

Going Mad as a Hatter?



"The little girl just could not sleep because her thoughts were way too deep her mind had gone out for a stroll and fallen down the rabbit hole. "

Sound familiar? You have seized on to a beginning (or and) of an idea. This preys on your mind. You feel your brain overheating from the constant search for the idea's expansion. You cannot fall asleep, your mind is too busy trying to grasp the next thread, solve the next problem, or find the next piece to your puzzle. And there you go-- down the rabbit hole.

"I can't go back to yesterday because I was a different person then."

You are awake at night, you toss you turn, thoughts constantly running through your head. You are thinking of the nights when you slept soundly. You beg for the arrival of another night of restful sleep, but it doesn't present itself. Working on the development of this idea: to flesh it out, bring it into clarity, to make it a workable concept. It is occupying most of your night and part of your day as well now; not content to be worked out during sleep hours you feel driven to bring this into something you can label- creation. Maybe a better word is obsession.

"One day Alice came to a fork in the road and saw a Cheshire cat in a tree. Which road do I take? She asked. Where do you want to go? was his response. I don't know, Alice answered. Then, said the cat, it doesn't matter."

Now you have built up some steam and you get to the point where you could take your would be creative effort down one avenue or another. What to do, what to do? It doesn't really matter. Just continue on in one direction and see what transpires. Maybe it is the right direction, or maybe it isn't. This may seem like it is working, so you keep going. But.... there it is- the dead-end. It is time for you to backtrack to that fork in the road and try the other way. Aaaahhh, this seems to be working. So on you continue persistently moving forward.

"I'm not crazy. My reality is just different from yours."

It is now time to reassess your creation's merit. You stop and review. This seems totally workable and coherent to you. Now step outside yourself, change your perspective. Does this seem workable and coherent to others?

Maybe to some.

Maybe to none.

Does this invoke,

The point of the joke?

Continue on

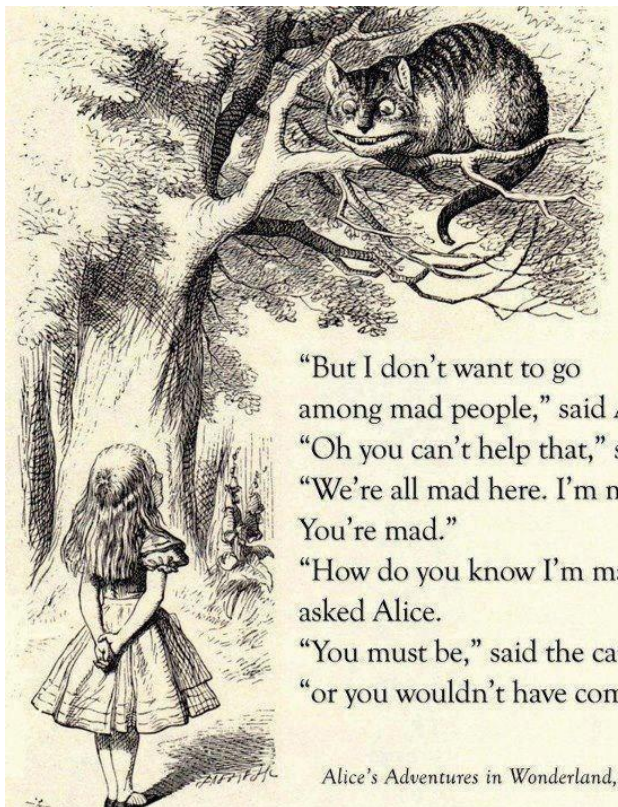
Shed this yoke,

And complete this task

Finally to bask.

"Have I gone mad? I'm afraid so.... You are entirely bonkers but I'll tell you a secret all the best people are!"

And with these thoughts you finish up this creative effort. Does it matter if it reaches the status of universal acclaim or not? No, what matters is what *you* think and feel about this piece of work yourself.....OR, if you appreciate the joke.



"But I don't want to go among mad people," said Alice.
"Oh you can't help that," said the cat.
"We're all mad here. I'm mad. You're mad."
"How do you know I'm mad?" asked Alice.
"You must be," said the cat, "or you wouldn't have come."

Alice's Adventures in Wonderland, Lewis Carroll

With Gratitude,

Kai

NOTE: With my deepest gratitude to and appreciation of Lewis Carroll and [Alice's Adventures in Wonderland.](#)