



## Eye of the Elephant

Many of you are acquainted with the idiom Eye of the Tiger. It signifies personal overriding of your fears to summon your ever existent courage from deep inside you, the relentless drive forward to accomplish your difficult goals and the self-confidence in your inner power and strength. Becoming all you can be at its best.

But have you ever thought what comes next in life's progression? I would like to coin a new idiom to express the idea of what comes next. The Eye of the Elephant. The Eye of the Tiger brings to light knowledge of your magnitude of inner power and strength to accomplish sometimes difficult goals. The Eye of the Elephant tells you what comes next after realizing that you can achieve those goals; after attaining your awareness of your own strength and power; and how you will use these achieved qualities next. How will you continue to use this powerful energy? Look closely at the elephants' gentle eyes. You can feel their great affection, love, kindness, and compassion within. Make no mistake; the elephant is far from a gentle giant in the face of a hard job or a dangerous situation. Elephants will not run from the site of danger, although most animal predators keep their distance, when predators do look to attack, elephants will stand their ground. They handle difficult jobs that require their great strength to handle extreme weight, drag heavy loads, or require their tasks for digging.

Elephants are intelligent on the same level of primates and cetaceans. They are empathetic and self aware. Have a strong sense of family importance and live in family groups. This is where their affection, love, and kindness are greatly apparent. Mothers and "aunties" in the family group all work to care for the younger offspring. Again, do not mistake gentleness for lack of courage. When predators threaten the youngsters of the family their family loyalty is awe inspiring. All the female adults form a circle around the young, facing outwards to face the approaching predator(s). They will not hesitate to fight these predators to protect the young, even in sight of the possibility that they themselves are in danger of being injured or killed.

It is said that the elephant animal totem represents self restraint, patient endurance, prudence, strength of the feminine, fearless courage, and wise women. Are you getting the idea of why the Eye of the Elephant idiom should follow the achievements of the Eye of the Tiger? Think of the super hero code: use your powers for good not evil.

Be wise and use your newly found strength, courage and power you cultivated when achieving your difficult goals to move forward within the meaning of this new idiom named the Eye of the Elephant. Use the wisdom to incorporate the qualities of loyalty, strength, compassion, courage, kindness, affection, and love into your life. Do your best to spread these qualities to others. Maybe they will like what they feel and see from your actions and words and will try to follow. We can only improve the world a little at a time, but when there are so many of us following the Eye of the Elephant our family unit will increase exponentially.

*With Gratitude,*

*Kai*