

Mary Lin Elementary

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**Attachment A**

**Two-Step Lice Treatment Plan**

The American Academy of Pediatrics recommends permethrin 1% (Nix) for treatment of head lice. Instructions on proper use of products should be followed carefully.

*Permethrin (1%): Manufactured as a synthetic pyrethroid, 1% permethrin (Nix [Pfizer Consumer Health Care Group, New York, NY] is currently the recommended treatment of choice for head lice. The product is a cream rinse applied to hair that is first shampooed with a non-conditioning shampoo and then towel dried. It is left on for 10 minutes and then rinsed off, and it leaves a residue on the hair that is designed to kill nymphs emerging from the 20% to 30% of eggs not killed with the first application. However, it is suggested that the application be repeated if live lice are seen seven to ten days later.*

Based on our experience at Mary Lin Elementary School, we recommend the following for head lice treatment:

• **Initial treatment with permethrin 1% (Nix) as soon as head lice have been detected**

• **Second treatment with permethrin 1% seven days after the initial treatment**

Re-treatment is necessary because 20-30% of the eggs not killed after the first treatment will hatch and cause problems again. In addition, the following additional steps can be taken to help control the spread of head lice:

* Avoid head-to-head contact during play and other activities at home, school, and elsewhere.
* Do not share hats, scarves, combs, brushes, hair ribbons, towels or other items used on the head.
* Do not lie on beds, couches, pillows, carpets, or stuffed animals that have recently been in contact with a person with head lice.
* Machine wash with hot water and dry with high heat clothing, bed linens, towels, and other items that a person with head lice wore or used.
* Clothing and items that are not washable can be dry-cleaned OR sealed in a plastic bag and stored for two weeks to kill the lice.
* Simply vacuum floors and furniture; fumigant sprays or fogs are not necessary.
* If nits are detected, comb hair daily for two-weeks. Use a comb that is designed to comb out nits.

Sincerely,



Brian D. Mitchell, Ed.D. Ashley Adamo

Principal Assistant Principal