

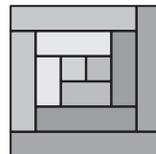
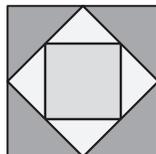
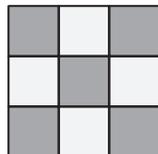
SWEET SAMPLER

Quick & Easy Machine Piecing Techniques

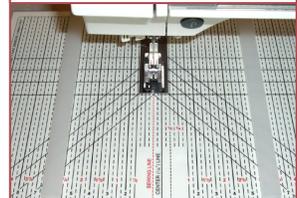


Finished Size: 86" x 86"

Designed by Annis Clapp
Machine quilted by Donna Akins



fast2sew™ Ultimate
Seam Guide



SWEET SAMPLER

*Read all instructions carefully before starting.
Prewash and iron fabrics.*

All Blocks are 4¹/₂" x 4¹/₂" finished.

All strips are cut on the crosswise grain of the fabric unless directions specify otherwise. Press seams in the direction of the arrows.

These quick-piecing techniques often result in extra blocks. Instructions will include the total number of blocks you will be making and the number of extra blocks. Use the extra blocks for other projects such as table runners, wall hangings, pillows, etc.

If you have a large enough cutting surface you can layer the 2 fabrics you will be sewing, right sides together, before cutting the strips.

To place Guide Bars slightly to left of lines, cover the line with the Guide Bar on the right side of the needle and let the line show on the left side of the needle. This will allow for a scant ¹/₄" seam and the seam allowance lost in the fold of the fabric after pressing.

To keep track of which fabric goes to each block, cut a small swatch of each fabric, tape to a sheet of paper and write the fabric code and block names and numbers underneath.

PREPARING TO SEW

Using an Ultimate Seam Guide will give you a smoother sewing surface and longer, easy to see seam allowance markings for more accurate piecing. It covers the uneven surface between the needle plate and sewing machine cabinet or tray so your fabric will feed smoothly and evenly. It is also needed to use the quick-piecing techniques given with each block.

Cover photo by Blauvelt Photography.

Place the Seam Guide on the sewing machine. (Follow instructions to cut opening for needle and feed dogs.) Make sure the needle lines up with the red sewing line on the Seam Guide and tape in place. The Extension is no longer available, but you can easily make your own if the line in front of the needle is not long enough for all of the block units. Simply draw a red line down the center of a ruled index card. Laminate the card or cover it with clear packaging tape. Line it up with the red sewing line on the Seam Guide and tape in place.

Set sewing machine stitch length to 12-15 stitches per inch (2.0 on some sewing machines).

If you aren't using a Seam Guide, you can still make this quilt the traditional way by marking your sewing lines, making narrow strip sets, or cutting and sewing small squares and triangles.

CUTTING INSTRUCTIONS

BLOCKS

Cutting sizes are given with each Block. Cut as needed; or if you prefer to do all of your cutting first, skip ahead and cut the pieces, placing them on paper plates or in plastic bags labeled with the Block number. Cutting sizes do not include the selvage edges.

BORDERS AND BINDING FABRIC

From fabric A1, cut:

- 8 strips 2" x 42" for inner border 1.

From fabric E3, cut:

- 8 strips 1¹/₂" x 42" for inner border 2.
- 9 strips 2¹/₄" x 42" for binding.

From fabric A2, cut:

- *8 strips 2¹/₂" x 42" for inner border 3.

** Do not cut the inner border 3 strips until after the outer pieced borders are assembled and the inner borders 1 and 2 are added to the quilt top. The width of the strips may need to be adjusted.*

BLOCK PIECING INSTRUCTIONS

BLOCK 1 - RAIL FENCE (make 40, 4 extra)

Technique: Strip-Pieced Blocks

Cutting

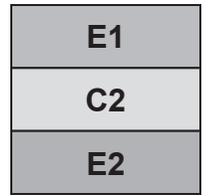
From each of fabrics C2 and E1, cut:

- 3 strips 4" x 42". Cut these strips in half to make 6 strips 4" x 21". You will have 1 extra strip of each.

From fabric E2, cut:

- 5 strips 2" x 42". Cut these strips in half to make 10 strips 2" x 21".

For a different block size:
 Cut wider strips $\frac{2}{3}$ finished block size plus 1".
 Cut narrower strips $\frac{1}{3}$ finished block size plus $\frac{1}{2}$ ".

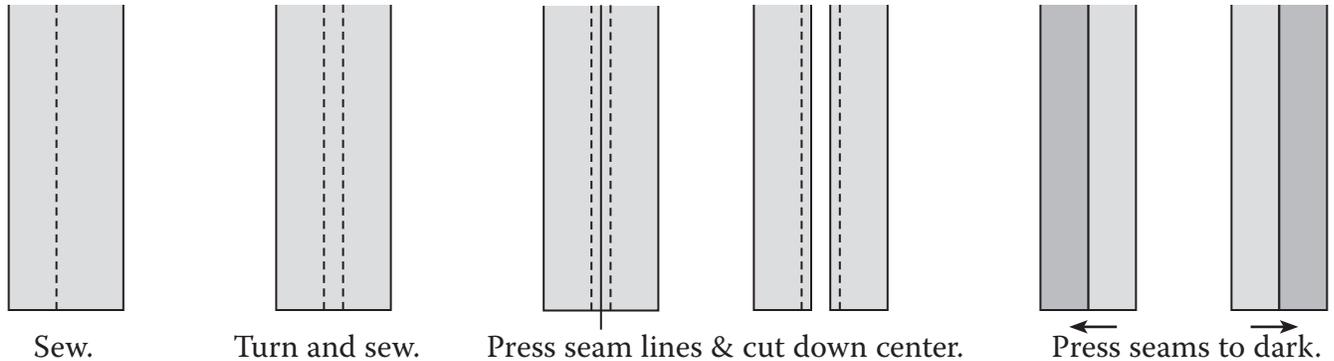


Block 1

Place Guide Bars slightly to left of 4" lines on Seam Guide (black numbers on Guide).

Note: Make a test block first using two 4" squares of fabric. Adjust Guide Bars if necessary.

Layer 4" x 21" E1 and C2 fabric strips, right sides together, and place between Guide Bars to sew. The left Guide Bar is the one that determines the seam allowance. Make sure the layered fabric stays against the Guide Bar as you sew. Make 5 layered strips.

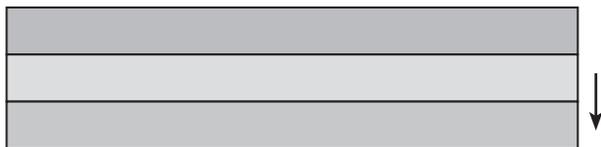


Sew.

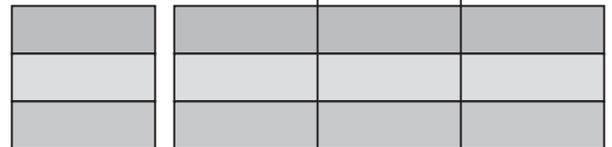
Turn and sew.

Press seam lines & cut down center.

Press seams to dark.



Sew 2" x 21" E2 fabric strips to C2 to make 10 strip sets.



Cut each strip set into 4 units 5" wide.

Tip: If the adhesive on the guide bars does not stick well to the seam guide, add a strip of 3M Poster Tape and trim excess width with an x-acto knife.

BLOCK 2 - FOUR PATCH (make 56, 4 extra)

Technique: Strip-Pieced Blocks

Cutting

From each of fabrics A2 and E4, cut:

- 4 strips $5\frac{1}{2}$ " x 42".

For a different block size:
Cut strips 1" wider than
finished block.

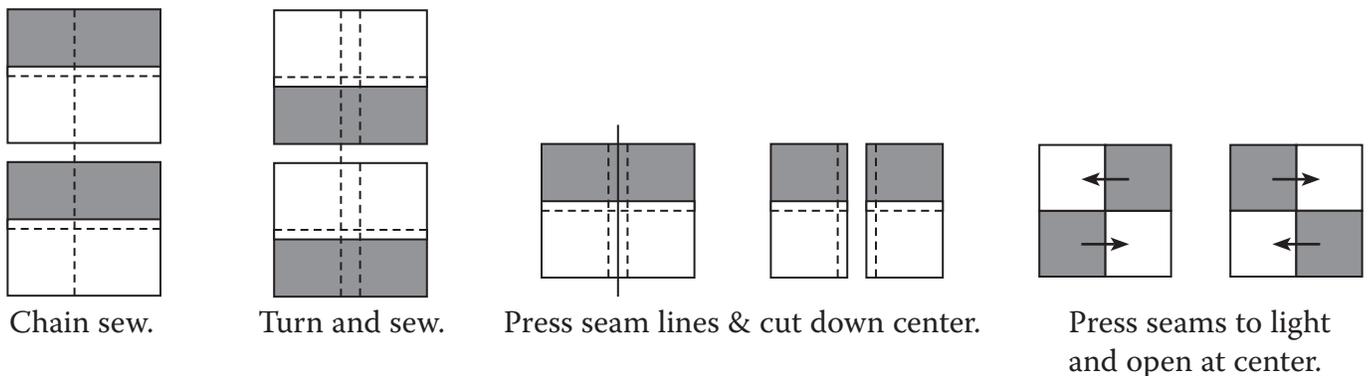
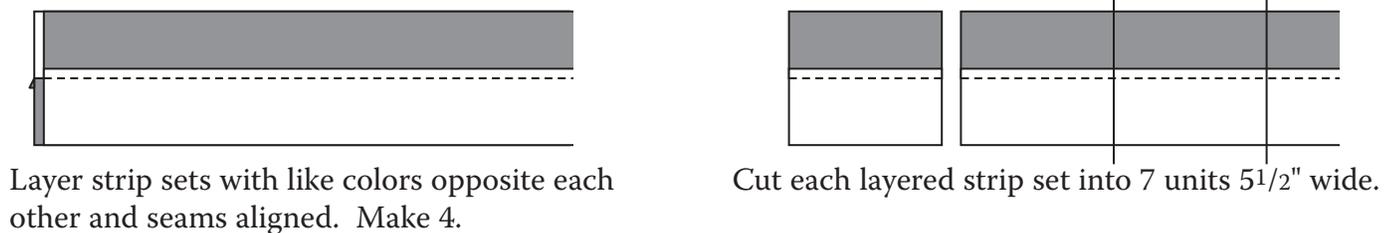
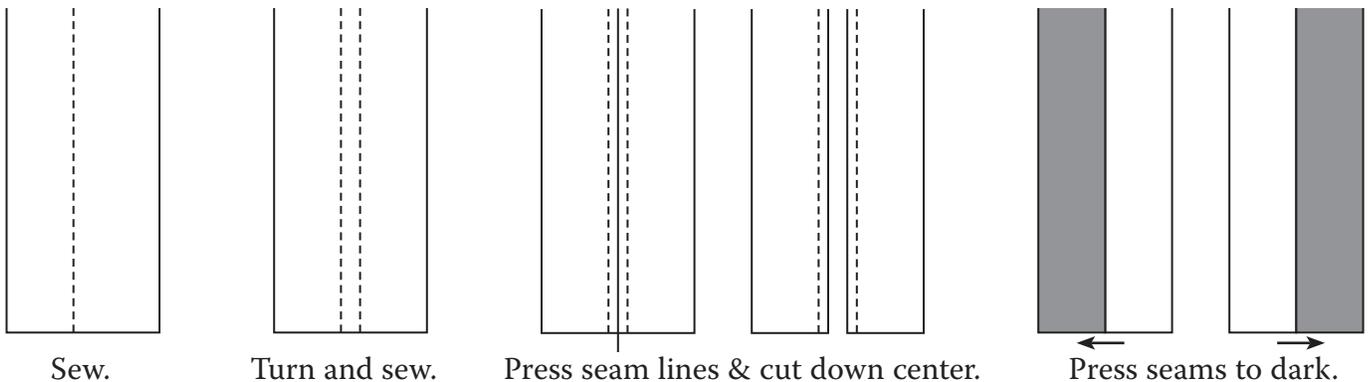


Block 2

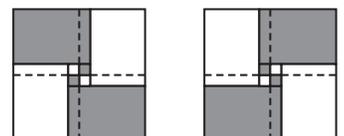
Place Guide Bars slightly to left of $5\frac{1}{2}$ " lines on Seam Guide (black numbers on Guide). For example, the left Guide Bar should be positioned $\frac{1}{4}$ " to the left of the 5" line on the left side of the Seam Guide and the right Guide Bar $\frac{1}{4}$ " to the right of the 5" line on the right side ($2\frac{3}{4}$ " from the Center Line).

Note: Make a test block first using two $5\frac{1}{2}$ " squares of fabric. Adjust Guide Bars if necessary.

Layer $5\frac{1}{2}$ " x 42" A2 and E4 fabric strips, right sides together, and place between Guide Bars to sew. Make 4 layered strips.



Half of the blocks will have the seams pressed clockwise and the other half counterclockwise. Keep them separated and use on opposite sides of the quilt.



BLOCK 3 - NINE PATCH (make 10 - 1 extra)

Technique: Strip-Pieced Blocks

Cutting

From fabric A1, cut:

- 1 strip 4" x 21".
- 2 strips 2" x 21".

From fabric D3, cut:

- 1 strip 4" x 21".
- 3 strips 2" x 21".

For a different block size:
 Cut wider strips $\frac{2}{3}$
 finished block size plus 1".
 Cut narrower strips $\frac{1}{3}$
 finished block size plus $\frac{1}{2}$ ".

D3	A1	D3
A1	D3	A1
D3	A1	D3

Block 3

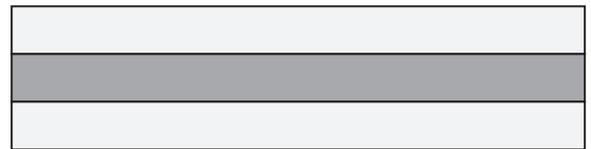
Place Guide Bars slightly to left of 4" lines on Seam Guide (black numbers on Guide).

Note: Make a test block first using two 4" squares of fabric. Adjust Guide Bars if necessary.

Follow instructions for Block 1 to make 2 strip sets using 4" x 21" D3 and A1 fabric strips and two 2" x 21" D3 fabric strips. Make 1 strip set using two 2" x 21" A1 fabric strips and one 2" x 21" D3 fabric strip.



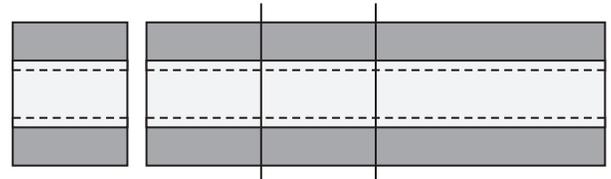
Strip Set 1 (make 2)



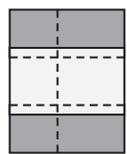
Strip Set 2 (make 1)



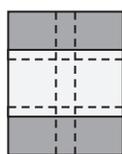
Layer one Strip Set 1 and Strip Set 2 with like colors opposite each other and seams aligned.



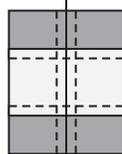
Cut into 5 units 4" wide.



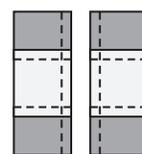
Chain sew.



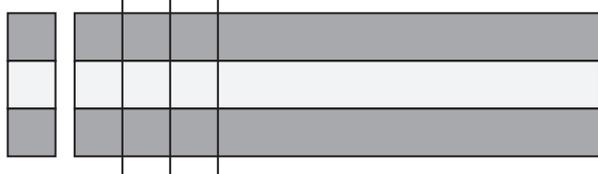
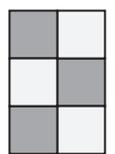
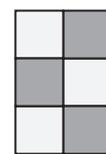
Turn and sew.



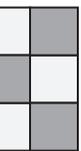
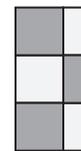
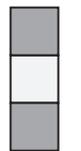
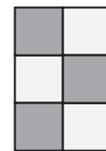
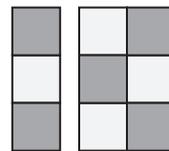
Press seam lines & cut down center.



Press seams.



Cut 10 units 2" wide from remaining Strip Set 1.



Sew to left or right side of previous units.

BLOCK 4 - NINE PATCH (make 4)

Technique: Strip-Pieced Blocks

Cutting

From fabric A1, cut:

- 1 strip 2" x 42". From this strip, cut:
2 strips 2" x 16³/₄" and 1 strip 2" x 8³/₄"

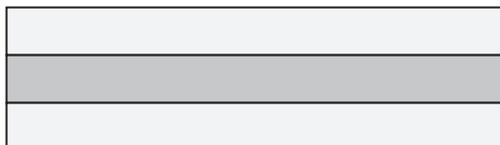
From fabric E2, cut:

- 1 strip 2" x 42". From this strip, cut:
1 strip 2" x 16³/₄" and 2 strips 2" x 8³/₄"

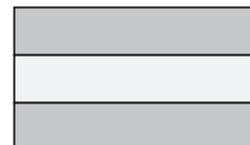
A1	E2	A1
E2	A1	E2
A1	E2	A1

Block 4

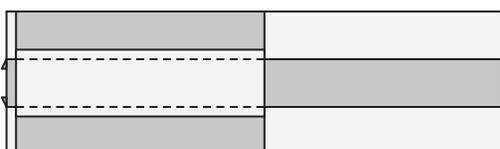
Make 1 strip set using two 2" x 16³/₄" fabric A1 strips and one 2" x 16³/₄" fabric E2 strip. Make 1 strip set using two 2" x 8³/₄" fabric E2 strips and one 2" x 8³/₄" fabric A1 strip.



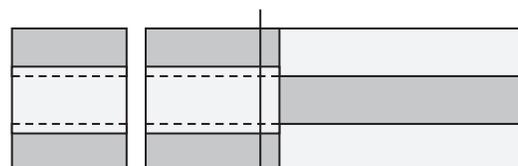
Strip Set 1 (make 1)



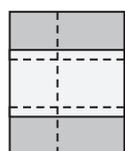
Strip Set 2 (make 1)



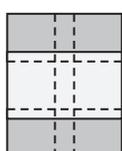
Layer Strip Set 1 and Strip Set 2 with like colors opposite each other and seams aligned.



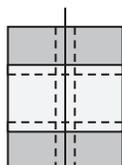
Cut into 2 units 4" wide.



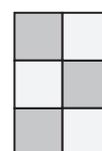
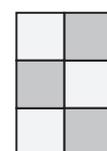
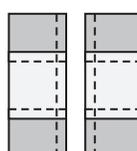
Chain sew.



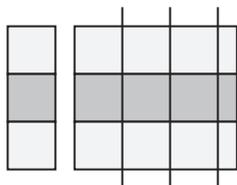
Turn and sew.



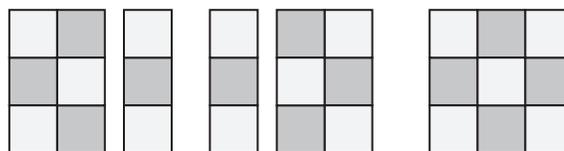
Press seam lines & cut down center.



Press seams.



Cut 4 units 2" wide from remaining Strip Set 1.



Sew to left or right side of previous units.

BLOCK 5 - HALF-SQUARE TRIANGLE (make 4)

Technique: Triangle-Squares

Cutting

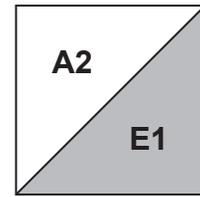
From fabric A2, cut:

- 2 squares $5\frac{1}{2}'' \times 5\frac{1}{2}''$.

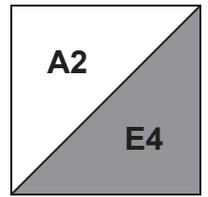
From each of fabrics E1 and E4, cut:

- 1 square $5\frac{1}{2}'' \times 5\frac{1}{2}''$.

For a different block size:
Cut squares 1" larger
than finished block.

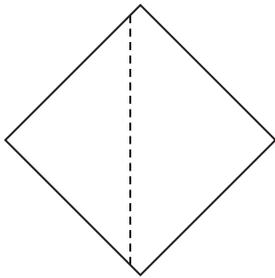


Block 5A
(make 2)

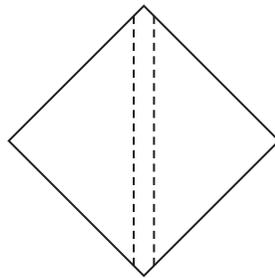


Block 5B
(make 2)

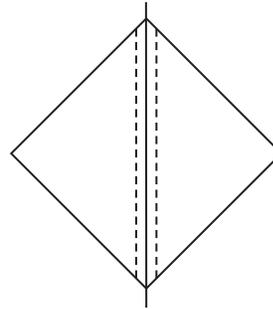
Follow instructions on Page 1 to make an index card extension if needed for these blocks.
Line up corners on square with edge of $\frac{1}{4}''$ foot and $\frac{1}{4}''$ line on Seam Guide for sewing.



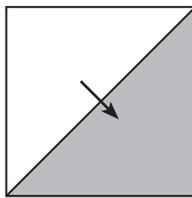
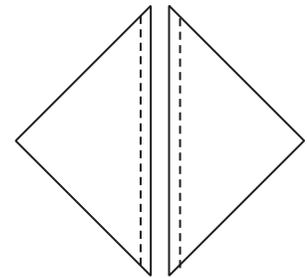
Layer fabric E1 with
fabric A2 and sew.



Turn and sew.



Press seam lines & cut down center.



Repeat for fabric E4 and A2.

Press seams to dark.

Trim to 5" square (see page 11).

BLOCK 6 - SNOWBALL (make 12)

Technique: Diagonal Corners, Method 1

Cutting

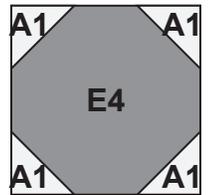
From fabric E4, cut:

- 2 strips $5'' \times 31''$. From these strips, cut:
12 squares $5'' \times 5''$.

From fabric A1, cut:

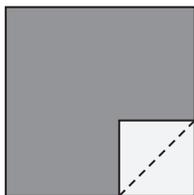
- 3 strips $2'' \times 42''$. From these strips, cut:
48 squares $2'' \times 2''$.

For a different block size:
Cut larger squares finished
block size plus $\frac{1}{2}''$. Cut
smaller squares $\frac{1}{3}$ finished
block size plus $\frac{1}{2}''$.

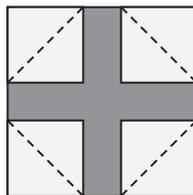


Block 6

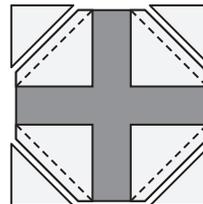
Line up corners on fabric A1 squares with needle and red sewing line on Seam Guide for sewing.



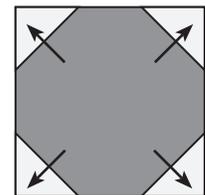
Sew diagonally.



Repeat for each corner.



Trim seams to $\frac{1}{4}''$.



Press seams to light.

BLOCK 7 - FLYING GEESE (make 28)

Technique: Diagonal Corners, Method 2

Cutting

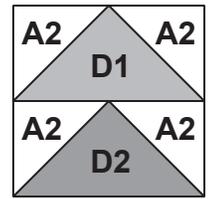
From each of fabrics D1 and D2, cut:

- 2 strips 5" x 42".

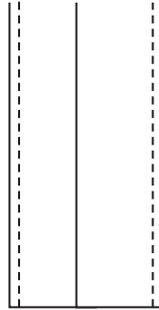
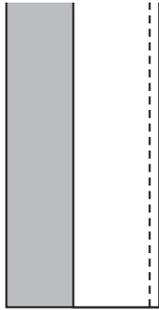
From fabric A2, cut:

- 8 strips 2³/₄" x 42".

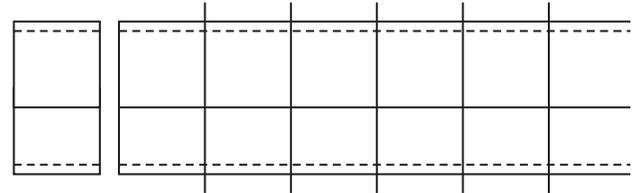
For a different block size:
Cut wider strips wider width of block unit plus 1/2". Cut narrower strips narrower width of block unit plus 1/2".



Block 7



Note: It is important to use a scant 1/4" seam (slightly more than 3/16") so the seam will not show on the finished block. Do not press seams open.



Sew fabric A2 to fabric D1 or D2 with scant 1/4" seam.

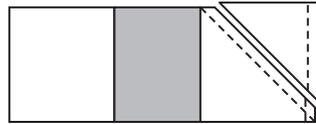
Repeat for other side. Press seam lines. Make 4.

Cut each 42" sewn strip into 14 units 2³/₄" wide.

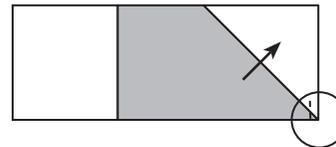
Line up corners on fabric A2 with needle and red sewing line on Seam Guide for sewing. Use index card extension if needed.



Sew diagonally.

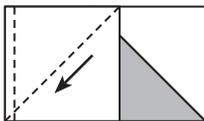


Press seam lines. Trim seams to 1/4".

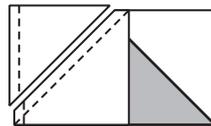


Press to corner.

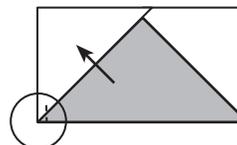
Pull fabric A2 slightly at corners to remove stitches from previous seam before pressing.



Sew diagonally.

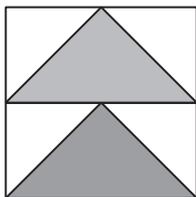


Press seam lines. Trim seams to 1/4".



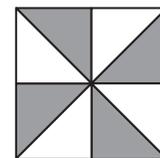
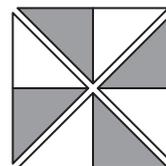
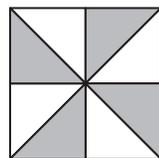
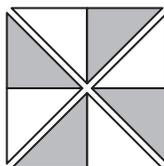
Press to corner.

To prevent corners from being pulled into feed dogs, sew from inside corner to outside corner.



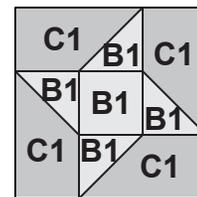
Sew 2 different units together to complete the block.

TIP: The pre-sewn triangle cut-offs from Block 7 can be sewn together in matching groups of 4 to make bonus blocks to be used in a different project.



BLOCK 8 - FRIENDSHIP STAR (make 24)

Technique: Diagonal Corners, Method 1
Partial Seam Piecing



Block 8

Cutting

From fabric B1, cut:

- 6 strips 2" x 42". From these strips, cut: 120 squares 2" x 2".

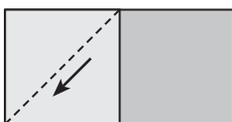
From fabric C1, cut:

- 8 strips 2" x 42". From these strips, cut: 96 rectangles 3 1/2" x 2".

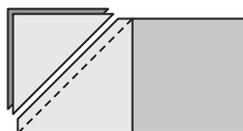
For a different block size:

Cut squares $\frac{1}{3}$ of finished block size plus $\frac{1}{2}$ ". Cut rectangles $\frac{2}{3}$ of finished block size by $\frac{1}{3}$ of finished block size plus $\frac{1}{2}$ ".

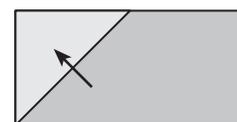
Use index card extension if needed. Line up corners on fabric B1 squares with needle and red sewing line on Seam Guide for sewing. To prevent corners from being pulled into feed dogs, sew from inside corner to outside corner.



Sew diagonally.



Trim seam to 1/4".

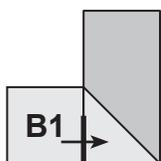


Press seam to corner.

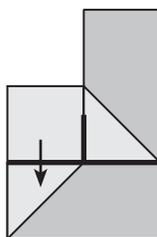
Make 96 units.

Block Assembly

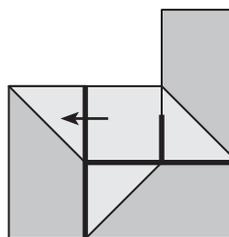
This block is assembled with partial seam piecing. A partial seam is one that is sewn part way, then completed after additional units are sewn in place. Seams are shown with a heavy line. Press all seams to pieced units.



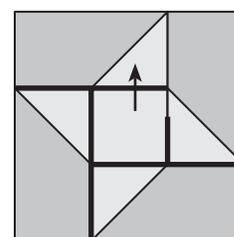
Sew pieced unit to fabric B1 square as shown, leaving first $\frac{3}{4}$ " unsewn. Press. Make 24.



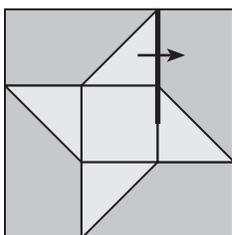
Sew and press.



Sew and press.



Sew and press.



Sew, overlapping first seam for a few stitches and backstitch. Press.

BLOCK 9 - HOURGLASS BLOCK (make 4)

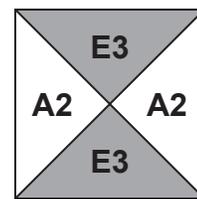
Technique: Triangle-Squares

Cutting

From each of fabrics A2 and E3, cut:

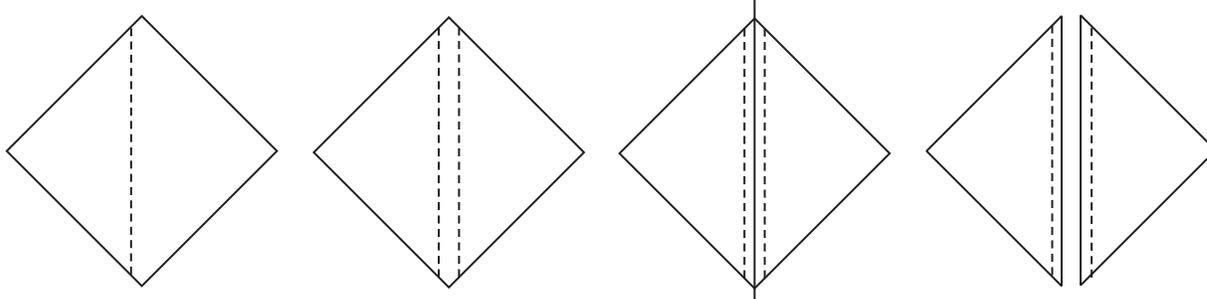
- 2 squares 6" x 6".

For a different block size:
Cut squares 1 1/2" larger
than finished block.



Block 9

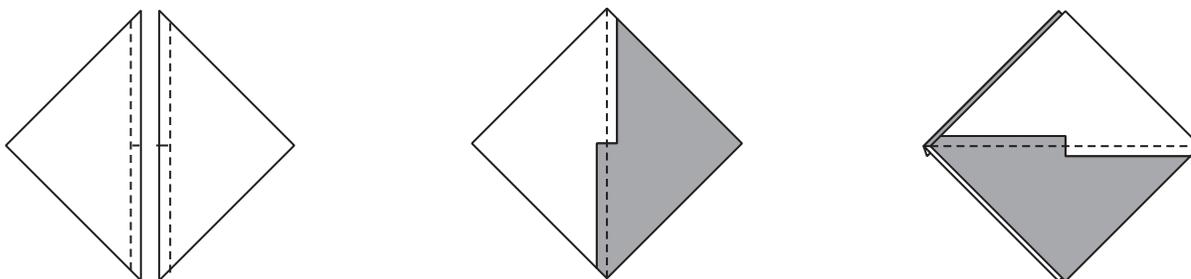
Use index card extension if needed. Line up corners on square with edge of 1/4" foot and 1/4" line on Seam Guide for sewing.



Layer fabrics E3 and A2 and sew. Make 2.

Turn and sew.

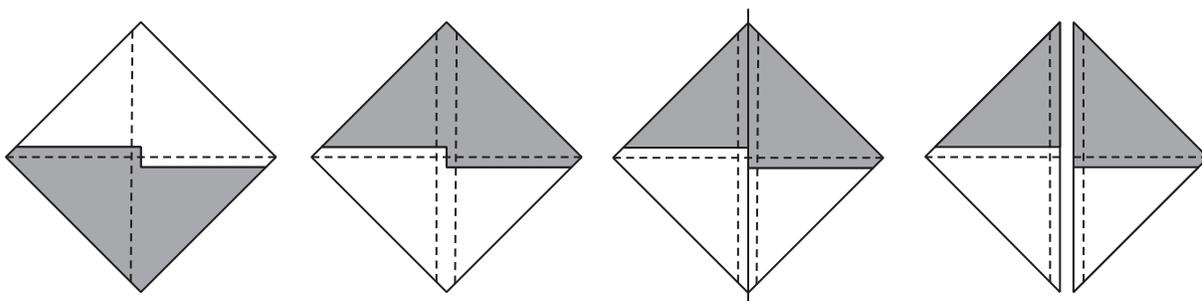
Press seam lines & cut down center.



Clip seam at center.
(Fold in half to find center.)

Press top half to dark and
bottom half to light.

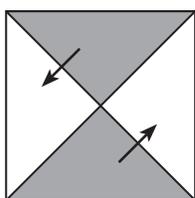
Layer with like colors and seams
opposite each other.



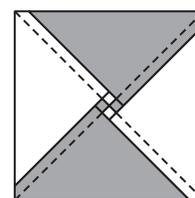
Sew.

Turn and sew.

Press seam lines & cut down center.



Press all seams counterclockwise and open at center.
Trim to 5" square (see page 11).



BLOCK 10 - COMBINATION BLOCK

(make 72 - 36 left hand and 36 right hand, 4 extra)

Technique: Strip-Pieced Triangles; Triangle-Squares

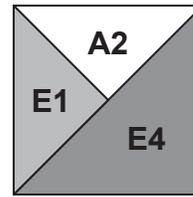
Cutting

From each of fabrics A2 and E1, cut:

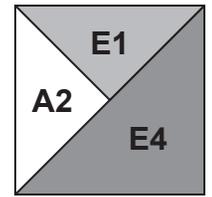
- 1 rectangle 19" x 38".

From fabric E4, cut:

- 6 strips 5⁵/₈" x 42". From these strips, cut:
36 squares 5⁵/₈" x 5⁵/₈".



Block 10A
(make 36)



Block 10B
(make 36)

Layer 19" x 38" fabrics A2 and E1, right sides together, and cut one 6¹/₄" triangle and four 8¹/₂" diagonal strips as shown in Diagram 1. Place Guide Bars slightly to left of 8¹/₂" lines on Seam Guide (black numbers on Guide).

Note: If you don't want to do the double strip width technique, cut two 6¹/₄" triangles and seven 4¹/₄" diagonal strips as shown in Diagram 2 and sew 1/4" seam on both long sides of strips. Handle bias edges carefully.

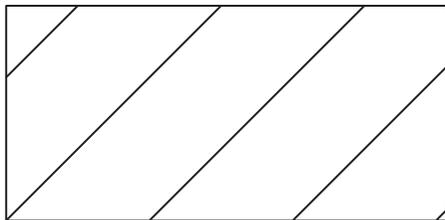


Diagram 1

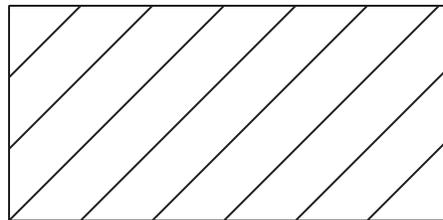
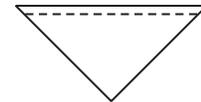
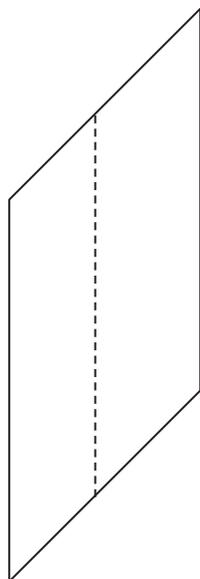


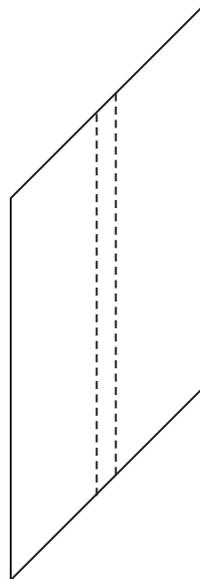
Diagram 2



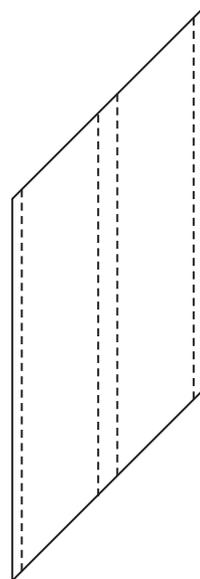
Sew 6¹/₄" triangle with 1/4" seam.
Trim to 6" on short sides.



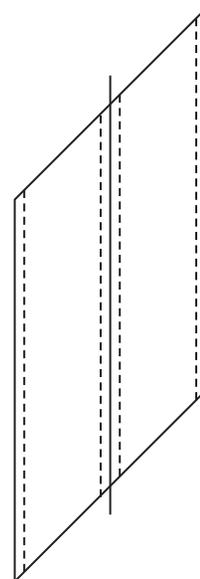
Sew.



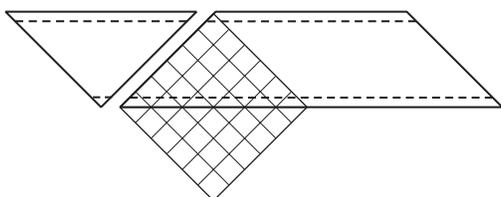
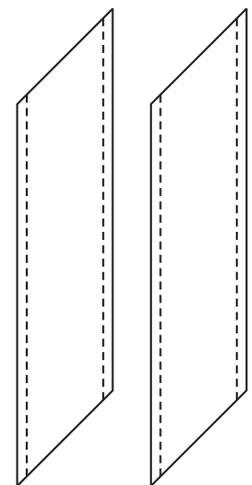
Turn and sew.



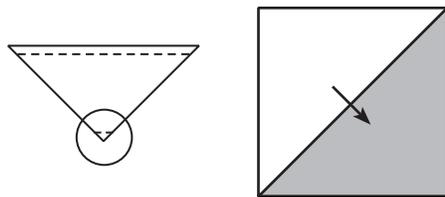
Sew 1/4" seam on both long sides.



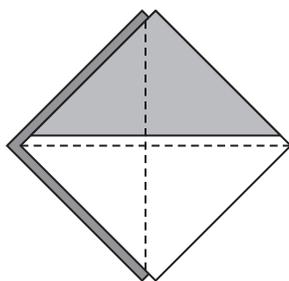
Press seam lines & cut down center.



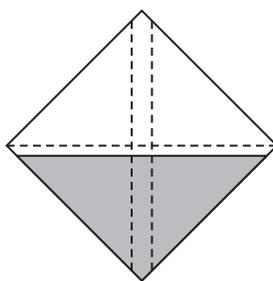
Layer 2 strips and cut into 6" triangles by aligning the measurement on the ruler with the bottom of the strips.



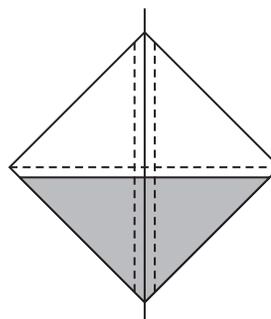
Pull stitches loose at corner and press seam to dark. Make 36.
Do not trim. They should measure approximately $5\frac{5}{8}$ " square.



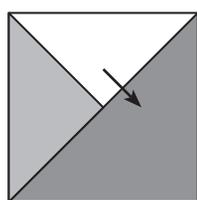
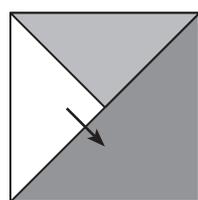
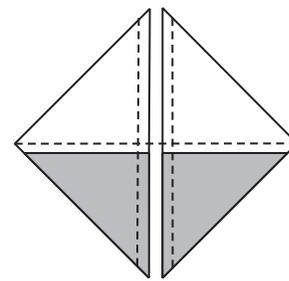
Layer with fabric E4 and sew.



Turn and sew.

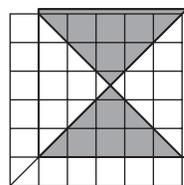
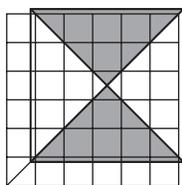


Press seam lines & cut down center.



Press seams to larger triangle.
Each unit makes 2 blocks -
1 right hand and 1 left hand.
Trim to 5" square.

For a different block size:
Cut diagonal strips the diagonal
width of the finished block
size plus $2\frac{1}{4}$ ". Cut squares
 $1\frac{1}{8}$ " larger than finished block.



TRIMMING TRIANGLE-SQUARES

Place the 45° diagonal line of a 6" square ruler along the diagonal seam. The 5" marks on the ruler should line up with the opposite diagonal seam and the $2\frac{1}{2}$ " mark with the center of the Block if applicable. Trim the fabric that extends past the ruler. Turn the Block around and reposition the ruler on the diagonal seam and line up the 5" marks on the ruler with the cut edges. Trim the remaining 2 edges for a perfect square.

BLOCK 11 - SHADED FOUR PATCH (make 16)

Technique: Strip-Pieced Blocks; Triangle-Squares

Cutting

From fabric A2, cut:

- 1 strip $7\frac{1}{4}$ " x 24".

From fabric E1, cut:

- 1 strip $5\frac{3}{4}$ " x 24".

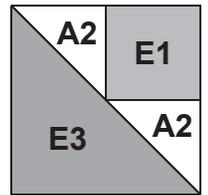
From fabric E3, cut:

- 1 strip 6" x 42". From this strip, cut:
8 rectangles $5\frac{1}{4}$ " x 6".

For a different block size:

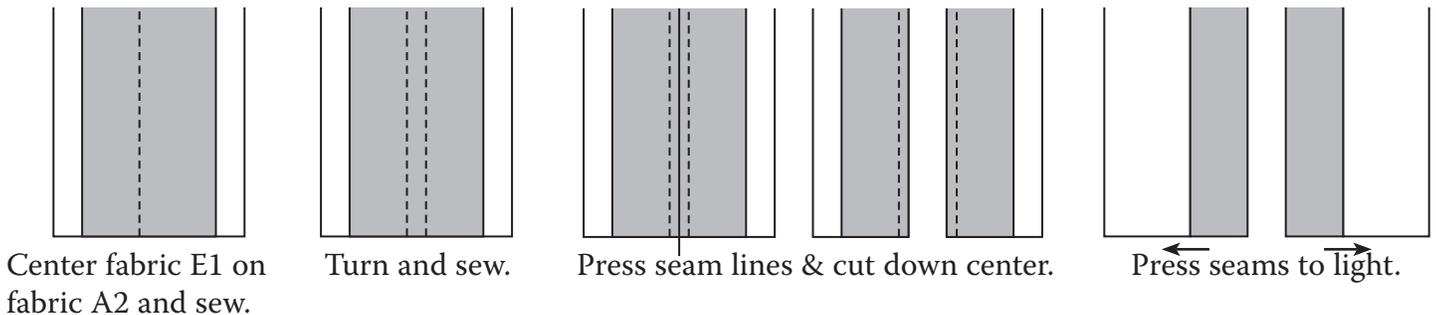
Cut narrower strips $1\frac{1}{4}$ " wider than finished block. Cut wider strips $2\frac{3}{4}$ " wider than finished block.

Cut rectangles $\frac{3}{4}$ " wider and $1\frac{1}{2}$ " longer than finished block.



Block 11

Place Guide Bars slightly to left of $7\frac{1}{4}$ " lines on Seam Guide (black numbers on Guide). For example, the left Guide Bar should be positioned $\frac{1}{8}$ " to the left of the 7" line on the left side of the Seam Guide and the right Guide Bar $\frac{1}{8}$ " to the right of the 7" line on the right side ($3\frac{5}{8}$ " from the Center Line).

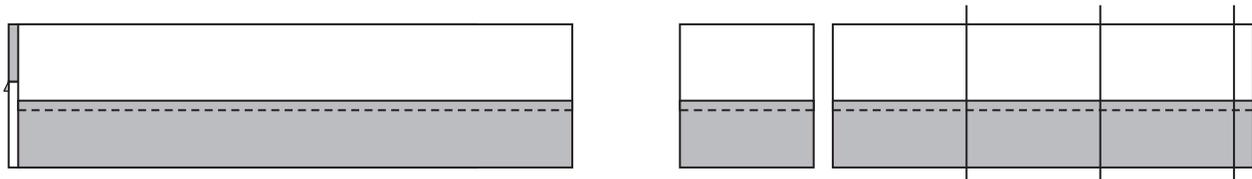


Center fabric E1 on fabric A2 and sew.

Turn and sew.

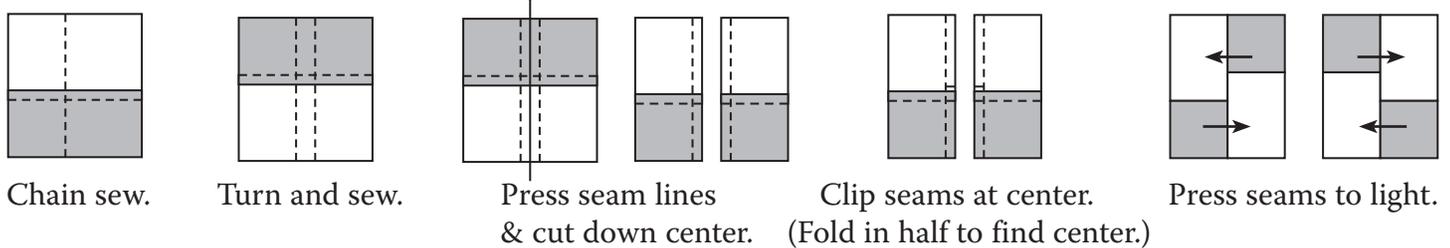
Press seam lines & cut down center.

Press seams to light.



Layer with like colors opposite each other and cut 24" strips into 4 units $5\frac{3}{4}$ " wide.

Reposition Guide Bars slightly to left of $5\frac{3}{4}$ " lines on Seam Guide ($2\frac{7}{8}$ " from center line).



Chain sew.

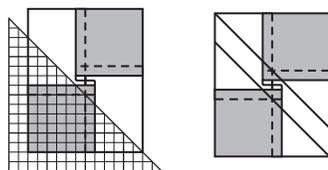
Turn and sew.

Press seam lines

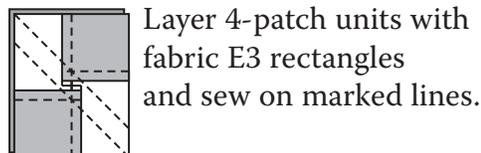
Clip seams at center.

Press seams to light.

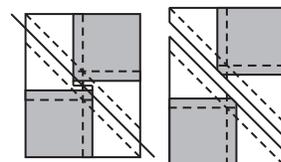
& cut down center. (Fold in half to find center.)



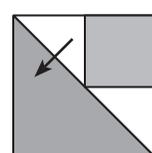
Cut a 6" square of gridded template plastic. Cut in half diagonally. Turn 4-patch units to wrong side and use the triangle template to mark sewing lines by lining up the grid with the seam lines. The lines should intersect the seam at the inside corner of the fabric E1 squares.



Layer 4-patch units with fabric E3 rectangles and sew on marked lines.



Press seam lines & cut down center.



Press seams to large triangles and trim to 5" square.

PAPER PIECING INSTRUCTIONS

The following Blocks are foundation paper pieced for more accuracy using a new paper piecing technique which is made possible with the help of an Ultimate Seam Guide. All sewing is done by placing the fabric on the printed side of the paper, which eliminates most pinning or the need to turn the paper over or hold it up to a light. Fabric pieces are cut the exact size needed for less fabric waste with the exception of the outside edges, resulting in less time trimming excess seam allowances. This technique works best for simple blocks with easy to cut pieces that are sometimes difficult to piece accurately using regular piecing methods.

- *If the foundation copy paper you are using shrinks during the pressing process, increase the pattern to 101% when making copies.*
- *Make all copies for the same project on the same copy machine using the original block pattern. Do not make a copy from a copy.*
- *If possible, use an inkjet all-in-one printer instead of a copy machine, and foundation paper made for inkjet printers that absorbs the ink for less ink transfer.*
- *Make a sample block first before cutting all of the pieces for multiple blocks.*
- *Do not place iron directly on printed side of paper when pressing seams.*

MAKING FOUNDATION COPIES

1. Use a copy machine to make the number of copies needed. **Note:** *When using a copy machine, you may find the photocopied blocks measure a fraction of an inch different in length than width. This is usually not a problem as the difference can easily be eased in when sewing the blocks together.*
2. Use a rotary cutter and ruler to cut out the copies on the outside solid lines. To staple them together and cut several at once, place on a light box or hold up to a bright light before stapling to be sure the blocks line up.

Note: *To assure that the paper foundation templates printed correctly, the finished block size should measure 4¹/₂".*

CUTTING INSTRUCTIONS

1. Rotary cut fabric pieces and stack in separate piles in the order needed.
2. Refer to Cutting Chart with each block pattern to cut 1 block at a time if you want to make a sample block before cutting all of the pieces.

BLOCKS 12 & 13

From fabric C1, cut:

- 1 strip 1¹/₄" x 42". From this strip, cut:
24 squares 1¹/₄" x 1¹/₄" for Location 1.

From fabric D1, cut:

- 2 strips 1¹/₄" x 42". From these strips, cut:
24 squares 1¹/₄" x 1¹/₄" for Location 2.
24 rectangles 2" x 1¹/₄" for Location 3.

From fabric B1, cut:

- 3 strips 1¹/₄" x 42". From these strips, cut:
24 rectangles 2" x 1¹/₄" for Location 4.
24 rectangles 2³/₄" x 1¹/₄" for Location 5.

From fabric D2, cut:

- 4 strips 1¹/₄" x 42". From these strips, cut:
24 rectangles 2³/₄" x 1¹/₄" for Location 6.
24 rectangles 3¹/₂" x 1¹/₄" for Location 7.

From fabric E2, cut:

- 5 strips 1³/₈" x 42". From these strips, cut:
24 rectangles 3¹/₂" x 1³/₈" for Location 8.
24 rectangles 4³/₈" x 1³/₈" for Location 9.

From fabric D3, cut:

- 6 strips 1³/₈" x 42". From these strips, cut:
24 rectangles 4³/₈" x 1³/₈" for Location 10.
24 rectangles 5¹/₄" x 1³/₈" for Location 11.

BLOCK 14

From fabric C2, fussy cut:

- 16 squares 2³/₄" x 2³/₄" for Location 1.

From fabric A1, cut:

- 2 strips 3¹/₂" x 42". From these strips, cut:
16 squares 3¹/₂" x 3¹/₂" for Locations
2 thru 5. Cut in quarters. ☒

From fabric D3, cut:

- 3 strips 3³/₈" x 42". From these strips, cut:
32 squares 3³/₈" x 3³/₈" for Locations
6 thru 9. Cut in half. ☒

PREPARING TO SEW

1. Place the Seam Guide on the sewing machine. Use index card extension if needed. Set sewing machine stitch length to 18-20 stitches per inch (1.5 on some sewing machines). Use an open toe walking foot for best results. If you are sewing with a Pfaff sewing machine with dual feed, use an open toe appliqué foot and engage the dual feed.
2. The dashed lines on the block patterns are the sewing lines. You will not be able to see these lines as you sew because the fabric will be covering them. The solid lines extending from the dashed lines will be used to line up the dashed lines with the needle and the red sewing line on the Seam Guide. The numbers beside these lines coincide with the same numbered fabric piece. The $\frac{1}{4}$ " space outside the shaded block area is the seam allowance for sewing the blocks together.

TIPS

When sewing seams, as you near the end of the fabric, change your focus to the solid line at the edge of the fabric and eyeball the last few stitches, ending on the solid line.

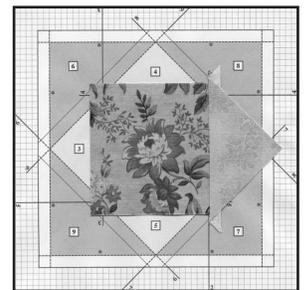
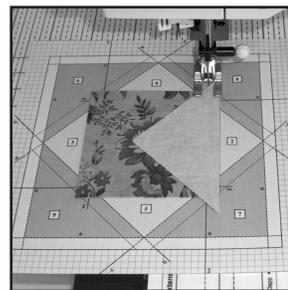
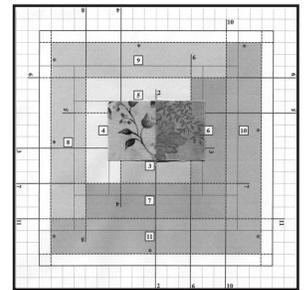
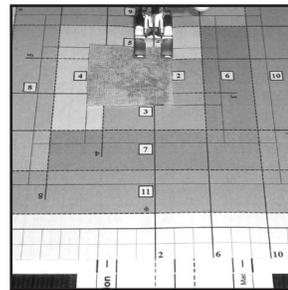
If you need to trim the seam, fold the paper back on the seam line and trim to $\frac{1}{4}$ " by placing the $\frac{1}{4}$ " line of a ruler on the seam.

Before trimming seams, you will need to pull previously sewn seams loose from the paper at seam allowances. Be careful not to pull the stitches loose from the fabric.

If the paper pulls loose from the seams before you are finished, use tape sparingly to hold it in place. Do not let a hot iron touch the tape.

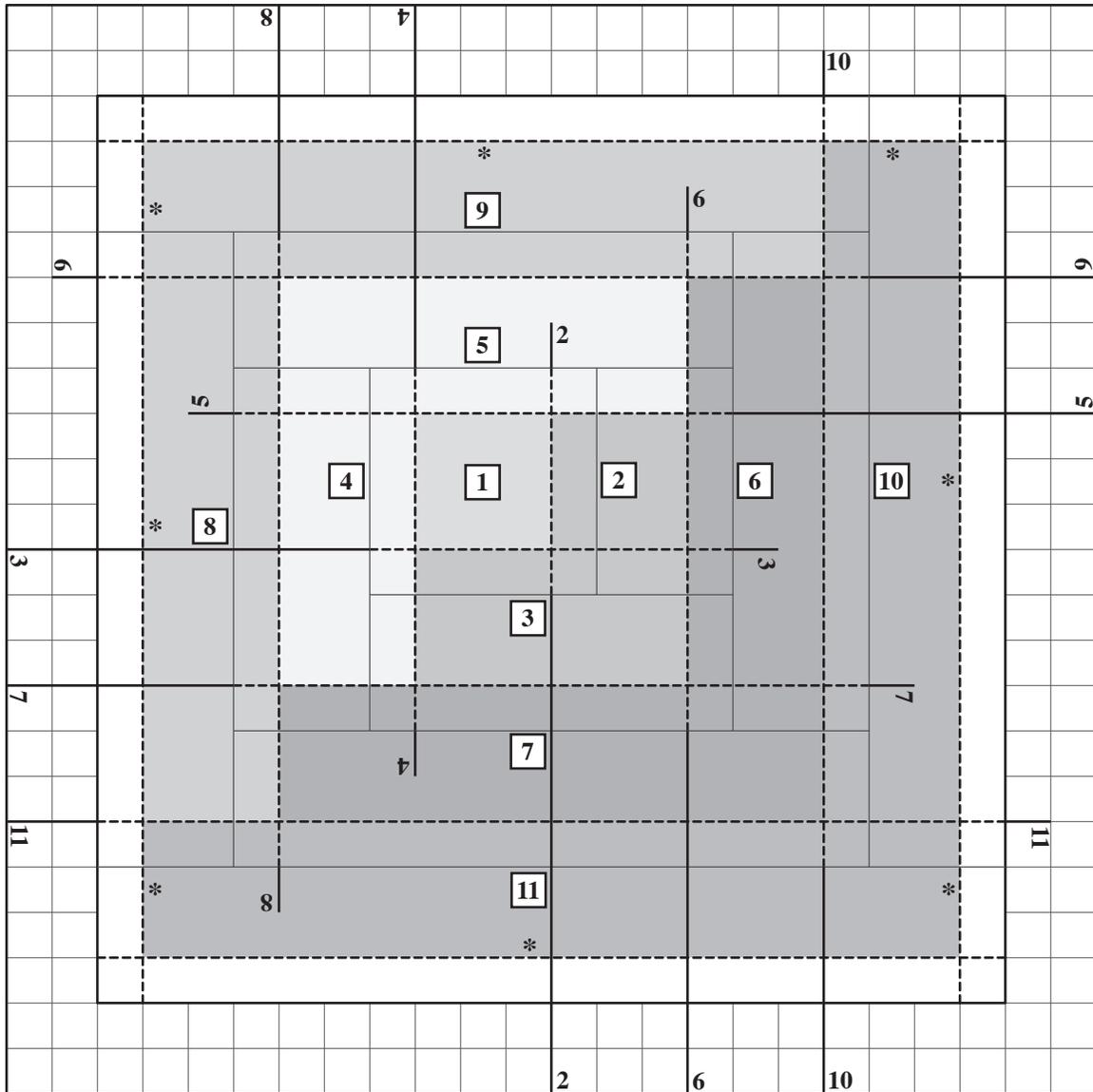
PIECING THE BLOCKS

1. Place the fabric for piece #1 right side up on the **printed** side of the paper. Place fabric piece #2 on top of piece #1, right sides together, along the joining seam line. Holding the fabrics in place, align the needle at the edge of the fabric on the short extended solid line #2. Align the long extended solid line with the sewing line on the Seam Guide. Sew seam, making sure the solid line stays on the sewing line of the Seam Guide. Repeat for each block without cutting the thread between them until pieces #1 and #2 are sewn on all blocks. Trim threads, open up piece #2 and press with a dry iron on cotton setting.



2. Rotate pattern as needed and place fabric piece #3 in position, making sure fabric stays within the seam allowance. Repeat Step 1 using sewing line #3.
3. Repeat this process until all pieces are sewn, adding pieces in numerical order.
4. Turn the block over and use a square ruler and rotary cutter to trim to the finished block size plus $\frac{1}{2}$ " for seam allowances (5"). If you can't see the lines on the back side of the paper, hold the paper up to a light and mark the corners with a pencil before trimming. If you prefer, the blocks may be trimmed from the front by lining up the lines on the ruler with the seams.
5. Remove paper before sewing blocks together. Pulling diagonally on the blocks makes it easier to remove.

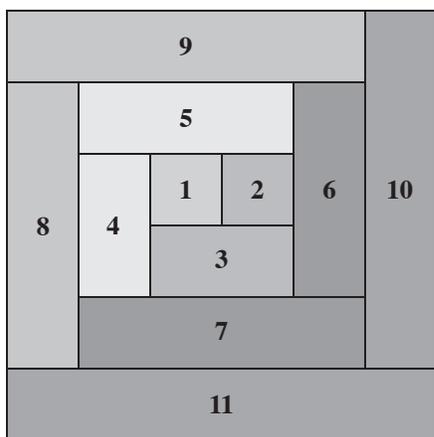
BLOCK 12 - OFF CENTER LOG CABIN (make 12)



Finished Size - 4¹/₂" x 4¹/₂"

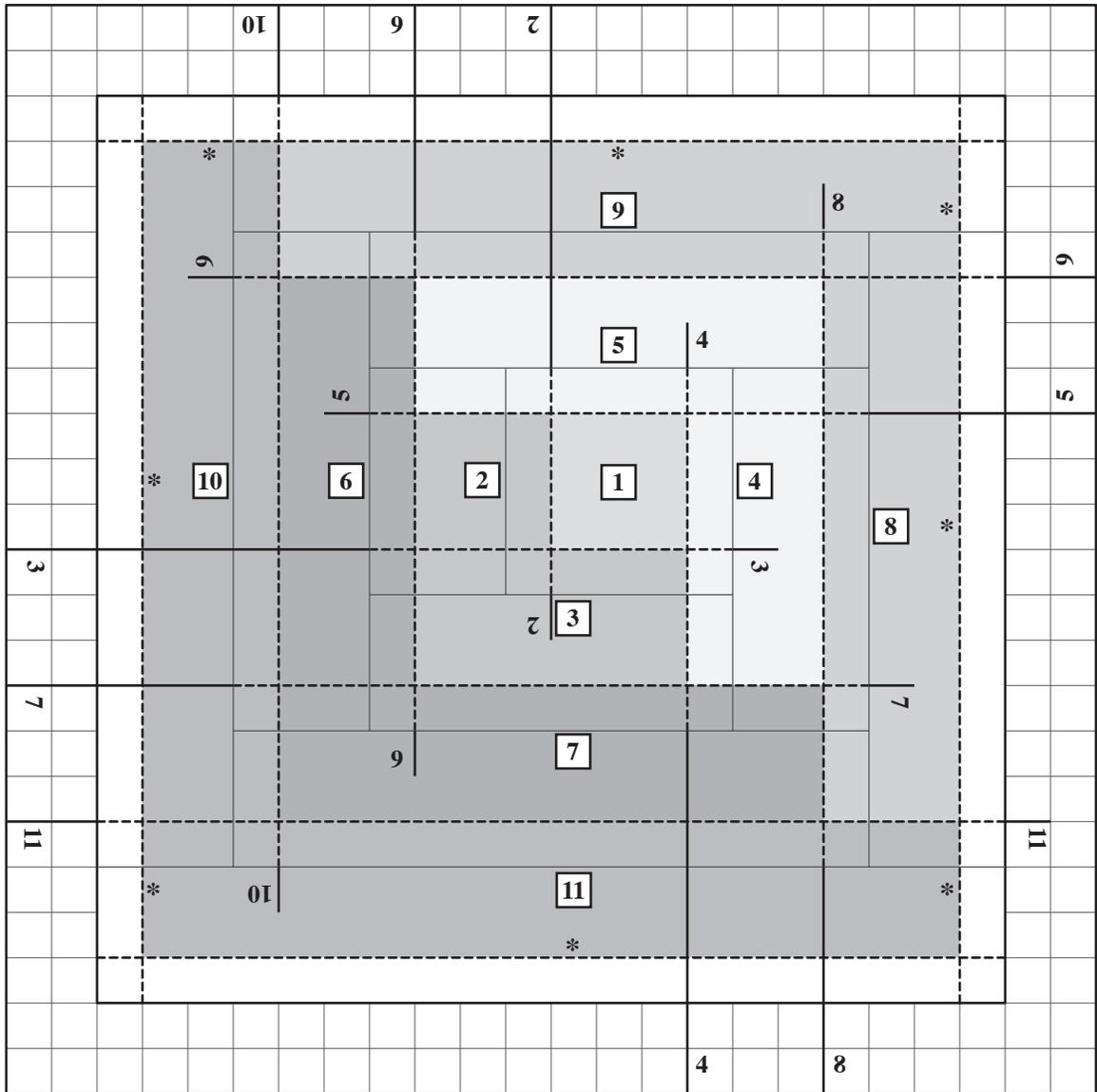
* Extra width allowed for outside edges.

CUTTING CHART



Location	Fabric	Cutting Size
1	C1	1 ¹ / ₄ " x 1 ¹ / ₄ "
2	D1	1 ¹ / ₄ " x 1 ¹ / ₄ "
3	D1	2" x 1 ¹ / ₄ "
4	B1	2" x 1 ¹ / ₄ "
5	B1	2 ³ / ₄ " x 1 ¹ / ₄ "
6	D2	2 ³ / ₄ " x 1 ¹ / ₄ "
7	D2	3 ¹ / ₂ " x 1 ¹ / ₄ "
*8	E2	3 ¹ / ₂ " x 1 ³ / ₈ "
*9	E2	4 ³ / ₈ " x 1 ³ / ₈ "
*10	D3	4 ³ / ₈ " x 1 ³ / ₈ "
*11	D3	5 ¹ / ₄ " x 1 ³ / ₈ "

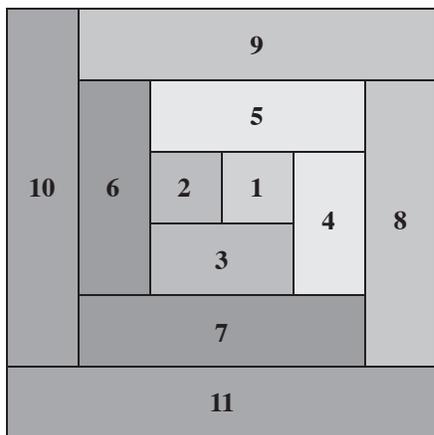
BLOCK 13 - OFF CENTER LOG CABIN REVERSED (make 12)



Finished Size - 4¹/₂" x 4¹/₂"

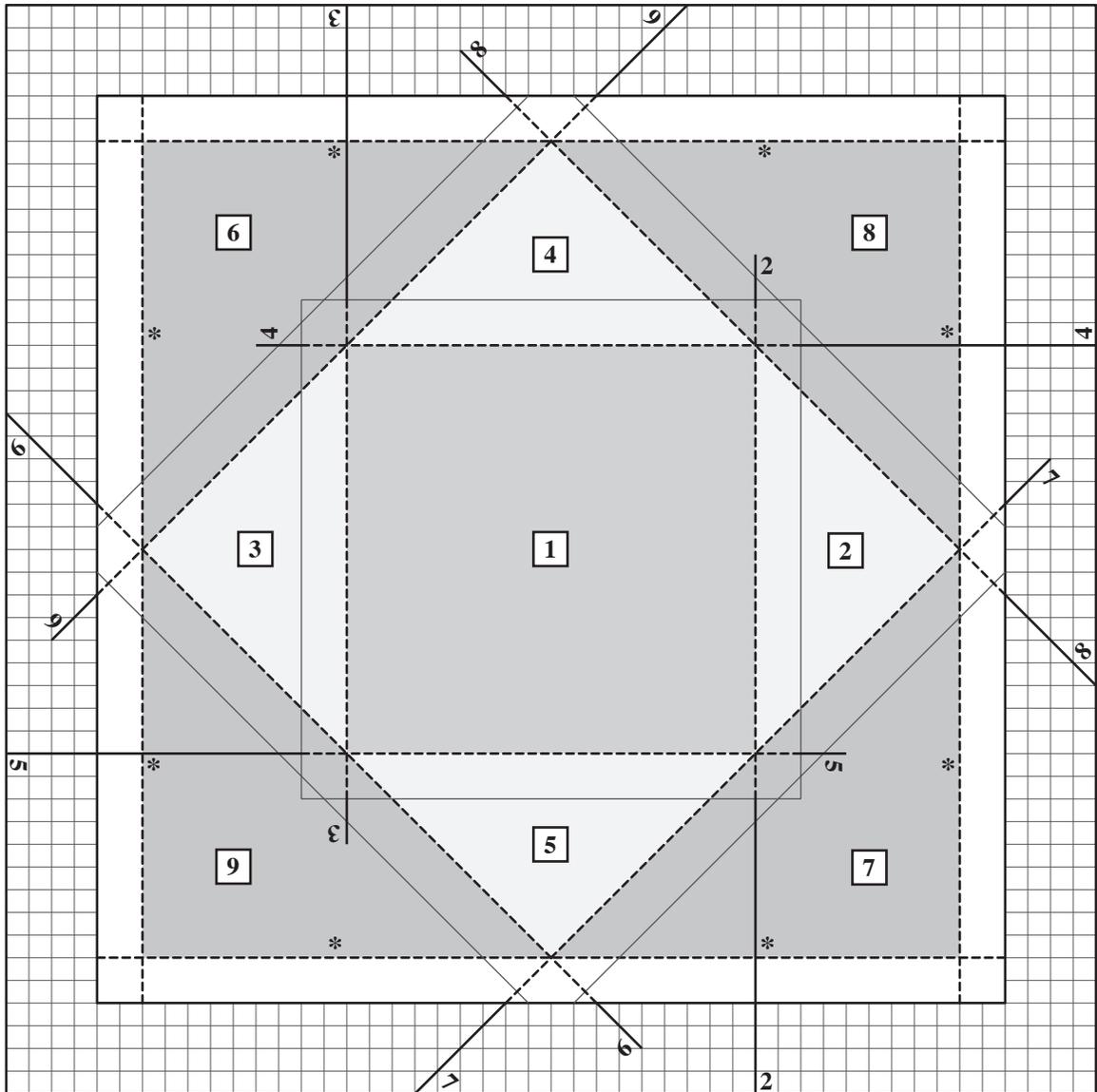
* Extra width allowed for outside edges.

CUTTING CHART



Location	Fabric	Cutting Size
1	C1	1 ¹ / ₄ " x 1 ¹ / ₄ "
2	D1	1 ¹ / ₄ " x 1 ¹ / ₄ "
3	D1	2" x 1 ¹ / ₄ "
4	B1	2" x 1 ¹ / ₄ "
5	B1	2 ³ / ₄ " x 1 ¹ / ₄ "
6	D2	2 ³ / ₄ " x 1 ¹ / ₄ "
7	D2	3 ¹ / ₂ " x 1 ¹ / ₄ "
*8	E2	3 ¹ / ₂ " x 1 ³ / ₈ "
*9	E2	4 ³ / ₈ " x 1 ³ / ₈ "
*10	D3	4 ³ / ₈ " x 1 ³ / ₈ "
*11	D3	5 ¹ / ₄ " x 1 ³ / ₈ "

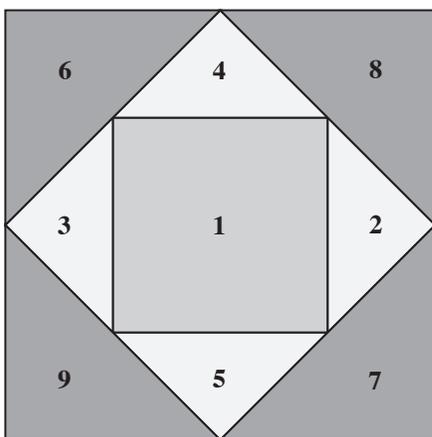
BLOCK 14 - ECONOMY PATCH (make 16)



Finished Size - 4 1/2" x 4 1/2"

* Extra width allowed for outside edges.

CUTTING CHART



Location	Fabric	Cutting Size
1	C2	2 3/4" x 2 3/4"
2 thru 5	A1	3 1/2" x 3 1/2", cut in quarters 
*6 thru 9	D3	3 3/8" x 3 3/8", cut 2 in half  

Tip: To "fussy cut" center square 1, cut a piece of gridded template plastic 2 3/4" square and cut out the center leaving a 1/4" edge. Place the template over the motif you want centered and mark the edges. Use a rotary cutter and ruler to cut the square.

BLOCK ASSEMBLY

Referring to the cover photo and the quilt top assembly on page 19, sew the blocks together in horizontal rows of 15. Press seams away from center block on odd rows and toward center block on even rows. Sew rows together to finish the quilt top assembly. Press seams away from center of quilt.

OUTER BORDER ASSEMBLY

1. Sew 17 Block 10A together as shown for side border. Repeat for 2nd side border.

Side Border (make 2)



2. Sew 17 Block 10B together as shown for top border. Repeat for bottom border.



3. Sew Block 5A to left side of border and Block 5B to right side of border as shown. Press seams toward Block 5.

Top and Bottom Border (make 2)



Note: Measure the length of the pieced borders before cutting and sewing inner border 3 to quilt. Adjust width of inner border 3 strips if necessary so the quilt top measurement will be the same width as the pieced borders after sewing the strips to the quilt top.

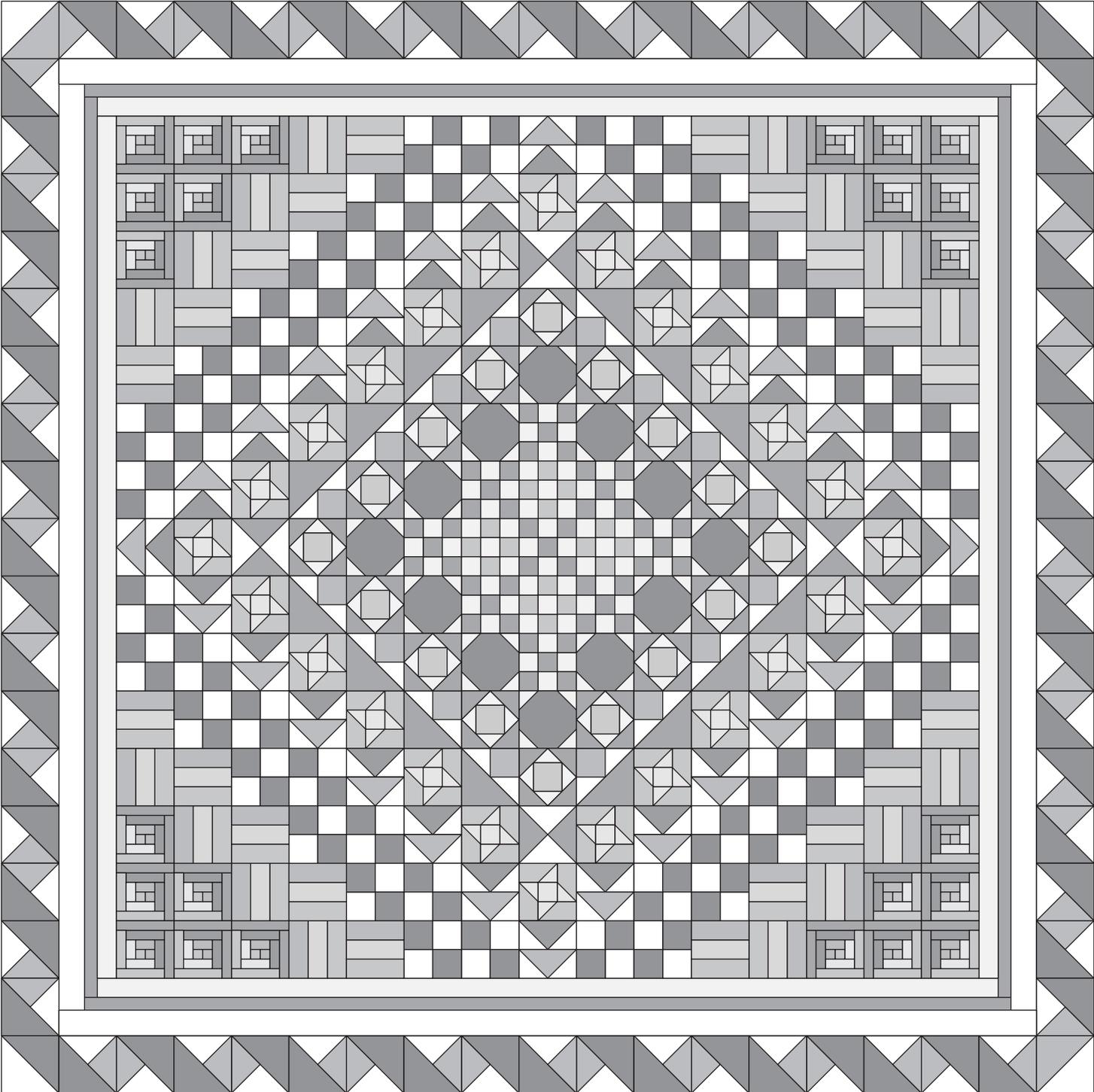
ADDING BORDERS

1. Diagonally piece the border strips in sets of 2. Trim seams and press open.
2. Measure the length of the quilt top through the center. Cut and add side inner border 1. Press seams toward borders.
3. Measure the width of the quilt top including the borders just added. Cut and add top and bottom inner border 1. Press seams toward borders.
4. Repeat Steps 1 and 2 for inner borders 2 and 3.
5. Sew outer pieced side borders to quilt top, rotating as shown in quilt top assembly. Press toward border 3.
6. Sew outer pieced top and bottom borders to quilt top, rotating as shown in quilt top assembly. Press toward border 3.

FINISHING

1. Stay stitch $\frac{1}{8}$ " from edge around quilt top.
2. Cut and piece the backing fabric, making it 3" larger than the quilt top on all sides for longarm quilting or 2" for hand or machine quilting.
3. For hand or machine quilting, layer quilt top with backing and batting. Baste and quilt as desired.
4. Diagonally piece the binding strips. Trim seams and press open. Fold binding in half lengthwise and press.
5. Add binding to quilt, mitering the corners. Trim excess batting and backing. Fold binding to back of quilt and blind stitch in place.
6. Sign and date your quilt.

QUILT TOP ASSEMBLY



These instructions are presented in good faith, but no warranty is given, nor results guaranteed. AMC Designs disclaims any liability for unfavorable results.

P114 SWEET SAMPLER

Finished Size: 86" x 86" • Block Size: 41/2" x 41/2"

You won't have to wait a year to see the results of this full/queen size sampler quilt. Step-by-step illustrated instructions guide you through the piecing and assembly of 12 different blocks using quick-piecing techniques for a fast-to-finish quilt. The blocks can be combined in many different ways in addition to the quilt shown. Choose a group of coordinating prints for easy fabric selection. Instructions are also included for figuring the cutting dimensions for a different block size.

FABRIC AND SUPPLIES

Yardage is based on 42" usable fabric width.

1 1/8 yds A1 (cream tone on tone - small print)

2 7/8 yds A2 (cream tone on tone - large print)

1/2 yd B1 (yellow print with pink flowers - small print)

5/8 yd C1 (light blue tone on tone - large print)

*5/8 yd C2 (light blue with pink flowers - large print)

1/2 yd D1 (light green tone on tone - large print)

1/2 yd D2 (light green with polka-dots and small pink flowers)

7/8 yd D3 (light green with pink flowers - small print)

1 1/8 yds E1 (pink tone on tone - small print)

5/8 yd E2 (pink tone on tone - large print)

1 3/8 yds E3 (pink with polka-dots and small flowers)

2 yds E4 (pink with flowers - large print)

7 3/4 yds backing fabric

90" x 90" quilt batting

fast2sew™ Ultimate Seam Guide

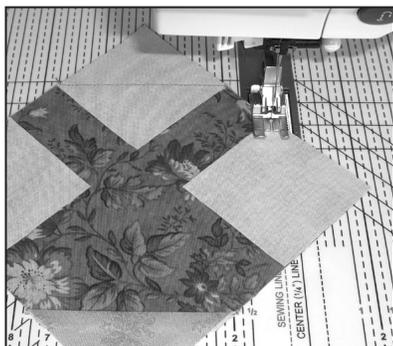
Rotary Cutter, Mat & Rulers

*Foundation Copy Paper

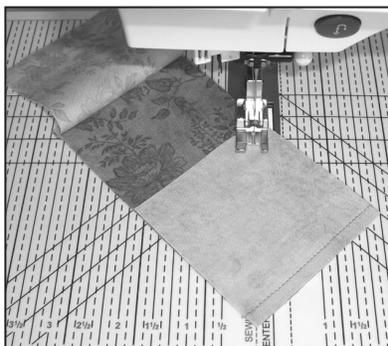
Gridded Template Plastic

*Additional fabric may be needed for fussy cutting.

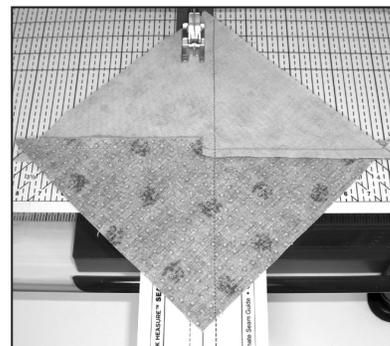
Diagonal Corners, Method 1



Diagonal Corners, Method 2



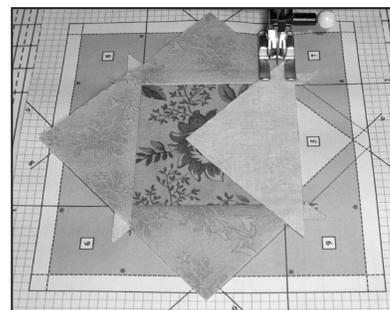
Triangle-Squares



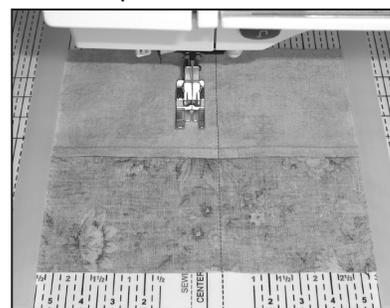
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Reverse Paper Piecing



Strip-Pieced Blocks



**My favorite foundation paper is a translucent vellum from Office Depot, Item 345-854 (11 x 17) or 345-644 (8 1/2 x 11). It's see-through, feeds through my inkjet printer with no paper jams, no shrinkage, no ink transfer, and is easy to remove.*

Note: Seam guide shown in photographs is discontinued. A new seam guide is available through C & T Publishing.