



Physical Fitness, Mental Peace, Spiritual & Social Growth

Fight 4Life Fitness & Boxing Ministry, Inc.

NEWSLETTER - DECEMBER 2016

~ 1Chronicles 29:14 "Everything comes from you, and we have given you only what comes from your hand." ~



We have come to the close of another blessed year! This has truly been a year of growth and triumph through the one who always provides. At this time of year, when things are drawing to a close and

preparing to start anew, it is not only important to look forward and see what we can accomplish in the future, but also to look backward and appreciate all that has been awarded us.

One of the many Blessings that were shared through the circle of Fight 4Life family and Friends this year, was a vehicle donated by William S. and Becky Michael, which helped us bless the Wright family. With the father consistently requiring medical attention, the mother working two jobs, as well as having to get the children back and forth to school, the family was in desperate need of reliable transportation. The vehicle donation helped show this family how magnificent the sharing of blessings can be, and further proved how connected we all are in the body of Christ. Thanks Mr. and Mrs. Michael.



SHOWER OF HOPE CHRISTMAS PARTY



The Shower of Hope Christmas Party seems to get better and better each year! This year's Shower of Hope was a great success, thanks to help of Nina Halbert and Carrie Cooley, who put in so much hard work and provided beautiful decorations; Lynn Gurganus, who was a wonderful MC and kept the excitement going; and all the Cross Bridge members who donated heartfelt gifts to the Fight 4Life children. The genuine joy with which the gifts were given, gave way to the sincere and abundant joy with which the children accepted and enjoyed their gifts.

To find out more about F4L and learn how you can help, visit fight4lifeministry.com. If you have any suggestions or comments on how to make our website better, please go to our contact page and let us know.

FITNESS & BOXING PROGRAM: 2016 ACCOMPLISHMENTS

We had a great start to the year, with Greg Young Jr. reaching the fourth round of the 2016 Men's Elite USA Olympic Trials. This was followed by his successful Pro Boxing debut on August 13th, which he won by TKO in the second round. Our amateur boxers also proved their skills at several tournaments throughout the year. We had three winners at the Alabama Youth Silver Gloves tournament, and four take home the title at the Alabama Golden Gloves tournament. Finally, the year was rounded out with three winners at the Title Regional and National Championships, respectively.