







































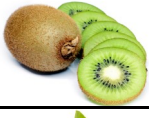




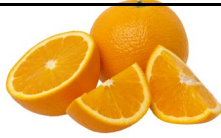






Tupperware FridgeSmart Vegetable Chart

Vegetable	Vent
 Artichoke	Open
 Asparagus	Closed
 Beet Root	Closed
 Bok Choy	Half-Open
 Brussels Sprouts	Open
 Broccoli Florets	Open
 Cabbage, Shredded	Half-Open
 Cauliflower	Half-Open
 Carrots	Closed
 Celery	Closed
 Corn on the Cob Husked	Open
 Cucumber	Closed














Vegetable	Vent
 Eggplant	Closed
 Green Beans	Half-Open
 Lettuce	Half-Open
 Mushrooms	Closed
 Onion	Don't Refrigerate
 Peas	Open
 Peppers, Bell	Half-Open
 Potatoes	Don't Refrigerate
 Radish	Closed
 Spinach	Open
 Tomato	Don't Refrigerate
 Turnips	Closed
 Zucchini	Closed

Tupperware FridgeSmart Fruit Chart

Fruit	Vent
 Apples	Half-Open
 Apricots	Don't Refrigerate
 Avocado	Don't Refrigerate
 Bananas	Don't Refrigerate
 Blackberries	Closed
 Blueberries	Closed
 Cantaloupes	Closed
 Cherries	Closed
 Cranberries	Closed
 Grapes	Closed
 Grapefruit	Half-Open
 Guava	Closed

Fruit	Vent
 Honeydew Melon	Closed
 Kiwi	Don't Refrigerate
 Lemon	Half-Open
 Lime	Half-Open
 Mango	Don't Refrigerate
 Nectarines	Don't Refrigerate
 Oranges	Half-Open
 Peaches	Don't Refrigerate
 Pears	Don't Refrigerate
 Pineapple	Closed
 Raspberries	Closed
 Strawberries	Closed
 Watermelon	Closed

Tupperware FridgeSmart Herb Chart

Herb	Vent	Characteristics
 <p>Basil</p>	Half-Open	Basil is peppery and minty with a touch of sweetness.
 <p>Chives</p>	Half-Open	Chives have a refreshingly light oniony taste.
 <p>Cilantro</p>	Half-Open	Cilantro, also called coriander has a bright citrusy, refreshing flavor.
 <p>Dill</p>	Half-Open	The Dill Seed flavor is clean, pungent, and reminiscent of caraway. Dill Weed has a similar but mellow and fresher flavor.
 <p>Marjoram</p>	Half-Open	Marjoram has a delicate, sweet, pleasant flavor with a slightly bitter undertone.
 <p>Mint</p>	Half-Open	Peppermint has a strong, cooling aftertaste due to the high concentration of menthol; spearmint is lighter and sweeter to the palate.
 <p>Oregano</p>	Half-Open	Oregano has a hint of sweetness combined with some spiciness adds warmth to any dish.
 <p>Parsley</p>	Half-Open	Flat parsley has a peppery bite whereas the curly kind is relatively bland.
 <p>Rosemary</p>	Half-Open	Rosemary has a strong, even pungent, pine like fragrance and flavor.
 <p>Sage</p>	Half-Open	its taste ranges from mild to slightly peppery with some touches of mint.
 <p>Savory</p>	Half-Open	Savory has a peppery flavor, although winter savory is more pungent and stronger flavored than the summer variety.
 <p>Tarragon</p>	Half-Open	Tarragon has a slightly bittersweet flavor and an aroma similar to anise .
 <p>Thyme</p>	Half-Open	Thyme has a subtle, earthy dry aroma and a slightly minty flavor.