorite sports Team are the Detroit Pistons, Tigers and Lions. My favorite singer is Mahalia Jackson.

"Come With Us We Will Do You Good"



Danzy Insurance Agency (Locally owned & operated)

6726 Metroplex Rd
Romulus, MI 48174
734-895-1761
Gdanzy@farmersagent.com

Affordable Rental Communities

www.csi.coop (800) 593-3052 TDD (800) 348-7011

Ecorse Manor Co-op

4560 9th St.—Ecorse, MI 48229



Amenities

- Rent Subsidized
- Secured Entry
- Most utilities Included
- Community Room & Library
- On-site Laundry
- Individual Heating & Cooling
- Emergency In Unit Pull Cords
- Utility Allowance

CSI Support & Development is a senior resident/member controlled organization that utilizes a cooperative management system and engages its resident membership in decision-making at every level of its operations.

- Democratic Control
- Diversity & Open Membership
- Not-For-Profit Operation
- Social Interaction
- Senior Empowerment
- Continuing Education



River Rouge High School Presents The Chevrolet Cadets Leadership Program

By: Gina Steward



Students participating in the Cadet program participating with Gleaners, Kroger and the United States Postal Service to help 'Stamp out Hunger' as part of their community service session

The Chevy Cadets program is off to a good start and moving along well. The program is designed recognize high performing students in the 10th through 12th grades, and allow them to participate in a four month leadership program that provides life skills, exposure to culture and arts,

community service, and college scholarships. At the completion of the program, students will participate in a Cotillion and Beautillion Ball, as a way to introduce them to society. Students had to meet certain criteria to participate in the program. Students must pos-

sess a cumulative GPA of 2.5 or higher, and have no more than 5 unexcused absences in the current school year, and no suspensions. Students must also adhere to these guidelines among others for the duration of the program. Participants meet once a week for four months,

December 2013 through April 2014. Some of the topics that will be covered in the sessions include: Etiquette Class • Self-esteem and Making Smart Choices • Branding yourself/Dress for Success • Community Service Projects • Personal Finances • How to Network (Mocktail party) • Job Shadow Day with Chevy

- Ballroom Dance Lessons
- GM Plant Tour
- River Rouge Alumni Session
- Shark Tank Group Think and Public Speaking activity
- Arts and Culture

The session that was held last week,was a community service project at the school. The project included folding bags donated by Kroger for a national food drive to help Gleaners Food Bank. The National Letter Carriers will be collecting food from select zip codes to donate to Gleaners. In total, 600,000 bags will be attached to post cards for residents to donate food, which letter carriers will collect and deliver to Gleaners, as part of their "Stamp out Hunger" campaign (<http://www.nalc.org/community/fooddrive/>). The Cadet students folded approximately 1,000 bags as part of this effort. The bags will be attached to postcards mailed to residents. The Cadet program is a collaboration between Chevrolet, United Way, River Rouge School District and other supporters of education and youth.

Refrigerator

Find and circle all of the refrigerator items that are hidden in the grid. The remaining letters spell an additional item found in many refrigerators.

M	S	C	A	R	R	O	T	S	S	B	U	T	T	E	R
U	T	S	E	C	I	U	J	E	Y	S	N	O	M	E	L
S	R	S	E	P	A	R	G	B	R	O	C	C	O	L	I
T	A	B	A	C	O	N	B	S	S	M	G	B	A	S	R
A	W	M	B	S	A	R	K	S	A	E	P	U	E	E	B
R	B	A	C	R	E	N	S	P	P	D	V	B	R	P	L
D	E	G	O	A	I	V	L	R	R	I	U	I	R	T	U
S	R	N	D	R	K	E	L	A	E	C	N	O	L	M	B
A	R	E	D	C	S	E	W	E	E	V	D	A	I	O	T
N	I	T	U	Y	T	E	S	C	H	U	O	L	C	E	H
A	E	S	R	T	R	E	I	S	C	S	K	T	O	H	G
N	S	U	U	S	E	M	S	E	L	P	P	A	F	C	I
A	P	C	G	H	A	A	P	U	H	C	T	E	K	E	L
B	E	G	C	J	Y	R	T	L	U	O	P	M	U	C	L
E	E	S	I	A	N	N	O	Y	A	M	W	A	T	E	R

- APPLES

BACON

BANANAS

BREAD

BROCCOLI

BUTTER

CAKE

CARROTS

CHEESE

COLD

DRAWERS

DRINKS

EGGS
- GRAPES

ICE CUBES

JAM

JUICES

KETCHUP

LEFTOVERS

LEMONS

LETTUCE

LIGHTBULB

MAGNETS

MAPLE SYRUP

MAYONNAISE
- MEAT

MILK

MUSTARD

OLIVES

ORANGES

PEAS

POULTRY

PRODUCE

SHELVES

SPINACH

STRAWBERRIES

WATER

YOGURT

Dawson Photo Studio

"Where we create creativity"

Schedule your

SENIOR PORTRAIT SESSION Today!

Check out photo samples visit www.dawsonstudio.com & www.instudiodesigns.com

818 Middlebelt Ave Inkster, MI 48141
(734) 729-8500



Winter Blast



Hosted by

WESTWOOD COMMUNITY SCHOOLS
&
Starfish Family Services

When & Where:

Tomlinson Middle School - Gym
25912 Annapolis St, Inkster MI 48141

Thursday January 30th, 2014
3:30pm – 6:00pm



FREE Nacho BAR



Please come and join Westwood Community Schools & Starfish Family Services for a **FREE** fun family event.

FUN, Socializing, Food, Give-a-ways, Community Resources, Parent / Student Activity Stations & much more!! Open to the community.

For more information please call
Heather Martel @ (734) 612-8115 (Westwood)

"Working Together to Prepare Students to Succeed in a Competitive Society"
Westwood Community School District, 3335 South Beech Daly Rd. Dearborn Heights, MI 48125
Phone: (313) 565-1900 / Fax: (313) 565-3610 / www.westwood.k12.mi.us

New Mt. Hermon MBC Health Ministry
presents
Dr. Keefa Lorraine Weatherspoon
Sunday, January 26, 2014 at 1:00 pm



DR. KEEFA LORRAINE WEATHERSPOON, N.D.

Dr. Keefa, a visionary whose heart and soul is anchored in humankind's capacity to regenerate, rebuild and renew spirit, mind and body; is an entrepreneur and business developer. She is the Founder and Director of Golden Ray, Inc. and SanKofa LIFE, a Michigan Nonprofit community service organization. She holds a Doctor of Naturopathy, degree from Clayton College of Natural Health in Birmingham, Alabama. Dr. Keefa is also the Founder of the new SanKofa LIFE Learning and Wellness Center located at 18734 Woodward Avenue in Detroit

near 7 Mile Road where she is also a Wellness Educator. The school is next to her business, The Water Station and Healthy Soul Natural Food Store located at 18710 Woodward Avenue, Detroit, Michigan, 48203.

Dr. Keefa's studies and practices of Wholistic health care date back to 1977, and stretch across the globe; encompassing both Eastern and Western healing arts. She is a 35 year+ cancer survivor and attributes her healing to her metaphysical and health studies. She is the author of seven books and

manuscripts. Her latest book is titled "Standing in the Majesty of Grace." Her passion and enthusiasm to serve and support, motivate and inspire, educate and empower humankind is evidenced in her meticulous yet candid, gleeful, simplistic and comprehensive style of education.

She is also the Founder and Director of the SanKofa LIFE Youth and Family Rites of Passage Program.

Her other areas of expertise include being the television and radio host of "Live Well Naturally with Dr. Keefa," and a newspaper and magazine columnist. She is a Wholistic Health Practitioner, 3rd Degree Mahikari Yokoshi, 3rd Degree Reiki Master, Certified Nutritional Consultant, and N.L.P. Trainer and Consultant. Dr. Keefa is the recipient of the esteemed Spirit of Detroit award in, and many other awards.

New Mt Hermon MBC is located at 3225 S. Deacon St, Detroit, MI 48217. For more information please call Mardena Willis at 313-728-3741.

**Glaucoma Awareness Month
Observed in the District**

by Stacy M. Brown - Special to the NNPA from The Washington Informer



Courtesy of the National Eye Health Education Program Glaucoma silently steals eyesight from more than 2.7 million Americans each year and officials at the National Eye Institute in Bethesda, Md., project that more than 4.2 million will have the disease by 2030.

Further, nine to 10 percent of those with the dreaded disease ultimately go blind, said officials at the Glaucoma Research Foundation in San Francisco.

Glaucoma, defined as a group of eye diseases that gradually steal sight without warning and it has no cure, counts as the second leading cause of blindness in the world.

After cataracts, it's the leading cause of blindness among the African-American community in which it's six to eight times more common for blacks to go blind from the disease than whites.

Statistics from several health organizations show that African Americans are 15 times more likely to be visually impaired from glaucoma than whites.

"Glaucoma does not typically show symptoms until it has reached more serious stages, which make it necessary to have routine eye exams to detect the condition before it gets worse," said Dr. Hylton R. Mayer, an ophthalmologist at Eye Doctors of Washington in Northwest, who recently performed the first iStent Trabecular Micro-Bypass Stent – an implant procedure that's done during cataract surgery – in the metropolitan area to treat glaucoma in cataract surgery patients.

Several in the local health community are calling on individuals, particularly African Americans, 40 years and older to get checked for glaucoma and other potential eye-related issues.

"It's something that I had to push my father, my uncle and one of my cousins to do," said Leslie Dyer, a physician's assistant in District Heights, Md. "As African Americans, there are many things we have to be concerned about when it comes to our health, and glaucoma is certainly one of those concerns," said Dyer, 51.

ing to statistics provided by the Glaucoma Research Foundation.

The risk for glaucoma proves 20 percent greater for those who have family members with the disease and for African Americans over 40, with extreme nearsightedness, diabetes, hypertension and those who have had prolonged steroid use.

Although the most common forms primarily affect the middle-age and the elderly, glaucoma can affect individuals of all ages, officials said.

"Black people should get a thorough check for glaucoma every one to two years after they turn 35," said Dyer, echoing what's recommended by the research foundation, which notes the reason for the higher rate of the illness in African Americans remains unknown.

Studies performed by several institutions, including the Baltimore Eye Survey, noted that one way to attack glaucoma is through treatment and early detection.

Officials said there are two primary types of glaucoma – the primary open-angle glaucoma and the angle-closure glaucoma – and the appropriate treatment depends upon the type and other factors.

"The most common type of glaucoma, which is chronic open angle glaucoma, really has no symptoms and sneaks up on patients, causing slow but progressive damage to their field of vision," said Dr. Brad Spagnolo, an ophthalmologist at the Baltimore Washington Eye Center in Baltimore

**Read the
TELEGRAM NEWSPAPER**

Online at www.telegramnews.net
by mail subscription or home delivery
Purchase on news stands in various gas stations
and retail outlets throughout Detroit and the Downriver community.

SAVE THE DATE

Sunday, August 31, 2014 (Labor Day weekend)
Telegram Newspaper celebrates 70 years
Black Tie Event
Silver Shores Waterfront - Wyandotte
Sponsorships & Advertising Opportunities are available.
More details to come.
You don't want to miss this!!!!!!
(313) 928-2955

SH  P
LOCAL

RC FITNESS & TELEGRAM NEWSPAPER

Presents

ZUMBA
CLASSES

w/ Robin Clark, Instructor

Monday and Thursday at @ 7:00 pm

10748 W. Jefferson Ave. River Rouge, MI. 48218



Contact us for more information

www.facebook.com/robinclark77777

email: rcfitness7@yahoo.com - phone: 313.556.4880

Get Educated! Get Tested! Get Involved! Get Treated!

**I Am My
Brother/Sister's
Keeper:**

**FIGHT
HIV/AIDS!**

**February 7th
National Black
HIV/AIDS
Awareness Day**

www.NationalBlackAIDSDay.org

This is a national HIV/AIDS testing and treatment community mobilization initiative engaging Black populations.

Presented by the NBHAAD
Strategic Leadership Council:

- 100 Black Men of America, Inc.
- Advocates for Youth, Inc.
- Alcorn State University
- Alliances for Quality Education, Inc.
- b condoms
- Balm in Gilead, Inc.
- Black Men's Exchange National, Inc.
- Centers for Disease Control and Prevention
- Institute of the Black World 21st Century
- My Brother's Keeper, Inc.
- Multi-Cultural Addictions Network, Inc.
- National Black Leadership Commission on AIDS
- Rae Lewis Thornton Foundation, Inc.
- Substance Abuse and Mental Health Administration

Event Details

Telegram Business Center
10748 W. Jefferson Ave
River Rouge, MI 48218

This New Year, Take a Stand against Obesity

By Dick Resch - Contributing Writer



Olivia Judson on the influence of science and biology on modern life. Calories, chairs, Exercise, Obesity, offices, sitting, Walking Your chair is your enemya

What's your New Year's Resolution? Hitting the gym more? Cutting carbs?

There's an easier way to get healthy in 2014, and it doesn't require gallons of sweat or the elimination of bread. It's called standing. A growing body of research shows that spending more time on your feet -- whether at home, at work, or during meals -- can have surprising health benefits. Even better, it's a whole lot easier to keep a New Year's resolution to simply stand more.

Remarkably, regular exercise can't undo the negative effects of sitting. According to Dr. Genevieve Healy, a researcher at the University of Queensland's School of Population Health, "We've become so sedentary that 30 minutes a day at the gym may not counteract the detrimental effects of 8, 9 or 10 hours of sitting."

It's no exaggeration to say that sitting is the new smoking. An analysis published in

the British Journal of Sports Medicine found that every hour spent on the couch watching television shaves 22 minutes off one's life.

Smoking a cigarette, meanwhile, costs the average person only 11 minutes.

But unlike kicking a nicotine habit, sitting less is as easy as straightening your legs and standing up. And believe it or not, giving your recliner or office chair some time off can bring substantial health benefits.

A study published in the February issue of PLOS ONE, a science journal, found that, when it comes to reversing the harmful effects of sitting, "increasing the time spent walking/standing is more effective than one hour of physical exercise." Good news for those of us who may have trouble making it to the gym.

A renewed commitment to standing can start at the office. An astonishing 86 per-

cent of Americans spend their workdays planted in a chair.

But that's easy to fix. For starters, keep an eye on the clock and make sure to stand up at least once every thirty minutes. Instead of riding the elevator, opt for the stairs once or twice a day. Phone calls also provide a great opportunity to spend some time on your feet -- or to pace a little to get the blood flowing.

Height-adjustable sit/stand desks can help workers make standing an even more integral part of their office routine. The Centers for Disease Control and Prevention have found that such desks can reduce workplace sitting by as much as 224 percent. Workers who adopted a sit/stand approach also reported having less back and neck pain -- and were in a better overall mood.

At home, it's important to resist the urge to plop down on the couch. As it turns out, television sets work just as well when viewers are standing up.

Although we rarely realize it, most furniture -- from lunch tables to computer desks -- is designed with sitting in mind. A shift to a more upright, standing-centric lifestyle, therefore, will require a change in furniture.

All too often, January's self-improvement project becomes February's personal disappointment. As 2014 dawns, avoid falling short of your resolution to be healthier in the New Year -- and simply stand up.

Dick Resch is CEO of KI Furniture.

Detroit pensions

From Page 1A
funds would come from tobacco settlement revenues. A coalition of foundations recently pledged over \$330 million over the next 20 years, which jumpstarted a mediation solution to resolve key elements of the Detroit bankruptcy process.

"We are working on a fiscally sound mediation solution with clear conditions. We will not participate in a bailout, nor allow these funds to go anywhere other than directly to retiree pensions," said Snyder. "This is an opportunity to work together to find solutions that will allow Detroit to get on a firm foundation faster, help pensioners, and ultimately save the Michigan taxpayers millions in the long run. I want to applaud the foundations for taking this unprecedented and generous step and the mediators for facilitating these discussions."

The governor called for strict

conditions on any funds allocated towards the settlement. Among these conditions are that all state participation would go solely toward pensions, independent fiduciaries manage the pension funds going forward, and appropriate releases from litigation claims are obtained from the unions, employees and retirees. "Our citizens, their retirement and our art and cultural heritage warrant consideration of a reasonable, long-term solution," Richardville said. "Detroit pensioners live all across Michigan and the future of Detroit impacts our entire state. I am open to working with the Governor, the House and Detroit on a solution that emphasizes oversight and accountability to ensure history does not repeat itself." A settlement based on participation from the state legislature, the foundations, and oth-

ers would have positive implications for city, unions, retirees and the state, including the opportunity to save millions that would otherwise be spent in legal costs and on social services.

Bolger said the city of Detroit cannot stand alone and that the entire state must work together to resolve the bankruptcy.

"I won't cut off taxpayers' noses to spite Detroit's face, but I also will not ask the state's taxpayers to make a bad investment. That's why we must look at how we can work together to move Detroit out of bankruptcy as quickly as possible. This is the right thing to do in order to serve the Michigan citizens who live in Detroit, the pensioners who devoted their hard work to the people, and the taxpayers throughout the rest of the state who deserve to be protected."

ECORSE TOBACCO

FULL LINE OF TOBACCO PRODUCTS

**CIGARS * PIPES * PAPERS * LIGHTERS
CIGARETTES * TUBES* ACCESSORIES**



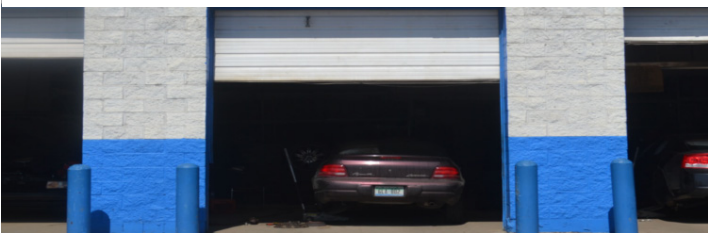
4071 W. Jefferson Ave.
Ecorse
313-388-9679



D & J TIRES AND TOWING

NEW & USED TIRES • FLAT REPAIR

2681 S Schaefer Detroit 48217



**ALIGNMENT
HIGH SPEED BALANCE
BRAKES & MUFFLERS
SHOCKS & STRUTS
AXLES
MINOR REPAIRS**

**WE BUY
JUNK CARS!!**

K. DREW 313-478-6299
M. PRATHER 313-978-3716
J. DREW 313-412-7258

Zenith Lunch

Breakfast * Lunch & Dinner



2+2+2

Breakfast Special

11295 W. Jefferson Ave. River Rouge
(313) 849-0833

Your Friendly Family Restaurant

ECONOMY SHOE REPAIR

579 Visger Rd, Ecorse, MI 48229
economyshoerepair@gmail.com

All Repairs: Shoes, purses, Luggage etc.

Donald "Chip" Agee

OWNER
313-382-2662

"If we can't fix it throw it AWAY"



Coop's Casual Wear

Men & Women Clothing

11431 W. Jefferson Ave, River Rouge, MI 48218

Phone: 313-297-6990

www.coopscasualwear.info

**New Year
Blowout Sale**



**Happy
New Year**

**Shoe
Blowout Sale**



* COMMUNITY NEWS*

WESTLAND
Kids Night Out



Saturday, January 25th
6:00 pm - 10:00 pm
Cost: \$13.00 for members/residents and \$16.00 for non-residents. Bring a lined bathing suit, towel and lots of energy! Activities include swimming, arts & crafts, games, pizza, and pop.

For more information on any event at the Wayne-Westland Recreation Center please call 734-721-7400.

Winterfest on 1/24 & 1/25 (see Winter brochure attached or online for rates and schedule) includes:
o Glow Skate will be held all weekend (1/24 - 1/26) during the Open Skate schedule at the Wayne Community Center and every Friday at the Mike Modano Ice Arena in Westland from 8 - 9:20 PM.
o Northpole Classic on Saturday, 1/25 at 10 AM

at the Westland Municipal Golf Course to benefit Youth Aquatic Programs.
o Mid-year Dance, Gymnastics, Baton Show on Saturday, 1/25 at 1:00 PM
o Euchre Tournament (Sat., 1/25 from 6 - 10 PM) with the Wayne Rotary and Wayne-Westland Parks & Recreation to benefit community projects.

RIVER ROUGE

The Guidance Center, Center for Working Families



Free tax services.
We are providing free tax filing services to the residents of River Rouge, Ecorse, SW Detroit and surrounding areas. In order to qualify, the individual or family must meet the financial eligibility requirement, which is on the flier. We are now accepting calls to set up an appointment. For additional information, they can call 734-785-7705 x 7276 or 7807. No

walk-ins, appointments only.



Homeowners Workshops
This is a workshop for those who are planning to purchase a home or who are interested in what is the process of purchasing a home. The workshops will be on January 27th and January 29th from 4:00 pm to 7:00 pm at Walter White Community Center at 550 Eaton, River Rouge, MI. There is no cost to take the workshop, however to receive a certificate, the person has to attend both sessions. For additional information or to sign up for the workshop, please call 734-785-7705 x 7276.

Are you having a Community Friendly event?
Keep the community aware of your events and list them here.
Call 313-928-2955

HOROSCOPES



JANUARY 23 - JANUARY 29, 2014

ARIES
At work, some matters have been on hold but now you will get the green light. Continue to work as diligently as you have been in the pass to ensure success. Have faith that your plans are on target.
Soul Affirmation: Anticipation of a beautiful immediate future lights up my week.
Lucky Numbers: 18, 53, 54

TAURUS
A message this week may necessitate travel on your part, and you may feel obligated to do something you don't want to. Let the energy flow past you and do what you think is best. Who you are is who you are—be glad about it!
Soul Affirmation: People love me when I love them.
Lucky Numbers: 9, 22, 41

GEMINI
Use better judgment with regard to financial matters. Stop rationalizing. Money is important. Do something about the fact that you might find yourself broke more often than you wish. Continuing to deny it will delay doing something about it.
Soul Affirmation: I find comfort in the familiar.
Lucky Numbers: 1, 22, 51

CANCER
This week make your spiritual interest pay off in cash. Enough of goodness for goodness sake. You've got bills to pay. People expect generosity from a big hearted person like you. Ask them for something in return or they'll drain you.
Soul Affirmation: I call on my creative talents to pay my bills.
Lucky Numbers: 1, 3, 8

LEO
Compromise to get what you want this week. You'll want to meet others half-way, and in the long run, you'll get what you want anyway. You can afford to be gracious and giving. Do it with all your heart and soul.
Soul Affirmation: My emotions provide me a pathway into the sunshine of my being.
Lucky Numbers: 6, 17, 43

VIRGO
Money matters may seem a little unstable this week; postpone a shopping trip. On the plus side, however, your friends are unusually supportive and wonderful. You'll enjoy conversations and being with another, especially after dark!
Soul Affirmation: I enjoy working with others this week.
Lucky Numbers: 19, 30, 50

LIBRA
Personal goals are important to you this week, and you'll want to budget some time to

spend on formulating plans for your brilliant future. Something that happens without your knowledge is going to prove to be a huge benefit. Enjoy your lucky streak!
Soul Affirmation: My life itself is my greatest creation.
Lucky Numbers: 7, 40, 43

SCORPIO
Your straight-up attitude is going to come in handy this week. Plain talk is favored; keep it simple so others will understand where you're coming from. You'll get a lot done if you stick to a plan this week.
Soul Affirmation: I forgive, forget and keep on moving towards my good fortune.
Lucky Numbers: 1, 29, 31

SAGITTARIUS
This is a good week to think about long-term plans. Your mind is clear and your vision of things to come will be lighted by your razor-sharp instincts. All week long be careful not to sound too sarcastic when you tell people stuff that you know and they don't.
Soul Affirmation: I keep my eyes open for the love that is everywhere.
Lucky Numbers: 17, 18, 20

CAPRICORN
The clever way you think could expose you to an experience for you unlike any you've had recently. Move forward. Get into it. Don't doubt your ability to handle it. Don't let your mind get crowded with too much useless information. Love is simpler than you think.
Soul Affirmation: I allow good feelings to flow into my life with ease.
Lucky Numbers: 6, 21, 34

AQUARIUS
If someone has told you that you are more mental than emotional, believe them. This week especially your mind will be working a mile a minute to make sure that what you feel is good for you to feel. Cover the mental processes with an emotional facade, but keep thinking about what is best.
Soul Affirmation: I give special attention to special friends
Lucky Numbers: 3, 45, 51

PISCES
Usually you're not much for gambling. You like to investigate and make sure before you make your move. This week you are lucky. Move on impulse. Follow your heart. Pay close attention to the love needs of your mate this week. The needs of children call.
Soul Affirmation: I can be whoever I am conscious of being.
Lucky Numbers: 12, 32, 53

New Location

WHERE

Starfish Family Services
30000 Hiveley Inkster, MI

The Inkster Task Force Presents:

CELEBRATE INKSTER

★ Choirs ★ Recognition of Community Change Makers ★

Food ★ Info about ways to get involved!

Come and celebrate the great city of Inkster, MLK Day, and the start of Black History Month!

DATE & TIME

2:00 to 5:00 PM — Saturday, January 25, 2014

RSVP

Walk-ins welcomed, RSVPs appreciated: (734) 931-0821

Have you ever attended a Community Conversation? Results of Starfish's Kellogg Community Conversations will be displayed during the event.

Lions New Head Coach Filling a Huge Need

By Butch Davis - Telegram Sports Writer



Teryl Austin the team's new defensive coordinator.

I like Detroit Lions Head Coach Jim Caldwell already as he announced the hiring this past weekend of Teryl Austin as the team's defensive coordinator. As you know I have been a repeated complainer of the Lions lack of play at the position at defensive backfield for the last five years.

Austin enters his first season with the Detroit Lions as the team's defensive coordinator after spending the previous three seasons as the Baltimore Ravens defensive backs coach from 2011-13. During that span, the Ravens ranked first in the NFL in pass defenses with 298. In each of

the past three seasons, the Ravens defense has ranked in the Top-10 in Red Zone defense, including a League-leading opponent touchdown percentage of 38.1 in 2011.

A former safety at the University of Pittsburgh, Austin brings 22 years of defensive coaching experience to the Lions' staff, specifically with a special talent for developing and teaching defensive backs. He has spent 10 of the last 11 seasons as a defensive backs coach in the NFL, including stints with the Seattle Seahawks (2003-05), Arizona Cardinals (2007-09) With each of his NFL stops; he has

helped his teams pave the way to Super Bowl appearances (Seattle in 2005, Arizona in 2008 and Baltimore in 2012). In 2012, he helped guide the Ravens to a win in Super Bowl XLVII in New Orleans and also mentored three Cardinals defensive backs to the Pro Bowl as Arizona's defensive backs coach in 2009, including CB Dominique Rodgers-Cromartie, S Antrel Rolle and S Adrian Wilson. His Cardinals secondary also led the League in interception-touchdowns (six) in 2007. In his first NFL coaching stint, Austin's defensive backfield in Seattle ranked 10th in the NFL in interceptions with 67 over his four seasons with the team (2003-06). In addition, Detroit Lions Head Coach Jim Caldwell also hired Bill Sheridan as linebackers' coach.

Terms of their contracts were not disclosed. Caldwell have also retained the following position coaches who will join his new staff including: John Bonamego, Terry Heffernan, Bobby Johnson, Kris Kocurek, Curtis Modkins, Evan Rothstein, Jeremiah Washburn and Jim Washburn.

Romulus' Woodson receives huge honor

By Christian Young - Contributing Writer



Regional Athletic Director of the Year
Romulus Athletic Director Mark Woodson

When someone wins a huge award, it's very rare that the recipient tries to sneak out of the place. But Romulus athletic director Mark Woodson is a rare man.

At halftime of the Romulus boys basketball game on Saturday, the announcement was made that Woodson had won the Regional Athletic Director of the Year award from the Michigan Interscholastic Athletic Administration Association. Instead of heading to the center of the court to bask in the thundering applause, Woodson simply tried to slip out of the gym to tend to other

pressing matters. Besides, he doesn't like the spotlight so much on him anyway.

"I'm not a guy that likes a lot of attention," Woodson said. "I would rather the focus be on other people. I know that there are other people out there that need more help and recognition than I'm receiving for this award." Modesty is a big part of Woodson's makeup. In fact, he found out he won the award in November before the holiday break, but tried his best to keep things quiet. "It only got out because I had

Romulus on page 12A

The Watch on Dumars is on

By Butch Davis - Telegram Sports Writer



Joe Dumars

Many Detroit Pistons fans this past Friday got sick to their stomach as the college player of last year Trey Burke walk in to the Palace of Auburn Hills and shot a game high 20 point three rebounds, 12 assists, two steals and one block shot, for Utah Jazz and knowing good and well that the Pistons and Joe Dumars' had the chance to pick Burke first. Instead Dumars' picked Kentavious Caldwell-Pope who started his first game of the year when Utah comes to visit last Friday and score four points.

Again not a happy crowd leaving the Palace of Auburn Hills and can you blame them. In addition, Monday

comes along and the Pistons have a special MLK Day Matinee Game as over 18,000 fans paid to watch the Pistons and the L.A Clippers' play. Now I cannot understand why for the last two year the Clippers and DeAndre Jordan find a way to make poster children out of our home basketball team. Yes, last year it was Brandon Knight who was poster picture by Jordan.

This past Monday Jordan had 16 points and 21 rebounds, dunking seven times in the Clippers' 112-103 win over the Pistons. Jordan made his first seven shots. Blake Griffin added 25 points and Jamal Crawford

scored 26 for the Clippers, who are now 6-2 since losing star point guard Chris Paul to a shoulder injury.

J.J. Redick added 20 points for Los Angeles, including two four-point plays when the Pistons fouled him beyond the arc and by the way Caldwell-Pope fouled Redick on both four-point plays, amazing! Rodney Stuckey scored 29 points for Detroit and Smith added 24, however, the Pistons got almost nothing from their starting backcourt. Brandon Jennings went scoreless and Kentavious Caldwell-Pope scored only six points. Jennings missed all seven of his shots from the field, going scoreless for only the second time in 330 career games. It also happened in March, when he was with Milwaukee.

The Pistons dropped to 7-14 at home this season. They are 10-10 on the road. If the playoffs were today the Pistons would not be a part of the playoff party in the weak Eastern Division.

A Couple of Come Backs on MLK Day

Brailen Neely's 8-footer in the lane over Edmond Sumner with two seconds left gave Detroit Western, 2-7 a 66-64 victory over Country Day in the Martin Luther King Freedom Classic at Warren Fitzgerald. Sumner's basket with 2:55 left gave Country Day a 60-57 lead. His two free throws with 2:28 left gave Country Day a 62-59 lead. Kareem Murray's three free throws tied the game at 64-64 with 49 seconds left.

Country Day committed a turnover to give Western a chance to win it. Neely, a 5-8 sophomore led Western with 27 points. "I was trying to get my team a bucket," Neely said. After the game "Edmond was on me and he's 6-4. I was just hoping he wouldn't block it."

Finally, after a full day of traveling watching basketball I made stop at River Rouge High School to watch the middle of the third quarter of play as Rouge was trailing by six, although, in talk to a Panther fan they were trailing as much as 10 points.

Nevertheless the look on Bobby Thompson Sr. face as his freshman son Bobby Thompson Jr. when on the

blink on the floor of Brent Darby Court as he about single handedly defeat Detroit Collegiate Prep Northwestern, 78-73, Monday night I just last week talked to Bobby Sr. about his son making the teams as I was requesting the roster of the Rouge Panthers Varsity team.

Bobby Sr. said to me at the time that his Son (Bobby Jr.) worked hard to earn his place on the team. Indeed, the quarter and half that I watched I say that the River Rouge Basketball fans have something to look forward too for some years to come.

By the way, in an earlier game this past Monday at Rouge High the Lady Panther beat up Detroit Pershing 54-45 as Staenisha Harris produce 28 points and 14 rebounds, and Dayzhane Green chip in with 15 points for the Lady Panthers in which their record this season is 9-2.

Subscribe
TODAY!!!
Call 313-928-2955

Romulus

from page 11A

to request time off and fill out paperwork to attend the (MIAAA) conference in Traverse City in March,” he said. “They asked me why, and I had to tell them the truth.” But make no mistake, he is very appreciative of the award. “I’m really thrilled and honored,” he said. “I think that there is no greater achievement or award that you can receive than when it’s from your own peers. When it’s from your own peers, it means a lot. They realize the hard work and dedication you put into your job.” It is another milestone in a storied, decorated journey for the Inkster native. The Dearborn Heights Robichaud graduate later went on to play collegiate football at Wayne State (earning a degree in physical education and health along the way) and in the Canadian Football League and United States Football League. He embarked on a coaching career that included stops at his alma mater of Robichaud (where he was a member of a state championship staff in 1990) and the University of Michigan (where he earned a master’s degree in education administration), and being the head coach of Romulus for five years, where a 10-1 season in 1998 earned him a regional coach of the year honor from the MHSFCA.

“We’ve had some great kids play for me and some great coaches come to work with

me,” Woodson said. “Romulus has been a great place for me and my family. It’s my second home.” He also was an assistant coach at Eastern Michigan before returning to Romulus to take the athletic director’s job in 2005. He also has served as an assistant principal in the past, and even serves as the summer school principal at Romulus High School.

Yet through all of the accolades and experience, Woodson has not lost sight of where he has come from and who has made an impact on him. “I’ve learned so much from so many people, and I am grateful to them,” Woodson said. “Coach Bob Yauck gave me my first coaching opportunity at Robichaud and my first teaching job there. Coaches Gary Moeller and Lloyd Carr, they showed me a lot about hard work and doing things the right way, values that we try to instill in our kids here at Romulus.”

Nor has he lost sight of his mission as an athletic director and educator. Nor will he slack off. “This is motivation to keep working even harder, because there are so many things that need to be done here,” he said. “I see myself, not only as a teacher, coach or AD, but I also hope to be a mentor to so many young people who want to be head coaches or teachers, and try to lead kids in the right direction.”

Eagles sweep, Bulldogs stumble, in week of games

By: Christian Young - Staff Writer



Photo by Christian Young

Romulus' Deonte Bell shoots a free throw against Dearborn Heights Robichaud on Jan. 14.

It’s been a wild week for the Romulus Eagles—and one more step towards improvement for the Dearborn Heights Robichaud Bulldogs. The two teams faced off on Jan. 14 on Robichaud’s home floor in a key Western Wayne Athletic Conference matchup. The Bulldogs hung tough with the high-ranked Eagles, but Romulus soared away with a 63-37 victory.

The Eagles led wire-to-wire, but the Bulldogs did pose a challenge early on, particularly on the glass. However, the Eagles had hot hands in the open court, forcing steal after steal.

“We did a pretty good job of rebounding,” Robichaud coach Vernon Crump said. “Our biggest problem was that we didn’t cash in on offense.” Romulus coach Jerret Smith concurred. “Robichaud’s not a bad team at all, and rebounding’s been a weakness for us all year,” he said. “We just need to grind out stops and do things the Romulus way.” Romulus held a 35-17 advantage at the break, but the

Bulldogs began the second half stopping Romulus on eight consecutive possessions.

“That’s what we wanted to do,” Crump said. “We wanted to come out and get a few stops in the third quarter, and we ended up with eight. We just didn’t make our layups and free throws.” Romulus took advantage of the Bulldogs’ offensive sputter and widened the lead to 53-24 after three quarters, and converted on the turnovers they forced.

“A good offense comes from a great defense,” Smith said. Kris Clyburn paced the Eagles with 18 points and six rebounds, followed by Jaylin Walker with 17 points and seven rebounds. Dacari Gibson led the charge for Robichaud with 13 points and seven rebounds, followed by Vernon Crump Jr. with 11 points and nine rebounds. Romulus rode the momentum from the win onto their home gym on Jan. 18 with a date with Indianapolis (Ind.) Cathedral.

outside to create space in the paint, and combined that with their tough defense to take a 36-23 lead at halftime. “We did great against a great team, but we can’t settle,” Smith said. “We can’t allow teams to get second chance shots.”

Clyburn again led the charge with 26 points and three rebounds, while Tyrone Hamby chipped in 16 points and three rebounds. Walker chipped in 13 points, five rebounds, and three assists. Collin Barthel led Cathedral with 15 points and eight rebounds.

Robichaud, meanwhile, hoped to recover from the sting when they hosted Dearborn Fordson on Jan. 16. Unfortunately, the Bulldogs fell to the Tractors, 57-36. Muhammad Zahr scored 17 points to lead the Tractors. The Eagles (8-1, 4-0 WWAC Blue) hosted Class C top-ranked Detroit Consortium on Tuesday, while the Bulldogs (3-7, 1-1 WWAC Blue) traveled to Dearborn Edsel Ford. Results were unavailable as of press time.

TELEGRAM NEWSPAPER

TELEGRAM

Informing * Educating * Empowering * Uplifting

Your Information Resource

PHOTO

Available Every Thursday

TELEGRAM

AmeriCorp revamps local

Follow Us

Telegramnews

Subscriptions Available for Home/Mail Delivery

10748 W. Jefferson Ave
River Rouge, MI 48218 313-928-2955

Check us out on the web at www.telegramnews.net

PICK UP YOUR TELEGRAM IN ONE OF THE DOWNRIVER LOCATIONS:
DEARBORN HEIGHTS, DELRAY, DETROIT, ECORSE, INKSTER, LINCOLN PARK, MELVINDALE,
RIVER ROUGE, ROMULUS, TAYLOR, WAYNE, WESTLAND AND WYANDOTTE

Advertise your Business in the Telegram

SCAN AND GO DIRECTLY TO OUR WEBSITE

READ THE TELEGRAM ONLINE OR SEARCH OUR ADVERTISERS' WEBSITES.

The Irish were Indiana Class 4A runners-up and one of the state’s top ranked teams, but the Eagles broke a 14-14 first quarter deadlock with hot shooting from the outside and physical play to grind out a 73-50 victory.

The Eagles opened things up on the perimeter in the second quarter, when Romulus began shooting hot from the

Are you ready to start Marketing your business?

Call 313-928-2955

BUSEN APPLIANCE

2323 Fort St, Lincoln Park 313.381.4575

Used Washer & Dryers

90 Day Warranty Delivery Available

Parts & Service for all brands

Telegram Newspaper Classifieds

APT FOR RENT

Across the Park Apartments

NEWLY REMODELED APARTMENTS

Spacious 1 bedroom apartments

Available for 62 and older or Handicapped & Disabled.

COME SEE OUR MODEL

Rent is based on income.

Heat & water included.
Activity Room & Laundry facilities on site
(313) 382-3201
TTY-1-800-567-5857
M-F 8-5
Equal Housing Opportunity



Lincoln Park

2 Bedrm
Heat & Water incl.
Section 8 welcome
\$600 and up
248-705-6965

BV013014

BUSINESS OPPORTUNITIES

Pharmacy Space
Available in
Urgent Care/Family
Medicine Clinic Lincoln
ParkCall 313-492-6796
for Further information

COMING SOON

NATURES FIG CLINIC

"GET CERTIFIED"

313.228.5508



Coming Soon:
Certification Office for
Medical Marijuana
Call Nature Fig Clinic at
313-228-5508 for
appointment

**DID YOU
SUSCRIBE TODAY
TO THE
TELEGRAM?
DON'T MISS A
WEEK**

HOUSES FOR RENT

3 & 4 Bedrm homes
Ideal Locations,
Section 8 ok,
immediate occupancy
313-460-0969
SR121213

Ecorse

Newly renovated
1 & 2 Bedrm Apt
\$550-650 Water incl.
313-728-2140 or
313-377-9130
CR011624

River Rouge

East of Jefferson
South of Great Lakes
1,2 Bedrm Apartments
includes Heat & Water
Section 8 Welcome
No Pets
BP013014

HOUSE FOR SALE

Ecorse,

39 W. Alexis St
3BR/1BA
Single Family
Fixer Upper
Lease or Cash
\$250 DN, \$160/mo
877-519-0180
DC021314

SERVICES

**GMO SERVICES
LAWN FERTILIZER
BIBLES & BIBLE
DVD'S
SHELIA'S CAKE
SPECIALTIES
RACEIT AGAIN**

**WWW.GMOSER-
VICE.COM
313-381-9303
GMOSERVICE@
COMCAST.NET**

List your

HELP WANTED and Business Opportunity Ads

Call 313-928-2955

Houses For Rent

Fort/Schaefer Area
4 Bedrm, 1 ½ bath,
2 ½ Car Garage,
Finished Basement
Section 8 Welcome
\$750/month +
Security Deposit
313-585-6534
VD013014

SW Detroit

2970 Bassett
3 bedrm Bungalow
Hardwood floors
throughout,
full basement,
wash & dryer hookups,
fenced backyard
Move -in-ready
\$600/month
Section 8 welcome
Sale and land contract
options available
call for info
313-451-4766

River Rouge

4 Bedrm, 2 1/2 baths,
Family Rm, Full base-
ment, Attached
2 Car garage
Two 3 Bedrm,
Full Basement,
All Newly Decorated
Call 313-842-8323
TH012314

Romulus

House for Rent
Nice quiet Subdivision
3 Bedrm, 1 Bath
Newly remolded
Full Basement
Section 8 OK
No pets, near school
Call 734-417-6796
for Appt

HELP WANTED

HELP WANTED

Earn \$9.50 per hour
assisting your disabled
or elderly family or
friends with Daily
Living Activities Client
must be on Medicaid
and earn less than
\$1200 to qualify. For

More information call
Ms. Willis at
313-728-3741

Call 313.928.2955

to place your Classified Ads.

**Homes for sale; Apts/Homes for rent; Items for sale;
Business opportunities; Help Wanted
SMALL ADS WORK!**

Detroit Employment Solutions Corporation

JOB FAIR

Wednesday, January 29, 2014

4:00pm—8:00pm

at the

Ecorse Public Housing

269 Hyacinthe Road

Ecorse, MI 48229

Open Positions include:

Cabin Service Agents, Communication Installation Technicians,
Customer Care Representatives, Construction Helpers,
Machine Operators, Meter Readers, Multiple Janitorial Positions,
Quality Inspectors, Sand Packers, State Certified C.N.A.'s*
(* - must be willing to get a TB Test and a Flu Shot for the State Certified C.N.A.'s)
and more....

Resume Help will be provided

For more information, contact

Melissa Redmon at 313.579.4925 ext. 316 or via email at:
MRedmon@GrantAssociatesInc.com



CITY OF ECORSE PUBLIC NOTICE

DRAFT 2014 PARKS AND RECREATION MASTER PLAN CITY OF ECORSE, MICHIGAN

30 Day Public Review Period:

Monday, January 27, 2014 – Wednesday, February 26, 2014

Notice is given to any and all interested parties that the **draft 2014 Parks and Recreation Master Plan** for the City of Ecorse, MI will be available for review and comment for 30 days beginning Monday, January 27, 2014 through Wednesday, February 26, 2014. You may inspect a copy of the Plan at the following locations during regular business hours:

- Albert B. Buday Civic Center, 3869 West Jefferson Avenue, Ecorse, MI
- Ecorse Public Library, 4184 West Jefferson Avenue, Ecorse, MI

The Draft 2014 Parks and Recreation Master Plan will also be available for review on the City's website at **ecorsemi.gov**

The City of Ecorse is preparing a five-year Parks and Recreation Master Plan in accordance with the Michigan Department of Natural Resources requirements. When completed, the plan will serve as a guide for the potential acquisition or development of parks, trails, recreation facilities and programs over the next 5 years.

All interested parties may submit comments in person or in writing to the Community Development Department of the City of Ecorse located at the Albert B. Buday Civic Center, 3869 West Jefferson Avenue, Ecorse, MI 48229 during regular business hours.

Please contact the City of Ecorse Community Development Department at (313) 386-2400 with questions or comments.

Publish: January 23, 2014

OFFICE SPACE FOR RENT/LEASE

The Telegram Business Center has three (4) offices available for lease. The building is located at 10748 W. Jefferson Ave in River Rouge. (Across from Bank of America)

The building is close to freeways and only 15 minutes from Downtown Detroit & 20 minutes from Metro Airport. The offices are reasonably priced and available for immediate occupancy.

For more info Call 313-469-5317

Telegram Newspaper

Available online at www.telegramnews.net, by mail subscription and on news stands in various gas stations, community centers and retail outlets throughout Detroit and the Downriver community.

Look for your copy in: Dearborn Hts, Delray, Detroit, Ecorse, Inkster, Lincoln Park, Melvindale, River Rouge, Romulus, Taylor, Wayne and Wyandotte

CRIME ALERTS

POLICE BLOTTER

RIVER ROUGE

River Rouge Police
Department
313-842-8700

January 14th, 2014

At 1312hrs, Officers were dispatched to the 200 Block of Frazier Street on a Domestic call, where a 18 year old female was being thrown out of the house with her 1 year old child. Officers arrived and found the female sitting on the porch steps crying hysterically. She was holding her baby as officers observed her red swollen face. The right side of her face was scratched up. She told officers her 21 year old boyfriend began arguing with her about another male while she was in the kitchen cooking. She states when she tried to ignore him and get away he began punching her in the face. The female was trying to run from him when she fell. He began kicking and stomping her head into the floor with his foot. She managed to get up off the floor and began vomiting. The female told officers she had her cell phone and tried to call police but he threatened to kill her if anybody came to the house. The male eventually gave her the phone back and allow her gather her belongings, then forced her and the baby out of the house. What kind of man would kick a mother and baby out in the cold? Officers went to the male and asked what happened and he states when they got into an argument about another man she became upset and started destroying his home. The officer asked the male how did her face get scratched up and he said "Maybe she ran into a wall or something". And when asked about the vomit or the floor, the male said his girl was just being stupid and started spitting on the floor. The male was placed under arrest for Domestic Violence, handcuffed and later transported to the police station. Health Link was notified and arrived on scene to treat the female for her injuries.

January 13th, 2014

At 2010hrs, a 38 year old female entered the police station lobby stating she had just been assaulted and robbed. Officer's observed a large bruise and swelling under her left eye. She told officers incident began while she was sitting in her 2000 Oldsmobile Alero, parked in front of 10900 West Jefferson. She states she was waiting for her boyfriend to get off work, when she heard a voice say "Hey" and turn around and recognize the male speaking to her. She states before she could say anything he struck her in the face with a closed hand fist and snatched her purse in her lap. He ran south on west Jefferson. She recognized him from having previous

contact with him at Fairway Party Store about two weeks ago. She told officer he was a tall and skinny male who lives on Goodell. The female states the male took her purse, wallet and money. I know when you read I this tell your friend to turn his self in because he knows we are looking for him. He is the same one who beat up his girlfriend up the other day. And the same one who tried to break into a vehicle on Goodell Street

January 12th, 2014

At 0023hrs, officers were dispatched to the 1st Block of LeBlanc Street on a Disturbance. Upon arrival officers observed a 22 year old female standing next to her 1998 Ford Explorer. She was slurring her speech and officers could smell and odor of alcohol intoxicants emitting from her breath. She admitted to having four or five drinks. Officers spoke to a 32year old neighbor who states she seen the female strike her parked Dodge Durango. The witness states the female didn't stop and kept on going. The witness states there was no damage to her vehicle, but the female struck a 1994 Chevrolet, a couple of doors down. Officers conducted two Field Sobriety Tests on the female and she was placed under arrest for OWI and Hit & Run Accident.

January 10th, 2014

At 2225hrs, officers responded to a Felonious Assault complaint in the 100 Block of Charles Street. A 41 year old female gave officers detail of had just taken place and officers began to follow a set of shoe prints in the snow that led to the alley behind a neighbor's home. The victim told officers at 2210hrs she took her dog outside for a walk and began walking north on Charles. She states she was 100 feet away when she was suddenly attacked by a male with red hair, 5'10 feet tall, wearing a black hoodie. She states he struck her in her face with his fist while holding a box cutter. When she fell to the ground the male struck her again, this time in both legs with a blunt object. The male took off running west past her house and went into a neighbor's house. The victim told officers she and her son have been fighting with the neighbors the last few months. Officers went to the home on Dwight and made contact with a 30 year old male and a 25 year old female. The female told officers she was babysitting and the male living there never left the house. The victim had three lacerations on a her right cheek along with swelling of her left leg. Health Link arrived on scene and transported her to Henry Ford Wyandotte Hospital.

Walk for Warmth

from page 1A



bring aid to the County's most vulnerable citizens.

"As a human service organization, it is heartbreaking to have to turn people in need away," said Mia Cupp, Director of Development and Communications, Wayne Metropolitan Community Action Agency. "The Walk funds are unrestricted and act as a safety net for those who would otherwise fall through the cracks."

Through generous donations and support from partners like DTE, Channel 7, Daly Merritt, Inc., O'Brien Construction, Fifth Third Bank, Plante Moran, LB Painting and more, Walk donations have already exceeded 2013 totals.

"We have been experiencing unprecedented call volumes – 400 to 500 calls is now a typical day for us," Cupp says. "Walk donations will help take thousands who are in crisis and give them the supports they need to move forward to long-term stability."

One of 29 Community Action Agencies in Michigan, Wayne Metro provides Wayne

County residents with a wide-range of services from energy and emergency utility assistance to financial and health-care enrollment services. Since May of 2013, the Agency has engaged with 16,000 new clients – those who have never reached out to Wayne Metro for help before.

"Emergency services are often the first point of contact we have with clients," says Cupp. Once we resolve that initial crisis, we can help navigate them through a progressive system of programs. The client becomes invested in a self-generated action plan designed with goals and milestones that can be achieved over time. We believe this personalized approach is the key to long-term success."

This non-competitive walk around the Ford Field concourse will include a variety of family-friendly activities and entertainment. Participants will also have an opportunity to take part in special on-field activities including a helmet bounce, field goal kick, target toss, a slide and mini locker room tours. Team awards will also be given. Registration is \$15 per person and special event rate parking located in the Ford Field Parking Structure on St. Antoine Street

for just \$4 per car. Participants must enter the arena through Gate G. The first 500 walkers to register will receive an official Walk for Warmth t-shirt and event bag.

Event Schedule:
Registration: 9:00 am - 10:00 am
Opening Ceremony: 9:30 am
Walk Kick-off: 9:45 am
On-Field Activities: 10:45 am - 12:00 pm
Awards and Prizes: 11:45 am

For more even details, please visit
<http://www.waynemetro.org/events/walk-for-warmth-2014>.

About Wayne Metropolitan Community Action Agency
Wayne Metropolitan Community Action Agency is the Community Action Agency serving all of Wayne County including the City of Detroit. Our mission is to empower low-income people and strengthen communities through diverse services, leadership, and collaboration. The Agency has been serving needs of low-income individuals since 1971 and grown into an agency with an annual budget of more than \$40 million. Delivering more than 50 integrated programs, including educational, housing, financial, healthcare and basic needs services to individuals, families, and children, we maintains a low administrative rate (6%) so that \$.94 of every dollar can be utilized for direct client services. With main service centers in Wyandotte and Detroit, Wayne Metro has over 20 sites throughout Wayne service sites in Dearborn, Dearborn Heights, Detroit, Highland Park, Garden City, Hamtramck, Harper Woods, Redford, River Rouge, Taylor and Westland.

Telegram
Newspaper

Available online at www.telegram-news.net, by mail subscription and on news stands in various gas stations, community centers and retail outlets throughout Detroit and the Downriver community.

Look for your copy in: Dearborn Hts, Delray, Detroit, Ecorse, Inkster, Lincoln Park, Melvindale, River Rouge, Romulus, Taylor, Wayne and Wyandotte

BRAZILL CONSTRUCTION

Residential - Commercial Carpentry-Roofing-Ceramic Tile -Kitchens - Plastering Windows



Marvin Brazill
(313) 388-1052
(313) 706-7052 cell

Bronsons
Vacuum Cleaner Services
(313) 273-7110

Repair Vacuums
new and old,
Rebuild,
Belts,
Bags and other
Accessories



Tele-Tainment

Lifestyles and more

Arts*Entertainment*Cinema*Music

Ali's Second Wife Khalilah on Their Marriage: 'It Was a Wonderful Struggle'



(L-R) Khalilah Camacho-Ali, New York Times sports writer Robert Lipsyte and filmmaker Bill Siegel speak onstage during the 'Independent Lens/'Trials of Muhammad Ali' panel discussion at the PBS portion of the 2014 Winter Television Critics Association tour at Langham Hotel on January 21, 2014 in Pasadena, California

"Why do we need another film about Muhammad Ali?"

This was the knee jerk response given to filmmaker Bill Siegel when he began pitching his documentary, "Trials of Muhammad Ali," a look at the champ's battle to overturn the five-year prison sentence he received for refusing the military draft. HBO's recent "Muhammad Ali's Greatest Fight" covered the same territory, using actors to recreate the Supreme Court drama behind its 1971 ruling in favor of the boxer's antiwar stance.

"I started working on this doc-

umentary long before that film started," Siegel told the TCA on Tuesday. "So when I first heard about that HBO film, I was mortified. I just couldn't believe it was happening. It was the same story. And then the director made the brilliant decision not to cast Ali and use archival footage. But, after some time, I realized that it wasn't I wasn't in competition

with it, and it would be good, I thought, for both films to come out at the same time, which is what ended up happening."

Still, there are tons of Muhammad Ali documentaries in the ether, and Siegel said he would distinguish his work from the rest by keeping interviews to a minimum. "I just wanted people that were there. The woman that he was married to, the journalist who covered his entire boxing career [Robert Lipsyte], the last surviving member of the Louisville sponsoring group who launched Cassius Clay's pro career, his daugh-

ter, his brother, Minister Farrakhan, and other close associates of the Nation of Islam, and just keep it to that," said Siegel. "No outside academics commenting, no narrator, no interstitial text, everything that that and the trove of archival footage that exists out there, I knew, could make a film that hadn't been made, and I think that it's out there

now." Khalilah Camacho-Ali speaks onstage during the 'Independent Lens/'Trials of Muhammad Ali' panel discussion at the PBS portion of the 2014 Winter Television Critics Association tour at Langham Hotel on January 21, 2014 in Pasadena, California Khalilah Camacho-Ali speaks onstage during the 'Independent Lens/'Trials of Muhammad Ali' panel discussion at the PBS portion of the 2014 Winter Television Critics Association tour at Langham Hotel on January 21, 2014 in Pasadena, California

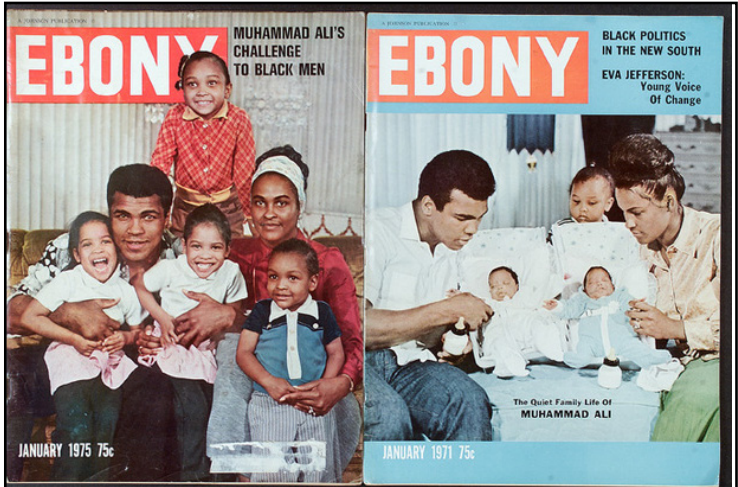
ter, his brother, Minister Farrakhan, and other close associates of the Nation of Islam, and just keep it to that," said Siegel. "No outside academics commenting, no narrator, no interstitial text, everything that that and the trove of archival footage that exists out there, I knew, could make a film that hadn't been made, and I think that it's out there

ter, his brother, Minister Farrakhan, and other close associates of the Nation of Islam, and just keep it to that," said Siegel. "No outside academics commenting, no narrator, no interstitial text, everything that that and the trove of archival footage that exists out there, I knew, could make a film that hadn't been made, and I think that it's out there

Below, the feisty Khalilah wants everyone know the type of husband Ali was, her exact role, in their marriage, from 1967 to 1977.

"The Trials of Muhammad Ali" will get a theatrical rollout across the U.S. ahead of its May 2014 premiere on PBS. You can find a list of cities in which the film is screening by going to the official site.

Have a question for Ayana ? send email to: telegram@telegramnews.net



ASK AYANA Rolling the Dice



Dear Ayana, I need your advice. My fiancé and I are planning our wedding and only have a few months to make a decision to either select a venue or go with a destination wedding. We both have very small families so our friends are extended family and are so special to us. My fiancé would love to head to Las Vegas and invite our closest friends and our immediate family. I think Vegas makes since also; it would cost less than a traditional wedding and we would be able to honeymoon on location. The problem we face is that my best friend, who is my Maid of Honor, is recovering from a compulsive gambling addiction. She has done a great job of getting her life back on track and attends meetings regularly. I want for her to be a part of the most important day of my life, but I don't know that I can have her participate in that environment without jeopardizing her sobriety. My fiancé is willing to put a deposit down on a venue here, close to home, but I can tell that deep down he really wants to go to Las Vegas; so do I. Should I ask my friend to decide whether or not she can handle the temptation of Sin City or plan a wedding here at home? My friend is in her third year of

recovery.

Gambling Girl

Dear Gambling Girl, Your wedding is just that-yours. However, I do understand the situation you're facing. Since it seems that you and your fiancé have your hearts set on Las Vegas, then that's where you should go. Concerning your best friend, she's a big girl and I think you should give her the courtesy of deciding which situations she can handle and which are not in her best interest. Now, I don't think it's a good idea for her to go. The likely hood of her relapsing is probable. Three years is not a long time when we're talking about recovery; but again, only she knows what she is able to withstand. Perhaps she could fly in for the wedding, spend the entire day with you as you prepare, stand by your side as you exchange vows with your soon to be husband, enjoy the dinner reception and then fly home the next morning. Make the suggestion and see how she feels about it. You may also consider standing solo, or if your mother is willing and able, assuming that you have a close relationship, ask that she stand in as your Maid/Matron of Honor. I hope that your best friend will accept and understand whatever you decide to do in the event that she is unable to attend your wedding. If declining is the position she takes, support her in it, love her through it and be proud of the progress she has made in recovery. I hope only the best for you on your wedding day.

Good luck to you.

Ayana

NUMEROLOGY

HOT PICKS

114	800	123
333	254	599
2901	6222	9977
2256	1111	1507

FEELING LUCKY!?

BIG MOMMA'S HITS

700	414
235	705
310	220

BIG RAY'S PICK 4

1000	4102
6583	3007
4330	9110

For entertainment purposes only

Subscribe TODAY

Millennium Laundry



Same Day Service

- *Washers up to 80 lbs.
- *Drop Off Service
- *Maytag Equipment
- *Commercial Accounts Welcome

**969 Southfield Rd
Lincoln Park
(313) 388-5003
Hours: 8am-11pm**

Last Load at 9:00pm
Now accepting EBT

B & R Exterminating Co.

Thank you for your Support!
All Pest can be Eliminated
We appreciate your business



Roaches	Bed Bugs	Water Bugs
Spiders	Crickets	Rats
Lice	Moths	Ants & Mice
Flies	Carpet	

313-843-3011 Ask for Bill
www.BREXTERMINATORS.COM

COMPUTERS



\$200

SAVE \$

(313) 218-4888

2727 Second Ave. Suite 131 Detroit

Bankruptcy? Foreclosure?
WE FINANCE EVERYONE!
Call me to set up an appt. to
get into the vehicle of your
choice!
**Bring this in for Family
Deal pricing**

Susan Wagner
Sales Consultant

Main: 313.561.6600
Fax: 313.561.0740
swagner@LaFontaine.com
2027 S. Telegraph Rd.
Dearborn, MI 48124

www.thefamilydeal.com



Inkster

From page 14A

from our young adults if we take time to listen and let them know that we care. Lack of familiarity can breed confusion, and even contempt at times. We're going to dig deep and pull the best out of us to do whats good and best for the whole. That's the only way the world will change.

CY: We can also learn a lot from those that have made mistakes in their lives. A lot of times, there are a lot of people from here that, yes they do follow that wrong path, and do their time, but when they come back, there is nothing for them. That plays a big part in recidivism. I believe they want to do right, but there is nothing for them, all these doors are getting shut in their face because they have a felony, then what do you think they are going to do? I was wondering if you had any ideas as far as prisoner out-reach programs.

RM: I'm glad you brought that up. When I was in Benton Harbor, again my passion was young adults. I had an opportunity to be a consultant for an organization for youth that had challenges in their past. Knowing that, coming from Detroit, and seeing people who had challenges with the law, everyone who is created was created for greatness. Everyone deserves another chance, but our system is not set up for that. Some of us rise above that, and Judge Greg Mathis is a good example. He is using his life as a testimony to try to change lives. I believe in that. I had brought him out to Benton Harbor to speak, and he had 22,000 people strong inside one of the banquet halls out there in Benton Harbor. These were all young adults and juveniles who had had some type of run in with the law. There were state police, sheriffs, executives, all in awe. One of the things that causes people to get in trouble, is that some kids had low self-esteem issues and don't feel that they have anyone to care about them. We had a rap session, and this is what some of those kids have actually told me. When you have a spirit of hopelessness embedded in your heart, you tend to act out and engage in self-destructive behavior because you feel like there's no hope anyway. We almost must extend our respect. A lot of them feel like they have not been respected. We have a lot of people in Inkster that understand the value of making youth feeling respected and cared for, such as the Deltas, the Foster Grandparents, Viking Pride. There are many people that could be doing other things with their time, but they do this because they care and are committed to our young adults.

Casinos Parties Special Occasions



Sporting events Weddings

Funerals and more....

Info & Reservations
313.729.0089

Affordable Rates 1st Class Service

Fanny's Floral Design & Gifts

- * Fresh & Silks* Flower Arrangements
- * Weddings & Funerals

**Stop in for our
Valentines Special**

Tuesday - Friday 10am - 5pm
Monday and Saturday Appt only

1909 S. Fort St, Detroit, MI 48217
313.928.3569

Georgie's Plumbing Co.

We're Good, We're Fast We're Ready!

24 Hour Emergency Service: Residential * Commercial * Insured

**President
George Doyle Jr.**

**Call
(313) 295-4717**



LICENSES:
Master
Boiler
Mechanical

**Cross-Connection
Control**

Plumbing * Repiping * Repairs * Boiler * Furnace * Sewer
Drain * Service Calls

Basement Bathroom Instillation Specialist * High Pressure Jet Drain



THE TAX EXPERTS

WE ADVISE. YOU GET PAID!

FASTEST & LARGEST REFUND AUDIT PROTECTION

DROP OFF SERVICE AVAILABLE
MAKE AN APPOINTMENT, OR COME IN TO OUR OFFICE AT ANY TIME

- WE MAKE YOU SMARTER ABOUT HOW TO FILE YOUR TAX RETURNS, AND HELP YOU PLAN BETTER FOR NEXT YEAR.
- WE STAY UP-TO-DATE ON CHANGES TO TAX LAWS, ETC.
- WE ARE GIVING BACK TO THE SURROUNDING COMMUNITIES.

THE TAX EXPERTS

10915 W. JEFFERSON AVENUE | RIVER ROUGE, MI 48218
PHONE: 313.436.4485 | FAX: 313.436.4621

MONDAY - FRIDAY 9:30 A.M. - 7:00 P.M.
SATURDAY - 10:00 A.M. - 2:00 P.M.
SUNDAY - BY APPOINTMENT ONLY

RELIABLE • PROFESSIONAL • CUSTOMER SERVICE ORIENTED



BOBBY'S WORLD

NEAT 2 SWEAT CANDY STORE
10909 W. JEFFERSON AVE. | RIVER ROUGE, MI 48218
MONDAY - FRIDAY 3 P.M. - 8 P.M.
SATURDAY - SUNDAY 10 A.M. - 6 P.M.



BOBBY'S WORLD

HAIR & NAILS
10909 W. JEFFERSON AVE. | RIVER ROUGE, MI 48218
FULL SERVICE HAIR & NAIL SALON | SUITES AVAILABLE
OPEN MONDAY - SATURDAY | 734.365.1975