



## Time for AWE

AWE, it's such a small word with such great power. Mystical. In such a short span of calculable time you have the ability to slow time down. Maybe not so much as slow it down as it is that AWE places you in a space where you are able to transcend time. You are transported to that place where time is

relative. In the presence of AWE you gain an insight into the Universe's infinite non-concept of time. In the scheme of things time doesn't really matter.

The love and beauty of AWE's inspiring moments are demanding to be held in order that we draw into the deeper appreciation of what is in our present. Whether it is the vastness of the Grand Canyon or the intricate pattern of the smallest flower on the Canyon floor, our attention loses all concept of time; time at that moment is inconsequential. Our soul self is remembering the "feel" of Source. The oohs and aahs of sights and sounds; the hmms of touch; the exquisite sensing of smells and tastes, they all transport us to a different level of existence. The depths of concentration in new discoveries and focused determination of athletes also elicit AWE. Everywhere you look and everything you experience contains the seeds of AWE. The secret is in the recognition of that fact and the willingness to approach things with a changed attitude of perception.

There are no adequate words to describe an AWE experience. That is because no written word can express what you are feeling. These feelings are meant to be experienced within the core of your being, deep where the language is sensory not oral. You can use a string of adjectives and adverbs but nothing satisfies what you wish to express. Can you adequately describe the first time you stroke the tiny fingers of a new-born baby, feel the smoothness of the skin and look deep into those eyes? It doesn't matter that you are struggling to describe the experience; it doesn't matter how long you are experiencing it. All that matters is the feeling of AWE; the connection to Source.

We talk a great deal about the advantages of living in the present. Doesn't living in the present bring the true understanding that everything and everyone around you is what we call a miracle? Miracle = Awe ∴ Awe = Miracle. Shouldn't we adjust our perception

as such? Seeing and feeling the fullness of AWE in our lives makes our existence a complete landscape of miracles. And, walking in the totality of our Universe as one incalculable AWE experience, wouldn't we feel as "light as a feather"? Our everyday burdens seeming miniscule by comparison? No boundaries of space and time. Our hearts and minds open to more AWE inspiration. What would we be capable of creating individually and as a whole? Without the constraints of boundaries, limitations, and time; being in the "vast fields of AWE" we are able to tap into the totality of the ALL, the domain of the SOURCE. And just ponder this: We have been here all along!

*With Gratitude,*

*Kai*