### June-July-August 2014

From Your HOA Board,

As summer begins, hot and muggy weather will be the norm for the next few months. The community pool is open daily from 12:30-7:30 pm (closed on Monday) for residents to enjoy and cool off. Children under 16 need to be accompanied by an adult and pass a swim test administered by the lifeguards.

The Community Clubhouse doors are undergoing repairs to secure the locking and magnetic mechanism due to the children vandalism. Evidence and tips have been given in both vandalism cases. Both cases are currently being investigated by the Prince Georges police department. Unfortunately, vandalism events like this are costly to the community and homeowners will be held responsible for damages.

We've had an excellent response for community involvement in HOA Committees. The Social Committee will meet on Thursday, June 19<sup>th</sup>, at 6:30 pm and is planning for a family fun-filled day in August. All homeowners are welcome. The Facilities / Grounds / Communications committees will meet on 19 June at 7:30. All homeowners are welcome to join a committee and should come out to the meeting for committee orientation.

The next HOA meeting will be held in August – more to follow. Have a great summer.

Your HOA Board

Basketball Street play is not authorized. Please do not set up portable basketball courts in the street. Children should use the common areas or personal yards for safe play. Homeowners who set up portable basketball courts in the street may receive a violation letter or a fine. See the Architectural Guidelines (page 6) for details.

# Homeowners Moving Forward

The ponds are treated on a regular basis throughout the summer season. At times, the ponds may have dead algae on top that forms after treatment. The board is working hard to maintain the beautification of the ponds and common areas.

School is out – please slow down. We've seen cars driving excessively fast throughout the neighborhood creating dangerous conditions of causing an accident. Please take your time and keep our streets safe.



SLOW DOWN THERE
SPEED RACER

Please park cars only in designated areas. Cars parked along access roads to the common areas can be towed without notice. Parking in the grass is also prohibited, both in the common areas and on homeowner lots.

Tami Langhorne, President
Sonya Anyaka, Secretary

Lee Russ, Vice President
Renee Salmond, Treasurer

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## **Summer Safety Tips**

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#### **Summer Safety Tips**

Sun Safety – Protect yourself from sun damage:

Cover up with a hat, UV blocking sunglasses and tightly-woven fabric clothing.

Stay in the shade, the sun is strongest between 10 am and 4 pm.

Use sunblock with at least 30 SPF, including face, arms, back, and legs. Reapply sunscreen every 2 hours or after swimming and sweating.

Avoid tanning beds and sun lamps. Heat Safety – High temperatures during the summer months increase the risk of heat exhaustion and heat stroke. Symptoms of Heat Disorder:

Skin redness and pain. In severe cases swelling, blistering, fever, and headache.

Heat cramps – painful spasms in legs or abdomen; heavy sweating.

Heat exhaustion – heavy sweating, weakness, skin cold, pale and clammy, weak pulse, normal temperature possible, fainting and vomiting.

Heat stroke (sunstroke) – MEDICAL EMERGENCY. High body temperature (106 degrees or higher), hot dry skin, rapid and strong pulse, possible unconsciousness.

Prevent heat stroke:

Drink plenty of fluids before, during and after physical activity.

Dress in lightweight clothing.

Avoid hot foods and heavy meals, they add heat to your body.

Avoid too much sun exposure.

Reduce strenuous activities during the middle of the day.

Never leave children, the elderly, or pets unattended in a vehicle.

Check on the elderly.

#### **Insect Safety**

Throughout the summer mosquitos, ticks and insects can spread West Nile Virus, Lyme Disease, and other diseases.

Protect against bug bites:

Avoid scented soaps and perfumes
Wear light colored clothing
Check skin, clothes, and pets for ticks
Avoid dense woods and remove standing

water

Do preventative treatment on lawns with insect and mosquito repellant (use a reputable service).

#### **Pool Safety**

Prevent unintentional pool accidents by following a few guidelines

-Always supervise swimming

Take swim lessons

Keep rescue equipment and a portable phone nearby

Install a fence around pool with self-enclosing latch Do not use floaties or pool tools as a substitute for life vests

Avoid alcohol and learn CPR

Drowning individuals rarely yell, wave arms, or look panicked. If you see a drowning victim, reach out to them, do not go in after them. Call for help, stay calm and throw them a floatation device.

The pool hours are 12:30-7:30 pm daily and closed on Monday. Come out and cool off, meet your neighbors, and get some exercise.



