New Scout Gear List

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| **Car Camping**  50° Fleece Bag (Hot Weather)  20° Mummy Bag (Cool-Cold Weather)  Sleeping Pad or Self inflate air mattress  1st Aid kit, Matches, Flashlight  Compass, whistle, Knife (totin’ chip required)  Personal hygiene kit, toilet paper, trash bags  Rain gear (poncho or rain suit)  Mess kit, flatware  Water bottle (Nalgene preferred)  Closed toe shoes | **Backpacking**  Backpack and rain cover  Sleeping bag *(weather rated for current conditions)*  Sleeping pad  1-2 person Tent (optional)  Extra clothes for cold weather or to keep dry  Trail Stove (sterno, propane, butane)  Cook set/pot/pan/lid  Drinking cup  Water bottles (Nalgene preferred)  Rain gear (poncho or rain suit)  Boots for hiking  Crocs, tennis shoes (nice to have in camp)  Extra socks  Food / Snacks  Carabineers (2-3)  Nylon cord *(550 cord or paracord works best)*  Flashlight(s)  Extra batteries  First Aid Kit w/ prescription medicine if needed  Personal toiletry *items (toothbrush, paste, tp, deodorant, etc.)*  Insect repellant  Cold Weather- mittens, gloves, toboggan, wool socks, layered clothing, wool or synthetic preferable |
| **Summer Camp**  Trunk and combination lock (no keyed locks)  Day pack (school style)  Water bottle  Closed toe shoes – 2 pair  Crocs or flip flops (for shower use only)  50°+ Fleece bag or flat sheet  Fitted sheet for mattress (twin)  Mosquito netting (optional)  Money for trading post  Rain gear  Extra clothes for number of days  Personal toiletries *(soap, shampoo, towel, deodorant, toothbrush, paste, comb, hand sanitizer, etc.)* |
| **Breakfast**: Hot chocolate  Coffee, Tea  Instant Hot Cider Oatmeal (variety) Instant Cream of Wheat Malt O' Meal (w/brown sugar) Granola Nature Valley Granola bars (variety) Dried fruit (apples, raisins)  **Lunch**: Gorp (nuts, seeds, dried fruit, m&ms) Bagels String Cheese Hard Cheese (lasts longer)  Jerky or salami Cookies Crackers | **Dinner**:  Instant soup (Lipton's Chicken Noodle & Cream of Chicken) Freeze-dried dinners (preparable in their own foil container) Mountain House/ Backpacker Pantry/ etc.  **Dinner Spices** (keep dry in small transparent canisters) Tobassco Salt / Pepper  Mrs. Dash  **Other Non-Cook Nourishment--Good for Snacks** CLIFF bars/ Power bars or other energy bars Kudos Gatorade mix Bagels, English muffins String cheese (individually wrapped) Chocolate & candy Dried fruit (raisins, apples, pears, peaches, bananas) Giant pretzels   Raw fruit / vegetables Nuts Pop Tarts |