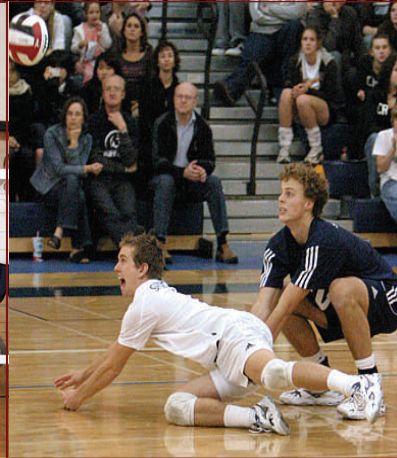


Indiana Boys Volleyball Coaches Association

www.ibvca.com

New Programs Guide

**A Guide to the
Steps to help start
a New
Boy's Volleyball
Program at
your High
School**



2012-2013 Edition



A Boys Volleyball Program

Volleyball is one of the most cost-effective sports a high school can offer. Boys volleyball is currently sponsored by 28 high schools in Indiana with 420 boys participating and growing. The sport is also growing in surrounding states and is a sanctioned sport in Illinois.

Indiana Boys Volleyball Coaches Association (IBVCA) is providing leadership and governance for high school boys volleyball. NFHS and IHSA rules are followed therefore providing consistency in the sport.

IBVCA works with schools and coaches to ensure growth and sustainability of the boys volleyball program.

Come join the growth and excitement that is boys volleyball.

Our partners are also available to assist in your program requirements.



Introduction

This manual was developed to be an aide to all new coaches in the IBVCA. Like many other adventures we encounter, coaching doesn't always come with an instruction manual. So, this is our attempt to help new coaches acclimate to our organization and build a bridge to help you and your program be as successful as possible. Please use all and any of the information and adjust it to fit into your own needs for your program. Also do not hesitate to contact your local board representative for help or any of the association members. We are here to advance the sport of boys volleyball and anything we can do to help you, we will.



Where do I begin?

First, you need to build relationships with your A.D. (Athletic Director), his secretary and your school's administration. Advise that you will be holding a call out meeting to determine the interest of having a boys volleyball program. If you happen to work in the school, even better - those relationships may already have a foundation. These people will play an integral part in the success of your program. If your school has not participated with boys volleyball before or if the school is returning after a few years absence, you will want to check out the USAV's grant program. You and your school may be eligible to receive grant funds to start your program. There are awards given to varsity teams, schools that also include junior high / middle school programs and entire

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Where do I begin? (Continued)

conferences that decide to begin boys volleyball programs.

Copies of the grant applications are in the appendix of this manual and you should contact the President and Executive Director of the IBVCA to alert them that you are trying to start a boy's volleyball program. We will be more than willing to help you get started on the road to success. You can find the current members listed on the boy's volleyball state web site: www.ibvca.com. There will also be a lot of information about local teams in your area, coaching clinics, a message board to post things, and contact information.

When communicating with your schools administration, provide a detailed breakdown of the programs finances, transportation, athletic fees, practice schedules / gym availability, fundraising and benefits that your program will bring to the school. A sample budget form may be found in the Appendix.

Pre-Season Checklist



Inventory all equipment from the number of volleyballs that you have to work with to how many nets and antennae are functional. Keep current records of all equipment so that you can alert your AD when things are broken, missing or need replaced. All schools have some kind of budget, though many are limited. So knowing what you have to work with will help you plan. When you have your equipment and your facility, all you need is players. Many of you will be blessed with plenty of young men ready to take on the challenge and learn the game. However, some of you may struggle to field a team of six.

Begin with a call out meeting to determine if there is interest in forming a boy's volleyball team. Often times, students who are interested in starting a team will seek out an adult willing to sponsor / coach a team. Due to the current growth of youth teams, this will occur more often than ever.

It's November and I'm not sure what to do or should I be doing anything? Many coaches host open gyms for any athletes that are interested to attend. The time can be anywhere from one and one-half to two hours in length. You can run 2's, 3's, 4's up to 6 on 6 - whatever your numbers will allow. You are not permitted to coach your athletes during this time. This is also a time to incorporate preseason lifting, conditioning as time is permitted into your schedule. Attend the IBVCA membership meetings, especially the main membership meeting usually held in late January or early February. These provide invaluable information about the upcoming season, voting for rules changes, referendum items are voted upon, speakers and committees. Also, this is a good time to network with other coaches, schedule matches and make sure that your contact information is correct. You can also volunteer to be involved on any number of committees. Being involved is also a part of being a coach.

At this meeting you will hear of several forms, possible sub committees and fees that will need to be filled out and paid before the start of your season. First, you will need to become a member of the coaches association (IBVCA). Being a member of this organization allows you to nominate all state all-stars and have your athletes be recognized and be eligible to be honored for all state honors.

This is our governing body (since we are not sanctioned by the state of IHSAA). Paying this fee allows you to play in the state tournament at the end of the season. Being a member of the IBVCA also allows you to vote on changes to the constitution, rules, etc. This fee may be paid for by your school. You will need to check with your AD and follow up if you need to fill out paperwork for a P.O. (purchase order). Many districts take long periods of time to pay the bills and this fee has to be paid before the first date of competition. Obtain a gym time schedule from your A.D. so you may plan dates for practices and for matches. Depending on your talent pool, you may want to try and schedule matches with teams that in a similar situation to yours or have just begun a program in the last few years. Having a variety of opponents on your schedule will provide challenges for your athletes, but you do not want to schedule all of the states final 8 teams in your first year - because you do not want your athletes to get discouraged. It

Pre-Season Checklist (continued)

is a good idea to investigate playing in a tournament so your athletes get to see what volleyball is at other levels so they can set goals of their own. Once you have your matches together, be sure to let your AD, and athletic secretary and whoever is in charge of your facility know. You will need to include bus times, if applicable (when will you need to leave for your matches) and some require approximate return times. You may want to contact the school's coaches to ask how long it takes to get to their schools so that you can estimate a good departure time. It's always better to be early than late. You will also need to make sure that the custodians in your school are aware of your match schedule. Many schools have responsibilities of setup of scoreboards, scorers' tables, etc. that are provided by the custodians and they are usually responsible for opening and closing the doors, so communicating with them will put you in their good graces (they are one of the most important groups of people in the school). You will also need to generate a practice schedule for your athletes and communicate that with the A.D.'s office and other spring coaches. Many times you will have to share gym time until the weather gets better and building a good relationship with the other spring coaches will only enhance your experience as a coach. When you have your practice and game schedules complete, you will also need to include your school's trainer in the process, so he or she will know when you'll be practicing and they may need to adjust their hours to accommodate you. Also, they will need to be on hand for your home matches if at all possible. Your AD can let you know to what extent they will be available to you. Other things to consider dealing with your schedule, are letting the school's administration know, so they can put it in their announcements, newsletters and you may want to ask about the school's web site and if your schedule can be put on it and who do you need to send information, schedule, results to for posting. So, your schedule is complete, you've had several open gyms and the number of boys that are interested in participating is solid.

Whew....all of this and the season hasn't even started. So, what's next? The parents!

How to run a parent meeting

Parents are one of your biggest assets. Your first impression is the tone for your team at this first meeting and the parents are important to be organized with information they will need to be make sure that they can support you and their athlete as much an agenda of things to discuss, copies of your schedules for matches, rules, any school forms - physical, information cards for emergencies, etc. are imperative.

Also, this is where you get to set the tone for the season. You will need to share what your philosophies are for coaching, what your goals are for the season and for their sons and also what procedures are if something happens (How do they talk to you if they have questions about playing time? When is it appropriate to talk to you about their son? How do they contact you if their son is sick or injured or going out of town?). It is something your school may have a policy or procedure for already and that is so important to have and communicate to your parents. You will need to let them know how to take care of their uniforms, when they need to be there to pick up their sons after practices and matches (home and away), and any school policies regarding eligibility of your athletes. This is also a good time to have the availability to purchase shoes, socks, kneepads, etc. any equipment that you require them to have, make it available for purchase through a local business or sports equipment distributor. Other coaches or you're A.D.'s office may have ideas for you and who to contact. Always leave time for questions and answers and introductions and it's a good thing to have your athletes attend with their parents and make it mandatory, so that everyone is on the same page. Some programs also offer a handbook of information for parents and athletes to refer to during the season. It will have copies of your team rules, procedures, etc. A sample of such are listed in the Team Rules section starting on page 5.



priceless. You will set a big part of it. It is informed about and to as possible. Having practice and

At the meeting, you will also want to allow parents time to introduce themselves and their son(s). Encourage team dinners (when one or more families invite the entire team to their house for dinner and hanging out) and team building functions so the boys get to know each and the parents can build relationships as well. Involving everyone and developing a family atmosphere will help to build a strong foundation, pride, unity and support for your program.

Team Expectations

Team Rules – What do I expect from my athletes?

Depending on your school system, you may or may not be required to develop or have a set of rules specific to your team on file with the athletic office. It is a good practice for a new coach to develop rules and expectations that you have for your athletes and parents in your program. In this section are a few examples of things you will need to address or at least think about as you develop your own system to suit the needs of your program.

VOLLEYBALL CODE OF CONDUCT

(Sample Format Only)



All student athletes involved in the volleyball program will be expected to behave in a fashion which exhibits commitment, pride and class. how we present ourselves directly reflects on the entire school program, including coaches, athletes and parents. Therefore, a 24 hour code of conduct applies to all participants within the program.

1. Treat teammates and coaches with respect to maintain a positive program. Negative talk about a teammate, a coach or yourself will not be tolerated. Negative talk is contagious and leads to problems within the program. an infraction will be immediate benching for the next game. More serious subject matters could lead to dismissal from the program.
2. Follow the volleyball priority list: family, school, volleyball. act appropriately at home, in class and out in the community. Respect your parents and teachers. Players need to acknowledge coaches and teammates in the hallways. a disregard for teammates, parents, teachers, coaches, etc. will result in a dismissal from the team and the program.
3. Attendance at volleyball functions is the cornerstone of our program. You cannot contribute nor benefit if you are not there. You are expected to be at all practices and team events, on time. Missed practices can result in suspension or removal from the program. this includes the practices before school begins. Excused absences from practice are absence from school, family emergencies and other situations with permission from the coach, in advance. If you become ineligible or are serving a team suspension, you are still expected to be at practice unless notified by the coach that you are not to attend. Athletes must be in school for 5 periods to compete in practices or matches.
one unexcused absence = forfeit of one match
two unexcused absences = forfeit of two matches
three unexcused absences = dismissal from the program
4. Team members will not use alcohol, tobacco or other illegal substances according to the agreement in the school's handbook. Violations of these rules will result in school/program penalties under our school's policy. Using any of the above is a poor choice by a student athlete. it is best to choose not to use, but to avoid any situations in which illegal activity or substances might be involved.
5. Athletes must remain eligible. You cannot help the team or yourself if you are sitting on the bench. Athletes must be passing 70% of the maximum number of full credit subjects (or the equivalent) that a student can take. Any athletes that have incompletes will be benched until the work is completed. Communicate with coaches if problems arise so we can be proactive. Tutoring sessions supersede practice.

6. Athletes are expected to attend practices and games with a positive attitude and strong work ethic. If, however, coaches' discipline is necessary, the following actions will take place:

10. HAZING WILL NOT BE TOLERATED. IT IS A SCHOOL DISTRICT POLICY AND A CRIMINAL OFFENSE. UNDER NO CIRCUMSTANCES MAY ANY VOLLEYBALL ATHLETE PARTICIPATE, INSTIGATE OR INITIATE ANY FORM OF HAZING OR INITIATION. THIS TYPE OF CONDUCT WILL RESULT IN IMMEDIATE DISMISSAL FROM THE TEAM AND LEGAL ACTION WILL BE PURSUED.

RULES

Don't mumble
No cutting in traffic
Be kind and don't badger others
Say please and thank you
Don't talk to us in public
Don't ask for special favors
You just look lovely, come on in
Don't say I'm so great (unless it's the show)
Don't be a thief
Don't make that much noise during the show
Don't ask for a refund
Don't play with things at my house or my brother's

To include and take
From Malibu and south

15 minutes early to each practice. That means 15 minutes
This includes all athletes who need trainer assistance. In-

5. Players must be warmed-up and stretched by the time practice is ready to start. That is why players must arrive 15 minutes early, so equipment, running and stretching can be completed.

6. Shag balls quickly during practice. Keep drills running smoothly and efficiently. When feeding a coach, place the ball firmly on their hip.
7. Run to get water or use the restroom. When you get a break, it's not a lounge period. Hurry so we can get back to work. Last one into the gym closes the door behind them.
8. Maintain silence during serving drills, however positive reinforcement is encouraged. Use time to visualize game situations.
9. Players must dress appropriately for practice. All shirts must be of your school's support, or they must be turned inside out and tucked in. Please have hair pulled back and secured ; no abnormal colors will be tolerated on hair or nails, which should be trimmed. have knee pads on, appropriate team shoes, etc. All jewelry must be off. (This includes naval rings) alert coaches for medical bracelets, etc. Bring an extra inhaler with your name on it for the medical kit.
10. Players will work hard in the weight room. Exercises will be executed quickly and efficiently. Shoes must be worn. Each player must have a spotter/lifting buddy. No horseplay.
11. injured players will be expected to rehab on their own time. This does not include practices, scrimmages or matches, so schedule accordingly. Communicate with coaches/trainer on a daily basis and your condition and approximate time of return. Parents are encouraged to purchase additional insurance incase of serious injury. Accidents do happen, and we want to do what we can to protect our family.
12. Positive encouragement is expected, always.
13. Profanity will not be tolerated. Athletes will perform push ups or other punishments for foul language on or off the court.

GAME DAY EXPECTATIONS**(Sample Format Only)**

1. Game days are your times to shine, so you need to mentally prepare for competition to the game. So, each athlete needs to have his/her pre game ritual to prepare them mentally, physically and emotionally for each match.
2. We will dress up for all home games at school and at the game (ties, polo shirts and slacks for guys). no jeans or tennis shoes. away games will be coordinated with the team's captain as to which team shirt, etc. will be worn. all teammates will participate in all coordinating dress days.
3. Have all equipment and uniform ready to go the night before the game. Uniforms need to be clean and neat. All shirts need to be tucked in during the match.
4. Study tables will be implemented. Anyone that cannot drive may stay after school (contact coach). Anyone having grade trouble will have mandatory study table.
5. PLAYERS WILL ENTER AND EXIT THE PLAYING SITE AS A TEAM. THAT MEANS TEAMS WILL WAIT UNTIL ALL PLAYERS ARE READY TO LEAVE.

6. Teams will sit together at all matches. There is to be no one but teammates of the program in our section BEHIND THE TEAM BENCH or in a designated section. All homework and listening devices are to be off and put away unless other permission was granted by the coaching staff. Varsity players will shag balls for the JV/freshmen games and JV and freshmen will shag for the varsity game. Every player must attend each match on a match day. Varsity players may not be late for freshmen and JV games and freshmen and JV players may not leave after their match is over. For special circumstances, a form must be signed by the parent prior to the away match, if an athlete will not be riding the bus home.

7. DURING A MATCH, players will control their emotions, both on and off the court. No talking across the net to the opponent. Celebrations should be the only emotion displayed on the court. Whether on or off the court, players will remain positive and focused.

8. During time-outs, players coming off the floor are to sit on the bench unless otherwise instructed by the coach. bench players need to supply water, towels, etc. to players who should be focusing on the coach's directions.

9. Bus Rules

- Varsity will sit in the front of the bus, JV is next.
- No eating or drinking. You may take food to eat at the venue.
- All players will ride the bus to and from each game site unless special permission is given. A form must be filled out and each athlete must have approval before the day of that match.
- Captains for all teams will stay on the bus to check for trash. Any collected by a coach will result in team punishment.
- Respect the driver at all times. Limit outbursts and noises. Cell phones are only to be used to call parents to pick you up.



10. Captains Responsibilities - as a captain, it is your job to make sure that all equipment is on the bus: camera and tripod, med kits, the stat bag , balls and ball cart (if needed).

Check to make sure camera has charged battery and that there is a video tape. At the site, it is your responsibility to make sure that the team is sitting together and that your teammates are where they need to be and on time (shagging balls, sitting together, no homework or headphones, dressed and ready for warm-ups together and everyone ready to leave). Also, you need to make sure that all the equipment brought on to the bus gets put away upon arrival back at school. Any problems will be discussed with you by any of the coaches. Take care of your responsibilities or your captainship may be revoked.

Overall Rule: You are a representative of the High School Volleyball program, its coaches and your family. You have a responsibility to them and anything that you do directly affects and reflects upon them. We are a family and you should treat each other and persons from our community with respect. Any infraction of this policy constitutes discipline or dismissal from the team.

PARENTS: You are a huge part of the success of our program. Your positive encouragement for all athletes is a must. As "Team Name", we need to stick together and support each other. Questions about your athlete's playing, etc. need to be directed to your athlete. We let them know in practice everyday what they need to do and how they need to improve their performance. If you do have further questions, call and set up an appointment with your athlete's coach and we will all (parent, athlete and coach) sit down and discuss any issues. We all want the best for our athletes.

Practice Planning

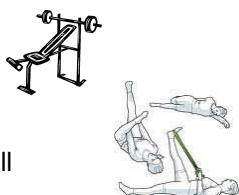
So you have all of your ducks in a row - now comes the good stuff....practices. Now you can be in your element - teaching the game that you love and getting your athletes to perform at their best. All coaches have their own style. You will need to look at your team and figure out your strengths, weaknesses, what offense and defense you can run, and how to prepare your athletes to compete. Practices are the most important means of creating an atmosphere where your athletes can be successful. Here is a sample of a practice outline to build upon:

Daily Practice Format

Team meeting: This will be a short meeting to discuss any player-coach concerns, previous day's practice, scrimmage, or game and the objective of the day's practice.

Team Warm-up: This is a period of general exercises that involve the major muscle groups. Begin gradually with light work and then increase the work load. The final series of exercises should include the basic movements included in the game. If there is to be a long talk during practice, it should come at the very beginning. Short talks can be made during practice that acts as rest periods. Moments of instruction should never be ignored, but lengthy talks should never occur during practice. A team warm-up can include the following:

- Stretching
- Calisthenics
- Aerobic Exercises
- Plyometrics
- Basic skill movement drills without a ball
- Dives and rolls

**Practice of Fundamental Skills**

- Underhand Passing
- Overhead Passing
- Hitting
- Serving
- Blocking
- Digs, dives and rolls
- Emergency skills
- Net retrieval
- Communications

**Basic Tactics**

- Offensive Systems
- Defensive Systems
- Transition
- Communications

**Team Scrimmages**

- Partial team
- Full team

Team Cool-down

Your practice time will be dictated by how much gym time you can schedule and your own philosophies. Scheduling time in the weight room is another means to develop your athletes and prevent injuries. There are many resources available to coaches for drills, etc. It is up to you to develop your own style and breakdown of what you spend time on in practices to help to prepare your team for battle.

Season Responsibilities



The game is on. You have your first match, your athletes are ready, you've prepared them, your parents, the facility is ready and the games are coming and going so fast, you wonder where the time has gone?

As the head coach, it's important to keep up with scores of your fellow colleagues in your local paper and on the state web site [www.ibvca.org]. Also, keep up to date with the happenings of your regional area. Also, get involved with poll voting. Coaches are encouraged to vote and rank teams in the state on a weekly basis, so get involved! Stay current on emails which is how most communications are sent within the state and do not hesitate to contact your local board representative with questions. They are all willing to help you and their contact information can be found on the web site.

In early May seeding for the state tournament is held by the board of directors of the IBVCA. At this meeting, teams will be placed on the state tournament bracket and voting for all state players will be conducted. If you have not paid your IBVCA membership fee, your team cannot participate in the state tournament.

So, as the coach, you must have your athletes' statistics, in which you would like to have voted for on the all state level, tabulated and copied off for the board to look at while voting. The meeting rules and procedures are in the appendix section of this book as well as the nomination forms. Your membership fee for the IBVCA also ensures that your athlete is eligible for voting.

Those athletes that are voted to the all state 1st and 2nd team will automatically be eligible for all state awards. However, as a coach, you must nominate your athlete(s) for all-state awards to ensure that your athlete remains eligible if he is voted as such. If you do not nominate, your athlete will not be awarded an all-state team award.

Post Season



It's over – now what?

Your season has ended - so what do you do now? You will need to find out from your athletic office what awards you are able to give to your athletes. Many schools have some sort of season-ending banquet or event in which they honor the participation and achievements of your athletes. Or you may have your own team banquet. This is also a time to thank all of those people that have helped make your season a success! Be sure to invite your athletic director, principal, parents, workers, etc.

Summer is a time that you can use to build momentum. Also, distribute college summer camp information to your athletes so they have an opportunity to develop their skills. Also, look in to any summer leagues available in your area for your athletes to be involved. You, too, can develop an off-season training program for strengthening your athletes along with hosting open gyms.

Your seasons will become easier to manage and set up as you become more familiar with the processes and procedures of your school and our state organizations. The key is communication. Never hesitate to ask questions and to know the rules of the game. Utilize your resources and those around you as you pursue the best possible program.

Good luck!

Frequently Asked Questions**1. Who do I contact if I am interested in setting up a team at my school?**

A: Contact Indiana Boys Volleyball Coaches Association (www.lbvca.com) or a fellow coach in your area. IBVCA will assist with any questions you may have.

2. How do I schedule matches once I have permission to have a team?

A: Attend the IBVCA annual membership meeting held in January / early February or contact IBVCA for membership listing so that you may contact other teams on your own.

3. How do I convince my administration team to permit boys volleyball at my high school?

A: It begins with the boys and their parents speaking to the administration team about starting a boys volleyball program. If the boys and parents want a program and have a sponsor (and coach), schools will usually jump at an opportunity to provide an additional area of participation for students. If this is not enough to persuade the administration team then an individual meeting that articulates the benefits to the students; school and school district needs to be offered. The IBVCA can assist with supportive information.

4. What happens if I set up a team and transportation is an issue?

A: Some school teams car pool or self drive. Others offset cost by charging athletes a nominal fee to use a bus. Remember that anytime transportation outside of school district busses is used, liability for the athletes transfers and could become an issue for the school district.

5. Who do I contact for referees?

A: It depends on your location. You may ask you're A.D. if there is a list of volleyball officials that may be accessed. The Indianapolis Metro area does have a referee scheduler. This scheduler, for a fee, will contact officials to schedule for your home matches. Officials are to be sanctioned IHSAA referees.

6. How much do tournaments, membership fees and officials cost?

A: Being a member of the IBVCA is \$25.00 and paid membership is required to participate in state tournament as well as to permit your players to be eligible for all state and all star honors. This fee is due and payable by May 1. Regular season tournament entry fees begin at \$75.00 for Varsity and \$65.00 for JV teams. These fees are capped at \$100.00. Officials minimum recommended pay is \$25.00 per Match.

7. When is paperwork due?

A: Membership forms to IBVCA are due before March 1 (official beginning of boys volleyball season). Paperwork for IBVCA state tournament are due by early May ; All Star nominations and Academic All state (seniors only) nominations are due by early May. Mel Young scholarship nominations are due at the same time. Specific dates are provided at beginning of each season.

8. How many schools are currently participating in boys volleyball?

A: There are between 25~30 schools in the state that have a boy's team. In certain geographic areas boy's volleyball competes in conference play in the fall and a club season in the spring. IBVCA has boys volleyball in the spring with the season official starting the week of March 1 and concluding with the state championship the Saturday of Memorial Day weekend. This is week 35 to week 49 of the IHSAA school calendar

Frequently Asked Questions

9. How much time will running a boy's volleyball team take?

A: As much or as little as you want to put into the program. Schools have a varied amount of practice and match play time available. Some programs practice everyday and have a full schedule of matches. Others opt for a traditional club approach of matches twice a week and 10~15 matches per season. The schedule is determined by the coach. The only mandatory minimum number of matches that must be played is Five (5) if you wish to participate in the state tournament.

10. How long is the season in boys volleyball?

A: The IBVCA official season starts in week 35 through week 49 of IHSA school calendar. The first official practice is the Monday of the week of March 1. Season continues through state championship which is the Saturday of Memorial Day weekend. The following Saturday is the Senior Junior All Star matches.

11. What is the athletic fee used for (if one is collected)?

A: Not all schools charge an athletic fee, but if charged, the amount is typically used to cover the expense of uniforms; tournament entry fees and officials pay. Some use athletic fees to pay coaches; cover transportation costs, equipment purchases, etc. Also check with the A.D. to see if equipment used by the girls volleyball program is available to use for the boys program. This will reduce overhead expenses. Most schools permit the use of the equipment.

12. What is the net differential from girl's volleyball to the boy's?

A: Girls volleyball net height is 7' 4 3/4" and the boy's net height is 7' 11 1/4"

13. Where can I find additional information and paperwork for the IBVCA?

A: Go to the organizations website, www.ibvca.com.

Sample Forms—Volleyball Program Budget Worksheet



Indiana Boys Volleyball Program Estimated Budget Work Sheet

School: _____

REVENUE:

Balance from 2009
 Player Fees
 FR:
 FR:
 Admissions
 Concessions (Home)
 Other Sales
REVENUE TOTAL

<i>Fill in variables in yellow</i>			
<i>Gray boxes are linked</i> Notes:			
\$ -		# of Players	Fee is
			Fundraising makes all the difference! Not fun, but this makes it happen.
			Fundraising makes all the difference! Not fun, but this makes it happen.
\$0.00		Home Games	May get to keep all money from admissions and is used to pay referees
\$0.00	0	Home Games	If your team is able to use some of the proceeds. School dependant
\$0.00			
\$0.00			

EXPENSES:

Coach—Varsity
 Coach—Varsity Asst.
 Coach—JV

\$0.00
 \$0.00
 \$0.00

Uniforms w/ printing

\$0.00

Shorts

\$0.00

Ankle Braces

Shoes

Knee Pads

Warm ups

\$0.00

Bags

\$0.00

Travel

Coaches Team Shirts

Court Time at School

Practice Warm up T-shirts

\$0.00

Tournament—

Tournament—

Tournament—

Senior Gifts

Awards

Website Fee

Officials Assigner Fee

State T-shirts

\$0.00

Game officials

\$0.00

IBVCA Membership

\$25.00

Copying

EXPENSE TOTAL

\$25.00Revenue less Expenses **(\$25.00)**

Players 0

Base Player Fees #DIV/0!

Note: Various other shared expense with girls program may be incurred

Balls (20)	\$600.00	This is every 3 years
Ball Carts (2)	\$220.00	This is every 3 years
Ball bags (2)	\$50.00	This is every 3 years

These may be two shirts (contrasting). Jerseys may get turn back in. Then you only have the cost for one year. These are nicer jerseys, you can get t-shirt much cheaper. These are rotated every 3 years

each Players may pay on their own

We have players buy these on their own. So it does not appear on our budget.

We have players buy these on their own. So it does not appear on our budget.

We have players buy these on their own. So it does not appear on our budget. (very few boys use knee pads)

These may be rotated every 3 years

These may be rotated every 3 years

Schools allow bus use for free. If not any fees associated with transport.

May pay for own.

We don't pay for court time at school so you can add court time costs here.

You don't need this.

A varsity tournament costs \$75-\$100, A jv tournament costs \$75~ \$80.00

A varsity tournament costs \$75-\$100, A jv tournament costs \$75~ \$80.00

A varsity tournament costs \$75-\$100, A jv tournament costs \$75~ \$80.00

You don't need this.

You don't need this.

You don't need this.

You can pay someone to get officials for your homegames. Worth the money! Indy Metro \$50.00

If you go to state, you can order state t-shirts at cost ~ \$ 10.00 each

For home games, you pay each official \$25 / match. A jv and varsity match will cost \$100.00

Must join IBVCA to participate in state.

Sample Forms—USAV Scholastic Grant Program

USA Volleyball Boys Scholastic Grant Program

Purpose:

The *USAV Boys Scholastic Grant Program* is intended to provide an incentive and financial support to high schools, and possibly middle schools, interested in starting a varsity boy's volleyball team at their school. The funds are provided through a partnership between USA Volleyball (USAV) and local USAV Regional Volleyball Associations (RVA), with the potential of additional funding provided through private and corporate contributions obtained by the RVA, and/or USAV. The length of the grant is for three years although the allocation of funds may vary as a result of special needs and conditions on a state-by-state basis. The funds are intended to be used by the individual school in any manner that promotes and supports the creation and operation of a boy's varsity volleyball team with the intended result of compiling enough schools to create a sanctioned State Championship Tournament. The application, selection, and compliance process of the grant may be overseen by the local RVA or USAV.

Benefits:

- Low start-up and operating costs (with existing girl's programs)
- Additional opportunity for boys to experience a high paced interscholastic team sport
- Opportunity to compete for an additional league championship
- Opportunity to compete for a State Championship
- Opportunity to provide a varsity sport that your students want
- High spectator and community interest
- Attract additional financial supporters
- Build interest within younger player populations
- Generate interest in a lifelong sport for a healthy lifestyle
- Provide a structured setting and activity to condition for other sports
- Grant assistance (which may be used in any manner to offset team program expenses)
- Opportunity for an additional revenue-generating spring sport

Who May Apply: (listed by priority)

1. Schools in states where a partnership has been formed between USAV and the local RVA
2. Any school that is a member of a boy's volleyball league and is starting a team at the high school and middle school simultaneously
3. Any school that is a member of a boy's volleyball league and is starting a team at the high school
4. Any school district that is starting a boy's team at the high school and middle school
5. Any high school that is starting a new varsity boy's volleyball team
6. Any high school that is resurrecting a failed program from the past
7. Under special circumstances, an existing boy's varsity volleyball team



Please note: The information contained in this document is subject to revision

Updated on 9/18/2007

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Sample Forms—USAV Scholastic Grant Program

Application Procedures:

To be considered for a *USAV Boys Scholastic Grant* the applicant must complete a Grant Application provided by the RVA and submit it back to the RVA. A submitted application indicates interest in receiving the grant and a commitment to adhere to the established guidelines of the grant. The application process in and of itself is not a guarantee of approval as a grant recipient. The application must:

- ❖ Be signed by the director of athletics or the building principal
- ❖ Clearly state the institution's wishes to be considered for a grant and indicate the initial year of competition planned for the new program
- ❖ Verify that the applicant did not sponsor boys volleyball the year prior to the proposed grant period. If an exception has been granted, indicate the dates and length of time that the school has sponsored boys volleyball as an interscholastic sport. (If the school has received a *USAV Boys Scholastic Grant* in the past they are ineligible for additional grant funding.)
- ❖ Identify the institution's athletic conference(s) membership(s) and the member schools.

Guidelines

- ❖ Indicate the institution's willingness to meet the following conditions, if a grant were awarded:
 - Sponsor boys volleyball for as an interscholastic sport for at least three consecutive years
 - Register and participate in the State Championship Tournament (if qualified)
 - Register the head coach as a member of the Coaches Association for the State
 - Send an annual review of the season for every year of the grant to the RVA and USAV which includes:
 - A brief written review of the season
 - A roster of the team including email addresses and coaches
 - A season schedule
 - A season record including opponents
 - Video/DVD or electronic photographs of season play
 - Work with the Regional Volleyball Association and USAV to develop boys volleyball programs:
 - ie: create an intramural boys volleyball program or host a weekend clinic for middle school boys
 - Provide documentation of fund raising efforts initiated by the team and involving the players
 - ie: car wash

The RVA will provide documentation to USAV to indicate that the grant institution has made efforts to develop boy's volleyball. The RVA will review any questions of noncompliance on the part of the grant recipient.

Potential Grant Program: (Examples only: Each Grant Program is designed on a state-by-state basis by the local RVA and USAV.)

One-time Start Up Grant

A one-time payment of \$500 to \$1,000 paid by USAV and matched by the local RVA. The Grant is paid for the inaugural season but compliance must be maintained for three consecutive years or the allocated funds must be returned. Available to new varsity programs only.

Combined School Grant

USAV would offer \$500 per year for 3 years with the local RVA matching the amount each year. Funds would be used to support each program at the school's discretion. Additional funds could be offered with contributions from other resources identified by the RVA and/or USAV.

3-year High School Grants

USAV would offer \$250 to \$500 per year for 3 years with the local RVA matching the amount each year. Amounts could be increased with support from private and/or corporate contributions. Allocated funds would be returned if grant compliance is not met by the school.

Athletic Conference Supplemental Grants

Schools from the same Boys Volleyball Conference, or in the same geographical area, which apply collectively, will receive an additional \$50 per year over 3 years for each Grant recipient school in the Conference. The local RVA will secure the additional funding for this grant.

Visit www.usavolleyball.org to view the complete grant details.



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Updated on 9/18/2007

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Sample Forms—USAV Scholastic Grant Program

USAV Boys Scholastic Grant Program Application

If you are submitting multiple applications for consideration (for example, multiple schools from the same conference) please make copies of this form and submit all information together.

Fill out BOTH SIDES of this form completely!

School Name _____

School Address _____

School District _____

School Phone _____ Fax _____

Athletic Director _____

AD E-mail address _____ AD phone _____

Conference/Division _____

On a separate sheet, please list all conferences to which your school belongs and list the member schools.

Coach (if known) _____

Coach E-mail _____ Coach phone _____

Has your school sponsored a Boy's Volleyball Team in the past? Yes _____ No _____

If "Yes", what years? _____

The following information is intended to provide a better understanding of the population served by your school district.

School Population _____ Number of Boys _____ Number of Girls _____

Average Socioeconomic Status _____ % of Free and Reduced Lunch _____

Demographics of Student Population _____



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Updated on 9/18/2007

Sample Forms—USAV Scholastic Grant Program

Please read the obligations and conditions for receiving an *USAV Boys Scholastic Grant*.
Your signed application verifies your agreement to do the following:

- Provide accurate information to all questions on this application.
- Sponsor Boy's Volleyball as an interscholastic sport for a minimum of three consecutive years.
- Register and participate in the State Championship Tournament if your team qualifies.
- Register the head coach as a member of the State Volleyball Coaches Association or Coaches Association.
- Send your local Regional Volleyball Association and USA Volleyball an annual report including:
 - A brief written review of the season
 - A roster of the team including email addresses and coaches
 - A season schedule
 - A season record including opponents
 - Video/DVD or electronic photographs of season play
- Work with the Regional Volleyball Association and USAV to encourage the development of boys volleyball:
 - ie: create an intramural boys volleyball program or host a weekend clinic for middle school boys
- Provide information about fund raising efforts initiated by the team and involving the players
 - ie: car wash

Is there additional information that you would like the Grant Selection Committee to know when considering this application?

Signature of Athletic Director or Principal _____

Athletic Director or Principal Name (printed) _____

Date _____



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Updated on 9/18/2007

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Sample Forms—IBVCA Membership Application

Indiana Boys Volleyball Coaches Association

2011 Membership Application

Name _____ School _____
 Home Address _____ City _____ Zip _____
 Home Phone _____ Work Phone _____ E-mail _____

Annual IBVCA membership dues are \$25. **A team must be a member of the IBVCA in order for their team to enter the 2011 IBVCA State Boys Volleyball Tournament.** Make checks payable to IBVCA and mail to Mark Slaton 859 Gazebo Way Greenwood IN 46142

GOLD MEDAL CLUB

You may contribute more than the basic fee.
 If you wish to become a member of the Gold Medal Club, simply check the Gold Medal box to the right.
 Your donation is greatly appreciated.

- ☐ \$100 Gold
☐ \$75 Silver
☐ \$50 Bronze

Indiana Boys Volleyball Coaches Association Basic Requirements

- To enter IBVCA events, the players must be full time students at the high school they are representing.
- To enter IBVCA events, players must be eligible under IHSAA eligibility and the school's athletic code of conduct policies.
- To enter the IBVCA tournament series, the high school principal's signature must be on the entry form.
- To enter the IBVCA tournament series, the coach or an adult representative must be an IBVCA member.
- Regional assignments will be made once the tournament entry forms have been received. There will be eight teams that will advance to the state championship including the host school. The number of regionals will depend on the number of entries.
- A team must verify that they competed in five spring season matches prior to regionals. (Note: a team may play in only four matches per day, eight per week.) You will be required to note these dates and the name of your competitors on the state entry form.

How are you affiliated with this team? Parent _____ Coach _____

If a coach, what level? V ___ JV ___ F ___

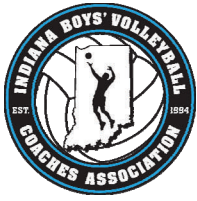
Sample Parents Meeting Agenda

Boy's Volleyball 2012
Parents Meeting Agenda
March 7, 2012, 7:00 p.m.

Sign in

Verify contact information and initial (Include area code)

1. Welcome –Coach
2. Introduction of other admin members
3. Introduction of parents: Parents' name
Child's name
4. Introduction of coaches: Head Coach
Assistant/JV Coach
5. Getting started on the 2011 season – Coach
6. Boys' paperwork (Insurance card, physical and drug test)
7. Participation fee
8. Insurance
9. Picture Day
10. Equipment ordering
11. Volleyball Handbook – address hazing, drug testing, eligibility, absences, family conflicts and scheduling, picking up athletes
12. Athletic Booster Club (PABC) – ABC Member
13. Membership
14. Fundraisers – Lead Parent team
15. Concessions for the Tournament – Our most important fund-raiser!! If having one.
16. Financial Update/What the boosters pay for – ABC Member
17. Team t-shirt
18. Line Judging
19. Senior night refreshments and decorations
20. Banquet (meat, table service, senior gifts)
21. Summer Volleyball League
22. Volunteer Information – Coach
23. Thank you to everyone that has already volunteered time
24. Work parking at football games
25. Donate food for concessions
26. Ticket takers / Concessions for games and tournaments
27. Assigned tasks
28. Schedule will be e-mailed, plus sent home with the updated team roster
29. Organize food for team(s) during away tournaments
30. Organize Senior Night
31. Organize end of year banquet
32. Team Dinners – Sign up



Indiana Boys Volleyball Coaches Association

www.ibvca.com

Benefits of starting a high school boys volleyball team:

- Low start-up and operating costs;
- Additional opportunity for boys to experience a high-paced interscholastic team sport;
- Opportunity to compete for an additional league championship;
- Opportunity to compete for a state championship if available;
- Opportunity to provide a varsity sport that your students want;
- Potential identification for collegiate scholarships;
- High spectator and community interest;
- Attract additional financial supporters;
- Build interest within younger player populations;
- Generate interest in a lifelong sport for a healthy lifestyle;
- Provide a structured setting and activity to condition for other sports;
- Positive social alternative for boys
- Grant assistance (which may be used in any manner to offset team program expenses);
- Opportunity for an additional revenue-generating sport;

Come join the growth and excitement that is boys volleyball.

