

## Codes of Conduct

### Wrestlers:

- Follow and play by the rules.
- Never argue with a ref. If you disagree, talk with your coach.
- Control your temper at all times. Verbal abuse of officials or other participants, deliberately distracting or provoking an opponent are not acceptable behaviors in any sport.
- Work hard for yourself and your team.
- Be a good sport. Applaud all skillful plays whether they are made by your team or the competitors.
- Treat all participants in your sport as you like to be treated.
- Cooperate with your coach, team-mates and opponents.
- Participate for your own enjoyment and benefit, not just to please parents and coaches.
- Respect the rights of all participants regardless of their gender, ability, cultural background or religion.
- Coaches' decisions are final.

### Parents:

- Always remember that kids participate in sport for their enjoyment, not yours.
- Encourage kids to participate, do not force them.
- Be positive on the child's efforts and performance rather than winning or losing.
- Always encourage kids to play according to the rules following the code of conduct.
- Never make negative comments to a child for making a mistake or losing a competition.
- Remember that kids learn best by watching great role models.
- Reinforce the stance on removing verbal and physical abuse from kids sports games.
- Always respect the officials decisions and teach kids to do likewise.
- Always show appreciation for volunteer sports coaches, officials and club administrators.
- Respect the rights of all participants regardless of their gender, ability, cultural background or religion.
- All communication with USA wrestling or tournament directors must be done through the Board.
- Issues regarding parent/coach behavior at practice or tournaments will be voted on by the board and members of the club must abide by decisions.
- Board decisions are final.

I have received, read and understand this document, "Codes of Conduct". I agree to abide by these policies and authorize my child \_\_\_\_\_ to participate in Wrestling for the 2016-2017 season.  
(print name)

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Parent Name – printed

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Signature

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Date