



# The Salute online



Official newsletter of the Portsmouth Area Chapter of the Military Officers Association of America, serving Portsmouth, Chesapeake, Suffolk, Smithfield and Franklin, Virginia, since 1983. Dinner meetings are on Second Thursday of each month except July and August. Although [MOAA](#) and [PACMOAA](#) actively recommend and support legislative issues for all US uniformed service members and their families; we are nonpartisan and do not participate in political activities.

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Learn about our membership at [pacmoaa.org](http://pacmoaa.org)

June 2018



## FROM THE PRESIDENT'S DESK

I hope you all were able to participate in some Memorial Day activity. There was a wonderful remembrance on WHRO at the annual Memorial Day Concert Sunday evening, 27 May. It included a review of soldiers from wars dating back to WWII as well as the service of women to the military starting with the Revolutionary War. Women had to disguise themselves as men in order to fight at that time. PACMOAA participated in the 134th annual Portsmouth Memorial Day parade as usual and Karl Wilson graciously stepped in on short notice to drive, as I couldn't attend this year. Bob Wall also drove his vehicle in the parade.



As you will see in more detail later in this newsletter, May was a very busy month. Leadership Team members attended 7 JROTC Award ceremonies, several community meetings including the Annual Congressional Luncheon and the scholarship committee selected the 2018 recipients. Thank you for all your extra efforts over the past month. All of us are volunteers and spend many hours working for PACMOAA especially Gordon for the newsletter and website. They both require many hours every month!

At our 35th Anniversary Celebration in April, I neglected to mention all the assistance The Printing Center has provided PACMOAA since 1985. In addition to printing the newsletter and occasionally mailing it out, they are responsible for all the certificates we award to speakers, scholarship winners and honored members like Charter Members. Many thanks for all their support even with short notice!



Stephanie Morales, Commonwealth's Attorney for Portsmouth, and her assistant, Marsha Logan, attended the May dinner meeting. Stephanie gave a rather informal but very informative and interesting presentation on her job and her goals. She is really focused on instilling good values in young people before and after they appear in court. Stephanie comes from a military family and her mother worked to improve the community; both instilled good values in their children. Stephanie strives to be a "servant leader" - similar to MOAA's "Never Stop Serving". Her parents exposed her to a variety of environments and she first observed court at 6 years old. Stephanie works with young people through community and church groups trying to expose them to different environments and instilling values.

The "Ctrl+alt+delete" Program is an example of a program trying to change the future of those that have had to appear in court for committing a crime. Visits to prisons as well as

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[Click Here for  
DIRECTORY](#)

## Chapter Happenings June

01 WARRIOR GAMES BEGIN	17 Fathers day
06 WWII D-Day	21 SUMMER SOLSTICE
14 PACMOAA Scholarship Dinner	23 USCG Auxiliary Birthday
14 US Army Birthday	27 PTSD AWARENESS DAY
14 Flag Day	SEE SUMMER EVENTS ON PG 8

### JUNE SCHOLARSHIP DINNER

Our June dinner meeting will be held on Thursday the 14th at Hilton Garden Inn Harbour View. Social hour begins at 1800 with dinner at 1900. The cost of the meal is \$30.00 including tax and gratuity.

#### DINNER MENU

Iceberg lettuce salad with Italian and Ranch Dressing  
 Chicken Cordon Bleu (sauce on the side)  
 Jasmine Rice, Peas with Pearl Onions  
 Rolls and Butter  
 Chef's choice for Desserts  
 Ice, Tea, Coffee, Water

Please make your reservation **no later than Sunday 10 June** with Sherry by phone at — by email at — . PLEASE REMEMBER THAT A RESERVATION MADE IS A RESERVATION PAID!

## JUNE PROGRAM

Our June Scholarship Dinner program will include meeting our 2018 recipients and their families. The Woodrow Wilson High School JROTC Color Guard will open our program. We have a special speaker Major General Timothy P. Williams. I was provided a bare bones curriculum vitae, but opt to provide you with the following May 23, 2015 article by Mr. Cotton Puryear of the VNGPAO as it is more telling of the man. (some text was deleted as indicated)



SANDSTON, VA — Brig. Gen. Timothy P. Williams, the Adjutant General of Virginia, was promoted to Major General May 22, 2015, at the Virginia National Guard Army Aviation Support Facility in Sandston, VA ..... Secretary of Public Safety and Homeland Security Brian Moran presided over the promotion ceremony on behalf of the Governor of Virginia Terry McAuliffe. Williams was sworn in as the 28th Adjutant General of Virginia June 2, 2014, and he leads more than 9,000 members of the Virginia Army and Air National Guard and Virginia Defense Force.

“Maj. Gen. Tim Williams has provided outstanding leadership to the Virginia National Guard and Virginia Defense Force and made sure they are ready to answer the call of the President for duty anywhere in the



world to defend the ideals of freedom and provide a response force to the Governor to help citizens of the commonwealth in their time of need," Moran said. "He has a sound vision for the future of the Virginia National Guard and has made the tough decisions needed to maximize available resources and chart a course for the organization that will pay dividends for years to come."

Williams reflected on the busy year in the Virginia National Guard since he became the adjutant general including mobilizing more than 400 Soldiers and Airmen and bringing them home safely, advancing the planned construction of the State Department's Foreign Affairs Security Training Center at Fort Pickett that will bring significant economic development to Southside Virginia, the deployment of Airmen from the 192nd Fighter Wing fly F-22 Raptors in combat operations for the first time, supporting the commonwealth during snow storms in February and establishing a solid partnership and training relationship with the Navy at Camp Pendleton. He also credited the hard work of Soldiers and leaders of the Virginia Army National Guard for maintaining readiness despite losing 20 percent of the previous year's operating budget.....

He gave special thanks to his family for their critical role in his career, and he also thanked several other groups for their support including his former co-workers at Fort Lee where he served as a Department of the Army civilian for 14 years and members of his local community in Hanover.

"You are part of the fabric that has made me who I am today," he said.

He also acknowledged the importance of the Soldiers, Airmen, Sailors and Marines he has worked with through his career. "This promotion is about you," he said. "Without all of your hard work, I wouldn't be here."

Serving in the National Guard is a tradition for the Williams family. His brother David, a retired lieutenant colonel, father Pat and grandfather Bill all served in the Virginia Na-

tional Guard, and his son Troy currently serves in the Virginia Air National Guard.

"Tim Williams is a dedicated officer who genuinely cares about the Virginia Guard's Soldiers, Airmen, Virginia Defense Force members and state and federal civilian work force and knows the critical importance of support from families, employers and communities," Moran said. "His commitment to back to basics training to maintain readiness in a challenging resource environment will ensure the Virginia National Guard is always ready to answer the call when they are needed."

Williams earned his commission as a field artillery officer from Virginia Tech in 1985. He was a member of the Virginia Tech Corps of Cadets and the Regimental Band, the Highty-Tighties. After attending the field artillery office basic course, he was assigned to 3rd Squadron, 3rd Armored Cavalry Regiment in Fort Bliss, Texas. While in the Regiment, he served as a fire support team chief, battery fire direction officer, squadron fire support officer and regimental nuclear targeting officer. In 1990, he transitioned to the Virginia National Guard.

Williams, a native of Richmond, mobilized in 2003 for Operation Noble Eagle where he worked with security operations for US Air Force installations in the mid-Atlantic states. He also deployed in 2007 for Operation Iraqi Freedom where he supported theater level logistics transformation.

He commanded at the field artillery battery and battalion level before transferring to the logistics corps and commanding the Virginia Beach-based 329th Regional Support Group for four years. His most recent military assignment was J8 Director of Resource Management on the Virginia National Guard Joint Staff, and as a civilian he was Director of Training Support and Doctrine at the Combined Arms Support Command at Fort Lee, Virginia.

Williams received his Bachelor's Degree in Management Science from Virginia Tech and

has a Master of Arts in Management from Webster University and a Master of Strategic Studies from the U.S. Army War College.[]

### **PACMOAA 2018 SCHOLARSHIP WINNERS**

Thank you to the Scholarship Committee members able to participate this year: Co-Chair Scott Dickinson, Lynn Terry and Sherry Ferki. The online application and grading forms that Scott set up last really facilitated the review process. There were 7 applicants for the two 2018 PACMOAA scholarships; 5 were active in JROTC and 6 had very high grade point averages. It is amazing how students can maintain such a good grades while participating in many extracurricular activities such as sports, clubs, fine arts and community activities as well as providing leadership in some of these endeavors.

Both recipients selected are very competitive and well-rounded students: Ethan Gilmore from Woodrow Wilson High School and Gwenneth Leman from Nansemond River High School. Both are outstanding students that maintained excellent grades while taking many advanced honors classes, dual enrollment in high school and college and advanced placement courses. Ethan plans to attend VMI majoring in history. Gwenneth plans to attend James Madison University majoring in pre-med chemistry.

Please join us in welcoming these exceptional students and their families at the Scholarship Dinner. Congratulation to Ethan and Gwenneth and best wishes for successful college experiences and military careers.

Submitted by Sherry Ferki, Scholarship Committee Co-Chair.

### **VIETNAM VETERANS 50<sup>th</sup> ANNIVERSARY COMMEMORATION**

Five PACMOAA members/spouses attended a luncheon held by the Hampton Roads MOAA Chapter (HRCMOAA) on 23 March 2018. MAJ Sherry Ferki, USA (Ret); COL Hal Hostetler,

USA (Ret); and Lt Col Bob Steorts, USAF (Ret) were recognized as Vietnam Era Veterans in addition to about 30 HRCMOAA members. Several surviving spouses of Vietnam Veterans were also recognized and received special certificates. After a delicious luncheon at the Virginia Beach Resort and Conference Center, Senator Frank Wagner addressed the group. He mentioned his strong connection to the military, growing up in a military family, attending the USNA and serving as military officer. Senator Wagner has been a staunch supporter for military service members and their families as well as for veterans.

Senator Wagner discussed the current issue in the Virginia General Assembly especially in reference to the expansion of Medicaid. He noted that he is working on a plan to allow Medicaid expansion to 400,000 low income residents that is needed, if it includes some provision related to working or trying to find a job. Senator Wagner answered several questions and then had to leave for another event before the recognition of the Vietnam Era Veterans and surviving spouses.



Each Vietnam Era Veteran or surviving spouse received a folder with a beautiful Commemoration brochure. It included pictures of the Wall, a list of the Vietnam Era Veterans being recognized that day as well as several sections in memory of deceased Vietnam Veterans whose names are on the Wall. In addition to this each folder contained a copy of the Proclamation by the President of the Commemoration of the 50th anniversary of the Vietnam War and a Vietnam War Veteran pin. []



(Continued from page 1) FROM THE PRESIDENT

churches are other efforts trying to improve/change the lives of citizens. Another program involves taking young people to observe in court, discussing what they saw and having a mock trial. Stephanie stated that she is also a big advocate for victims.

The question of military courts for veterans came up and Stephanie noted that she and her staff having been focusing on that issue as well as having a mental health docket for the past 2 days but that they both are a work in progress.

Membership continues to be a significant issue. PACMOAA currently has 65 paid members, about 78% of the members we had at the end of December 2017. Some time ago, MOAA stated that chapters with less than 75 members are dying! Most of our current losses are due to health issues or members moving in addition to two deaths last year. Some members feel that, if they cannot participate, they should not be members. Please remember and remind potential new members that chapter membership numbers do have an impact when dealing with state legislators! I mentioned last month that if you bring a potential new member to a dinner meeting, their dinner would be half the normal dinner price. Please let Dolly Cherrington or any Leadership Team member know, if you have any suggestions on how to increase membership.

Thank you all for your support and membership in PACMOAA. I hope to see many of you at the 14 June dinner honoring our scholarship winners and their families. Please continue to keep our troops, their families and wounded warriors in your prayers.[]

## MORE CHAPTER NEWS

### “Health and Aging” Coffee with Representative Scott Taylor

On May 25 CW03 Karl Wilson, USA (Ret.) (Legislative Rep) and Col Hal Hostetler, USA (Ret.) (Assist Leg Rep) attended a “Coffee with

Congressman Scott Taylor” at the Interstate Corporate Center. The roundtable was hosted by the Alzheimer’s Association, the Peninsula Agency on Aging and the Senior Services of Southeastern Virginia. Attendees discussed issues facing senior populations of South Hampton Roads. Questions were prioritized



to avoid duplication and give the Congressman as much response time as possible. The main topic of discussion was the National Association of Area Agencies on Aging’s official Policy Priorities and the Older Americans Act, which will again come up for review and votes for reauthorization in the coming months. <https://www.ncoa.org/public-policy-action/older-americans-act/senate/s-192/>.



Scott William Taylor, a former Navy SEAL, is the United States Representative for Virginia’s 2nd congressional district. He was previously a member of the Virginia House of Dele-

gates for the 85th district. Representative Taylor was impressive in his apparent depth of knowledge, ease in communication, and warmth toward all in the room. Several persons shared their stories of VA problems, suffering with Alzheimer's disease, veteran suicide, and other issues. Congressman Taylor spoke of working with and appreciating the various veterans advocacy groups and, gesturing toward Karl and Hal, recognized MOAA as the best of them. He received an appropriate "Huuaah" response. He was also thanked for having recently attended VCOC's Congressional Luncheon in Washington, DC. []

**Tricare** reminder. New dental plans will be offered this Fall. The current Delta Dental program is being discontinued. If you wish to continue with Delta Dental as a provider you must sign up for their new program! There are several providers so you must do some shopping to find a program that suits your needs. Open season begins in November. Hopefully provider information will be available earlier.

**Immediately** after our 35<sup>th</sup> Anniversary Dinner, President Ferki grabbed a thumb drive of the Power Point presentation and drove to

## IN MEMORIAM

It is with sadness, we announce former long-time PACTROA/PACMOAA auxiliary member, Olga Valdivieso died on 17 May.

Olga was predeceased by her husband, CAPT Jorge Valdivieso, USN (Ret), a PACTROA member. Olga was an active Auxiliary member of PACMOAA for many years attending the annual brunch, monthly dinner meetings and even the summer cruise on the Spirit of Norfolk. Olga has not been active for the past few years due to health issues. Her smile and bubbly personality have been missed.



Medicare ID Cards were mailed to Virginians in April. Three things to know.

1. Your new card will automatically come to you. You don't need to do anything as long as your address is up to date. If you need to update your address, visit [My Social Security account](#). - Opens in a new tab
2. Sign your new Medicare card once you get it. Destroy your old Medicare card and start using your new card right away.
3. Your new Medicare Number is a unique combination of numbers and letters, not your Social Security Number. The letters S, L, O, I, B, and Z are never used. The new claim numbers contains several letters and digits.

Northern Virginia to play it for Bob Parker and present him with his recognition certificate as a Past President and his long service. Bob has relocated for rehab near his daughter yet remains a PACMOAA member.

MEDICARE HEALTH INSURANCE	
1-800-MEDICARE (1-800-633-4227)	
NAME OF BENEFICIARY	JOHN DOE
MEDICARE CLAIM NUMBER	000-00-0000-A
SEX	MALE
IS ENTITLED TO	EFFECTIVE DATE
HOSPITAL (PART A)	01-01-2007
MEDICAL (PART B)	01-01-2007
SIGN HERE	_____

*The Salute* takes this opportunity to recognize and thank PACMOAA members who volunteer their time to present MOAA Medals to deserving JROTC cadets every year. Both the JROTC Cadets and presenters deserve recognition.

School	Director	Date/ Time	Presenter Cadet
<b>CHESAPEAKE</b>	All AFJROTC units	23 May 2018 1800 - 2030	<b>Scott Dickinson</b>
Deep Creek HS	MAJ Pearman		<b>Kamron Grady</b>
Great Bridge HS	Lt Col Christian Wendler		<b>Elijah Myers</b>
Indian River HS	Lt Col Lynn Holmbeck		<b>Jaz'men Wilson</b>
Oscar Smith HS	Col Bacon		<b>Montrel Walker</b>
Western Branch HS	Col Mike Kloski		<b>Piper Dewberry</b>
Grassfield HS	Lt Col Gordon Strong		<b>Mackenzie Chase</b>
<b>PORTSMOUTH</b>			
Churchland HS MCJROTC	Lt Col Paul Pratt	17 May 2018 0915-1015	<b>Hal Hostetler</b> <b>C/SSGT Larry Hailes</b>
I.C. Norcom HS NJROTC	CWO2 Joseph Redwood	17 May 2018 0900	<b>Karl Wilson</b> <b>Cadet Jaylin Ray</b>
Woodrow Wilson HS AJROTC	LTC Chailendreia Dickins	11 May 18 1730	<b>Sherry Ferki</b> <b>C/SGT Sydney Price</b>
<b>SUFFOLK</b>			
Lakeland HS AFJROTC	Maj Dale Blake	11 May 2018 1900	<b>Rick Titi</b> <b>Demonta Hawkins</b>
Nansemond River HS AFJROTC	Lt Col David Hedger	11 May 2018 1900-2030	<b>Hal Hostetler</b> <b>Courtney Samuel</b>
Smithfield HS AJROTC	LTC Badoiam 1SGT Marvin Hunter	23 May 2018 1315 in gym	<b>Ken App</b> <b>C/CPT Zhakira Barrow</b>



## MORE CHAPTER NEWS

Hal Hostetler attended the WWI Symposium at the MacArthur Memorial, Saturday 19 May. Local radio personality, Tony Macrini, who wakes Hampton Roads up each weekday morning with entertaining and dynamic conversation on a variety of topics from politics to practically anything, hosted the Symposium.

The symposium consisted of a personal history



of four World War I soldiers. Each soldier's history was presented by a separate speaker and included thoughts on how their experiences affected their performance during World War II. The four soldiers were:

**Douglas MacArthur (1880-1964)**

He graduated from the U.S. Military Academy at West Point in 1903 and helped lead the 42nd Division in France during World War I (1914-1918).

**Dwight D. Eisenhower (1890-1969)**

He graduated from West Point 1915 and commissioned a second lieutenant.

Ultimately he commanded the newly formed tank training center at Camp Colt in Gettysburg, PA. His 18 November 1918 embarkation date to Europe with his tanks was overcome by the 11 November armistice.

**George C. Marshall (1880-1959)**

He graduated Virginia Military Institute in 1902 and commissioned an infantry second lieutenant. He served as a World War I staff officer and became one of the most decorated military leaders in American history.

**Harry S. Truman (1884-1972)**

Unable to afford college, he tried for West Point, but was refused appointment due to poor eyesight. He enlisted in the Missouri Army National Guard in 1905 and attained the rank of corporal in the artillery. The second time he took the test, he passed by memorizing the eye chart. When the United States entered World War I, Truman rejoined Battery B and became a mustang first lieutenant before deployment to France.



Both Hal and Tony are Vietnam Vets, USA and USMC respectively.

## SUMMER EVENTS

### 11 JULY VCOC MEETING

**22 JULY ANNUAL SUMMER BRUNCH** will be at the Virginia Beach Resort Hotel and Conference Center. Starts at 1100 and costs \$27.00 plus tax and gratuity. There will be a cash bar available. Deadline for reservations is 16 July. Contact Sherry at .....

### TBA AUGUST PACMOAA BOARD MEETING

**13 SEPTEMBER DINNER MEETING:** Daniel Boothe, Music Director and Conductor of Symphonicity Orchestra of Virginia Beach and a member of the Air National Guard will be our speaker.



## NEWS FROM VCOC

### VCOC/MOAA 34<sup>TH</sup> ANNUAL CONGRESSIONAL LUNCHEON

PACMOAA members Harold Hostetler, Karl Wilson, Hans Sachse and James Stephan (also representing VCOC) traveled to the Capitol Hill Club in Washington, D.C. on 9 May this year to attend this special luncheon honoring the entire Virginia Congressional delegation for their efforts and continued loyal support of the U.S. Military Community and the Armed Forces: active duty, reserves, National Guard, retirees, veterans and their family members

VCOC/MOAA President COL Dan Warren, USA (Ret.) welcomed the attendees with opening remarks. MOAA President Lt. Gen. Dana Atkins, Senator Tim Kaine, Congressman Rob Wittman, Virginia Deputy Secretary Jaime Areizaga-Soto and other Special Guests sat at the head table with VCOC President Dan Warren. Chapter members seated with their Congressional District Congresspersons had the opportunity to socialize and ask questions of their representatives. Congresspersons continued to arrive and speak during lunch as schedules allowed. COL Hal Hostetler, USA (Ret) was given the honor of introducing Congressman Bobby Scott. Lt Col James Stephan, USAF (Ret) was given the honor of introducing Congressman Scott Taylor.



NOW HEAR THIS!



There were also scheduled speakers. Senator Tim Kaine presented first followed by MOAA President, Lt Gen Dana Atkins, USAF (Ret). The final scheduled speaker was Congressman Robert Wittman, who was presented the VCOC Legislator of The Year award at the conclusion of his remarks by VCOC President Dan Warren.

The meal was excellent as always. Virginia MOAA members should attend one luncheon.

## NEWS FROM MOAA

### SURVIVING SPOUSE CORNER

#### THE BENEFITS OF VOLUNTEERING

Giving your time to help others not only positively affects the recipient and your community but also you.

By Patricia Farnsworth, Surviving Spouse Advisory Committee member

Volunteering can have positive benefits for the volunteer as well as for the person or organization that is served. There are many ways you can realize these positive results. It begins with having a little free time and then finding a volunteer site that deals with causes or issues about which you care. If your own knowledge or skills can benefit an organization or activity in which you have an interest, volunteering might be a perfect way to use your spare time.

The benefits of volunteering can be enormous for the volunteer and their family and community. Research has determined using your time in the right situation can reduce stress, help you make new friends, and provide opportunities to learn new skills. Research also indicates a strong correlation between volunteering and health. Those who volunteer have lower mortality rates, greater functional ability, and lower rates of depression as they grow older than those who do not volunteer.

Being a volunteer can help you feel more connected to a community — providing opportunities to meet new people and make new friends and make your community a better place. Even helping with the smallest tasks can make a real difference in the lives of people, animals, and organizations in need. Using your free time to help in a hospital benefits you as the volunteer, the patients and their families, and the hospital staff.

Additionally, volunteering helps you stay physically, mentally, and emotionally healthy and maintain self-esteem. It can lead to grace-

ful aging and add fun to your years.

Research also indicates “volunteers who devote a considerable amount of time to volunteer activities (about 100 hours per year) are most likely to exhibit positive health outcomes.” One key for deriving health benefits from volunteering is to do it for the right reasons.

A 2012 study in the journal *Health Psychology* found that participants who volunteered with some regularity lived longer but only if their intentions were truly altruistic. They had to be volunteering to help others — not to make themselves feel better.

Volunteering with friends or family can be a great way to get to know people better and can help keep you excited about donating your time. Plus, it’s a wonderful way to demonstrate to your children how satisfying it can be to do something for others. []

#### SOME QUOTES FOR FATHER’S DAY

“Fathers are the great gift-givers of the world!”— Mrs. John Dodd, founder of Father’s Day

“One father is worth more than a hundred schoolmasters.” — George Herbert

“Father to teenage son: “No, you can’t use the car but please feel free to use the lawnmower.”  
Vern McLellan

“The most important thing a father can do for his children is to love their mother.”  
Theodore Hesburgh

“My father didn’t tell me how to live; he lived, and let me watch him do it.” — CB Kelland

“You don’t raise heroes; you raise sons. And if you treat them like sons, they’ll turn out to be heroes, even if it’s just in your own eyes.”  
Walter Schirra Sr.

#### THAT’S A WRAP FOR JUNE