

EAST COWETA CHEERLEADING TRYOUT LETTER & APPLICATION 2019

Dear Parent/Guardian,

Your child has expressed an interest in cheerleading at East Coweta High School. We will have a mandatory parent meeting on Wednesday, February 13th from 6:00-7:00 in the ECHS 9th grade cafeteria to go over required paperwork and to give parents the chance to ask any questions they may have for the cheerleading coaches prior to tryouts. Please use www.echscheer.com to refer to any information and forms given out as well as the TENTATIVE ECHS cheerleading calendar.

The number of cheerleading teams offered each year is determined by the East Coweta Cheer coaching staff and depends on the number of candidates trying out, skill levels of candidates, and the availability of coaches. This tryout is specifically for those interested in trying out for the JV and Varsity Competition and Football Sideline teams at East Coweta. The JV Competition team will consist of 12-18 members in grades 8-12 (according to GHSA rules, JV Football Sideline cheer will only consist of the cheerleaders in grades 9-11 on said team). 8th grade members will ONLY participate in competitions. Varsity will consist of 16-20 members in grades 9-12 (Varsity Competition is REQUIRED – Varsity Sideline is OPTIONAL). Tryouts for these 2 squads will take place during the week of March 11th-March 15th from 3:45-6:00, with the exception of Friday, which will be from 2:00-6:00, in the old gym at East Coweta High School. We understand that our middle school candidates may not be able to make it by 3:45; Coweta County offers bus transportation within county school if needed. We will have cuts if needed on Wednesday. Attitude, cooperativeness, and candidate's willingness to work hard will also be observed during the tryout.

Preferred Skill Sets:

JV Comp/Sideline: strong motions, jump ability, very spirited

**** BACKHANDSPRINGS OR HIGHER ARE STRONGLY PREFERRED!**

Varsity Comp/Sideline: strong motions, jump ability, very spirited

REQUIRED (Varsity Only): standing back handspring & round-off back handspring

**** LAYOUTS/FULLS ARE STRONGLY PREFERRED!**

BOTH TEAMS: Jump Combination – Hurdler, Pike, Toe-Touch

(ALL THREE JUMPS **MUST** BE CONNECTED!)

We are looking for candidates who will represent East Coweta in a positive manner and who will work cooperatively as a team. Please understand that candidates chosen will be placed on teams based on their "overall score." Tumbling is not required but is a skill that coaches will be looking for. Tumbling is on the GHSA scoresheet in order for a team to max out in a routine. We will have outside judges on Friday for both squads. Coaches will evaluate skills on Monday-Thursday and will evaluate tumbling and stunts on Thursday. Coach Guess will send out a mass email to the appropriate schools with a list of candidates' names in order to receive teacher evaluations on each cheerleader. Teachers will be asked about the candidate's effort in class, attendance, attitude, and cooperativeness. Teacher evaluations are confidential and will not be discussed with a candidate or their parent/guardian. Please understand that teacher evaluations can play a big role as to whether a cheerleader is placed on a team regardless of skill level. The top 3 evaluations from the candidate's teachers will be included in the scoresheet.

The Georgia High School Association (GHSA) has sanctioned cheerleading as a sport and it will be treated as such by East Coweta High School. To be eligible to try out for a position on a cheerleading team, candidates must be academically qualified and on track for graduation. They must also have the following completed: current physical, emergency medical treatment form, Heat and Humidity form, Concussion Awareness form, Tryout Application, and Constitution Permission form. All paperwork is due to Coach Guess on the first day of tryouts. (Please read each carefully and sign and date all appropriate areas). If you have a current physical that can get you through tryouts, **you will need to provide a copy of that physical. Students that are at ECHS and have a physical on file will be checked prior to tryouts by the athletic office.**

Cheerleading requires a tremendous commitment of time, effort, and financial responsibility. Included in this packet is an estimate of costs that should be considered before tryouts. Fundraisers will be organized to try and offset costs. Schoolwork is top priority and therefore candidates should consider whether or not they will be able to handle a rigorous schedule of cheerleading practice and events along with his/her school work. All squads require a year round commitment. There are activities that are required before AND after your season. Your duties as an ECHS cheerleader are not complete until tryouts for the next season.

During the season it is possible that practices and events that will be held up to six days a week (sometimes at 7:00 AM), and practices may fall during holidays. Other activities, fundraisers, and conditioning will also be held during the summer. All dates will be provided as soon as possible. Included in this packet is a list of some of the dates that have already been set for this year. As with any successful team, it is imperative that each member attend all practices and events. Not attending practices and events could result in not being able to participate in upcoming events, benching, extra conditioning or removal from the squad. Please take this information into consideration before making the decision to commit to high school cheerleading.

Thank you for your interest in East Coweta Cheerleading. We are looking forward to a successful season. Please feel free to contact us if you have any further questions.

Sincerely,

Jodi Guess

Head Cheerleading Director, Head Varsity Competition Coach, Varsity Sideline Assistant Coach – Jodi.Guess@cowetaschools.net

Kaylee Robinson

Head Varsity Sideline Coach, Varsity/JV Assistant Competition Coach – Kaylee.Robinson@cowetaschools.net

Kelley Rosales

Head JV Sideline/Competition Coach – Kelley.Rosales@cowetaschools.net

EAST COWETA HIGH SCHOOL CHEERLEADING

Application/Candidate Information- For Football/Competition Squads (Varsity and JV)

Name _____ Parent/Guardian(s) _____

Address _____

Home Phone # (or parent cell) _____

Parent Contact Info: (please list email address) _____

Upcoming Grade _____ School Presently Attending _____

Squad or Squads you are interested in trying out for (check all that apply)

*if you only check one squad you will **ONLY** be considered for that specific squad*

_____JV Sideline/Comp _____Varsity Comp

Would you like to also be considered for Varsity Sideline? _____

(^ **Must have Varsity Comp checked**)

If a VARSITY cheerleader agrees to cheer Football Sideline and decides to quit Football Sideline at any point during the season, he/she will be dismissed from the Varsity Competition team – NO EXCUSES!

Please check which tumbling skills you plan on doing at tryouts **without** a spot:

Standing:

Back Handspring _____ Standing Tuck _____ Hand-Hand Layout _____ Hand-Hand Full _____

Running:

Rd off BHS _____ Rd off BHS Tuck _____ Rd off BHS Layout _____ Rd off BHS Full _____

Check your position if you have experience:

Main base _____ Side Base _____ Back Spot _____ Flyer _____

***MEDICAL INFORMATION (Please list medical problems/allergies/injuries):**

I grant permission for my child to try out for cheerleading at East Coweta High School. I have been informed of the rules, commitment expectations, and risk of injury. I understand that my child will be evaluated at tryouts by the cheerleading coaches and agree to abide by their decisions. I believe my child to be in proper physical condition to be involved in cheerleading and agree to sign an insurance/consent form and obtain a physical from a doctor to substantiate same.

Parent/Guardian Signature

I understand the eligibility criteria, rules, physical expectation, and commitment expectations involved in cheerleading. If selected as a cheerleader for East Coweta High school, I agree to abide by the rules as set forth by the school and coaches.

Candidate Signature