**Special Leisure Opportunities**

Special rates for seniors are available at some of Memphis' major attractions.

The Children's Museum of Memphis ................................................................................ 458-2678

* 2525 Central Ave., Memphis, TN 38104
* Open 9 a.m. to 5 p.m. Monday thru Sunday. Admission: $10.00; children under 1 free.

Dixon Gallery & Gardens ................................................................................................ 761-5250

4339 Park Ave., Memphis, TN 38117

* Admission prices are: Adults- $7.00, Seniors 65+- $5.00, College students with 10- $5.00, Children
* 7-17-$3.00 and under 6 are free. Special events are extra. Hours: Monday- Closed; Tuesday-Friday
* 10:00 a.m.-4:00p.m. Saturday 10:00 a.m.- 5:00p.m.; Sunday 1:00 p.m.-5:00p.m. Saturday 10:00 am-
* 12:00 pm are free, Tuesday Pay what you can,
* Groups 10 or more- $5.00.

Elderhostel ...... .............................................................................................................. 1-800-454-5768

* Provides a diverse and affordable selection of educational adventures for persons over 55. Since 1975
* this non-profit organization has provided high-quality, affordable programs for older adults both in the
* United States and over 90 countries around the world. Elderhostel has a wide variety of programs
* for study of folk cultures, historical sites, national parks, game preserves, museums and many other topics

Fire Museum of Memphis .......................................................................... · ............................ 320-5650

118 Adams Ave., Memphis, TN 38103

* Rare historic equipment displays with interactive videos, computer games, exhibits. Open 9 a.m. to 5
* Monday- Saturday, Closed Sundays. Admission: Adults-$6.00, Seniors 60+ - $4.00, Children(3-
* 12)- $5.00, Age 2 and under -free, Children Groups tours (Min 10) $2.50, Military with 10 $4.00,
* Tuesday- 2 for 1.

Gibson Guitar Factory Tour .............................................................................................. 544-7998

145 Lt. George Lee Ave, Memphis, TN 38103

Golf ......................................................................................................................... 576-4260

* The Memphis Park Services offers a reduced rate for seniors 62 and older on the Park Services golf courses. For information, please call the Memphis Park Services

Lichterman Nature Center ............................................................................................... 767 -7322

5992 Quince Road, Memphis, TN 38119

* Admission: $6.00 for Adults, Senior $5.50, $4.50 ages 3-12, under 3 free, Hours of operation
* Tuesday -Thursday 9:00 am -4:00 pm, Friday- Saturday 9:00 am - 5:00 pm, closed Sunday and
* Monday, Free Admission Tuesday 1:00pm-4:00pm.

Memphis District Senior Olympics

Lewis Senior Center ........................................................................................................... 576-4255

Frayser/Raleigh Senior Center ........................................................................................... 383-9101

Lucille McWherter Senior Center ........................................................................................ 761-2462

Orange Mound Senior Center ............................................................................................. 576-6622

The Senior Olympics are sponsored by the City of Memphis Division of Park Services with

events for ages 50+. Winners in various events such as golf, bowling, tennis, swimming, track a

field and others, qualify for the state games. The events are held every April at venues across t

city of Memphis. The Memphis District includes Shelby, Fayette, Lauderdale, and Tipton counties

Memphis Botanic Gardens .......................................................................................... 576-4100

1. Cherry Road, Memphis, TN 38117
* Admission is $5.00 for adults 62+, $5 for adults, $3 for children under 12 and free for those under two. Gardens are open Monday through Sunday from 9 to 6.

Memphis Brooks Museum of Art .................................................................................. 544-6200

* 1934 Poplar Ave., Memphis, TN 38104
* Open: Wednesday and Friday 10 a.m. to 4 p.m.; Thursday 1 0;00 a. m.- 8: p.m.Saturday 10 a.m.
* 5 p.m.; Sunday 11:00 a.m. to 5 p.m. Admission: Pay what you can every Wednesday, otherwise
* $7.00 for adults, $6.00 for seniors 65+, Ages 7 -17 $3.00; Children 6 and under free.

Mud lsland ................................................................................................................ 576-7241

125 N. Front St., Memphis, TN 38103

Open 4/11/2011 to 10/31/2011, Open in the Spring of the Year. (Call before going)

Memphis Rock and Soul Museum ................................................................................ 205-2533

191 Beale St. Suite 100, Memphis, TN 38103

* Museum hours are 10:00 a.m. until 7:00p.m. Last entry 6:15 p.m. Admission for adults is $11.
* youth rates for ages 5-17, $8.00

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Memphis Zoo and Aquarium················ ....................................................................... 333-6500

2ooo Prentiss Place, Memphis, TN 38112

* The zoo is open year round except Thanksgiving, Christmas Eve and Christmas Day. Spring and
* summer hours from March through October are 9:00-5:00pm daily, Extended Saturday Hour July

National Civil Rights Museum ...................................................................................... 521-9699

450 Mulberry St., Memphis, TN 38103

* Exhibits on the struggle for civil rights. Open 9 a.m.-5 p.m. Monday with free admission from 3:(\)
* p.m.-5:00p.m.; Closed Tuesdays; Open 9:00 a.m.-5:00p.m. Wednesday- Saturday; 1:00 p.m.-5:(\)
* p.m. Sunday. Admission: $13.00 for Adults, $11.00 for students and seniors over 55 and over, $9.&J
* children 4-17, free to 3 and younger.

Peabody Place Museum ................................................................................................... 523- 2787

119 S. Main St., Memphis, TN 38103

* Extensive collection of Chinese art. Hours are 10:00 a.m. to 5:30 p.m. Tuesday - Friday; noon u

5:00 p.m. Saturday and Sunday. Admission is $6.00 for adults, $5.00 for seniors 55+, $4.00 for students

children under 15 free. (Group rates available)

Pink Palace Museum and IMAX Theater .......................................................................... 320-6362

3050 Central Ave., Memphis, TN 38111

Senior Gardening .............................................................................................................. 682-4439

* Shelby County Government provides land for vegetable or flower gardens at Shelby Farms

**Hunting and Fishing Licenses**

Tennessee Wildlife Resources Agency West TN Region .................................... 1-800-372-3928

Permanent Senior Citizen Hunting, Fishing & Trapping .................................................... $11.0

* The Permanent Senior License has a one-time fee, and is valid for the rest of the license holder ‘s

life. Can only be purchased when 65th birthday is reached.

Permanent Wheelchair Hunting and Fishing License…………………………………………………………….$10.00

Permanent DAV Hunting and Fishing License………………………………..……………………………………….$10.00

Permanent Mentally Challenged Fishing License……………………………………..…………………………….$10.00

All Permanent Hunting and Fishing License Applications must be obtained from the Tennessee Wildlife resources Agency West TN …………………………………………………………………………………………1-800-372-3928

**Shelby County**

Associated Catholic Charities ........................................................................................ 722-4700

1325 Jefferson, Memphis, TN 38104

Offers food, rent and utilities assistance

Memphis Area Chapter of the American Red Cross

1400 Central Ave., Memphis, 38104 ................................................................................... 726-1690

* Offers immediate but temporary assistance in times of disasters for residents of Memphis and Shelby

County and victims of natural disasters.

Metropolitan Inter-Faith Association Emergency Services(MIFA) ................................ 527 -0226

910 Vance, Memphis, TN 38126

* Emergency services that assist with rent, utilities and food.

Office of Preparedness ..................................................................................................... 379-7094

* Provide administrative assistance to Shelby County, TN ,Tipton County, TN, Fayette County, TN, Lauderdale County, TN, Crittenden County, AR, and Desoto County, MS.

Shelby County Crime Victims Center .............................................................................. 222-3950

* Offers special Victims Assistance Services for ages 60 and over. Free and Confidential. Crisis
* intervention, court advocacy, assistance filing criminal injury compensation, information and referral,
* transportation to court and other appointments.
* Offers family support, transportation for persons outside the city limits, emergency rent and mortgage,
* emergency food and clothing and information and referral.

Family Support ........................................................................................ .' .................... 222-4202

Information and Referral .............................................................................................. 222-4200

Emergency Rent and Mortgage Assistance ............................................................... 222-4201

Medication Assistance ................................................................................................. 222-4315

* Eligible applicants can receive up to $300, once per year, must be a resident of Shelby

County and must meet federal guidelines.

Utility Assistance ...................... .-................................................................................... 222-4315

3772 South Hickory Ridge Mall, Suite 516, Memphis, TN

* Must be a county resident and meet income guidelines.

Hispanic Affairs ............................................................................................................ 222-4289

3772 Hickory Ridge Mall, Suite 516, Memphis, TN

Shelby County Commodity Program .............................................................................. 222-4202

* Shelby County Government is the distributor of USDA surplus food each month through

neighborhood centers.

YWCA Abused Women's Services ................................................................................... 725-4277

**Fayette County**

Fayette Cares, link .............................................................................................................. 465-3802

(Fayette County) Food, Shelter, Rent, Utility Assistance.

**Emergency Services**

Life Threatening Emergency Call .............................................................................................. 911

Fire .................................................................. Police ................................................... Ambulance

Non-Emergency Call

Social Services Information ...................................................................................................... 211

**Fire Departments (Non-Emergency Call)**

**Shelby County**

Arlington ...................................................................................................................... 867-8905

Bartlett .......................................................................................................................... 385-5536

Collierville .................................................................................................................... 853-4866

Germantown ................................................................................................................ 757-7268

Memphis ....................................................................................................................... 458-8281

Millington ..................................................................................................................... 872-7851

Shelby County Fire Department.. ............................................................................... 222-8010

**Tipton County**

Brighton ....................................................................................................................... 475-6536

Covington ............................................................................................ ~ ........................ 476-2578

Munford-Atoka ............................................................................................................. 837-5960

**Fayette County**

Oakland ........................................................................................................................ 465-2448

Piperton ........................................................................................................................ 853-2195

Somerville .................................................................................................................... 465-3332

Fayette County Fire Department ................................................................................ 466-7130

**Lauderdale County**

Gates ..................................................................................................................... 731-836-7501

Halls ....................................................................................................................... 731-836-7250

Henning ................................................................................................................. 731-738-5055

Ripley ..................................................................................................................... 731-635-2284

**Police Departments (Non-Emergency Call**

**Shelby County**

**Shelby county……………………………………………………………………………………………………..379-7625**

Bartlett .......................................................................................................................... 385-5555

Collierville .................................................................................................................... 853-3207

Germantown ................................................................................................................ 754-7222

Memphis ....................................................................................................................... 545-2677

Millington ..................................................................................................................... 872-3333

**Fayette County**

Sheriff Department (All Cities) ................................................................................... 465-3456

**Lauderdale County**

Gates ..................................................................................................................... 731-836-7501

Halls ....................................................................................................................... 731-836-1016

Ripley ..................................................................................................................... 731-635-1311

**Tipton County**

Dispatchers (All Cities) ............................................................................................... 475-4300

**Non-Emergency Lines**

Adult Protective Services ................................................................................................ 320-7220

Memphis Light, Gas and Water ....................................................................................... 544-6549

Shelby County Sheriff Department ................................................................................. 222-5500

Fayette County Sheriff Department ................................................................................ 465-3456

Tipton County Sheriff Department ....................................................... : .......................... 475-4300

Lauderdale County Sheriff Department.. ................................................................. 731-635-1311

Suicide & Crisis Hot Line ................................................................................................. 274-7477

Tennessee Bureau of Investigation ................................................................................ 379-3400

Tennessee Highway Patrol .............................................................................................. 543-6256

U.S. Marshall Services ..................................................................................................... 544-3304

U.S. Secret Service ........................................................................................................... 544-0333

**Counseling & Support Services**

National Family Caregivers Association ................................................................. 800-896-3650

10400 Connecticut Ave., Suite 500, Kensington, MD 20895

Aging Commission of the Mid-South Family Caregiver Program ................................ 222-4111

2670 Union Ave Ext., Memphis, TN 38112

Alzheimer's Association ................... ::.:: .......................................................................... 565-0011

* Call for locations and times of support groups

Out On A Limb ................................................................................................................. 767-8511

* Memphis Area Limb Loss Support

The Stroke Clubs of Memphis .................................................................................... 937-7545

**Counseling**

Abused Women's Services (YWCA) ............................................................................... 725-4277

Arc of the Mid-South ....................................................................................................... 327-2473

* Helping people with intellectual and developmental disabilities.
* 3485 Poplar, Suite 210, Memphis, TN 38111

AI-Aion-AI-Teen .............................................................................................................. 323-0321

Alcoholics Anonymous .................................................................................................... 726-6750

Jewish Family Services ................................................................................................... 767-8511

* Provides confidential counseling and ancillary services designed to assist individuals and families

cope with problems and changes.

Shelby County Crime Victims Center ........................................................................ 222-3950

1750 Madison, Suite 100, Memphis, TN 38104

**Certified Geriatric Case Managers**

Jim Barraza ....................................................................................................................... 458-5887

Don L. Brock MA ................................................\_ .. ............................................................. 413-3499

Kathryn B. Feinstone MS, LCSW ........................................... .' ....................................... 323-7511

Newana Hale ADN, RN .................................................................................................... 871-9385

Barbara Harris MS, NCGC, CCM ..................................................................................... 488-7905

Cliff B. Priddy OPT, CAP .................................................................................................. 438-5897

Rena Rosenberg MS, CRC, NCC, NCGC ........................................................................ 680-0151

Pat Smith MS ..................................................................................................................... 262-5425

Geriatric Consultants ....................................................................................................... 374-0707

**Dental Services**

Christ Community Dental Centers

appointment Line ............................................................................................................. 271-6000

Broad Avenue Dental Center ........................................................................................... 271-6050

2953 Board Ave., Memphis, TN 38109

Hickory Hill Dental Center ............................................................................................... 271-6100

5366 Winchester Rd., Memphis, TN 38115

Third Street Dental Center ............................................................................................... 271-6300

3362 S. Third St., Memphis, TN 38109

Church Health Dental Center ........................................................................................... 272-0003

1196 Peabody Ave., Memphis, TN 38104

Memphis Health Center .................................................................................................... 261-2000

278 Greenlaw Ave., Memphis, TN 38105

University of Tennessee College of Dentistry ............................................................... 448-6200

875 Union Ave., Memphis, TN 38103

**Health Clinics**

Christ Community Health Centers

Appointment Line ............................................................................................................. 271-6000

Broad Avenue Health Center ........................................................................................... 260-8450

2861 Broad Ave., Memphis, TN 38112

Frayser Health Center ...................................................................................................... 260-8400

3124 North Thomas St., Memphis, TN 38127

Hickory Hill Health Center ............................................................................................... 271-6100

5366 Winchester Road, Memphis, TN 38115

Orange Mound Health Center .......................................................................................... 271-6200

2569 Douglass Ave., Memphis, TN 38114

Third Street Health Center ............................................................................................... 271-6300

3362 South Third St., Memphis, TN 38109

University Health Center .................................................................................................. 271-0330

1211 Union Ave., Memphis, TN 38104

Church Health Center Main Office ......................................................................... 272-7170

Church Health Center Clinic ............................................................................................ 272-0003

1196 Peabody, Memphis, TN 38104

* Serves working persons who may not have health insurance.

Shelby County Health Department ......................................................................... 222-9000

Health Loop - Frayser ...................................................................................................... 515-5300

2574 Frayser Blvd., Memphis, TN 38127

Health Loop - Third Street. .............................................................................................. 515-5800

1955 S. Third St., Memphis, TN 38109

Health Loop- South Memphis ........................................................................................ 515-5700

1362 Mississippi, Memphis, TN 38103

St. Francis Senior Healthcare Center ............................................................................. 888-2646

5084 Old Summer Ave., Memphis, TN 38122

VA Outpatient Clinic North ............................................................................................... 261-4500

3461 Austin Peay Hy, Memphis, TN, 38127

VA Outpatient Clinic South .............................................................................................. 271-4900

1056 East Rains Rd., Memphis, TN, 38116

**Hearing Loss/Deafness**

Alexander Graham Bell Association for the Deaf .................................................. 202-337-5220

3417 Volta Place, N. W., Washington, D.C.,20007

TTD ........................................................................................................................... 1-202-337-5221

American Speech/Language/Hearing Association (ASHA) .................................... 1-800-638-8255

2200 Research Blvd., Rockville, MD, 20850

TTD........... ················································································································ 1-301-296-5650

Better Hearing Institute .......................................................................................... 1-202-449-1100

1444 I Street NW, Suite 700, Washington, DC,20005 .............................................. 1-800-327-9355

Interpreting Service for the Deaf ....................................................... 278-9307 or 278-9308(TTY)

144 N. Bellevue, Memphis, TN 38104

**Telephone Solicitation**

Are you Having problems and is tired of receiving unsolicited phone calls

Eliminate Telephone Solicitors ............................................................................. 1-877-872-7030

For the Tennessee-wide "Do Not Call" program call the number listed above or visit the Tennessee

Regulatory Authority web site at http:www.state.tn.us/tra

National "Do Not Call" Registry ............................................................................ 1-888-382-1222

or register on-line at www.donotcall.gov, and for TTY ........................................... 1-866-290-4236

Eliminate Cell Phone Solicitors ............................................................................. 1-888-382-1222

Cell Phones are now fair game for telemarketing companies. To register call the number listed

above from the cell phone you wish to register and follow the verbal instructions. This should block

your number for 5 years. You can also register on line at www.dontcall.gov

**Business Complaints**

Do you have any complaint about a product or service e you have, purchased?

**Better Business Bureau**

 3693 Tyndale Dr.,Memphis 38125

759-1300

**Tennessee Dept. of insurance consumer Insurance Services**

500 James Robinson Pkwy, Nashville, TN 37243

1-800-342-4029

**Assistance Centers**

Shelby County Mayors Action Center..................................................................... 901-222-2300

TTY for Hearing Impaired ....................................................................................... 1-800-848-0298

Shelby County Government Directory ..................... . . ............................................. 901-222-2300

City of Collierville Mayor Action Center ................................................................. . 901-457-2222

City of Germantown Customer Services Center . ................................................... 901-757-7264

City of Memphis Mayor's Citizen Service Center . .................................................. 901-576-6500

City of Millington ........................................... ................... ............................... ........... 901-872-2211

**Legal Services**

Do you need legal assistance but can't afford a lawyer? Please call:

Community Legal Center ................................................................................................. 543-3395

* 910 Vance Ave., Memphis, TN 38126
* Assistance with legal questions, civil cases and other information, must meet income

guidelines.

Memphis Area Legal Services ......................................................................................... 523-8822

* 109 N. Main St., Memphis, TN 38103

Tipton, Fayette, and Lauderdale Counties Legal Services ..................................... 476-1808

* 899-A Highway 51S, Covington, TN 38019 ........................................................ 1-888- 207-6386
* Aging Commission of the Mid-South- Public Guardianship/Conservatorship .......... 222-4100
* Program services are available to individuals unable to make decisions on their own behalf.
* Clients are assigned through the court system.

Memphis Bar Association ................................................................................................ 527-3573

80 Monroe, Set 220, Memphis, TN 38103

* Answers questions and takes complaints about a lawyer.

Private Practice Certified Elder Law Attorney

Will be a fee for services.

Deborah K. Brooks ........................................................................................................... 728-4947

2027 Harbert Ave., Memphis, TN 38104

William King Self .............................................................................................................. 260-5141

6070 Poplar Ave., Suite 600, Memphis, TN 38119

**Services for Adults with Disabilities**

Alliance for the Blind ....................................................................................................... 766-0600

* 4700 Poplar Ave., Memphis, TN 38117

The ARC of the Mid-South ............................................................................................... 327-2473

* 3485 Poplar Ave., Suite 210,Memphis, TN 38111

Clovernook Center for the Blind & Visually Impaired ................................................... 523-9590

* 346 St. Paul Ave., Memphis, TN 38126

Disability Law & Advocacy Center of Tennessee ............................................................... 458-6013

* 2693 Union Ave., Ext'd., Suite 201, Memphis, TN 38111

Interpreting Service for the Deaf, Inc. ................................................................................... 278-9307

* 144 N. Bellevue, Memphis, TN 38104

TTY .......................................................................................................................................... 278-9308

Memphis Center for Independent Living ............................................................................. 726-6404

* 1633 Madison Ave., Memphis, TN 38104

Shelby Residential & Vocational Services, Inc. ................................................................... 869-7787

* 3592 Knight Arnold Rd., Memphis, TN 38118

Tennessee Vocational Rehabilitation ................................................................................... 528-5284

* 170 N. Main, Memphis, TN 38103

**Health & Disease Prevention Information**

American Cancer Society ................................................................................... 901-278-2000

American Diabetes Association ......................................................................... 901-682-8232

American Heart Association ............................................................................... 901-383-5400

American Lung Association of Tennessee ......................................................... 901-276-1731

Crisis Suicide Prevention Helpline ..................................................................... 901-274-7477

Lupus Foundation of America Memphis Chapter .............................................. 901-458-5302

National Alliance on Mental Illness .................................................................... 901-725-0305

National American Stroke Association ............................................................ 1-800-787-6537

National Institute of Mental Health ................................................................ 1-800-421-4211

**Homeless Services**

**Alpha Omega Veterans Services ..................................................................................... 452-5678**

* 1183 Madison Ave, Memphis, TN 38104

**Calvary Rescue Mission and Shelter ( Men Only) ......................................................... 775-2570**

* 960 South Third, Memphis, TN 38106

**Dozier Assessment Center for Homeless Adults .......................................................... 278-2367**

* 300 N. Bellevue, Memphis, TN 38104

**Dozier House .................................................................................................................... 728-6171**

* Transitional housing for homeless with treatment for alcohol and drug abuse.

85 North Cleveland Memphis, TN 38104

**Genesis House** ................................................................................................................. **726-9786**

* Transitional housing for homeless and treatment for chronically mentally ill with a dual diagnosis.

**Lighthouse ........................................................................................................................ 382-0966**

* 3630 Jackson Ave, Memphis, TN 38109

**Memphis Interfaith Hospitality Network ......................................................................... 452-6446**

* 200 E. Parkway North, Memphis, TN 38112
* Emergency Housing -Families

**The Peabody House** ......................................................................................................... **527-3863**

* 1076 Peabody, Memphis, TN 38104
* Emergency Housing -HIV/AIDS Adults,

**Sophia's House** ................................................................................................................ **728-4229**

* transitional housing for homeless women and children who are victims of domestic violence.

**Mental Health Services**

Comprehensive Counseling Network ............................................................................. 353-5440

* 2150 Whitney Ave., Memphis, TN 38127

Crisis Assessment Line ................................................................................................... 726-8700

* Grace House of Memphis (Women Only) ....................................................................... 722-8460
* 329 N. Bellevue. Memphis, TN 38105

Harbor House, Inc. ............................................................................................................. 7 43-1836

Lakeside Behavioral Health System ............................................................................... 377-4700

* 2911 Brunswick Rd., Memphis, TN 38133

La paloma Treatment Center......................................................................... 1-888-727-8605

* 1248 Lapaloma, Memphis, TN 38114

Memphis Union Mission (Men Only) .............................................................................. 526-8403

* 383 Poplar Ave, Memphis, TN 38105

Memphis Vet Center ............................................................................. ....................... 544-0173

* 1407 Union Ave, Suite 410, Memphis, TN, 38104

Mental Health Information/Crisis Center ........................................................................ 274-7477

Methodist Bonheur Behavioral Health Services ....................................................... 516-8895

* 1211 Union Avenue, Memphis, TN 38104

Mid-Town Mental Health Center ...................................................................................... 591-9681

* 427 Linden, Memphis, TN 38112

Salvation Army Rehabilitation Center (Men Only) ........................................................ 531-1750

* 2649 Kirby Whitten Rd., Memphis, TN 38133

Salvation Army Rehabilitation Center (Women Only)

* 696 Jackson Ave, Memphis, TN 38013

Southeast Memphis Mental Health Center Assessment Line ...................................... 369-1400

* 3810 Winchester, Memphis, TN 38118 ..................................................................... 369-1400
* 2579 Douglas Ave., Memphis, TN 38114 ................................................................... 369-1480
* 3628 Summer Ave., Memphis, TN 38122 ...................................................................452-6941

St. Francis Behavioral Health Services .......................................................................... 765-1400

* 5959 Park Ave, Memphis, TN 38119

Suicide Prevention Hotline .................................................................................... 1-800-273-8255

Self-Injury Hotline ................................................................................................... 1-800-366-8288

Whitehaven Southwest Mental Health Center ............................................................... 259-1920

* 1087 Alice Ave. Memphis, TN 38106

**Government Services**

Tennessee Department of Human Services

Statewide Hotline .................................................................................................... 1-888-277-8366

Aging Commission of the Mid-South ..................................................................... 901-222-4100

* 2670 Union Ave. Ext., Suite 1000, Memphis, TN 38112 ...................................... Fax: 901-222-4199

Information and Assistance ..................................................................................... 901-222-4111

* 2670 Union Ave. Ext., Suite 1000, Memphis TN 38112 ...................................... Fax: 901-222-4198

Elder Care locator ................................................................................................ 1-800-677-1116

* For information on services across the United States

Public Guardianship Program .................................................................................. 901-222-4100

* 2670 Union Ave. Ext., Suite 1000 ....................................................................... Fax: 901-222-4199

Shelby County Trustee .... ; ......................................................................................... 901-432-4829

* 157 Poplar Ave., 2nd Floor, Memphis, TN 38103
* Wheel Tax Reimbursement Program

TennCare CHOICES in long Term Care ......... ................................................................. 901-222-4111

* Home & Community-Based Services Program for people who qualify for nursing care at

home

**Hospice Programs**

Amedisys Hospice of Tennessee .................................................................................... 680-0378

* 1355 Lynnfield Road, Suite 120, Memphis, TN 38119

Baptist Trinity Hospice ..................................................................................................... 767-6767

* 6141 Walnut Grove Rd., Memphis, TN 38120

Crossroads Hospice of Tennessee .................................................................................. 384-9292

* 1669 Shelby Oaks Dr., Memphis, TN 38134

Gentiva Hospice ·················~····························································································· 818-5600

* 5350 Poplar Ave, Suite 850, Memphis, TN 38119

Hospice Advantage of Memphis ..................................................................................... 309-1855

* 320 Walnut Bend South, Cordova, TN 38018

Methodist Alliance Hospice .............................................................................................. 516-1600

* 6400 Shelby View Drive; Suite 101A, Memphis, TN 38134

**Fayette County**

Caris Health care ................................................................................................................ 465-2120

* 17410 Highway 64, Somerville, TN 38068

**Tipton County**

Baptist Home Care and Hospice- Covington ................................................................. 476-0333

* 1618 Highway 51 South, Unit C, Covington, TN 38019

**Quick Reference**

Abused Women's Services .............................................................................................. 725-4277

Adult Protective Services ................................................................................................ 320-7220

Aging Commission of the Mid-South ............................................................................. 222-4100

Agricultural Extension Office .......................................................................................... 752-1207

Alcoholics Anonymous .................................................................................................... 726-6750

AI-Anon Information ......................................................................................................... 323-0321

Alliance for Blind and Visually Impaired ........................................................................ 766-0600

Alzheimer's Association .................................................................................................. 565-0011

American Cancer Society ................................................................................................ 278-2000

American Diabetes Association ...................................................................................... 682-8232

American Heart Association ............................................................................................ 383-5400

American Lung Association .................................................................................. 1-800-586-4872

Area Agency on Aging and Disability ............................................................................. 222-4111

Arthritis Foundation ......................................................................................................... 685-9060

Assistance Center- County ............................................................................................. 222-2300

Better Business Bureau ............................... -.................................................................... 759-1300

Birth Certificates ............................................................................................................... 222-9012

Calvary Rescue Mission .................................................................................................. 775-2570

Cancer Information Services ................................................................................. 1-800-422-6237

Catholic Charities ............................................................................................................. 722-4700

Christ Community Health & Dental Center Appointment Line ..................................... 271-6000

Church Health Center of Memphis .................................................................................. 272-0003

Commodities-Supplemental Food for Seniors (60 yrs. and older) ............................... 528-0461

Community Service Agency ............................................................................................ 222-4200

Community Service Agency (Hickory Ridge Mall) ........................................................ 222-4315

Comprehensive Counseling Network (Mental Health Services) .................................. 353-5440

County Clerk's Office ....................................................................................................... 222-3000

Crisis Center ..................................................................................................................... 274-7477

Election Commission ....................................................................................................... 545-4136

Fishing License (Memphis Area)) ................................................................................... 213-3124

Food Stamps (North) ........................................................................................................ 320-7200

Food Stamps (South) ....................................................................................................... 344-5040

Gardening Plots( Seniors) ............................................................................................... 222-4100

Goodwill Homes Community Services Inc. ..................................................................... 785-6790

Highway Patrol .................................................................................................................. 543-6256

HIV/Aids Information ........................................................................................................ 222-9372

HIV Hotline (24 hours per day) ............................................................................... 1877-448-5669

Home Delivered Meals ..................................................................................................... 521-0536

Hospitals (see Tab 5)

Income Tax Information & Assistance .................................................................. 1-800-829-1040

Insurance Assistance & Information State of TN ................................................ 1-800-342-4029

 Jewish Family Services ................................................................................................... 767-8511

Jury Commission ............................................................................................................ 222-1650

library and Information Center (LIN C) ........................................................................... 415-2700

Metropolitan Inter-Faith Assoc. (MIFA) ........................................................................... 527-0208

Medicare Claims ..................................................................................................... 1-800-633-4227

Mediplex ............................................................................................................................ 595-6969

Memphis Fair Housing Center ......................................................................................... 432-4663

Memphis Area Transit Authority (MATA) ........................................................................ 722-7100

Memphis Area Legal Services .......................................................................................... 523-8822

Memphis Center for Independent Living ........................................................................ 726-6404

Meritan ................................................................................................................................ 766-0600

MIFA Transportation ......................................................................................................... 527-0061

Mid-South Lions Sight Service ........................................................................................ 545-5464

National Kidney Foundation of West Tennessee ............................................................ 683-6185

United Methodist Neighborhood Centers

* 602 Looney .................................................................................................................. 523-1036
* 3000 Walnut Grove ...................................................................................................... 323-4995

Nutrition Services ............................................................................................................. 528-0461

Police Departments- Memphis Shelby county\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_911 emergency

Professional Network on Aging (PNA) ................................................. : ......................... 222-4189

Property Tax Relief (County) ........................................................................................... 432-4829

Property Tax Relief (City) .................................................................................................. 522-1111

Public Guardian ................................................................................................................ 222-4100

Rape Crisis ........................................................................................................................ 222-9960

American Red Cross ........................................................................................................ 726-1690

Senior & Adults with Disabilities Information and Assistance ..................................... 222-4111

Serenity Recovery Centers .............................................................................................. 521-1131

Shelby County Archives .................................................................................................. 222-8175

Shelby County Commodities ........................................................................................... 222-4202

Shelby County Crime Victims Center ............................................................................. 222-3950

Shelby County Election Commission ............................................................................. 222-6900

Shelby County Family Support ....................................................................................... 222-4202

Shelby Rent & Mortgage Assistance .............................................................................. 222-4201

Shelby County Utilities Assistance ................................................................................ 222-4202

Shelby County Weatherization Program ........................................................................ 222-4315

Sheriff's Special Services (Senior Crime Watch) .......................................................... 867-1455

Sheriff Department ........................................................................................................... 222-5500

Social Security ........................................................................................................ 1-800-772-1213

Southeast Memphis Mental Health Center ..................................................................... 369-1400

Southern College of Optometry ..................................................................................... 722- 3200

Temple Israel Sisterhood Services ................................................................................. 761-3130

Time information .............................................................................................................. 526-5261

U.T. (College of Dentistry) ................................................................................................ 448-6270

U.T. Dept. of Preventive Medicine ................................................................................... 448-8400

Union Mission ................................................................................................................... 746-8902

Urban League .................................................................................................................... 272-2491

Veteran Administration (VA) .................................................................................. 1-800-827-1000

Veteran Service (Shelby County) .................................................................................... 222-7470

Volunteer Mid-South/ Hands on Memphis ...................................................................... 523-2425

Weather Information ......................................................................................................... 332-3679

Wheel Tax Reimbursement Program ................................................................................ 432-4829

**Website Information**

Shelby County Government ................................................................ www.shelbycountytn.gov

Memphis City Government ................................................................... www.cityofmemphis.gov

Aging Commission of the Mid-South .............................................. www.agingcommission.org

Memphis Public Library ........................................................................ www.memphislibrary.org

AARP ......................................................................................................................... www.aarp.org

American Society of Aging ................................................................................ www.asaging.org

National Council on Aging ...................................................................................... www.ncoa.org

Social Security Administration ................................................................................ www.ssa.gov

Medicare ........................................................................................................... www.medicare.gov

General Health Information ....................................................................... www.healthfinder.gov

Heart Health ............................................................................................. www.americanheart.org

Family Caregiver Alliance ................................................................................. www.caregiver.org

Benefits Check Up ............................................................................... www.BenefitsCheckUp.org

Center for Medicare & Medicaid ...................................................................... www.cms.hhs.gov/

American Association of Homes and Services for the Aging ............................ www.aahsa.org

Long Term Care Living ............................................................... www.LongTermCareliving.com

Health finder .................................................................................................. www.healthfinder.gov

Eldercare Locator ............................................................................................. www.eldercare.gov

Elder Law Answers ............................................................................. www.elderlawanswers.com

Medicare Rights Center ......................................................................... www.medicarerights.com

National Council on Aging .......................................................................... www.NCOA.org

National Association of Area Agencies on Aging .................................................. www.n4a.org

National Alliance for the Mentally Ill of TN (NAMI) ................................................ www.nami.org

National Alliance for Caregiving .................................................................... www.caregiving.org

National Caregivers Library ................................................................. www.caregiverslibrary.org

Veterans Administration .............................................................................................. www.va.gov

Center for Medicare & Medicaid ...................................................................... www.cms.hhs.gov/

American Association of Homes and Services for the Aging ............................ [www.aahsa.org](http://www.aahsa.org)

Long Term Care Living ............................................................... www.LongTermCareliving.com

Health finder .................................................................................................. www.healthfinder.gov

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