



Rouge Panthers receive Muscle Milk Grant page 11A



Affordable Care Act for kids page 9A



TELEGRAM

90% OF OUR NEWS YOU WON'T FIND IN ANY OTHER NEWS MEDIA IN METROPOLITAN DETROIT

Majority of Detroit leaders not seeking re-election



Dave Bing



Charles Pugh



Ken Cockrel Jr.



Gary Brown



JoAnn Watson



Kwame Kenyotta

DETROIT – A visibly frustrated Detroit Mayor Dave Bing announced Tuesday that he won't seek a second term and ripped Michigan officials for not giving him enough time to solve the financially strapped city's problems on his own. His announcement came just seven weeks after the city's checkbook was handed over to an emergency manager, making it the largest U.S. city placed under state oversight. Detroit has a budget deficit approaching \$380 million and long-term debt over \$14 billion. The city could run out of

cash before the end of the year, and bankruptcy hasn't been ruled out. Known for his cool as a former NBA basketball player, Bing spoke in a measured tone during a news conference where he announced he'll step down after his term ends in December. He spent the first 15 minutes touting his own accomplishments while blasting Gov. Rick Snyder and other Michigan officials for failing to cooperate with city leaders on a solution. "Change takes time and hard work," Bing told supporters at the Charles H. Wright Museum of African American History. "However, when Gov. Snyder didn't feel progress was occurring fast enough, he made the decision to appoint an emergency manager with the power to immediately fix some of the city's longstanding

ing financial problems." The roles of the mayor and the elected City Council were reduced after Snyder appointed Washington-based bankruptcy attorney Kevyn Orr in March as emergency manager. Orr has final say on all the city's financial matters. Although Bing long resisted the appointment of an emergency manager, he decided not to pursue a lawsuit to block it and referred to the arrangement as a "partnership" after Orr was appointed. He didn't directly criticize Orr on Tuesday either, pointing out that some of Orr's findings about the city's situation were similar to his own. In a statement Tuesday, Orr commended Bing on his service to Detroit.

Re-Election page 6A

New Western Wayne NAACP officers sworn in

By Dominique Madden - Contributing Writer



Photo by Jean Overman

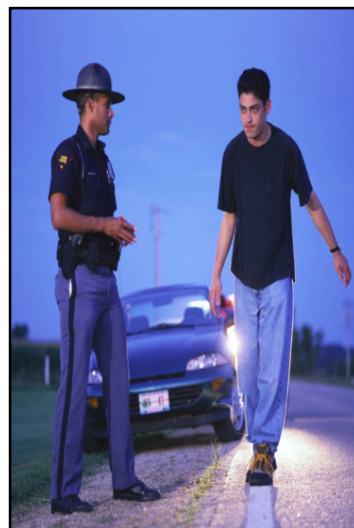
Wayne County Commissioner Richard LeBlanc, President of the Western Wayne NAACP Bishop Walter L. Starghill, Jr. and Mayor of Inkster Mayor Hilliard Hampton, Jr.

The new officers of the Western Wayne Chapter of the NAACP were sworn in on Monday, May 13, 2013 at Christian Faith Ministries in Garden City. Mayor of Inkster, Mayor Hilliard Hampton, Jr. presided over the swearing in portion of the

meeting. The new officers are: President – Bishop Walter Starghill Jr., 1st Vice President – Lucille Flint, 2nd Vice President – Daisy Truss, Secretary – Gina Wilson Steward and Treasurer – Rev. John Hearn, Jr

NAACP page 6A

Michigan's drunk driving standard remain the same



LANSING. - Gov. Rick Snyder today signed into law a pair of public safety bills that will maintain Michigan's current drunk driving standards and

sentencing guidelines. "These are important bills that will help maintain the health and safety of drivers, passengers and pedestrians in our state," Snyder said. "They send a clear message that Michigan is serious about stopping drinking and driving and supporting the ongoing efforts of law enforcement and the courts to protect public safety."

HB 4093, sponsored by state Rep. Andrea LaFontaine, maintains the existing drunk driving standard of 0.08 percent blood alcohol content (BAC) until Oct. 1, 2018. That BAC standard was scheduled

Drunk Driving on page 8A



Romulus Mayor Lambert will not seek re-election



ROMULUS – After serving the City of Romulus for 33 years in various capacities, Romulus Mayor Alan Lambert announced he will not seek a fourth term as the top elected officer in the city.

“After working for the community that I love for the past three decades, it’s with a heavy heart that I announce I will retire at the end of my term,” Mayor Lambert said. “After talking with my family, saying many prayers and giving the decision deep thought, I have decided to retire and not seek a fourth term. After 33 years of service, it’s time for me to spend more quality time with my family.”

May 14 is the deadline to file petitions to seek elected office in Romulus and most communities in Michigan. A city primary election would take place on August 6. A General Election is scheduled for November 5.

Mayor Lambert has dedicated his entire life to improving his community, dating back to childhood when he distributed literature for favored causes. His distinguished career in public service began in 1981, when he was the youngest person ever elected to serve on the Romulus City Council. He served for seven years as a Romulus councilman, leaving only when he qualified as a police officer.

From 1988 to 2001, Mayor Lambert proudly served as a Romulus police officer. His many achievements while with the Police Department include two years as an instructor in G.R.E.A.T. (Gang Resistance Education and Training), a program designed to help students resist drugs, peer pressure and gang activity. For three years, Officer Lambert also served as police liaison to Community High and Romulus Middle School. Officer Lambert truly enjoyed his duties of interacting with the students as both a counselor and a mentor.

From 1998 to 2001, Mayor Lambert was elected and served on the Romulus Board of Education, serving as trustee and then president of the Romulus Community School Board. Quality education and recreation for children have remained among his priorities.

Lambert was elected Mayor of Romulus in the fall of 2001 and is serving his 12th year as Mayor. Since his election, one of Mayor Lambert’s top priorities has been economic renewal for the city. Under his leadership, many new businesses and neighborhood developments have been brought to Romulus, creating jobs and opportunities for residents and

visitors. Business and industry continue to locate in Romulus, ranging from new fast food restaurants, like Taco Bell, to large firms such as Lee Steel and Detroit Thermal Systems (DTS) that will provide hundreds of jobs to our community.

The Mayor said his administration has faced many challenges head on. He is proud of the fact that the city has had a balanced budget in each of his 12 years as Mayor and, in fact, has a modest surplus in the current fiscal year while some communities struggle to avoid financial ruin – all while keeping the city’s modest levy one of the lowest in Michigan.

The Mayor established his priorities early in his career in public office, placing emphasis on quality public safety, city infrastructure and services. As Mayor, he prided himself on hiring talented individuals to lead departments and assist him “to do the work of the people.”

Programs such as the Mayor’s “Operation Fresh Look” saw the demolition of more than 350 unsafe, unsound and abandoned structures throughout the city. The program also employs a host of new beautification projects and stringent ordinance enforcement.

New-and-improved city facilities also mark Mayor Lambert’s 12 years in office. His dream of a state-of-the-art athletic center came true with the design and construction of the Romulus Athletic Center, considered to be the premier facility in the State of Michigan. The RAC has about 10,000 members that pay dues to operate the facility, which does not rely on residential taxpayers’ dollars.

Another dream was the new Romulus Senior Center which was created to serve the city’s older residents. “I have enjoyed participating in many events and programs in this new building and love spending time with our seniors” said Mayor Lambert. “I have so much love and respect for our seniors and they deserved this beautiful new facility.” We are very happy that it will be paid off in 2014, using federal Community Development Block Grant funding to pay the debt.

A new Animal Shelter, supported by Councilman William Wadsworth and an army of volunteers, came to fruition during the Lambert years. The city’s public library expanded to the point where it’s now open more hours per week than any time in city history. Improvements in the Romulus Historical Park area, signage and other decorative improvements in the Downtown area and the Romulus Farmers Market all took place during the Lambert years as Mayor. All of these projects have improved the quality of life for Romulus residents with no increases in taxes.

The Mayor was honored to reunite with his old band mates and performed with them and family members for several years at the Pumpkin Festival until the unexpected passing of his best friend and outstanding guitarist Bob “Luke” Sweet. Romulus has become a city for all seasons with such events as the annual

Christmas tree lighting, sing-along and Santa visit, the Winter Frost and – scheduled to return this summer – summertime fireworks.

Like the fireworks, some of the best projects are on the horizon. The Mayor said continued road improvements (including Goddard Road in the Downtown area), upgrades in the sanitary sewer system and new sidewalks along major roadway (such as Wayne Road) are in the works as the leadership of the Department of Public Works seeks and secures federal aid and creates partnerships to make the infrastructure advancements. A study is under way to create new police and district court facilities. Also, Mayor Lambert is very excited to once again see new homes under construction all around our city.

Mayor Lambert said he is proud that his administrative team instituted long-time fiscal planning, prudent management and crucial decision making on a daily basis. He said it is mandatory to have the right administration in place to find ways to stretch taxpayers’ dollars make tough decisions and keep Romulus moving forward. During some of our nation’s worst economic times, Mayor Lambert has proven to be a strong leader, making some of the toughest decisions ever faced by our community. While other communities have been taken over by Emergency Financial Managers and are still laying off employees, Mayor Lambert has worked diligently to be able to bring back to work every Police and Fire department and DPW employee that had been laid off.

As Mayor, Lambert said he has enjoyed contributing to and supporting so many organizations, from Little League baseball to Boy Scouts to many school events and church organizations and Senior Citizen parties and programs – all of which are vital to make a community, he said.

“While I am proud of our achievements, I have been fortunate to work with some outstanding individuals on a daily basis,” Mayor Lambert said. “I have been blessed by the support of Romulus voters since Day One and I can’t thank them enough for providing me the honor to guide our wonderful city. I’ll still be around and remain active in the community I love. I will always feel that Romulus is a great place to live, work and raise a family.” On a personal level, Mayor Lambert is married to Diane Banks Lambert, whose family also has a long and rich history of public service in Romulus. Mayor and Mrs. Lambert are the parents of seven children and the proud grandparents of eight wonderful grandchildren. Their family has a long history of involvement in Romulus and family members continue to be involved, contributing to the community and its activities. It’s those family ties that helped make Mayor Lambert’s decision to retire at the end of his current term.

Mayor Lambert also urged residents to research the candidates on the upcoming ballots and then exercise their vote, calling the election “important to our city’s future.”

NEWS FROM LANSING

Michigan Municipal League Fund Announces Loss Control Achievement Awards



LANSING, Michigan – Twenty-six Michigan communities have earned statewide honors for their outstanding efforts in maintaining safe work environments.

The Michigan Municipal League Workers’ Compensation Fund (mml.org/insurance) has issued its annual Loss Control Achievement Awards for 2012-2013 to the communities listed below. The certificates were mailed to community winners Thursday, April 25.

“These awards represent the best of the best when it comes to communities being safe places for their employees and citizens,” said Michael Forster, director of risk management services for the Michigan Municipal League. “The awards reflect excellent management and an understanding that making safety a priority clearly pro-

TECTS their staffs, residents and budgets.”

The awards are based on a community’s Experience Modification Factor (EMF) rating, using a formula measuring the frequency and severity of employee injuries over a 3 1/2-year time period. The average EMF is 1.00. Any fund member with an EMF under 1.00 saves significant premium dollars.

Thirteen cities were classified in the “Lowest EMF” 2012-2013 Award Winners and thirteen cities were classified in the “Most Improved EMF” 2013-2013 Award Winners. About the MMLWCF: The Michigan Municipal League Workers’ Compensation Fund started in 1977 with five members and has grown to a current participation of 862 public entities. Assets exceed \$137 million.

About the League: The Michigan Municipal League advocates on behalf of its member communities in Lansing, Washington D.C., and the courts; provides educational opportunities for elected and appointed municipal officials; and assists municipal leaders in administering services to their communities through League programs and services

CHECK US OUT!

We’re on the Web
www.telegramnews.net
 Facebook and Twitter @telegramnews

TELEGRAM

Serving Detroit and the Downriver Community Since 1944

OFFICIAL NEWSPAPER
 For the Cities of River Rouge & Ecorse
 ADJUNICATED for the city of Inkster
 SERVING

DEARBORN HEIGHTS, DELRAY, DETROIT, ECORSE, INKSTER, LINCOLN PARK, MELVINDALE, RIVER ROUGE, ROMULUS, TAYLOR, WAYNE, WESTLAND AND WYANDOTTE

Published weekly on Thursday by Telegram Newspaper, Inc.

P.O. Box 29085 • River Rouge, MI 48218
 General Office • 10748 W. Jefferson Ave.
 Phone (313) 928-2955 Fax (313) 928-3014
 Email: telegram@telegramnews.net
 Website: telegramnews.net

SUBSCRIPTION RATE

Home or Business Delivery 6 months - \$15.00 1 year- \$26.00
 6 months 1st class mail \$40.00 1 year 1st class mail \$65.00

DEADLINE

All news item and advertising copy submitted for publication on Thursday must be at the office of The Telegram no later than 4:00pm on Friday.

MEMBERSHIPS



Michigan Minority Press Association

Michigan Ethnic Media

National Newspaper Publishers Association

Cleveland's Charles Ramsey: Hood or Hero?

By George E. Curry - NNPA Columnist



When some of us saw the first video of Charles Ramsey, the colorful Black dishwasher in Cleveland who is being celebrated as a hero for rescuing three White women captives from horrid conditions in a Cleveland house, we had a flashback to Antoine Dodson, who became a flamboyant Internet sensation after saving his sister from a would-be rapist in their Huntsville, Ala. housing apartment, and Sweet Brown, who barely escaped a fire in her Oklahoma City complex.

But more than any other famous "hilarious Black neighbor" Internet sensation, the coverage of Ramsey – and his criminal past – raises serious questions about how we treat a hero with a troubled past and, yes, how Blacks and Whites look at the same event through different prisms of race.

First, as they say in TV news, let's go to the videotape.

"I've been here a year," Ramsey said in an interview with WEWS, a local television station. Referring to Ariel Castro, the suspect arrested for holding the women against their will, Ramsey said, "You see where I'm coming from? I barbeque with this dude. We eat ribs and whatnot and listen to salsa music..."

"He just comes out in his backyard, plays with the dogs, tinkers with his cars and motorcycles, goes back in the house. So he's somebody you look, then look away. He's not doing anything but the average stuff. You see what I'm saying? There's nothing exciting about him. Well, until today."



Ramsey explained that Castro "got some big testicles to pull this off, bro."

He added, "I knew something was wrong when a little, pretty White girl ran into a Black man's arms. Something wrong here. Dead giveaway."

There was plenty wrong, as Ramsey learned when he put down his McDonald's Big Mac and answered a call for help from Amanda Berry, who had

been last seen in 2002 on the eve of her 17th birthday. The two other women were Georgina "Gina" DeJesus, who had been missing since 2004 at the age of 14, and Michelle Knight, who disappeared in 2002 at the age of 21.

While being hailed as a hero, Ramsey was the object of both racism and ridicule.

Though we're reluctant to publicly admit it, some African-Americans cringed at the sight of Ramsey. His hair, curled in the back like Al Sharpton's do and as slick as Chuck Berry's, is interspersed with what we once called post office hair – each nap has its own route. This is one of the few cases where a person's mug shot looks better than his real life photo.

To put this in context, think back to when Black civil rights protesters dressed up in their Sunday's best, knowing they were going to get physically assaulted by police and White supremacists. Then, as now, image matters. Especially when one of us appears on TV. Still, there are plenty of people in our community who look like Ramsey and their speech and appearance make them no less valuable than the best dressed and most articulate among us.

Some have suggested than many Whites take delight in seeing Blacks caricatured in the image of Charles Ramsey and Antoine Dodson.

"Perhaps it's time for the world's meme artists to stop assuming that any black dude getting interviewed on local news about a crime he helped to foil can be reduced to some catch-phrase or in-joke," Miles Klee wrote on Blackbookmag.com. "It's just baffling that we're trying to find a way to laugh about what is, in itself, a harrowing turn of events."

Most of us knew, or at least suspected deep down, that something about Ramsey's past would surface, causing further embarrassment.

The Smoking Gun website disclosed on May 8 that Ramsey "is a convicted felon whose rap sheet includes three separate domestic violence convictions that resulted in prison terms."

Blacks instantly asked: Why is something that happened a decade ago – and had nothing to do with Ramsey's heroism – relevant today? Cleveland's WEWS-TV, facing a backlash from viewers, apologized for reporting on Ramsey's criminal past.

"While the story was factually sound, the timing of it and publication of such information was not in good taste, and we regret it," the station said on its Facebook page.

Normally, I would agree that Ramsey's criminal past, certainly in this situation, should be irrelevant. But there's nothing normal about this case.

Coming Out

By Jim Abeare - Contributing Writer



Jason Collins came out recently and said he was gay. It wasn't that big of a news story, even if it was a cover story in Sports Illustrated.

All it did was give him fifteen minutes of fame. Jason Collins isn't even the first athlete to announce that he was gay. Anyone Remember Billie Jean King?

The fact that Jason is gay isn't going to be what causes him trouble. He also claimed to be Christian. As Dennis Miller said, that could cause him problems. You know how people feel about Christians.

Look at the trouble it caused Tim Tebow. What I hope this does is give more athletes more courage to come out. They need to live their lives freely and openly.

How would you like it if you had to hide a major part of your life? It wouldn't be fun at all would it?

Unfortunately, Ramsey invited the scrutiny when he said he suspected domestic violence because he "was raised to help women in distress."

In view of that assertion, Ramsey's domestic violence convictions – hardly a record of helping women in distress – became fair game and should have been reported by the news media. But the reporting should not end there. Ramsey's ex-wife, since remarried, said Ramsey eventually apologized for battering her and they now interact on "an okay basis."

In addition, she posted two earlier photos of Ramsey on her Facebook page. She told the Smoking Gun, "For my daughter's sake I show he didn't always look hood."

George E. Curry, former editor-in-chief of Emerge magazine, is editor-in-chief of the National Newspaper Publishers Association News Service (NNPA.) He is a keynote speaker, moderator, and media coach. Curry can be reached through his Web site, www.georgecurry.com. You can also follow him at www.twitter.com/currygeorge.

Special to the Telegram Newspaper

Greetings from River Rouge Superintendent



Dear Parents, Guardians, Caregivers, and Community:

"Never doubt that a small group of thoughtful, committed people can change the world. Indeed, it is the only thing that ever has."
Margaret Mead

I wanted to take a moment and thank everyone for the overwhelming support provided to our district this past school year. Your commitment has shown greatly through not only your financial support, but also the willingness of this community to step in and lend a helping hand wherever needed. Throughout history there have always been naysayers and others who are more critical than helpful of the efforts to make things better. This community is better than most and there are a great number of people who are willing to sacrifice to help ensure there is a better tomorrow for our youth.

We have accomplished much in a very short period of time; however, we are not satisfied with what we have done. While we have taken a few moments to celebrate our

accomplishments, we know additional action is required to restore our district to past glory. A wise man once told me that the road to success is always under construction and no truer words have ever been spoken. We will never get to a point that change is no longer necessary as the evolution of technology and people require educators to reinvent themselves.

As I speak on our need to adapt to new landscapes, the greatest changes in our district are not clearly visible to the general public. The most significant area of change for River Rouge Public Schools is found in our attitudes and the willingness to improve. We have undergone a mind shift that has created the foundation for us to build upon. In addition, our newly adopted core principles clearly outline the blueprint for our future.

It is with these words that I close this message on behalf of the Board of Education, faculty and staff of River Rouge Public Schools; Katherine Dunham once said that she used to want the words "She tried" on her tombstone; now she wants "She did it." We are not simply seeking to be recognized for our effort, we will be known through the accomplishments of our work.

Derrick R. Coleman
Superintendent of Schools

Letter Policy

The Telegram encourages letters from all readers. Submissions must include the writer's name, address and signature and phone number. Only the name will be published. Send your letters to:

Letters to the Editor
Telegram News
10748 W. Jefferson Ave.
River Rouge, MI 48218 or
telegram@telegramnews.net



Letters published in the Telegram does not necessarily reflect the views and opinions of the Telegram.

LOZON  **HARDWARE**

FULL SERVICE HARDWARE & BUILDER'S SUPPLY

Computerized Paint matching * Screen & Window Repair * Keys Cut * Masonry Suppliers * Blocks * Bricks * Steps

Fast Delivery Service

10563 W. Jefferson Ave River Rouge

Phone: (313) 841-2940 Fax: (313) 841-2670

**FREE Pair of Ace Canvas Gloves
with any purchase of \$20 or more**

(Limit one)

Leading Ladies: The Book

By: Janine Folks Edwards- Telegram Religion Columnist



Last October, we brought you Michigan Leading Ladies. Seven local leading ladies in Michigan were honored at a wonderful luncheon, including publisher, Gina Steward. Dr. Dorinda Clark-Cole was our keynote speaker and it was a wonderful event.

Leading Ladies, founded by River Rouge native, Treva Sanders Gordon, has spawned many subsequent projects and endeavors! I believe Leading Ladies (LL) is a movement!

Treva is now publishing a

Leading Ladies book! The book, an anthology, features 50 chapters. Each chapter is written by a different woman who shares an inspirational story.

Four local writers are featured as contributors to this book: Janine Folks (River Rouge), Yvonne Hill (River Rouge), Nicole Scott (River Rouge) and Darlene James Runnels (Ecorse). Each lady has written an inspirational chapter.

Their stories, along with stories of overcoming the odds written by prominent women from various professions and walks of life across the country are included in this book. Women like Dr. Dorinda Clark-Cole of the renowned Clark Sister and Pastor Yolanda Morgan have also contributed chapters to this book.

There will be a mega book signing book release celebration and sale on June 8, 2013 in Tennessee. The book will be widely available

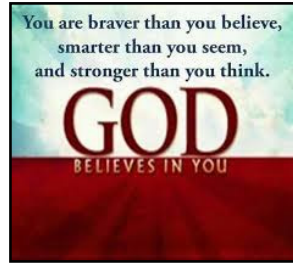
at bookstores everywhere or you can purchase directly from one of the writers.

In addition to the book, we are hoping to bring Treva Gordon's stage play, "Deception" to our area later in the fall. There is also the possibility of another LL luncheon and series of events leading up to the presentation of the play, "Deception" which has been very successful in the south.

We hope you will purchase the book. We believe that it will make even more of a believer out of you with inspirational stories and testimonies!! Our God is great and has no limits!! Don't be afraid to pursue your dreams!!!

"What do you mean, 'If I can?' Jesus asked, "Anything is possible if a person believes" (Mark 9:23).

Psalm 103:4-5



Who redeems your life from destruction, who crowns you with loving kindness and tender mercies, who satisfies your mouth with good things, so that your youth is renewed like the eagle's.

Musicians Wanted

Community Church of Deliverance
25005 Outer Drive Melvindale
Looking for Musicians & Singers or individual who would like to play an instrument or desire to sing
Call 313-622-3316

List your Church Serves here

Call 313-928-2955

Pentecostal Way of Faith

Sundays 3:00 pm - 5:00pm

Telegram Business Center
10748 W. Jefferson Ave
River Rouge MI 48218



Pastor Sheare Hill
313-629-2216

United Church of Faith

6064 Fourth St Romulus
Sunday Worship 11:30am

Bible Classes
Tues & Wed - 6:00 PM



Rev Mark R. Zockheem,
Pastor
(734) 765-5335
Welcome Home!

Union Second Baptist

Educational & Enrichment Summer Camp

Beechwood Center 421 Beechwood River Rouge, MI 48218



JUNE 24-AUGUST 23 AGES 5-12
9am-1pm Monday-Friday



Give your child something enjoyable to do this summer. Where he/she can meet new people and expand their learning while having fun.

Registration fee of \$225 and \$90 for each additional child

For registration call Union Second Baptist Church 313-383-1558

Camp will focus on academic development including bible enrichment, reading, spelling, math; with an extra focus on multiplication, information technology, culinary arts, fitness, arts & crafts and much more! The camp includes field trips every Friday and daily breakfast and lunch provided.

Love Joy Missionary Baptist Church

332 Polk street
River Rouge, MI 48218

SERVICES:

Sunday School - 9:30 AM
Sunday Worship - 11:00 AM
Wednesday Prayer & Bible Class - 6:30 PM

Rev Darryl Bynum, Pastor

Phone: 313 516-2482 -
Email:
Pastordbynum@yahoo.com

ALL ARE WELCOME

Jehovah Jireh Ministries

Mercy House 15 E. Charlotte Ecorse 313-282-9508
Sunday

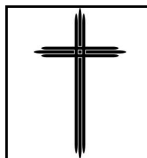
Fullfilment Hour 10:00 am Morning Worship 11:00am

Rev. Everett Thomas Pastor

St. Marks

Missionary Baptist Church

3860 Inkster Rd, Inkster * 313-792-9789



Rev. Dr. Alford
D. Sample

SERVICES:

Sunday School 9:30am

Morning Worship/Youth Church 11:00 am

Bible Class/Youth Church 6:30 pm

Bus Pickup Available

II Timothy 2:25
Study to show thyself
approved unto God;

Ecorse Seventh-day Adventist Church

3834 10th St
Ecorse, MI 48229-1617
(Corner of 10th & Francis Streets)
Dr. Errol Liverpool, Pastor

Sabbath School (Saturday) 9:15 a.m.
Sabbath Worship Service (Saturday) 11:00 a.m.
Prayer Meeting (Wednesday) 7:00 p.m.

COMMUNITY SERVICE FOOD DISTRIBUTION

Every Third Wednesday of Each Month
(11:00 a.m. until 3:00 p.m.)
(313) 928-9212

Mt. Nebo Baptist Church

4411 5th Street Ecorse, MI
313-382-8577

Rev. Marcus Johnson
Pastor

Sunday Morning Service
11:00am

Everyone is welcome

Runner For Christ Ministries

1125 Fort St., Lincoln Park
Sunday Worship 10am
Bible Classes
Thursday - 6 - 8:30 PM



Gerald M. Overall, Pastor
(313) 381-9303
www.rfcm.org

Face to Face International Outreach Ministries

29665 Pine St, Inkster, MI 48141

Sunday Morning Service
10am - 12 noon
313-477-6710

Building people of purpose, power and praise.

Bishop Walter L. Starghill Sr. -Pastor



Mt. Zion Missionary Baptist Church



3936 12th Street Ecorse, MI 48229
CHURCH PHONE # (313) 383-1069 FAX: (313) 383-2842
Reverend Damon L. Pierson, Pastor

WORSHIP SERVICES

Sundays:

Early Morning Worship7:30 a.m.

Church School at Study9:30 a.m.

Mid-Morning Worship10:50 a.m.

First Sunday: Baptism & Communion Service.....10:30 a.m.

Mid-Week:

Tuesdays- Bible Class9:00a.m. & 6:00p.m.

Wednesday - Worship Service 7:00 p.m.

CORPORATE PRAYER

Sun 6am Mon-Tues 5pm

Wed 6pm

"Thy word is a lamp unto my feet, and a light into my path." - Psalms 119:105

ALL ARE WELCOME



PENTECOSTAL MISSIONARY BAPTIST CHURCH

35625 VINEWOOD ROMULUS

Phone: (734) 728-1390 Email:thepen@sbcglobal.net
website: www.pentecostmbc.org

Rev. Arthur C. Willis, Sr. Pastor



SERVICES

Sunday School - 9:30am

Sunday Morning Service - 11:00am

Wednesday Prayer 6:00pm Bible Study - 6:30pm

Let's worship together down here so
we can live together up there

DEATH NOTICES



VERNA M. TAYLOR
Jun 18, 1957 – Apr 20, 2013

She loved doing crossword puzzles, being with her grandkids, and staying in the house. She always helped whomever she could in any way.

She leaves to cherish her memory, her husband Thomas P. Fisher, her five children; Dernck Taylor, Tina Taylor, Demeka Taylor, Patrick Taylor, and LaTrena Taylor; a very special Aunt Mandy Barron; brothers Derry Jackson, Theodore Taylor, Jessie Taylor, and others; one (1) sister in Michigan Sharon Carvin; nine (9) sisters and four (4) brothers in the south; Three (3) sister-in laws Rhonda Davis, Felicia Williams, and Lucillie Taylor; seven (7) grandchildren, Shatina Chiles, Cody Chiles, Durrion Taylor, Isis Taylor, Daisharay Taylor, Shateka Chiles, and Cortez Chiles, and a host of nieces, nephews, family, and friends.

Final Tribute entrusted to Chapel of Chimes Funeral Home. (Chapelchimes .com)



HATTIE LOUISE SHELTON

Jul 30, 1935 – Apr 29, 2013

She was a avid supporter of President Barack Obama with manning a local "Support Obama" location and attending both the 2008 and 2012 inaugural celebrations.

Louise leaves to cherish her loving memory two daughters, Karitta Anderson (Bobby) Jett and Michelle Shelton Edwards; a devoted granddaughter, Laketia Shelton; four grandsons; a stepson Jeffrey Davis; four sisters, Betty Ward, Patricia Sharp, Jacqueline (Fred) Palmer, Linda Spencer; three brothers, James (Theda) Ward, Willie C. Ward, Larry Ward; 12 great grandchildren; one special cousin, Cerlevia "Lear" (Ransom) Coleman; two very special friends, Alama Smith and Hattie Harris and a host of nieces, cousins and many more friends.

Final Tribute entrusted to Chapel of Chimes Funeral Home. (Chapelchimes .com)



ELIZABETH SARAH (FRANCES) SMITH
Sept 12, 1917 – May 2, 2013

Gardening was her passion. She would happily take you out in the backyard giving lessons on using plants for healing and eating.

She is survived by two daughters Elizabeth (Lawrence) Wells and Judith Whittaker; two brothers David (Selma) and Philip (Margaret); sister-in-laws Florence Anderson and Catherine Mayberry; eight grand kids, twenty-two great grand kids, and five great-grand kids. The legacy of her love and kindness will forever live on.

Final Tribute entrusted to Chapel of Chimes Funeral Home. (Chapelchimes .com)



JAMES LEXA JOHNSON

July 11, 1940 – May 5, 2013

He shared his wisdom, made sure everyone was fed, and that they had whatever they needed. He always ate last, putting others first; this also gave him the opportunity to eat all of the remaining desserts which was a sure way to his loving and caring heart.

Lex leaves to cherish four children, Jeffrey (Sharon), Renee (Ron), Brigitte, and Lisa; six grandchildren; 14 great-grandchildren; one great-great grandchild, two brothers, Lonzo(Helen) and Howard Johnson; two sisters May Davis(Willie) and Sonia Simmons (Keith); and a host of nieces, nephews, in-laws, cousins, and friends.

Final Tribute entrusted to Chapel of Chimes Funeral Home. (Chapelchimes .com)



DON ALBERT JOHNSON

Aug 23, 1945 – May 5, 2013

Don delivered newspapers

for the Inkster News. After graduation from Inkster High School, Don enlisted in the United States Air Force.

He leaves behind his two older sisters, Ikalean (Johnson) Wilkerson, her children Maria, Khalilah, and Aaron, Fannie Juanita Johnson, her daughter Stephanie; and his half-sister Althea Miles.

Final Tribute entrusted to Chapel of Chimes Funeral Home. (Chapelchimes .com)



WAYNE MORRIS ALLEN

Jul 8, 1954 – May 7, 2013

He was an avid bowler whose goal was to throw a strike every time! He loved the old time gospel singers, such as the Jackson Southernaires and the Canton Spirituals.

He leaves to cherish his memory and celebrate his legacy, his loving wife, Jacqueline; parents John and Doris, brothers L.C. (Clara), Larry (Sarah), Calvin (Rose), Roderick (Pamela) and John (Shirley); two sons, Christopher and Anthony (Wendy); one stepson, David Pryor; loving grandchildren: Amber Elliott, Christopher Allen Jr., Eric Allen, Anthony Allen II, Diamond Pryor and Naudia Pryor. His church family and a host of relatives and friends will remember him fondly and miss him deeply.

Final Tribute entrusted to Chapel of Chimes Funeral Home. (Chapelchimes .com)



WILLIAM HOWARD JR.

Aug 17, 1934 – Apr 24, 2013

He was a strong and brave protector and counselor who was above all else devoted to his wife and family.

Bill leaves behind to cherish his memory his loving and faithful wife Catherine ; sons Guy (Tasha) and Omar (Sakinah), daughters Germaine Chapman and Donna (Craig) Smith. His sisters Vera Tuckers and Bessie Ramsey, brothers Rudolph Howard and Larry (Carol) Howard. He also leaves to mourn his memory 13 grandchildren, 5 great grandchildren, his nieces, nephews and a host of other relatives and friends.

Final arrangements were entrusted to Penn Funeral Home.



Harvard Gardner Jr.
Aug 30, 1923 - Apr 28, 2013

Born in Opelika, Ala to Harvard & Willie Mae Gardner. He was a US Army veteran and a retiree from the Ford Motor Co.

He leaves to mourn his passing and cherish his memories his wife Nancy Gardner, family and friends.

Final arrangements were entrusted to Penn Funeral Home.



Patricia Watson

Jul 29, 1950 - May 2, 2013

Pat was a kind hearted and giving person and was always willing to extend herself to those that were in need.

She leaves to mourn her loss and cherish her memories her husband of 22yrs. Willie B. Watson, 2 daughters Kenya McKinney & Kelly Vesey, 4 step children, Dawn Casey, Sherry Watson, Donna Watson & Darryl Watson, 7 grandchildren, 2 brothers, 3 sisters, family and friends.

Final arrangements were entrusted to Penn Funeral Home.



Hessie Barnett

Aug 2, 1930 - May 2, 2013

She loved her family and family outings and get together. She loved basketball since high school, where she was a star player on the team, and was a die-hard Pistons Fan.

She lives forever in the hearts and minds of her childre, Daughters Deborah (Paul) Fritts & Lori Barnett, son Wayne (Caprice) Barnett, 16 Grandchildren, 9 Great-Grands, family and friends.

Final arrangements were entrusted to Penn Funeral Home.

Final Tribute entrusted Stinson Funeral Home.

Church Announcements

Mt. Zion Missionary Baptist Church

It is a great deal of pleasure we extend a formal invitation to you to attend our

Pastor Rev. Damon L. Pierson 3rd Anniversary Celebration

Sunday, May 19th, 2013 at 9:00am

Reverend Andy Carr

Morning View Church Detroit, Michigan.

Continued Sunday afternoon, "Community Family Fun Day" 12 Noon - 4pm

Please come support our pastor and celebrate with us by attending Church Service and / or The community family fun day!!!!

Please contact the Church Office, (313) 383-1069, if you have further questions.

Growing Forward
Womens Conference

3 Dynamic Speakers
May 17th Youth Service at 7pm
May 18th Prayer Breakfast at 9am
May 19th Women in White at 11am

First Lady Janice Willis
Pentecost MBC
Conference Host

Kimberly Willis
Pentecost MBC
Friday Night Host

Jamilya Pierce
Beulah MBC
Friday May 17th

First Lady Yvonne Brock
New Welcome MBC
Saturday May 18th

Deborah Daniels
Corinthians MBC
Sunday May 19th

Telegram Newspaper

Available online at www.telegramnews.net, by mail subscription and on news stands in various gas stations, community centers and retail outlets throughout Detroit and the Downriver community.

Look for your copy in:

Dearborn Hts, Delray, Detroit, Ecorse, Inkster, Lincoln Park, Melvindale, River Rouge, Romulus, Taylor, Wayne and Wyandotte or stop by the Office.

Telegram Business Center

Telegram Newspaper
10748 W. Jefferson
River Rouge, MI 48218

For more info
Call (313) 928-2955
or email
telegram@telegramnews.net

Are you struggling with Depression, Self Esteem, Anxiety, or Family Issues?



Pine Grove Baptist Church offers Counseling in the areas of: Family and Martial Problems, Pre-Martial Counseling, Relationships, Stress, Anxiety, Depression, Fear and Worry, Anger, Resentment and Bitterness, Self-Image and Self-Awareness, Grief and Loss

Biblical Counseling is by appointment only
Contact Joseph Stephens, Director
313-381-9722
1833 S. Electric
Detroit, MI 48217

NAACP

from page 1A



Photo by Jean Overman

Rev. John Hearn, Jr. – Treasurer, Cedrick Hearn – Executive Committee, Robert Claypool – Executive Committee, Bishop Walter Starghill, Jr. – President, Willie Eva Miller – Executive Committee, Lucille Flint – 1st Vice President, Gina Wilson Steward – Secretary, Daisy Truss – 2nd Vice President and Richard LeBlanc – Executive Committee

“As we move forward, President Starghill said, “an important vision for the branch is sharing information. We must tell people what we are doing and we must also keep our members informed. “ Keeping with the vision, Commissioner Richard LeBlanc was the speaker for the evening.

LeBlanc represents the 12th District which include Garden City, Inkster and most of Westland and was also sworn in as an Executive Committee member of the NAACP. He stressed the importance of building a relationship with

your elected officials and asking them for what you need. The motto for the Western Wayne NAACP branch is ‘One Voice, One Focus, One Community.

They are in the midst of their membership drive and looking for adult and youth members to get involved in the NAACP. The standing general membership meetings are held the second Monday of each month. The next meeting is scheduled for June 10, 2013 at Christian Faith Ministries 27500 Marquette St. Garden City, MI 48135 at 7:00pm.

The Western Wayne Chapter

is co-sponsoring the Play Consequences that will be held on Friday, May 17th at Inkster High School. The play is written and produced by Stacy Campbell.

The Chapter represents eighteen cities, they are Allen Park, Belleville, Brownstown, Canton, Dearborn, Dearborn Heights, Garden City, Inkster, Livonia, New Boston, Northville, Plymouth, Redford, Romulus, Sumpter, Taylor, Wayne and Westland. For more information call (313) 477-6710 or send an email to wvnaacp@gmail.com.

Fish

Find and circle all of the fish that are hidden in the grid. The remaining letters spell a secret message - a Benjamin Franklin quotation.



BARRACUDA
BLUEFISH
BONEFISH
BULLHEAD
CATFISH
CHUB
COD
CRAPPIE
CREVALLE
DOLLY VARDEN
DORADO
DRUM
GAR
GRAYLING
GRUNT
HALIBUT
JEWFISH
MACKEREL
MUSKELLUNGE
PADDLEFISH

PARROTFISH
PERMIT
POMPANO
REDFISH
ROOSTERFISH
SALMON
SAND DAB
SAUGER
SHARK
SHEEPSHEAD
SMELT
SNOOK
STURGEON
SUNFISH
SWORDFISH
TILAPIA
TRIPLETAIL
TUNA
WAHOO
WARMOUTH

Re-Election

from page 1A

"We've worked very hard to be a good partner, and I appreciate the mayor and his hard work and diligence in trying to make Detroit a better place," Snyder told reporters Tuesday after signing legislation at the Capitol. "He's done a lot of things to make Detroit a better place. We just need to redouble that effort and do even more in a faster period

of time."

Detroit City Council members Gary Brown, Ken Cockrel Jr., Kwame Kenyatta and Charles Pugh and JoAnn Watson also will not seek re-election. They are also calling it quits. This is one of the largest turnovers in the history of the City of Detroit.

John Finley 313.218.9882
 LICENSED * INSURED * CERTIFIED
Finley's Carpet Care
 Office Cleaning~Stripping
 ~Waxing
 Upholstery Cleaning
 Truck Mounted
 Steam Cleaning

NEED A DOCUMENT FAXED?
FAXES RECEIVED & SENT

TELEGRAM BUSINESS CENTER
 10748 W. JEFFERSON AVE,
 RIVER ROUGE, MI 48218
 (313) 928-2955

Independent Senior Living
www.csi.coop (800) 593-3052 TDD (800) 348-7011

Ecorse Manor Co-op
 4560 9th St. —Ecorse, MI 48229

Amenities

- Rent Subsidized
- Secured Entry
- Most utilities Included
- Community Room & Library
- On-site Laundry
- Individual Heating & Cooling
- Emergency In Unit Pull Cords
- Utility Allowance

CSI Support & Development is a resident/member controlled organization that utilizes a cooperative management system and engages its resident membership in decision-making at every level of its operations.

Our resident members benefit from:

- Democratic Control
- Diversity & Open Membership
- Not-For-Profit Operation
- Social Interaction
- Senior Empowerment
- Continuing Education

Romulus High National Honor Society Inducts New Members

By: Kyle Brown



Twenty-three students from Romulus High School were inducted as new members of the National Honor Society in a ceremony held on April 16th in the high school auditorium. Members were selected for meeting high standards of scholarship, service, leadership and character.

Students inducted were: Rayshon Akins, Ke-Airra Baker, Kaitlyn Burke, Amir Butler, Kevin Crawford, India Fizer, Kenneth Gajefski, Nicholas Grantham, Deanna Hearod, Sunsiray Horton, Summerlynn Johnson, Zachary Kouba, Elizabeth

Krampitz, Danielle Lloyd, Miranda Moffat, Alexis Paige, Kayla Pool, Meshel Rodgers, Jordan Totty, Chase Vondrak, Brooke Waldon, Sara Watts, and Jayla Williams.

"We are very proud to recognize these outstanding members of our student body. National Honor Society members are expected to continue their exemplary contributions to the school and community," said Ms. Kathy Abdo, chapter advisor. The Romulus High chapter of the National Honor Society stands firm with 60 members. This chapter is considered an exemplary,

dedicated group of individuals.

The chapter also recognizes the top students in 8th grade from the middle school. This honor is given each year to encourage these students to continue their academic achievements.

The National Honor Society ranks as one of the oldest and most prestigious national organizations for high school students. Chapters exist in more than 15,000 high schools and, since 1921; millions of students have been selected for membership.

Lincoln Park Economic Development Corporation (EDC) Logo Design Contest

Rules, Regulations

The EDC is the economic development arm of the City of Lincoln Park and its mission is to revitalize the economy by assisting existing businesses to prosper, increase the employment base and encourage new businesses to locate in the City.

The EDC is sponsoring a logo contest for students of Lincoln Park schools. Students are invited to create a logo for use by the EDC on its website, brochures, correspondence and other marketing material.

Eligibility

1. The contest is only open to students of Lincoln Park Schools in grades 6-12.
2. If you are under the age of 18 your parents must sign the entry from.

How to Enter

To enter the contest eligible participants must:

1. Complete the Entry Form
2. Create a logo to meet the format requirements:

Ability to convert the design into a useable web version and a scalable vector, print

quality version of the logo. The logo must adapt well to electronic and print media to allow reproduction on small and large surfaces and for use in color or grayscale.

3. E mail your completed official entry form and your logo design to moberoi@citylp.com

Deadline for Entries

You must submit your design and completed entry form by 5.00PM- June 17, 2013, EST. GUIDELINES

Your design should be dynamic, unique, creative and incorporate either the full name or initials of the EDC, City Name (Lincoln Park or LP) and may incorporate concepts, pictures, or symbols that relate to the EDC's mission of development, opportunities, investments, employment and financial incentives. The winning entry must be an original work of the individual submitting it and the work may not include copyrighted or trademarked work of others.

Formatting

For purposes of submission please submit the design in

.png, .jpeg or .psd and as a.pdf file.

Prizes

First prize winner will receive a \$100 gift card from Al Petri & Sons, Bike Shop in Lincoln Park

Second prize winner will receive a \$50 gift card from Al Petri & Sons, Bike Shop in Lincoln Park

Selection of Winner

All entries will be judged by staff and volunteers designated by the EDC. The decision will be final and cannot be appealed. Entries will not be returned. The winner will be notified by e mail, telephone or mail.

By accepting the prize the winner assigns sole ownership of the logo to the EDC for use in its publications, correspondence and website. In the event no winner is selected the EDC reserves the right to declare no winner and run the contest again.

For questions contact 313-386-1800 Ex. 1289.

Mayor Hampton discuss government with students of Discovery!



INKSTER – Discovery could call this past Monday, "Mayor Day". Both the 3rd grade and the 7th/8th grade classes of the Discovery Arts and Technology Academy were pleasantly surprised by a visit from Inkster's own Mayor Hilliard Hampton!

Third grade students were eager to ask questions of the mayor. These questions dealt with everything from what a public servant is to whether or not the mayor gets to ride around in a limousine. Mayor Hampton very humbly explained that he was a public servant and worked for them (the citizens). This visit by the Mayor helped bring lessons on government to life. One third grader said, "I think it [the Mayor's visit] was great because I never saw a Mayor in real life...ever!" Another third grader exclaimed, "I find it interesting that the Mayor has met the President but still works for me."

The eighth graders were a tougher crowd. Although they

did not quickly raise their hands they raised tougher questions for Mayor Hampton like, "Why are water bills so high in Inkster?" and "Why can't we have more police on duty?" The Mayor was able to aid the students in making connections on how taxes are the resources that fund public services such as the police force and fire department – bottom line more resources equal better services. Other concerns of the students were whether or not there would be a Memorial Day parade and the lack of fun community activities.

The most important part of the visit was the challenge that Mayor Hampton put to these young citizens and that was, "What can you do to [positively] change Inkster?" Their answer back was a pledge to start by help cleaning up the Inkster community. So look forward to seeing the Discovery Eagle on the shirts of our young people cleaning up and making a difference – thanks to Mayor Hampton.

The River Rouge Title I Summer School Program

Begin June 17, 2013.

For more information, please contact Ms. Berry-Brown at 313 297-9600 ext. #1608 .

Fanny's Floral

Design & Gifts

* Fresh & Silks* Flower Arrangements
* Weddings & Funerals

Prom Corsages Available

Tuesday - Friday 10am - 5pm
Monday and Saturday Appt only
Life Insurance Policies welcome

1909 S. Fort St, Detroit, MI 48217
313.928.3569

MDOT promotes safety during National Bike Month



Custom bike from Fuller Sounds of River Rouge

Fast Facts: - May is National Bike Month; May 13-17 is Bike to Work Week. - There were 1,970 reported crashes involving bicyclists in Michigan in 2012, resulting in 1,598 injuries and 20 fatalities. - Fatal crashes involving bicyclists remains disproportionately high compared to other crash types.

May is National Bike Month, and the Michigan Department of Transportation (MDOT) reminds motorists to be aware of bicyclists on Michigan

roads. In 2012, there were 1,970 reported crashes involving bicyclists in Michigan resulting in 1,598 injuries and 20 fatalities. MDOT says that while the number of fatalities is down 17 percent (there were 24 fatalities in 2011), fatal crashes involving bicyclists remains disproportionately high compared to other roadway users or crash types.

"While this data suggests some improvement, drivers

must remain focused at all times when they get behind the wheel and share the road," said State Transportation Director Kirk T. Steudle. "These crashes are avoidable. Drivers should always be alert and pass slower moving traffic, including bicyclists, from a safe distance." In addition to May being National Bike Month, Bike to Work Week is May 13-17, with Friday, May 17, designated as Bike to Work Day. "We join other transportation agencies to raise awareness and promote our safety message: 'Give 'em Space, Make it Safe, Please Share the Road,'" said Steudle.

Motorists are cautioned to pay close attention when driving near bicyclists and pedestrians as the warmer spring months lure people outdoors. Michigan has a growing number of bike lanes and thousands of miles of shared-use pathways that bicyclists can use and enjoy. For maps and other important information, including "What Every Michigan Driver Should Know About Bike Lanes," check out www.michigan.gov/mdot-biking. ### MDOT reminds drivers: Lives are in your hands - always pass cyclists at a safe distance.

Drunk Driving

from page 1A

to go up to 0.10 percent in October. It also would maintain a 0.04 BAC standard for drivers of commercial vehicles and a "zero tolerance" standard of 0.02 BAC for those under the age of 21.

HB 4131, sponsored by state Rep. Klint Kesto, maintains the existing sentencing guidelines in place for those convicted of exceeding the state's BAC limits.

"This legislation helps save lives - research has proven strict drunk driving laws help reduce alcohol-related fatal crashes by nearly 90 percent," said Col. Kriste Kibbey Etue, director of the Michigan State Police. "Keeping the legal BAC level at .08 forces people to think twice before getting behind the wheel after having too much to drink and keeps Michigan consistent with drunk driving enforcement in all 50 states."

In addition to protecting the public safety, the governor also said the new laws keep Michigan in compliance with federal drunk driving standards and eligible for federal transportation funding.

HB 4093 and HB 4131 are now Public Acts 23 and 24 of 2013.

For more information on the legislation, visit michiganlegislature.org.

List your Business here in the Dining Directory

Please contact us at the Telegram at either 313-928-2955 or send an email to gcwilson@telegramnews.net.

Now Open!!!

KC's EATERY

3758 W. Jefferson, Ecorse, MI 48229
313-974-2302

Dine in, Carry Out Breakfast, Lunch & Dinner
2 coneys, fries and pop \$5.00

Log Cabin Bar-B-Que

3964 W. Jefferson Ecorse, MI 48229

We are NOW OPEN

Monday - Saturday 11:00 am - 9:00 pm



Carry Out, Soul Food and Fried Chicken
Offering Daily Specials
We are located in Downtown Ecorse-
the old A&W Restaurant

Zenith Lunch

Breakfast * Lunch & Dinner

2+2+2 (Breakfast Special)



11295 W. Jefferson Ave. River Rouge
(313) 849-0833
Your Friendly Family Restaurant

TELEGRAM NEWSPAPER

Get your 3-Month Trial Subscription for \$5

Offer for Home delivery only

Name: _____ Birth Month _____
Address: _____
City: _____ State: _____ Zip: _____
Telephone _____ Email: _____ (optional)
Credit Card: _____ EXP Date: _____ Code _____



Don't miss a week of the Telegram
Complete form and mail check or money order to:
P.O. Box 29085, River Rouge, MI 48218
If you have any questions please call 313-928-2955

DETROIT

TWO LOCATIONS...
One Standard of Excellence

CLORA
FUNERAL HOME

5801 E. SEVEN MILE DETROIT 48234 PH: (313) 368-0100
1789 COOLIDGE HWY, RIVER ROUGE 48218 PH: (313) 843-0100

MAJOR C. CLORA
PRESIDENT/DIRECTOR

JENNIFER M. WARD
DIRECTOR

RIVER ROUGE

Making A New Start The Easy Way

Carolyn Guilford - Special to the NNPA from The Savannah Tribune



There is so much information available today about how to create a healthy diet and lifestyle, so I know it's hard to know what to do, what is true and correct. Every one is different, but everybody is the same. Every one has his and her own preferences. Every body's needs are the same: safety and security, clean water, clean foods, exercise, clean air to breathe, restful sleep and a sense of belonging.

And so when you are ready to start the journey, first spend some time thinking what is right for you. Give thought to your personal needs, likes and dislikes. Be honest in your exploration, knowing that you do not need the share this with anyone. Keep the information to yourself but, it helps to be honest about who you are and to honor yourself.

Starting to keep a journal may be the best first step. It will allow you to express yourself and to keep track of thoughts, plans, ideas, and to stand as a witness to your progress as you lean into the person you want to become.

If you don't like to exercise in a gym, don't go join a gym. If you like to walk, schedule time to walk in a place that pleases you. The mall, the beach, a

park, whatever you find appealing.

If you feel stifled, seek opportunities to meet new people, learn to network, join new clubs or organizations and go social. You will meet persons who will enliven your senses, and boost your confidence.

If you have created habits that generate stress in your life or in your body, take time to re-structure your life. Put in place new habits to eclipse the unproductive ones.

Drink the water: Drink only clean, well filtered water. Filter out fluoride and chlorine which is certainly deleterious to your health. However there are so many more contaminants in water. Filter!

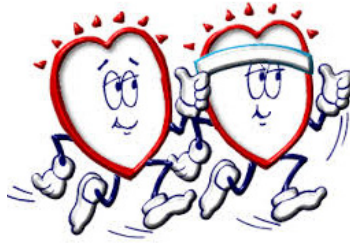
Ditch the white foods: Processed white foods are nutrient depleted, useless. Walk by the white bread, white flour, and white rice, the packaged high calorie chips, candies and cakes. Frozen dinners, boxed meal mixes, sugar added breakfast foods and quick-cooking anything. Run away from any processed meats (you do know what pink slime is, right?).



Eat more greens: It is the fresh clean green veggies from which we get nutrients, fiber, antioxidants and other essential building blocks of health.

Season the salad: instead of buying chemically enhanced prepared dressings with synthetic fats and flavors, stabiliz-

ers and preservatives. Enhance your salads yourself using the same herbs and spices in your kitchen. Then explore and try new ones.



Chew longer: sufficient chewing helps swallowing, releases enzymes vital to digestion, combats bacterial overgrowth and adds to the enjoyment and satisfaction of eating and allows you to recognize that you are full before you eat too much. These are but a few of the many benefits of chewing better.

Shop more often: Buying fresh, and growing your own veggies will offer you variety and excitement in choices as and in flavors.

Read the labels: Basically, if you can't pronounce it, and don't know what it is, don't eat it. Get a magnifying glass. There is a reason it's all in small print. Don't believe the front label. Read the ingredients.

Make an effort to cook at home more: When you purchase, grow, clean, and cook your own food, you know what is in it and how it is prepared. This is the only way to know for sure what you are eating. Are you worth the effort?

Remember, Health is a Choice. Make the choice for your health, you cannot be good for others, until you are good to you.

The Affordable Care Act – How will it change Dental Coverage for kids?

By Anna Challet - Special to the NNPA from The Louisiana Weekly via New America Media



Editor's Note: The Affordable Care Act will make pediatric dental care more accessible than ever before, but many children's advocates are concerned about the affordability of coverage and the availability of providers. New America Media spoke with Joe Tuschner, a Senior Health

Policy Analyst at the Center for Children and Families of the Georgetown University Health Policy Institute, about what changes families can expect.

Generally speaking, how will the Affordable Care Act change families' access to

dental coverage for their children?

For a lot of families, the ACA won't change their coverage directly. If a family gets its dental coverage through a large employer, that will continue, or if the child is covered by a public program like Medicaid, that will remain similar. Where the ACA will improve coverage, though, is in places where it was previously harder to obtain children's dental care, such as in the individual market and in small group insurance. The ACA guarantees that there will be dental coverage available for purchase, either together with other benefits or through stand-alone plans. It has made children's dental coverage part of what are called "Essential Health

Kids Dental on page 16A



Are you continuing your New Years Resolutions to get fit? Check these out

Taught at the Telegram Business Center
10748 W. Jefferson Ave River Rouge, MI 48218

Ballroom Classes

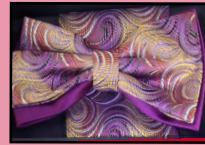
Classes taught by Spudd
on Wednesdays 6:30pm to 9:00pm
for more info call 313-414-4969

Classes taught by Ballroom Jack
on Saturdays 1:00pm to 3:00pm for more info call 313-303-4058

Styles of Fashion

SHIRTS, TIES & CUFFLINKS

Bring in this Ad for 10% Off



Two Locations

Detroit Location

18461 W. McNichols Detroit - 48219

River Rouge Location

Telegram Business Center
10748 W. Jefferson Ave Suite #204
(313) 310-7813

Check out the new Bow Ties & New Arrivals

ECONOMY SHOE REPAIR

579 Visger Rd, Ecorse, MI 48229
economyshoerepair@gmail.com

All Repairs: Shoes, purses, Luggage etc.

Donald "Chip" Agee

OWNER

313-382-2662

"If we can't fix it throw it AWAY"



Coop's Casual Wear

Men & Women Clothing

11431 W. Jefferson Ave, River Rouge
Phone (313) 297-6990

Spring has Sprung at Coop's



* COMMUNITY NEWS*

RIVER ROUGE

The River Rouge High School Class of 1972 will be having their

41st Class Reunion
July 20, 2013.

For further information & prices please contact classmates at 313-910-8593, 313-388-3943 or 313-408-0919

The Guidance Center in partnership with Forgotten Harvest is proud to announce a **Fresh Food Program**

Sign Up to start receiving FREE Groceries for your family!

Including meat, vegetables, fruit, and dairy (items vary).

Wed, May 29, 2013 and Monday, June 24th, 2013
Walter White Community Resource Center

550 Eaton
River Rouge, MI 48218

Pick Up times:
10:30 – 1:30 first come, first served. Food pickup dates are the 4th Monday of each month

Registration required. Registration forms are available at the Walter White Community Resource Center front desk or the Head Start Office. Return completed forms to the Promise Neighborhood office (Room 225 in Walter White) to confirm your registration. Registration is only required once.

For more information contact Ebone Colbert at 734-785-7705 x7486 or ecolbert@guidance-center.org

There are no eligibility requirements for this pro-

gram, but due to a limited number of slots available preference may be given to families with children under the age of 8.

INKSTER

The Viking Pride Alumni Foundation Presents
A Red Carpet Event All Class Homecoming Prom Reunion

"Honoring Inkster High School Sports Legends

Friday May 24, 2013
6:00 pm VIP Reception – 7:00 Dinner and Dance
Inkster High School Gym

Tickets \$25.00 Single and \$40.00 per couple

Proceeds will go to the Inkster Viking Pride Alumni 501c3 Foundation

Contact for more information
Dr'Artriss Coleman-
Richardson – 734-595-6593
Anita Boyer Mallett –
734-697-2721
anitamallett@comcast.net

Commissioner LeBlanc to hold coffee hours in Inkster

Monday, June 3rd
12:30 1:30pm at the
Inkster Public Library, located at 2005 Inkster Rd.

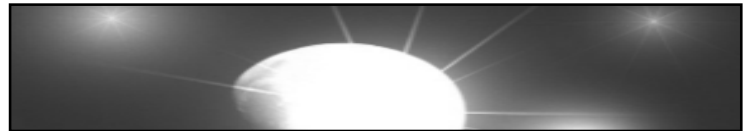
Commissioner LeBlanc will be accompanied by State Representative David Knezek.

WESTLAND

Wayne County Health on Wheels

Mobile Health Units from Wayne County and local health providers will provide free health screenings in Westland on Thursday, May 23 at Westland City Hall from 12:00 pm - 5:00 pm. For dental exams, HIV/AIDS, body mass index, blood pressure, cancer, cholesterol and stroke risk! Services may vary from location to location. For more information on this event please call 313-224-0810.

HOROSCOPES



MAY 16 - MAY 22, 2013

ARIES

The link that you've established with your spiritual self will be strengthened by the people who come into your life this week. This week is a week for seriousness about a relationship. Discuss your deepest thoughts with others. They'll understand and thank you for sharing intimate parts of yourself.
Soul Affirmation: Faith keeps me calm in the storms of life.
Lucky Numbers: 44, 49, 51

TAURUS

You've done some of your own love homework. Hopefully you've had an opportunity to learn a new way of seeing the world and in that way you've found a way of loving that is more natural for you. The combination of sexiness and joyful focus can create you a wonderful love experience.
Soul Affirmation: I get joy from giving good things.
Lucky Numbers: 11, 17, 37

GEMINI

Share in the glory of your friend who has been recognized for outstanding work. Plan a small get-together to celebrate the occasion. Your time will come, and you will be placed on the pedestal. Your intimacy radar is sensitive. Watch out for a new romance that might come along. Expect the unexpected! You will be pleasantly surprised!
Soul Affirmation: Love is easier than breathing.
Lucky Numbers: 16, 30, 50

CANCER

You've done a lot of things in life that no one has agreed with at the beginning. Finding agreement this week will be difficult, but it should not deter you from moving forward. Feeling sorry for your loneliness will discolor what you are doing. Be happy that you are alone.
Soul Affirmation: I get joy from giving good things.
Lucky Numbers: 2, 10, 31

LEO

Eternal optimist, eternity is now. Get in touch with your hopefulness and be a beacon to others. Try not to be taken in by promises made by others or promises you've made to yourself. Concerning your own affairs, avoid contemplating lofty subjects and seeking long ranged solutions.
Soul Affirmation: Time is the greatest peacemaker of them all.
Lucky Numbers: 14, 28, 39

VIRGO

Some say optimism is fantasy. Suppose the good thing you're optimistic about never comes. This week you'll know that the joy of anticipating it is joy enough. Just the certainty of coming goodness is present goodness. The joy of tomorrow is available this week.

Soul Affirmation: This week is the week the Lord has made. I rejoice in it.
Lucky Numbers: 22, 36, 38

LIBRA

You might be looking into the buying or selling of a piece of property, and this week seems to be a favorable week for this type of negotiation. Be careful with the intricacies of the matter. Pay attention to details or it could cost you a great deal later.
Soul Affirmation: I care deeply about the feelings of others.
Lucky Numbers: 11, 21, 35

SCORPIO

What a blessed week this will be. Spend it meditating on all that God has given you. This week think hard about some form of worship. Curtis Mayfield wrote a song called "Who Do You Love?" Someone should write one called "How Do You Love?" For your love lesson, the second song would be the one you should sing.
Soul Affirmation: New intuitions create new plans and a new cast of characters.
Lucky Numbers: 7, 16, 25

SAGITTARIUS

Your self-discipline helps you to do more this week. People will be watching as you zip around with style and grace! Broaden your cultural horizons by trying new foods and meeting new people. You'll be pleasantly surprised!
Soul Affirmation: I am patient with all that comes my way this week.
Lucky Numbers: 3, 4, 14

CAPRICORN

The urge to chase off on a tangent may be strong this week. Take a few minutes to study the big picture and make sure any whims serve the bigger purpose. It's a good week to do what needs to be done.
Soul Affirmation: Luck is my best friend this week.
Lucky Numbers: 5, 10, 15

AQUARIUS

You'll be full of good ideas this week, so make sure you write down the ones you don't have time to put into action. You'll want to share your thoughts on a grand scale, and your mind will seem truly universal to you. Try to be patient with those who are staggered by your brilliance.
Soul Affirmation: Light from my soul shines in many directions.
Lucky Numbers: 2, 3, 9

PISCES

This week let your gentle spirit shine through. Your rough and tumble side is not appropriate for the relationships that you'll encounter. Someone will need your understanding and sympathy. Give it with sensitivity.
Soul Affirmation: My life itself is my greatest creation.
Lucky Numbers: 30, 37, 44



LINCOLN PARK
FLOWER PLANTING DAY
May 18, 2013
8am -12 pm

Volunteers Needed

Come and beautify your City
Plant flowers in City planter boxes on Fort Street and Southfield Road



All volunteers will meet at Painters Supply parking lot at corner of Southfield Road and Fort Street at 8 am sharp. Coffee, donuts and water will be provided by the DDA.

Please bring your gardening tools, shovels & gloves as necessary

Please call the DDA office at 313-386-1800 Ex.1289 to volunteer for planting or email at moberoi@citylp.com

'A beautiful Lincoln Park begins with each one of us' - Mayor Krause



Youth & Community Outreach Agency
OPEN HOUSE
"THE SPOT"
27 Salliotte
Ecorse MI 48229
Saturday May 18th, 2013
12p-3p

Leaders of the community, Ecorse Police, Wayne County Sheriffs, and more will be in attendance

Please come out, see, and hear for yourself about the center for our youth. Its going to take all of us to SAVE our youth. If you dont have anything to give, Pray for us, "It has power". -Dr. Richard Harris

*THIS EVENT WILL BE FILMED

More Info Contact: 313-629-2066

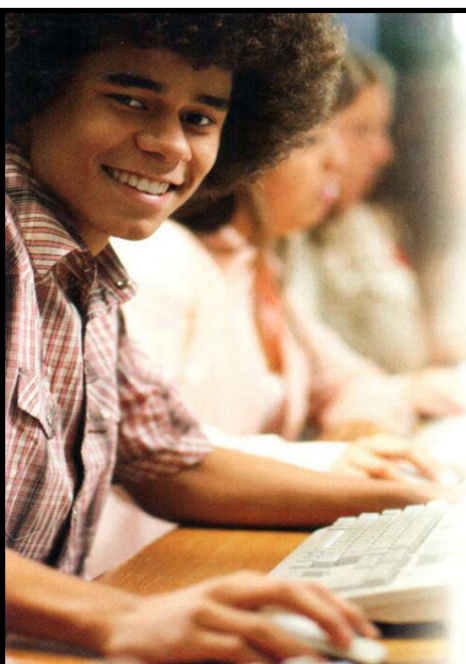
G AND C VARIABLES



- PORCHES
- ROOFING
- CEMENT
- CARPENTRY
- SIDING
- INTERIORS
- MASONRY
- AND MORE

"STRIVING TO BE BETTER"

313-341-6606



Rouge Panthers receive Muscle Milk Grant



Rouge Panthers Football team, coaches and member of the Muscle Milk and CytoSport team during check presentation ceremony

The River Rouge Football program has \$10,000 to invest in their student athletes. On Friday, May 10, 2013, CytoSports, maker of Muscle Milk presented Head Coach Corey Parker and the football program with the ceremonial 'Big Check'. River Rouge was one of 22 schools across the nation that received the funds.

The River Rouge football players gathered in the LGI room showing pride in their program wearing their football jerseys. Coach Parker explained that they had applied for the grant because the football program had grown substantially and he didn't want to turn any player away because they didn't have enough equipment for them to use. He said, "Our players had to share equipment between the Middle School, Junior Varsity and High School players. But they didn't complain. We worked it out, because that is what men do." Even with sharing equipment, all three teams had a stellar season. Each team only lost one game.

To apply for the grant, each team had to submit an essay and video explaining why they need additional money for their program. The video which can be viewed on YouTube at (<http://www.youtube.com/watch?v=rhOYUhb1bJg>).

Coach Parker showed the video that morning during the presentation of the check. It showed the small lockers that will not hold football equipment. Parker said, "River Rouge is known as a basketball town and the lockers were designed for basketball players not to hold football gear." The football equipment is kept at the bottom of the stairwell by the weight room during the day. It wasn't said whether some of the money will be used to fix this situation, but the funds will be used in many positive ways.

Jerry Gaines, Brand Marketing Manager from CytoSport, said, "River Rouge High School represents everything that the grant is supposed to. RRHS is one of the first schools that we

followed from practice to games. You guys brought it every single game and every single practice. The great thing about this grant is that we try to level the playing field, to give you guys what you need, what you earned and what you deserve to have your school on par with other programs. I couldn't image a better school, better organization, a better team to receive the Muscle Milk Recovery Grant."

Coach Parker said the grant they were able to make sure each player in the program have their own equipment. They have a new practice sled, like the one that the Detroit Lions use. They also had the helmets reconditioned and were able to purchase additional helmets.

State Champs Sports Network has followed the Panthers throughout the season and was on site video taping the ceremony. The program will be aired on Sunday at 12Noon on CW50.

Can sports transform our community?

The National Action Network Inkster says yes, and we're putting our money where our mouth is.



The City of Inkster Michigan is rich in history and tradition. In the early thirties and forties it was the place to go if you were looking for a good time. The city was home to some of the most fabulous nightclubs and hotels in Michigan. It was one of the few places where African Americans could go and put on the Ritz. Inkster was not only a mecca for night life; it was one of only a few metro Detroit cities where Black people could come to escape the concrete streets of the big city during the great suburban migration of the forties and fifties. The then Village of Inkster had thriving businesses owned by its own residents. It was a little village of streets lined with trees and white picket fences, settled by proud, hardworking church going people. This town of six square miles was a safe nurturing place to call home and raise children.

Inkster has had more than its share of noteworthy people come out of these small historic boarders. The city was once home to sports greats like Hank Aaron, Marcus Fizer, Tyrone Wheatley, Olympic Bronze Medalist Earl Jones and many more. It's also home to hit music makers like the Marveletts. Redd Foxx and Malcolm X roomed together in Inkster as young men.

The city of Inkster was first populated by Native Americans. The first non-indigenous settlers came in 1825. The city has since become the tenth most dangerous city in the country.

Shocking, how could a city of only six square miles earn such status? Inkster has gone the way of so many minority populated cities in this country. It has suffered shrinking businesses, joblessness, the migration of its brightest and best children, but most of all declining schools and what seems like a lack of interest in the children. All of the above have culminated into what we have today, the infamous title of the tenth most dangerous city in the country.

The National Action Network Inkster is the local chapter of the National organization founded in 1991 by The Rev. Al Sharpton. The NAN operates on the ideals and within the spirit of the late Rev. Dr. Martin Luther King Jr. We are committed to fighting injustice wherever it appears in the country and the world. Fighting injustice isn't the only thing that NAN promotes. We also have several initiatives to help the individual communities we serve, for the betterment of all people. The initiatives are as follows; Membership, Social Justice, Criminal Justice, Decency, Anti-Violence, Voter Protection and Education.

As part of our Education Initiative the National Action Network along with Robichaud High school is restoring the pride and making a change one child at a time. We're sponsoring a free summer Track and Field Camp. Our goal is to introduce more children to Track

Community Sports page 16A

It's Just A Thought

By Butch Davis - Telegram Sports Reporter



Titus Young

What is wrong with Titus? Authorities say former Detroit Lions wide receiver Titus Young has been arrested in California for the third time in a

week. Orange County Sheriff's spokesman Lt. Joe Balicki says the 23-year-old Young was arrested late Friday in San Clemente for allegedly breaking into a home. Balicki says Young fought with deputies after a foot chase.

He has been charged with attempted burglary, assaulting a police officer and resisting arrest. He is in custody Sunday on \$75,000 bail.

Last Sunday, Young was arrested in Riverside County on suspicion of driving under the influence then arrested

again the same day for trying to take his car from a tow yard. The Lions drafted Young in 2011, but released him in February after a drop in productivity and disputes with teammates.

The Rams picked him up, but he lasted just 10 days with St. Louis. In his last game with the Lions, he is alleged to have line up wrong on purpose, and the club essentially twice banished him after the incident. I hope they get him the help he needs. It is not too late to turn this thing around. He is obviously in a bad place and hopefully can get some sort of mentor and some counseling... because although he is in world of trouble now, he has not done anything to permanently destroy his career or life, however Titus seem to be on course not to be able to get a job of any category. In addition living and stealing in the city of San Clemente the home of former President Richard M. Nixon.

Just a Thought on page 12A

| | |
|---|-----------------------------------|
| Buy Sell Trade Loans | FREE ESTIMATES |
| Jewelry * Coins * Diamonds | TOP \$\$ PAID |
| RIVER ROUGE PAWN | |
| ANYTHING OF VALUE WHOLESALE BUSINESS | |
| 10615 W. Jefferson Ave River Rouge | 313.842.0722 Call anytime 24/7 |

| |
|--|
| Ecorse American Legion |
| 3914 W. Jefferson Ave. - Ecorse 1/2 mile North of Outer Drive |
| Hall for Rent |
| Call and leave You name & Telephone Number ASK ABOUT OUR WINTER SPECIALS PERFECT FOR BIRTHDAYS PARTIES! (313) 383-7727 |

Tiger Woods wins at the Players Championship and out duels his hater, Sergio Garcia



(Via Fox Sports) – Tiger Woods had the last word against Sergio Garcia by winning The Players Championship on Sunday.

Woods ended a weekend of heated words with Garcia by doing what he does best – closing out tournaments, even if he let this one turn into a tense duel over the final hour at the TPC Sawgrass. Tied with Garcia with two holes to play, Woods won by finding land on the last two holes for

par to close with a 2-under 70. If only it were that simple for the Spaniard.

Garcia was standing on the 17th tee shot, staring across the water to an island as Woods made his par. He took aim at the flag with his wedge and hung his head when he saw the ball splash down short of the green. Then, Garcia hit another one in the water on his way to a quadruple-bogey 7. He completed his stunning collapse by hit-

ting his tee shot into the water on the 18th and making double bogey.

Woods was in the scoring trailer when he watched on TV as Swedish rookie David Lingmerth missed a long birdie putt that would have forced a playoff. It raged by the cup, and Lingmerth three-putted for bogey.

"How about that?" Woods said to his caddie, Joe LaCava as he gave him a hug.

Red Wings move to the second round

By Butch Davis - Telegram Sports Reporter



Red Wings coolly wrapped things up on the coast and calmly moved on to an even bigger challenge much closer to home.

Henrik Zetterberg and Valteri Filppula<<http://sports.yahoo.com/nhl/players/3759>> each

had a goal and an assist, and the Red Wings finished off Anaheim with a 3-2 victory Sunday night. Justin Abdelkader scored a short-handed goal and Jimmy Howard made 31 saves as the seventh-seeded Red Wings won three of the first-

round series' final four games to oust the Ducks, who had the NHL's third-best record in the regular season.

"We did a great job getting off to a good start, and then we protected it there at the end," said Zetterberg, who scored three goals in the series' final two games after getting blanked in the first five. "A lot of us have been in tough situations like this before, so we knew how to play this type of game."

Wings already are relishing the prospect of shorter flights during their final postseason in the Western Conference as they will battle on the Chicago Black Hawk home ice in this next up coming series to play for the right to take part in more Stanley Cup action.

CRIME ALERTS

Nixle now available for River Rouge



River Rouge Police and Fire Chief Jeffery Harris

sign up tool can be found on the website's homepage at www.cityofriverrouge.com. Residents simply enter their phone number, email address and zip code to sign up. and use the sign up tool.

Currently more than 4,600 government agencies utilize Nixle as their means of real-time communication with residents, and more than 700,000 citizens have signed up to take advantage of Nixle's service. Year-to-year usage figures from August 2010 through July 2011 show that participating agencies created a total of 72,782 messages (6,065 per month). These messages were transmitted by way of 17 million SMS text messages and 43.8 million emails over the 12-month period (1.4 million per month and 3.6 million per month, respectively).

About Nixle

Founded in 2007, Nixle is the leader in trusted notification services for law enforcement and government agencies. Nixle is strategically partnered with Nlets to offer the only public messaging service on the International Justice and Public Safety network, a system owned by the fifty states and serving every criminal justice agency in the US and Canada. Nixle is a privately held company based in San Francisco, CA.

For more information, visit www.nixle.com.

Jeffrey Harris
Chief of Police & Fire

River Rouge Police & Fire Departments have implemented a new free public notification service, Nixle Connect, to deliver important and timely information to residents with no cost to the departments, taxpayers, or residents.

Communications range from emergency alerts to routine day-to-day information including traffic and missing persons reports, safety tips, crime information, community outreach programs and other public safety notifications.

Citizens can register to receive text messages and emails from River Rouge PD/FD and other local agencies by sending a text message with their zip code to 888777. Online registration is also available at www.nixle.com or via the City of River Rouge website. The

Just a Thought

from page 11A

Titus get it together, "it just a thought. " Tigers Back in the Grove By Butch Davis

The Detroit Tiger streaks are as the following, last five games 1-4, last 10 games 5-5, last 15 games 10-5, and the last 20 games 11-9. The Tigers lost 4-3 to the Cleveland Indians in 10 innings on Sunday afternoon at Comerica Park.

Nevertheless the Tigers did bounce back on Monday after trailing the Houston Astros 2-1 at the end of three innings as Tigers scored six runs in the bottom of the fourth as the big blow was a Andy Dirks grand slam home run to cap a big rally. Anibal Sanchez started for the Tigers and allowed two runs on six hits, while fanning eight over seven innings of work to earn the win. It marks the Tigers fifth straight win

against the Houston Astros this season.

Early this past Monday the Tigers announced that outfielder Austin Jackson has been placed on the 15 day disabled list, retroactive to May 12 with a pulled right hamstring. To take Jackson place on the roster the club called up this Monday past outfielder Avisail Garcia from Triple A Toledo.

Garcia batted .432 with a double, home run, and four RBI in eight games with the Tigers minor league team the Mud Hens. And in addition, Tigers outfielder, Tori Hunter enter this past Mondays game needing only two home runs to become the 17th active player with 300-or-more home runs. Tigers play the Astros until today they travel to Arlington to play the Texas Rangers.

Missed an Issue of the Telegram Newspaper?

Back Issues Are Available at our office located at the:

Telegram Business Center
10748 W. Jefferson Ave, River Rouge, MI


Issues for the previous four weeks are available for \$.50
Issues older than four weeks are in limited supply and available for \$1.00 - please call ahead for availability of older issues.

For more information call 313-928-2955.

Telegram Newspaper Classifieds

APT FOR RENT

Across the Park Apartments
NEWLY REMODELED APARTMENTS
Spacious 1 bedroom apartments
 Available for 62 and older or Handicapped & Disabled.
COME SEE OUR MODEL
 Rent is based on income.
 Heat & water included.
 Activity Room & Laundry facilities on site
 (313) 382-3201
 TTY-1-800-567-5857
 M-F 8-5
 Equal Housing Opportunity



APTS FOR RENT

River Rouge
 Clean 1 Bedroom Apartment
 All included Heat & Water,
 \$460 per month
 No Pets
 734-552-9894
 FLOG

River Rouge
 2 Bedrm Apt, 1 Bath,
 No Pets, Section 8 OK
 Water/Heat included
 Contact Brenda
 313-739-8384
 BP042513



HOMES FOR RENT

Ecorse
 4160 13th Street
 Beautiful 3 bedroom brick, 1 bath, newly painted, carpet, window treatment, finished basement, bar, storage, fenced yard, 2-car garage. \$700/month; \$700 security deposit. Section 8 welcome.
 (313) 204-9050
 ET051613

HOME FOR SALE

Ecorse
 39 W. Alexis St
 3BR/1BA Single Family, Fixer Upper
 Lease Option or Cash Discount
 \$500 DN, \$215/mo
 803-978-1541
 RR052313

CITY OF ROMULUS HOUSING PUBLIC NOTICE

Public Notice

Sealed bids will be received in the office of the Romulus Housing Commission, located at 34200 Beverly Road, Romulus, Michigan, on May 30, 2013, until 11:00 a.m. local time. The scope of work includes select replacement of existing concrete pavements, grind select areas of existing sidewalks and drives, tuck point select areas of exterior brick, seal existing holes and penetrations on exterior brick, remove select trees, replace select areas of chain link fencing. Plans and specifications may be obtained from the Housing Commission office building on or after May 13, 2013. A refundable deposit of Fifty Dollars (\$50.00) in the form of a money order or check will be required for each set of Drawings and Specifications taken up to a maximum of (3) three sets. The deposit shall be refunded in full with conditions as stated in the notice to bidders.

Publish: May 16, 2013
 May 23, 2013

CITY OF ECORSE PUBLIC NOTICE

CITY OF ECORSE INVITATION TO BID

EMERGENCY / FIRE DAMAGED BUILDING BOARD-UP SERVICE

The City of Ecorse is accepting bids from qualified and experienced firms to provide on-call EMERGENCY/FIRE DAMAGED BUILDING BOARD-UP SERVICE.
 Sealed bids will be received by the City of Ecorse at the Department of Public Works, 3865 West Jefferson, Ecorse, MI 48229 until 1:30 p.m. on Friday, May 31, 2013.
 For more information, contact the Department of Public Works at 313-294-3731.

CITY OF RIVER ROUGE PUBLIC NOTICE

CITY OF RIVER ROUGE, MICHIGAN

At a special meeting of the City Council of the City of River Rouge held in the City Council chambers of City Hall on April 18, 2013 Meeting called to order at 4:21pm

Mayor Bowdler in the Chair

The following Commissioners were present:
 Campbell, Pierce, Ward
 Absent: None
 Excused: Kerns, Perry, Pruneau

- 13-88 Award the durapatcher street repair bid to JB Paving Co..
- 13-89 Motion to adjourn

A complete copy of the minutes can be obtained at the City Clerk's office. (313) 842-5604.

Susan P. Joseph
 City Clerk

CITY OF RIVER ROUGE PUBLIC NOTICE

CITY OF RIVER ROUGE, MICHIGAN

At a regular meeting of the City Council of the City of River Rouge held in the City Council chambers of City Hall on April 16, 2013 Meeting called to order at 7:40pm

Mayor Bowdler in the Chair

The following Commissioners were present:
 Campbell, Pierce, Pruneau, Ward
 Absent: None
 Excused: Kerns, Perry

- 13-79 Approval of minutes of 04/02/2013
- 13-80 Voucher approval
- 13-81 Building permits approval
- 13-82 Approve to non-union workers to fall under hard caps rule for health insurance
- 13-83 Approve the sale of decommissioned 2001 Chevy Imapala
- 13-84 Approval of increase in pay to \$8.00 for senior bus driver and lunch runner
- 13-85 Approval for Assembly of Praise Church to hold Praise Fest at Memorial Park on 06/22/2013
- 13-86 Resolution to honor Ruth Green on her 90th birthday.
- 13-87 Motion to adjourn

A complete copy of the minutes can be obtained at the City Clerk's office. (313) 842-5604.

Susan P. Joseph
 City Clerk

8330 On the River

8330 East Jefferson Ave. Detroit, MI 48214 (313) 331-7780
Open House on Sat., May 18, 12 noon - 3 p.m.

There will be door prizes, raffles, refreshments, tours, on-site application completion and much more!

Featuring
1 & 2 bedroom Apartment Homes

- Riverfront Picnic Area
- Community Room/Activity
- Heat and Water included

Make the Right Move, enjoy Senior Living at its best on the Detroit River



FIRST YEAR SPECIAL

- 1 Bedroom only \$500
 - 1 Bedrooms w/den or balcony \$550
 - 2 Bedrooms \$600 and \$200 Security Deposit*
- Expires 5-31-13



*The mission of PHM is to provide high quality property management services, portfolio value appreciation and customer service to our owner-clients, their housing partners, and the residents at home in our communities. Further, we seek to be a company that develops and honors its employee. *Restrictions apply

It's Spring Cleaning Time

List your items for sale and/or your garage sale info in the Telegram

Call 313-928-2955

CITY OF RIVER ROUGE PUBLIC NOTICE

CITY OF RIVER ROUGE NOTICE OF PUBLIC HEARING

Notice is hereby given that the City of River Rouge Zoning Board of Appeals will hold a meeting on:

Thursday, May 23, 2013 1:00pm.

in the 2nd floor conference room of River Rouge City Hall, 10600 W. Jefferson, River Rouge, MI 48218

The purpose of the public hearing is to act on the following request:

288 Richter
 82-50-005-06-0070-001
 Property to be zoned from R-1 to B-2

All interested persons attending the hearing will be given an opportunity to be heard in respect to this matter.

If you are unable to attend, comments made be made in writing or by telephone to the City Clerk's office prior to 12:00 Noon on May 23, 2013

If you have any questions or concerns, please contact my office during the hours of 8:30 am and 4:00 p.m.

Sincerely,

Susan P. Joseph
 City Clerk

Telegram Newspaper Classifieds

RIVER ROUGE HOUSING COMMISSION PUBLIC NOTICE

INVITATION FOR PROPOSAL

River Rouge Housing Commission
RRHC CFP 2011-P-II

The River Rouge Housing Commission requests proposal for a Construction Contract for the following repairs, remodeling work in the dwelling units in River Rouge, owned by the City of River Rouge Housing Commission. The work, in general, will consist of primarily:

1. Repair, Cleaning of Door Hardware and Repair, Cleaning Painting of Exterior Entry Metal Doors (Two Doors per Dwelling Unit), Door Frames and Related Hardware in One Bed-room Dwelling Units in RRHC Project MI 008-003 and MI 008-004.
2. Replacement and Painting of Exterior Entry Metal Doors and Related Hardware; Repairing and/or Replacement of Metal Door Frames (as and where required per job site's existing conditions) @ Entry Foyers in 14 Buildings in RRHC Project MI 008-004.
3. Replacement and Painting of Metal Doors and Related Hardware; Repairing and/or Replacement of Metal Door Frames (as and where required per job site's existing conditions) @ Dwelling Unit Entry (Two (2) Doors per Dwelling Unit) in 14 Buildings in RRHC Project MI 008-004.
4. Cleaning, Repairing and Painting of the Entry Foyer-Hallways-Stairways, Stair Landings, Stair Railings in 14 Buildings in RRHC Project MI 008-004.
5. Removal of Existing and Providing-Installing new Rubber Stair Treads-Riser Combination @ Stairways in 14 Buildings in RRHC Project MI 008-004.
6. Removal of Existing and Providing-Installing new Tamper-Proof Electrical Light Fixtures @ Stairways Landings in 14 Buildings in RRHC Project MI 008-004.

All work shall conform with the requirements and provision of the Contract Documents as prepared by ASC Architects LLC, Architects, and shall comply with all applicable HUD regulations and applicable Local and State Building Codes and Ordinances.

All work will be performed under the guidelines of the CFP/RHF Program managed through the Detroit Area office of the US Department of Housing and Urban Development and per the requirements of the Contract Documents.

All Bidders must provide their Bid-Proposals only on the prescribed Bid-Proposal Form provided as part of the Contract Documents and must be received at the offices of the River Rouge Housing Commission, 180 Visger Avenue, River Rouge, Michigan, 48218, by 2:00 PM on May 30, 2013. Bids shall be titled, "River Rouge Housing Commission- 2011-P-II CFP, MI-008 003 and MI 008-004.

Any and all Bid-Proposal(s) received after 2:00 p.m. will be rejected in accordance with the Contract Documents, and will be returned unopened to the Bidder.

All Bid-Proposals shall be submitted and delivered to:

River Rouge Housing Commission
180 Visger Avenue
River Rouge, Michigan 48218
Attn.: Mr. Michael J. Sloan
Executive Director

FOR THE BID PROPOSALS TO BE ACCEPTABLE, ALL BID PROPOSALS MUST INCLUDE THE FOLLOWING:

1. Satisfactory Bid guarantee in the amount of 5% (five percent) of the amount of Bid in cashier's check or by Bid-Bond acceptable to River Rouge Housing Commission and U. S. Department of Housing & Urban Development.
2. A Properly and Appropriately executed by the Bidder HUD Form # 5369-A Representations, Certifications and other Statements of Bidders.
3. An appropriately notarized Non Collusive Affidavit (same as sample provided with the Contract Documents)

Interested Contractors Bidders may obtain documents from the River Rouge Housing Commission offices for a **non-refundable** deposit of \$75.00 (seventy-five dollars) per set.

Federal labor standards, including federal minimum wage requirements apply. Federal contract compliance affirmative action goals (Executive Order 11246) are specified in the full solicitation contained in the Bid Documents.

All bidders will note that a **Pre-bid Conference** will be held on **May 21, 2013 @ 11:00 AM** and walk through of the Job Site will be conducted by Ms. Jessica McCrary-Maine, Capital Fund Coordinator, River Rouge Housing Commission. The Pre-Bid conference will be held at 180 Visger Avenue, River Rouge, Michigan or an alternate location as designated by Ms. Jessica McCrary-Maine, Capital Fund Coordinator, River Rouge Housing Commission. For additional information please contact Ms. Jessica McCrary-Maine @ (313) 382 1414.

No bids shall be withdrawn for a period of thirty (30) days, subsequent to the opening of Bids without the written consent of the River Rouge Housing Commission. Contract Documents shall be on file for reference at the following places:

Association of Minority Contractors
376 Grand Boulevard
Detroit, Michigan.

Dodge Reports
10 Oak Hollow Suite # 330
Southfield Michigan 48034

Construction Association of Michigan
1625 South Woodward Avenue
Bloomfield Hills , Michigan, 48302 3204

The River Rouge Housing Commission reserves the right to accept any bids; to reject any or all bids; to waive irregularities and/or informalities in any bid; to consider past contractual performance and experience of the bidder; and to make the award in any manner deemed for the best interest of the River Rouge Housing Commission.

THE RIVER ROUGE HOUSING COMMISSION

Michael J. Sloan
Executive Director

HELP WANTED

Hair Stylists, provide your clients Remy Hair, complete system (248) 218-1992

Drivers: Class A Reliable
Consistent 2500-3000 mi/wk
All Miles pd., GREAT \$\$\$\$
TL, No touch Great Benefits
ASSIGNED TRUCKS HOME
EVERY WEEKEND Reefer
exp. A-plus 2 yrs exp., min.
25yoa
800-321-3460 x227

Mary Kay Consultant



MARY KAY
COSMETICS

Casondria Walker-
Keith
cwalker87796@
marykay.com
313-974-2301

SERVICES

GMO SERVICES

Spring has Sprung
Time to Fertilize
Green up the Lawn
GET RID OF THOSE
WEEDS
HOW?
CALL 313-381-9303 or
www.rfcm.org

WUR Design

Afrikan Shea Butter, Clothes,
Drums, Jewelry, Oils.
Tutoring Services for Math,
Science, Writing, and
Reading.
Call 313-208-6193

DT0413

HALLS FOR RENT

Touch of Class

324 Visger
313-506-5390

Telegram Business Center

10748 W. Jefferson
River Rouge 48218
313-469-5317

American Legion

3914 Jefferson
Ecorse, 48229
313-383-7727

Looking for a Babysitter?

Call
313-844-5849

For the low cost of
\$5 per child an
hour.

Tele-Tainment

Arts*Entertainment*Cinema*Music

Dr. Dre, Jimmy Iovine Donate \$70M to Launch USC Academy



Rap mogul Andre "Dr. Dre" Young and music industry veteran Jimmy Iovine have donated a combined \$70 million to create a new institute at the University of Southern California, the school announced Tuesday night.

The huge gift from the two who have been music business partners in the past will be used to create the Jimmy Iovine and Andre Young Academy for Arts, Technology and the Business of Innovation, reports Billboard.

The academy will provide a special four-year program for undergraduates whose interests span several fields from marketing to computer science to visual design and other arts. It will include one-on-one faculty mentoring with professors from programs around the university and interaction with entertainment industry luminaries.

"The vision and generosity of Jimmy Iovine and Andre Young will profoundly influence the way all of us perceive and experience artistic media," USC President C. L. Max Nikias said in a statement. "We are committed to encouraging our students to use their intellectual and creative resources to effect change in all segments of society. Our goal is to ensure that the academy is the most collaborative educational program in the world."

The academy will accept its first class of 25 students in the fall of 2014.

DTE Energy music theatre

BELLE TIRE CONCERT SERIES

Eddie Money

SUMMER CONCERT SEASON KICKOFF

Friday, May 24 • 7:30 PM

TICKETS START AT \$10

PALACENET.COM / [ticketmaster](#) / 1-800-745-3000

PRESENTED BY PALACE SPORTS & ENTERTAINMENT

Need your documents notarized?

Fast, Friendly, Reliable Complete Notary Services

LaTasha Johnson
Certified Notary Signing Agent
Phone: 313-623-8429

Inside the Telegram Business Center
10748 W. Jefferson Ave

Tell it to Torri

By: Dr. Torri Evans

Are these kids being neglected? They are stealing from me



ered the other one steals too. He had a roll of toilet tissue in his coat. I tried to be nice but I don't want them in my home. They also smell and their clothes are always dirty. Torri, I don't want my daughter being around them. My wife thinks I am being unfair. Help me please.
Jason,

Dear Jason,
No you are not being unfair. You work hard for whatever you have in your home. And the boys are at an age where they know that stealing is wrong. If not they would not have tried to hide it from you. However, the boys stealing is also a cry for help. Stealing Cereal probably means there is no food in the home. The smell probably comes from dirty clothes and non-bathing. We as adults have a tendency to complain about situations all around us. Complaining is not going to help the children. If you suspect foul play, call Child Protective Services. There are SEVERAL programs that help aid children. But please make sure that YOU KNOW THAT the children are being neglected before you call Protective Services.

Dear Torri,
My neighbor has twin sons. I have a daughter only, she is 9 years old. The boys are my daughter's age, they are 9 also. The boys come over to my house all the time, claiming to play with my daughter. One of the boys steals anything that is not screwed down. I'm sure he has been stealing since he could crawl. And the other wants to play with my daughters dolls and eat all my food. I tried talking to the parents about their behavior. But I realize that the daddy is a drunk and the momma is always high. So I let the boys come over. The other day, I caught one of them stealing a box of Cereal. He had a big box of Cereal under his shirt. I ask him, as much as I give him, why he was stealing from me? No answer. So I told them to go home. That's when I discov-

Bronsons
Vacuum Cleaner Services
(313) 273-7110

Repair Vacuums new and old, Rebuild, Belts, Bags and other Accessories

One of Detroit's **Largest** Service Centers

NUMEROLOGY

HOT PICKS

| | | |
|------|------|------|
| 241 | 651 | 429 |
| 901 | 941 | 900 |
| 3772 | 6524 | 4920 |
| 3642 | 8711 | 3209 |

FEELING LUCKY

BIG MOMMA'S HITS

| | |
|-----|-----|
| 631 | 878 |
| 222 | 542 |
| 098 | 711 |

BIG RAY'S PICK 4

| | |
|------|------|
| 6541 | 8998 |
| 3525 | 9281 |
| 6132 | 3918 |

For entertainment purposes only

Millennium Laundry

- *Same Day Service
- *Washers up to 80 lbs.
- *Drop Off Service
- *Maytag Equipment
- *Commercial Accounts Welcome

**969 Southfield Rd
Lincoln Park
(313) 388-5003
Hours: 8am-11pm**

Last Load at 9:00pm

B & R Exterminating CO.

Thank you for your Support!
All Pest can be Eliminated
We appreciate your business

| | | | | |
|---|---------|----------------|-------------|---|
|  | Roaches | Bed Bugs | Water Bugs |  |
| | Spiders | Crickets | Rats | |
| | Lice | Moths | Ants & Mice | |
| | Flies | Carpet Beetles | | |

**313-843-3011 Ask for Bill
www.BREXTERMINATORS.COM**

COMPUTERS

\$200 SAVE

(313) 218-4888

2727 Second Ave. Suite 131 Detroit

KULLER OUNDS

MAKING DREAMS COME TRUE!

Phone: 313-228-5728
10356 W Jefferson Ave River Rouge, MI 48218

D & J TIRES AND TOWING

NEW & USED TIRES • FLAT REPAIR
313-842-2432 MON-SAT 8-6 SUN



ALIGNMENT
HIGH SPEED BALANCE
BRAKES & MUFFLERS
SHOCKS & STRUTS
AXLES
MINOR REPAIRS

**WE BUY
JUNK CARS!!**

K. DREW 313-478-6299
M. PRATHER 313-978-3716
J. DREW 313-412-7258



M. DEENS AUTO REPAIR

313-294-9494

**WE BEAT ALL
ESTIMATES BY
15%**

**TUNE UPS
\$49.99 & UP
MUFFLERS
\$39.99 & UP**

**Used Tires
\$15 & UP!**
Don't Delay
Come Today!

Seniors Special!

\$20 OIL CHANGE
up to 5 qts.

**A/C CHECK
\$29.99**

**WHEEL ALIGNMENTS
FREE**
With Front End Work

1855 Dix Rd. | Lincoln Park | MI | 48146



Community Sports

from page 11A

and Field and put them on a path that leads to college. Young people in our community hang on Football and Basketball as the only avenues to a college scholarship, while Golf, Soccer, Track and Field and other sports are grossly overlooked. Our commitment won't stop at just putting on the camp. The NAN Inkster Chapter plans to sponsor some of these talented and deserving youngsters to run on the Michigan Accelerators.

The Accelerators is an AAU team whose members receive national exposure. The teams' founders Frances McCauley and James Hall, products of Inkster themselves, have worked tirelessly for the past nine years to help their members capture those coveted college scholarships. One year, 90% of their members got scholarship money. NAN recognizes sports as an avenue to put more African American males on college campuses, however, we need more sport choices, to find more scholarships.

The camp will be run by Christienne Linton (pictured top) and some others of the very students who were able to take advantage of Track and Field as a means to go to college. The camp will be held at the Robichaud High School Track June 17th thru June 21st. Camp hours are 10am until 3pm, with lunch served daily. Registration will begin with a parent information meeting at the Southwest Block Club, 3508 Harrison St Inkster MI on Monday May 13th and again on Monday May 20th at 6:30pm. Registration will run from May 13th until June 10th. Please register early as space is limited. For more information call Crystal Linton at 734 444 5765.

Kids Dental

From page 9A

Benefits," which are categories that have to be covered by individual and small group plans. Pediatric dental care has to be included as part of that coverage.

Will families who have insurance that does not cover pediatric dental care be required to purchase dental coverage for their children?

At the federal level there is no requirement in the exchange, but some people are concerned about this being established as a state requirement, and there are states that are considering it, including California. It would be up to the state to require families to purchase a stand-alone plan if their current insurance doesn't offer it.

Are there concerns about stand-alone plans being affordable?

There are some concerns, but first I would say that if a family does not have pediatric dental care as part of its existing plan, the fact that there are stand-alone plans offered through the state exchanges will be helpful ... There are many plans right now that have a very low limit for what they'll cover, but because pediatric dental care is now a part of the Essential Health Benefits, that coverage has to be more comprehensive, and the ACA is eliminating those annual and lifetime limits. As a result, though, the monthly premium may end up being higher for some families. Affordability will be a challenge – it's going to be important for the state exchanges to keep affordability in mind.

Could you briefly explain health insurance exchanges?

Every state will have an exchange ... It's basically a set of rules aimed at improving competition among health plans, to get them to compete to offer quality coverage for a low cost. Not all plans will be able to sell on the exchange; plans will have to compete to get there, and will have to offer lower costs while still providing for the Essential Health Benefits. The exchanges are also going to be the place where people can get federal subsidies; the ACA will pay part of your premium for you on the exchange if your income is at or below 400 percent of the poverty level, and you don't have access to insurance through your job. The tax credits will help people afford the coverage, and this ensures that there's business for the health plans to compete for.

that's been made by advocacy organizations with regard to serving rural and low-income communities is to increase the number of dental health professionals by training professionals who work under the supervision of dentists, comparable to nurse practitioners. But the American Dental Association sued a group in Alaska (the Alaska Native Tribal Health Consortium) that provided for the training of dental therapists who would work in rural communities and tried to block them from practicing. Is there a concern about the ADA pushing back if steps like this are taken to increase the availability of care?

The idea of dental practitioners is something that several states have been interested in – Minnesota in addition to Alaska. There is certainly opposition, but we need to focus on the needs of kids. If we're seeing that kids have low access to dental services, having new kinds of providers is something that we need to look at. We need to look at the services that need to be provided and the providers that are available. If the services are not available, finding providers who can perform services at a lower cost may be the way we have to go.

What do you see for the future of dental care for kids?

I think that the ACA has taken a great step forward in making pediatric dental care part of the Essential Health Benefits. We're getting to a place where dental care is seen as integral to every kid's health ... Having access to dental care is now being seen as just as important as having access to a doctor, and just as necessary – which is a good thing. It's going to take changes to current dental practices – for example, the training of other kinds of practitioners – to create more access.

Is there any hope for this kind of access being extended to adults?

For adults, the future is a little more uncertain. When Congress passed the ACA, it made a choice to include dental care for kids and not for adults. We may have a ways to go as far as seeing dental care as an integral part of medical care for everyone. Maybe down the line we could think about adding care for adults, but it's hard to see that happening anytime soon.

This article originally published in the May 13, 2013 print edition of The Louisiana Weekly newspaper.

One of the recommendations