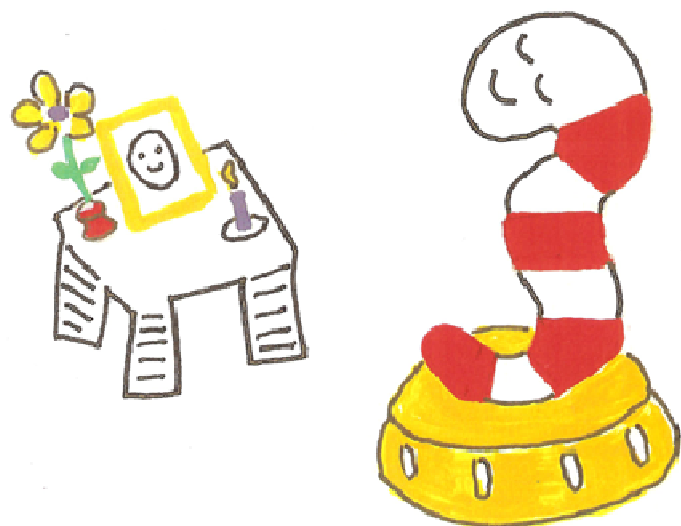
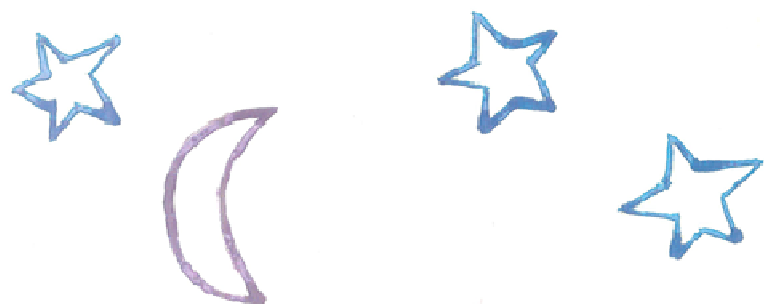


*Written and illustrated  
by Gloria Meer*



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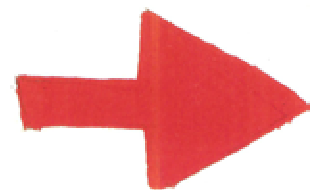


..THEN ONE DAY I  
STARTED TO MEDITATE  
**AND**

**SUDDENLY**  
**OUT OF THE**  
**BLUE**

MY **inner** VOICE  
SPOKE TO ME AND

**SAID**





WHY DO YOU HAVE TO SUFFER  
IN THE STORMY WINTER OF THE MIND?  
JUST TAKE A PERMANENT VACATION  
IN THE SUNNY TROPICS OF THE HEART.  
— SRI CHINMOY

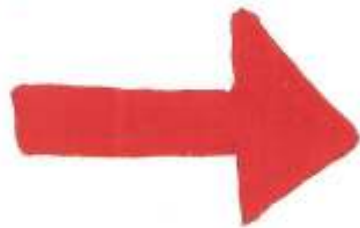


SSS  
**THEN**  
SSS  
→

I PACKED MY bag



and



THE SUNNY TROPICS OF THE HEART

