

RAG BOUQUET



Finished Size: 26" x 26"
A frayed-edge applique quilt by Annis Clapp



P117 RAG BOUQUET

Prewashing fabric is optional. If you choose not to prewash, check fabrics for color fastness, especially the darker fabrics. Iron all fabrics before cutting.

Making the Applique Block

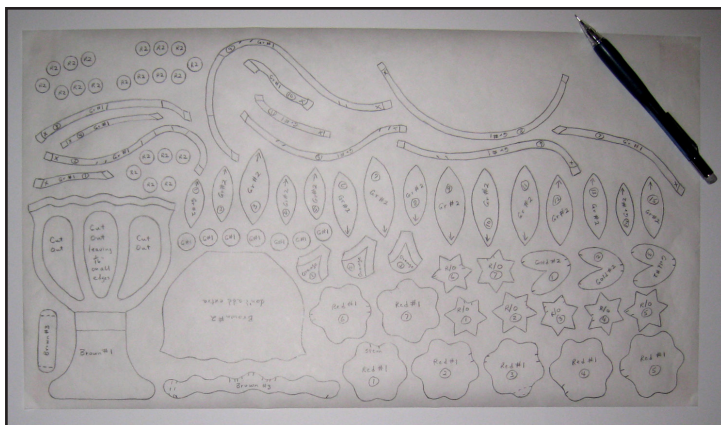
1. Cut 1 each (if you don't have a ruler large enough, use the measurements on your cutting mat):

Tan background fabric, 14" x 14"

Backing fabric, 14" x 14"

Batting, 12 7/8" x 12 7/8"

2. Using a pencil, trace each applique piece onto dull side of freezer paper. Add 1/4" extra on edges that tuck under other pieces. Number and mark pieces for color, direction, and overlapping areas, or where pieces line up with others. Trace and cut Brown #1 and Brown #2 Vase pieces in 1 piece each. Trace Brown #2 cutouts on Brown #1. Draw arrows on leaves and marks on flowers where they line up with stems. Draw an X on stems where they line up with flowers or berries.



3. Roughly cut out each freezer paper pattern, then cut them out close to the pencil lines. This will make it easier to position the pieces on the plaid fabrics, position them correctly on the background fabric, and to remove the freezer paper.



4. Separate the cut-out pieces by fabric choice and place in ziplock bags or place on paper plates if you are going to be using them soon.



5. Iron the freezer paper patterns (shiny side down) onto the proper fabric. When using plaids you have a choice of going straight with the plaid or diagonally. For instance, the inserts on the vase may look better going diagonally if the vase is going straight. The leaves may look better with a straight line of the plaid going down the center. The stems would work best with the longest straight edge on the diagonal. If the flowers are going straight, place the stars on the diagonal. Fold vase pieces in half to find center point for centering on fabric, or mark center of freezer paper template with pencil.



6. Cut the fabric pieces out adding a little less than 1/8" to all sides of the freezer paper patterns. I rough cut them first before cutting exactly. Do not add extra to Brown #2 Vase insert. It should be cut slightly smaller than vase area. Separate the different pieces in ziplock bags or place on paper plates. Do not remove the freezer paper.



- Center the bouquet pattern with the design facing the back side of the tan background fabric. Pin with flat head pins if you have them or use regular pins with a small head, keeping them away from the lines. Using a light box or window, trace the pattern onto the front side of the background fabric with a fine point water erasable marker. You don't have to trace the layered pieces. Keep the fabric away from any moisture so your lines won't disappear.

Note: I purposely made the lines extra thick so they would be easy to see. If you are working on a different design and can't see the lines, trace over them with a sharpie marker before pinning to the background fabric.



- Layer the backing, batting, and background fabric and pin together. If you are using a compact sewing machine use shorter pins or safety pins so they won't poke you.



- Use a washable glue stick to baste the pieces in place for sewing. Place the piece freezer paper side down on a piece of scrap paper and dab fabric with a glue stick. (You may find that glue dots work better on small or narrow fabric pieces.) Position in place on background fabric. Wait for the glue to dry then carefully remove freezer paper. Use straight pins to secure pieces so they won't shift if they become unglued. Baste only a few pieces at a time, such as the stems, the leaves, the flowers, etc.

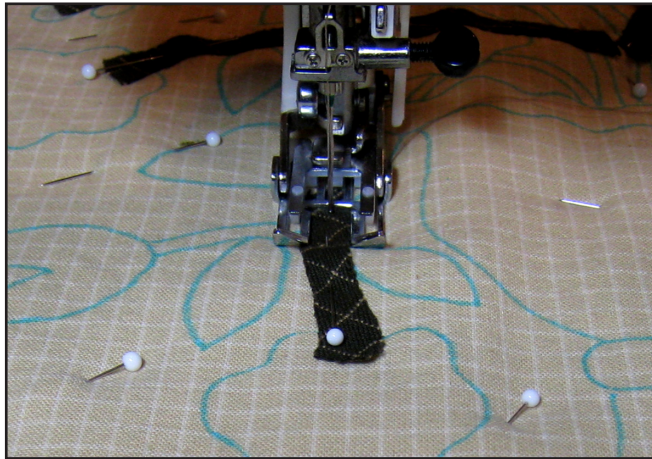
Following the instructions in **Step 10**, applique the pieces in the following order:

1. Stems - 1, 3, 4, 7, 10, 11
2. Stems - 2, 6, 9
3. Stems - 5, 8
4. Leaves
5. Red #1 Flowers
6. Red/Orange Stars
7. Gold #1 Flower Centers
8. Orange Buds
9. Gold #2 Buds
10. Vase Insert & Vase - Brown #2/Brown #1
11. Vase Trim - Brown #3
12. Berries - Sew every other berry first, then remaining berries

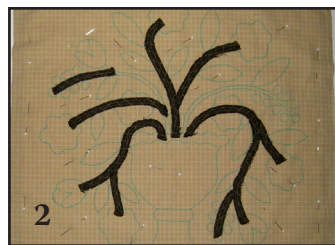
Note: You may vary the sewing order of the flowers, leaves, or vase as long as the stems are sewn first.



10. Use an open toe walking foot for sewing. If you're using a Pfaff machine with dual feed use an open toe applique foot. Adjust your needle so it is 1/8" from the inside right edge of the foot. The inside right edge should line up with the edge of the fabric. Use the needle down position for going around curves or pivoting at corners.



You will be sewing through all layers with a straight stitch. Start and end your stitching with a very short stitch (.5 to 1.0) to secure and use a 2.5 stitch length (10-12 stitches per inch) for sewing. Choose a thread that blends with all fabrics, or if you don't mind changing threads often, you may use thread to match fabrics. If you overlap the beginning and ending stitches and the quilting on the back is not as neat as you would like, you have the option of hiding the thread ends in the batting instead of starting and stopping with a short stitch. This would take more time and probably isn't necessary for a wall quilt, but if you want to make a show quality quilt it would be worth the extra time. Another option would be to use a busy fabric on the back that hides the threads.



11. Using the same thread or thread to match the background fabric, add additional quilting to the background as desired. I outline quilted $\frac{1}{2}$ " apart around the bouquet.



Making the Borders

Inner Border (sashing with star points)

- Cut 4 pieces Brown #1 for backing - 14" x 4"
- Cut 4 pieces Brown #2 for top - 14" x 4"
- Cut 4 pieces batting - $12\frac{7}{8}$ " x $2\frac{7}{8}$ "

Cornerstones (for inner border)

- Cut 4 pieces Gold #1 for backing - 4" x 4"
- Cut 4 pieces Gold #2 for top - 4" x 4"
- Cut 4 pieces batting - $2\frac{7}{8}$ " x $2\frac{7}{8}$ "

Outer Border and Star Blocks

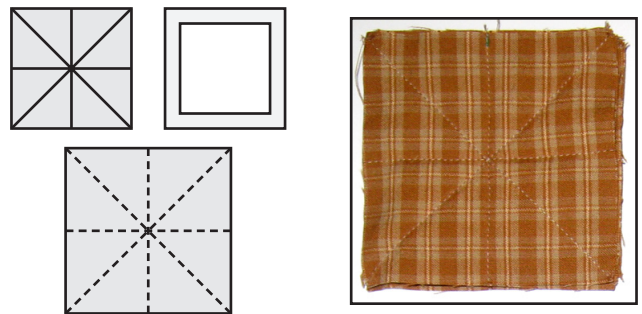
- Cut 24 pieces Green #3 - 4" x 4"
- Cut 8 pieces Green #3 - 14" x 4"
- Cut 12 pieces Batting - $2\frac{7}{8}$ " x $2\frac{7}{8}$ "
- Cut 4 pieces Batting - $12\frac{7}{8}$ " x $2\frac{7}{8}$ "

Star Points

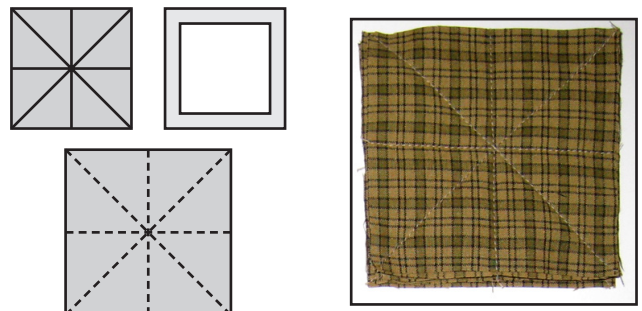
Cut 8 rectangles each of Red #1 and Orange - $2\frac{3}{4}$ " x 4". Cut in half as shown being sure to cut each fabric in opposite directions, starting and ending $\frac{3}{8}$ " from each side. Use a Lazy Angle™ ruler to get the right angle. (Turn ruler or fabric over to get opposite angle.)



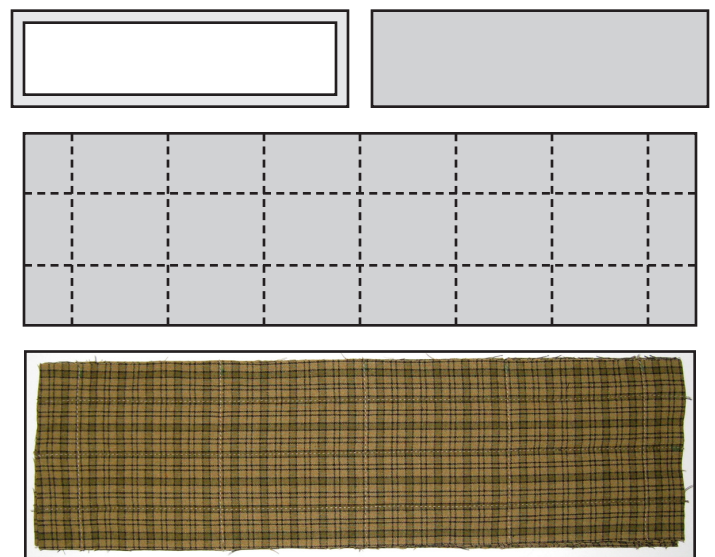
1. Mark quilting lines on 4 Gold #2 top squares. Layer with Gold #1 backing squares and $2\frac{7}{8}$ " batting squares for Cornerstones. Mark and quilt diagonally in both directions and horizontally and vertically through center, or quilt as desired. Make 4 Cornerstones.



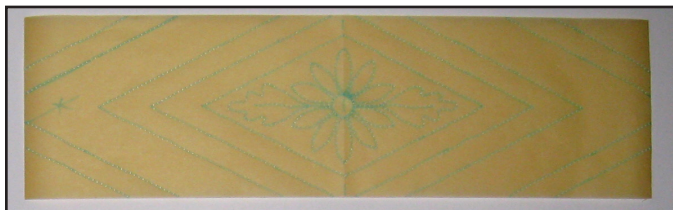
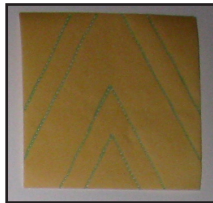
2. Repeat Step 1 using 4 Green #3 top squares, Green #3 backing squares and $2\frac{7}{8}$ " batting squares for Outer Border Corners. Make 4 Outer Border Corners.



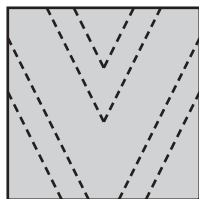
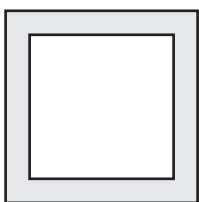
3. Layer 4 each of the 14" x 4" Green #3 backing rectangles, $12\frac{7}{8}$ " x $2\frac{7}{8}$ " batting rectangles, and Green #3 top rectangles for Outer Border. Quilt horizontally and vertically following the lines on the plaid fabric, or quilt as desired. Make 4 Outer Border Rectangles.



4. Cut 8 pieces of Golden Threads quilting paper 4" x 4" and 4 pieces 14" x 4". Trace the quilting templates for the star blocks and sashing on one piece each size of the quilting paper using a washable blue marker. Follow the instructions included with the paper to sew through multiple layers to make the quilting templates using a large needle, short stitch length and no thread in the needle. *Note: If there is any part of the design you may have trouble seeing with just needle holes, mark over the holes in that area with a washable marker. The pattern is given as a mirror image for quilting with bumpy side up. After you make the templates turn the paper over to pin it to the blocks for quilting.*

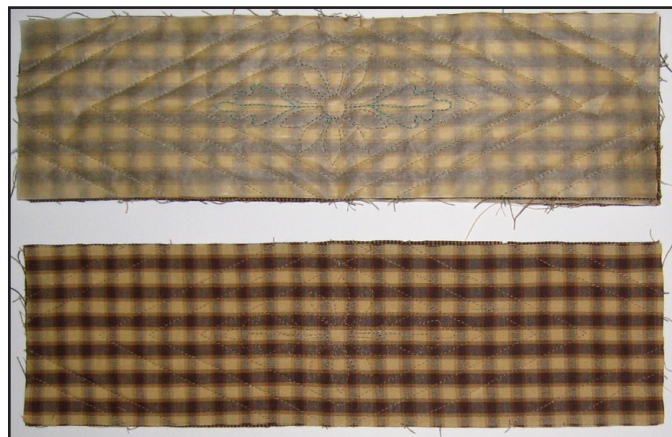


5. Layer 8 each of the 4" x 4" Green #3 backing squares, 2 7/8" batting squares, and Green #3 top squares for Star Blocks. Pin a quilting template to each from **Step 4** and quilt on the lines. Do not quilt the dotted lines. These are for sewing the star points which will be done in **Steps 7-8**. Remove paper. Make 8 Star Blocks.

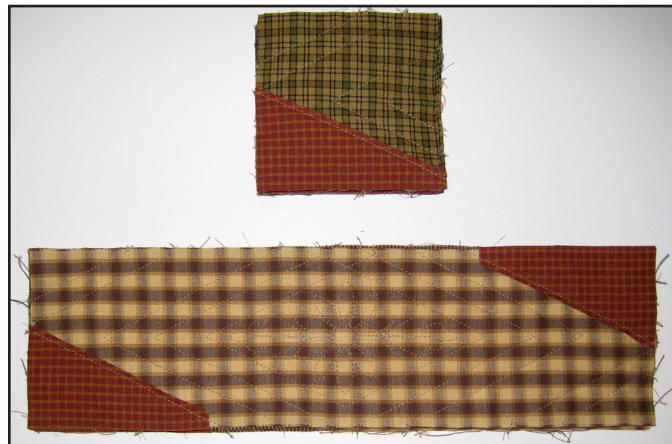


These instructions are presented in good faith, but no warranty is given, nor results guaranteed. AMC Designs disclaims any liability for unfavorable results.

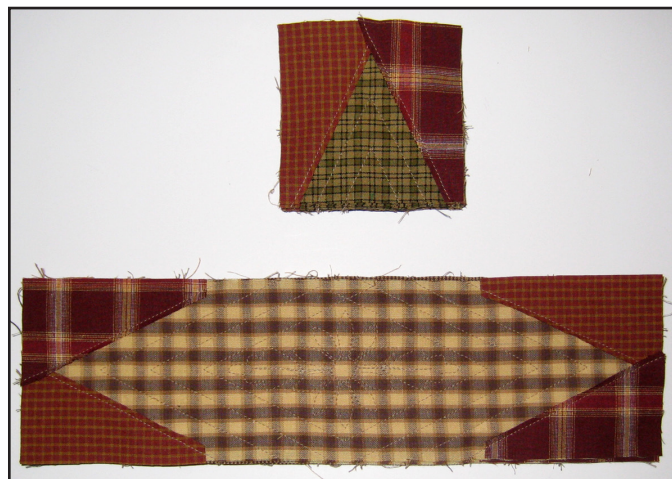
6. Layer 4 each of the Brown #1 backing rectangles, batting rectangles, and Brown #2 top rectangles for Inner Border Sashing. Pin a quilting template to each from **Step 4** and quilt on the lines. Do not quilt the dotted lines. These are for sewing the star points which will be done in **Steps 7-8**. Remove paper. Make 4 Inner Border Sashing.



7. Sew the Orange star points to 1 side of each of the blocks from **Steps 5 and 6** as shown, sewing 1/8" from the edge of the fabric.



8. Sew the Red #1 star points to the opposite side of each of the blocks from **Steps 5 and 6** as shown, sewing 1/8" from the edge of the fabric.



Assembly and Finishing

1. Following the Quilt Diagram, sew blocks into rows with 1/2" seams, back sides together. Label the first block in each row to keep them in order. Sew rows together. Press all seams open. The seams will be on the front side of the quilt.



2. Trim excess star point fabric at an angle in seam allowance, so when the seam folds over on the star point it is at the same angle. To eliminate some of the bulk where seams join, trim triangle corners off the seams on the underneath side.



3. Make and add a hanging sleeve to your quilt if desired before adding the binding.



4. For a double-fold frayed-edge binding cut 3 strips 5" x 42" from Brown #3. Piece the binding strips straight or diagonally to make one long strip. Straight piecing is easier for lining up stripes or plaids. Trim seams to 1/4" and press open. Fold the strip in half lengthwise, wrong sides together, and press. Starting near the middle of the top of the quilt on the **back** side, align the **folded** edge of the binding with the raw edges of the quilt. Pin binding to quilt making sure no seams end up at a corner. Adjust placement if necessary.



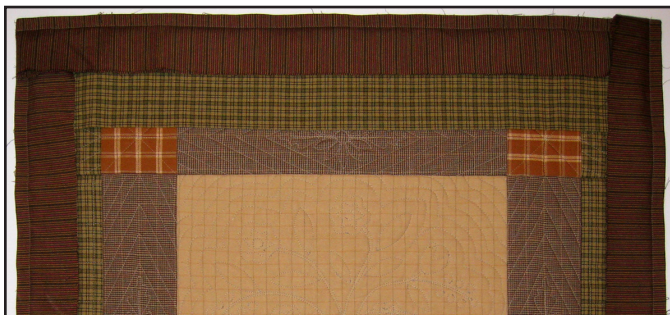
Using a walking foot and a 1/2" seam allowance, begin stitching the binding to the quilt, starting 10" from beginning end of the binding. Stop stitching 1/2" away from the corner of the quilt, pivot and stitch to the outside corner.

Remove the quilt from the machine and turn the quilt so you will be stitching down the next side. Fold the binding up, away from the quilt, then fold back down in line with the next edge, leaving the top fold even with the raw edge of the previously sewn side. Begin stitching at the top edge, sewing through all layers. Repeat for the remaining edges and corners of the quilt.

On the last side of the quilt, stop stitching about 16" from where you began. Lay both loose ends of the binding flat along the quilt edge. Trim the binding end so the overlap is 5" for a diagonal seam or 1/2" for a straight seam. Open the two ends of the folded binding, pin right sides together at right angles to piece diagonally or straight for piecing with a 1/4" seam.



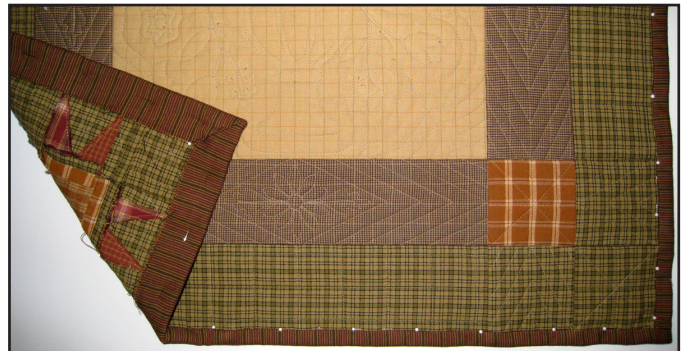
Trim excess fabric as needed, press seam open, and refold the binding. Align the folded edge with the raw edge of the quilt and finish sewing it in place.



Press binding away from the quilt back.



Fold the binding to the front of the quilt and pin, placing the pins on the back side of the quilt and mitering the corners.



Turn the quilt over to the back side and stitch "in-the-ditch" next to the binding. Blind stitch mitered corners closed.



- To fringe the quilt, clip to but not through the stitching line using spring-loaded scissors and cutting no more than two layers of fabric at a time. Clip the seam allowances on the binding and each seam $\frac{1}{4}$ " to $\frac{3}{8}$ " apart. Where the seam allowances are held down by stitching, clip $\frac{1}{8}$ " from the seamline. Start clipping with the last seams sewn and work toward the first seams sewn.



- Wash and dry quilt. You may need to wash and dry it more than once to get the desired results. Shake the quilt outdoors before placing in the washer. Wash quilt using cool water and a short wash cycle. Shake the quilt outdoors again before placing in the dryer. Dry quilt in the dryer on a medium setting. Periodically check the dryer for lint during the cycle. Shake the quilt outdoors again after removing from the dryer.

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***TIP:** To keep the lint out of your washer, make an oversized pillowcase from a white top sheet by folding in half and sewing all but one end closed. Place the quilt loosely in the pillowcase and sew the end closed with a long sewing machine stitch. Wash in the washer. For a smaller quilt, place another sheet in the washer to balance the load. Dry in the dryer, checking and rearranging quilt every 15 minutes until almost dry. Undo the long stitches, remove the quilt and shake outdoors or on a surface that can be swept. Turn the pillowcase inside out and shake off the lint. Finish drying the quilt in the dryer, checking for lint every 15 minutes.*

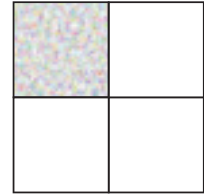
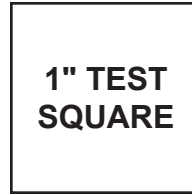


- Give appliques a "haircut" by trimming all loose threads. This may take awhile. Use a lint roller or masking tape to remove any remaining lint. Add a label and enjoy!

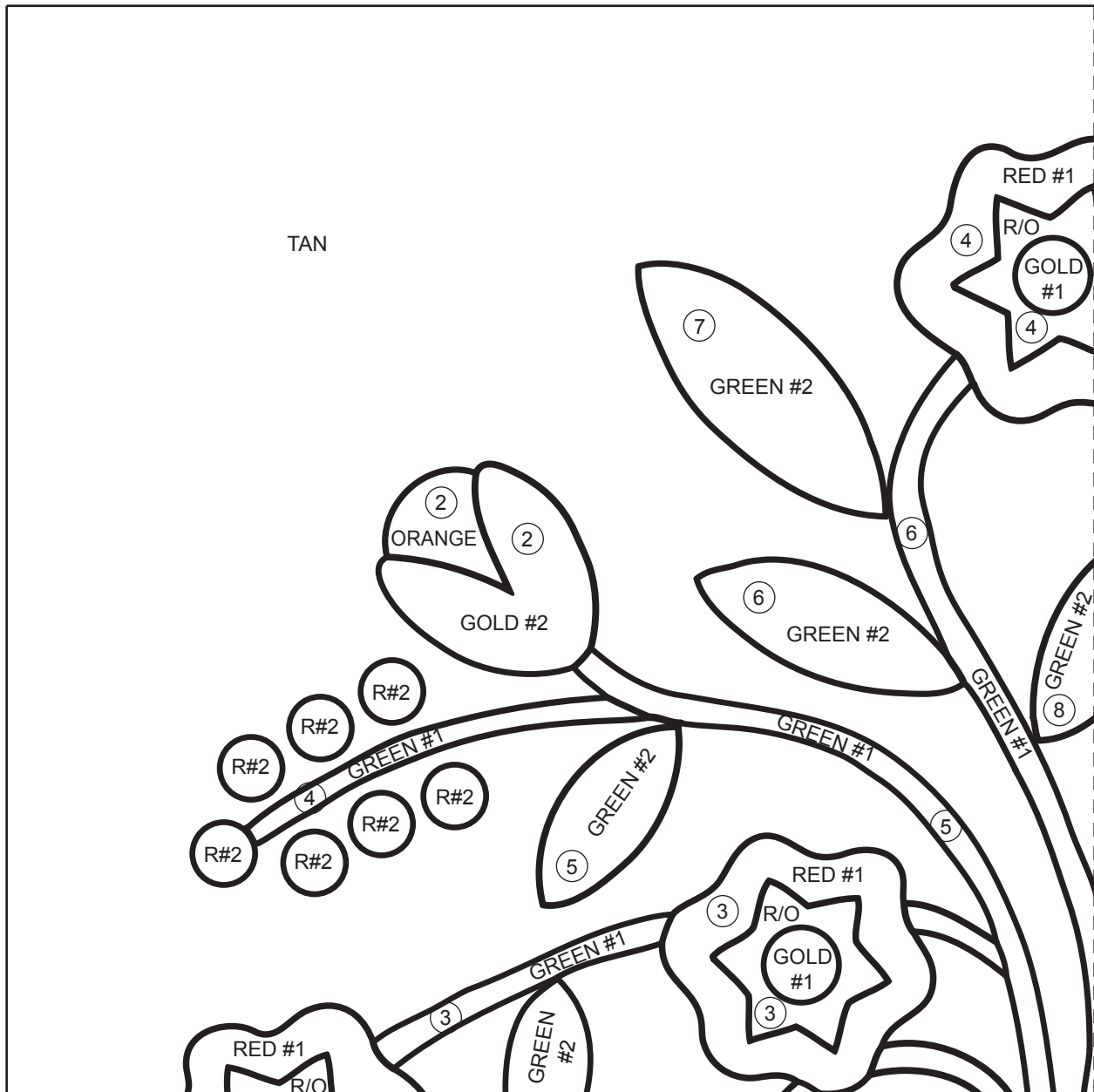


Block Diagram - Top Left

Page 1 of 4
Finished Size: 13" x 13"

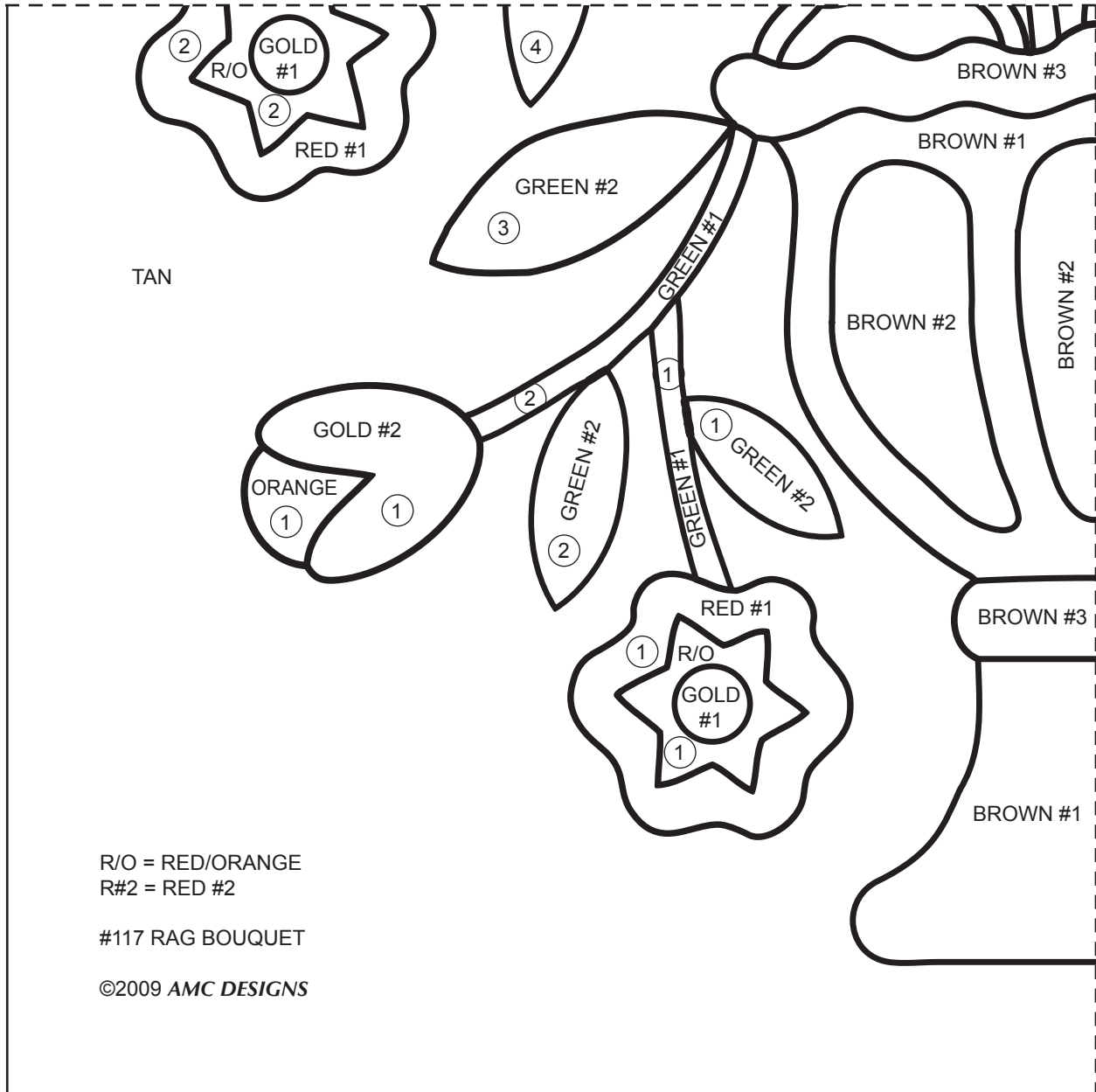


Cut on dashed and solid lines and tape sections together on dashed lines.



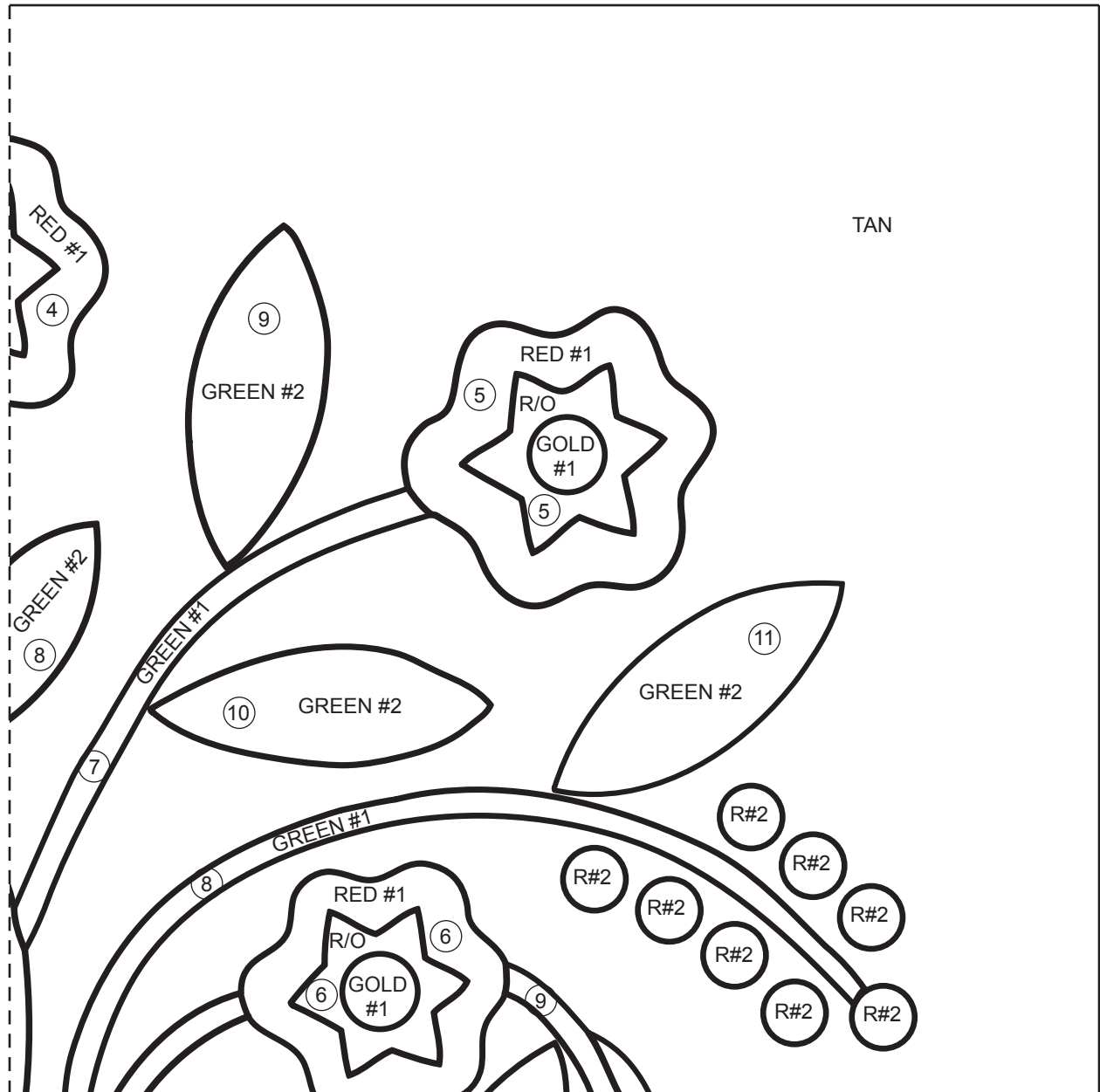
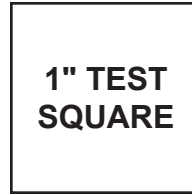
Block Diagram - Bottom Left

Page 2 of 4
 Finished Size: 13" x 13"



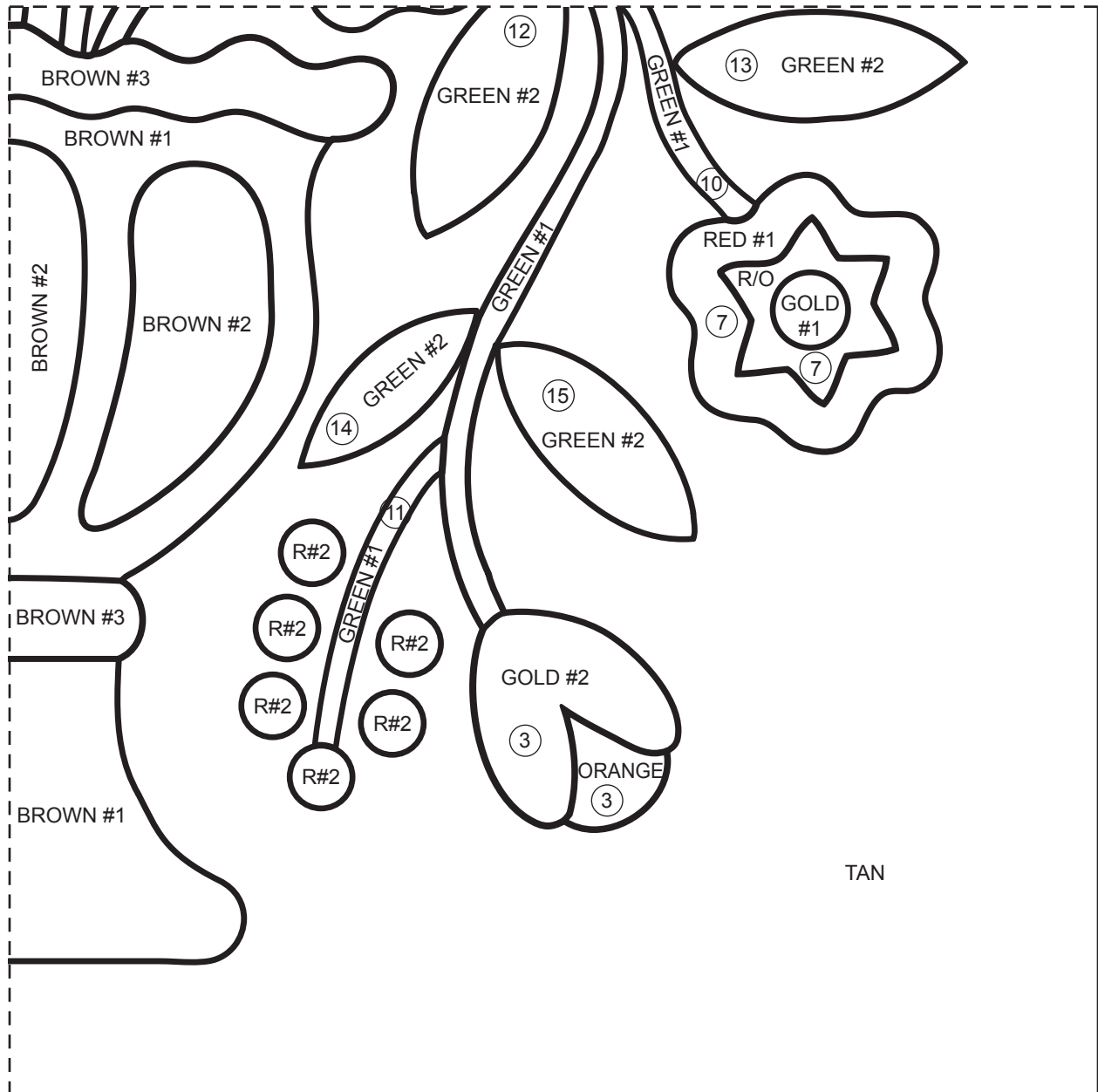
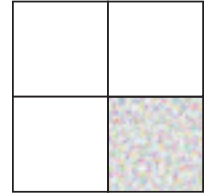
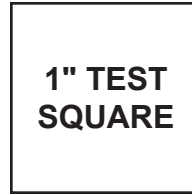
Block Diagram - Top Right

Page 3 of 4
Finished Size: 13" x 13"

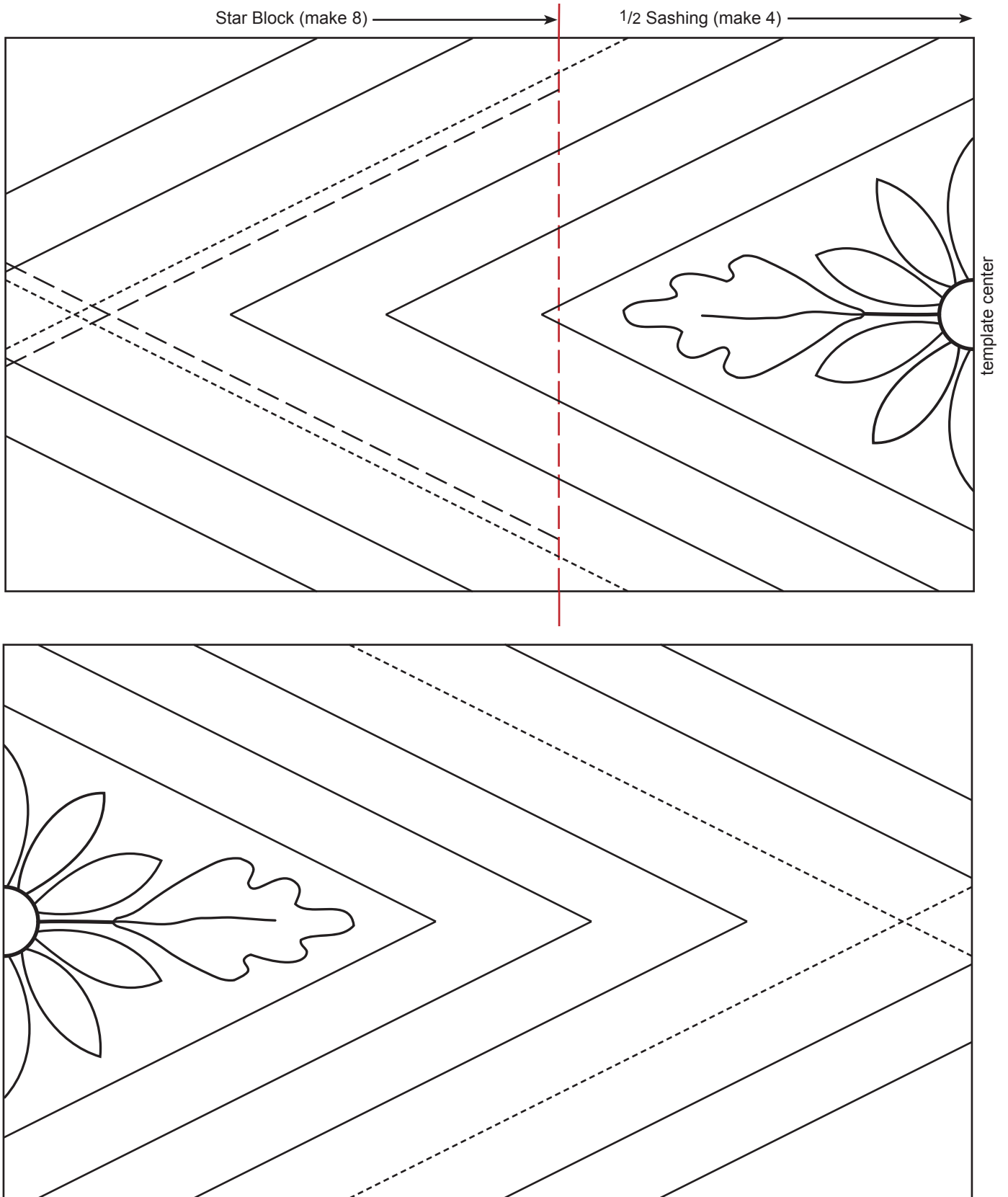


Block Diagram - Bottom Right

Page 4 of 4
Finished Size: 13" x 13"



Quilting Template



P117 RAG BOUQUET

Finished Size: 26" x 26" - Block Size: 13" x 13"

Take your rag quilting skills to the next level with this fun, frayed-edge applique quilt. After learning this easy technique you will be able to turn almost any applique design into rag quilt blocks. This quilt was inspired by Susan H. Garman's quilt "Bouquets for A New Day". The block is a modified design from EQ5. To make a larger quilt with more blocks choose any designs of your choice and follow the detailed instructions included for this block.

FABRIC AND SUPPLIES

Fabric colors are for reference purposes only. You may use any color combination.

Choose homespun plaids or brushed homespun for best results.

I used the back side of the brushed homespun as the right side.

14" square - Tan Background for Applique Block

14" square - Backing for Applique Block

8" square - Green #1 for Stems

7" square - Green #2 for Leaves

1 fat eighth - Red #1 for Flowers and Star Points

5" square - Red #2 for Berries (I used the darker squares of Red #1 that were mostly covered by the flower centers)

5" square - Red/Orange for Flower Stars

1 fat eighth - Orange for Buds and Star Points

10" square - Gold #1 for Flower Centers and Cornerstones Backing

10" square - Gold #2 for Buds and Cornerstones

1 fat quarter - Brown #1 for Vase and Sashing Backing

1 fat quarter - Brown #2 for Vase Inserts and Sashing

1/2 yd - Brown #3 for Vase Trim and Binding

3/4 yd - Green #3 for Outer Border, Backing, and Hanging Sleeve

26" x 26" Light-weight Cotton Batting

In addition to the fabric you will also need the following supplies:

Open toe walking foot

Spring-loaded scissors

Thread to match or blend

Rotary cutter, mat, and rulers

Lazy Angle™ ruler (optional)

Washable glue stick

Pencil

Fine point washable blue marker

Freezer paper

Golden Threads quilting paper

Scrap paper

General sewing supplies

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