Fear Is Not an Option!!

Fear is an epidemic in the lives of many individuals today. Many suffer with some type of fear or irrational fear (phobia). There are an even greater percentage of individuals, Christians and non-believers, who are in bondage; and imprisoned by an even greater epidemic…..the spirit of fear. This strongman/strong hold is the gatekeeper for timidity, inferiority, phobias, sense of inadequacy, worry, nightmares, torment, and panic attacks ( A strong hold is a place of enemy control). We know that the enemy uses fear as a weapon of control.

If an individual does not recognize this spirit for what it is and allow the word of God and the power of God to disannul this chain of bondage; one’s life will be halted . The enemy will then seize dominion over you, your future your destiny, your family, and every promise that God has for you.

Several years ago I was delivered from the spirit of fear. What I found interesting was that it was not until I became a Christian that I recognized this problem. After becoming a Christian the enemy released an all-out attack of fear in my life . My destiny became threatened by the spirit of fear. I remember being plagued by phobias, specifically storms and closed in spaces. Fear gripped my heart and mind until I was afraid to stay in my own house alone. My bigger fear was of the enemy, Satan himself. At that time I was going to school to become a nurse and every day the enemy would speak to my heart saying why are you going to school to be a nurse “ You are not going to make it girl …You are afraid of the elevators”, and further more you weren’t successful in high school? It was a struggle but I began to read the word of God. The first scripture that began to open my eyes was II timothy 1:7- For God did not give us a spirit of timidity , of cowardice, of fawning fear, but he has given us a spirit of power and understanding God’s love and of a calm well balanced mind with discipline and self-control. I realized that fear was not in my DNA as a person or as learned behavior. It was a spirit! That in and of itself began a process of deliverance, because I knew an even greater holy spirit, I began to build on that first verse I learned. I then read II Corinthians 10:3-5 – For thou we walk and live in the flesh we don’t war according to the flesh using human weapons. For the weapons of are warfare are not physical but mighty in God for the overthrow and destruction of strongholds. Refuting arguments theories and reasoning, and everything that sets itself up against the true knowledge of God, leading every thought and purpose captive into the obedience of Christ. Every time I had the feeling or thought of fear I would cast that thought down or whatever imagination that was playing out in my mind at that time. I began to monitor every thought that came into my mind taking authority over the ones that were not from God. Daily along with the word of God and pray it was like digging myself out of a pit of bondage that I was in. Each scripture I learned and said out loud was like a shovel full of dirt and that dirt was the lies of the enemy. I began to uncover the destiny God had for me. Along this journey I discovered another truth. This deliverance was not just for me therefore fear in any manner was not an option!!!!!

Let’s look at numbers 13: 1-20- The lord said to Moses chose a leader from each of the 12 tribes of Israel to scout out and explore the land of Canaan. Moses said to them see what the land is, whether the people there are strong verses weak, few or many. Is the land good or bad rather the cities are camps or strongholds. (Now remember a stronghold is a place of enemy control and the enemy uses fear to control us), is the land fat or lean is there timber or not. So we know that fear and disbelief is brewing and coming from every angle but it is up to each leader from the 12 tribes to decide if fear will be an option. That is why Moses said to them CHOSE and determine for yourself what type of land Canaan is (Good vs Bad etc) .

Numbers 13:25-33 The scouts went forth and returned to Moses saying this land flows with milk and honey But we ARE NOT able to go up for they are stronger than we, the cities are fortified and there are giants in the land, we are but grasshoppers in their sight (and at that moment they allowed the spirit of fear to control their destinies and minds). But of the 12 leaders there were two that chose to stand against fear saying with in themselves and by the power of God, Fear is Not an option!

Numbers 14:6-9- Joshua and Caleb put their destinies in God’s hands and said the land we pass through is good! If the Lord delights in us He will bring us into this land and give it to us, a land flowing with milk and honey. Only do not rebel against the Lord , neither fear the people, for they are bread for us. ( God will cause you to feed up on your enemy, he will cause your enemy to sustain you bringing forth strength, patience, and courage). In numbers 14:24- God said because Caleb had a different spirit ( not the spirit of fear) and because Caleb followed God fully not wavering with his faith , God will bring him into the land which he and his descendants were to possess. Numbers 14:30- He said none shall come into the land except Caleb and Joshua.

So stand up and be of a different spirit! Today is your day! Shake of that spirit of fear! DON’T allow it to control your life any longer. God is might y and powerful. He said in Luke 10:9- Behold I give unto you power to tread up on serpents and scorpions and nothing and nothing shall by any mean hurt you!

Now let’s examine the lives of Caleb and Joshua. Out of the 12 scouts Caleb and Joshua were both destined to be powerful mighty men of God. We also see that the spirit of fear came to destroy what God had for them. We know this because in the book of Joshua God continuously told Joshua to be strong and of good courage .( Joshua 1:6-7, 8 :1 ) But for Joshua fear was not an option!

In preparation for becoming Moses’ successor Joshua experienced fear but did not succumb to its demands he servived as captain of Israel’s army, assistant to Moses, and one of the 12 scouts. If he would have allowed fear to control his life we would not be reading about his legacy today. He went onto be responsible for crossing the river Jordan , conquering Jericho –completing the occupation of Canaan, defeating the Amorites- allocating 9.5 of the 12 tribes of Israel and occupying the land that God gave to the children of Israel .

As for Caleb he fought alongside Joshua in spirit and in faith. He lived long after Joshua until the time of the judges where he defeated the sons of Anak settling into the land of Hebron, which was promised to him and his descendants.

So if you are facing fear today, God has sent you out to scout out a land flowing with milk and honey . You may find yourself in a place that you feel like no one has been before. But just as Caleb and Joshua; God has called you to lead the battle against fear. Say to yourself fear is not an option be strong in the lord and the power of his might! Jesus has conquered that old spirit of fear that you may return to those around you in the land which God has promised to us. Tear down every stronghold/ defensed city the enemy has placed in your heart and mind. Remember God says don’t be afraid no matter how you feel or what it looks like. For the battle is not yours It’s the lords (II Chronicles 20:15). It is he that goes with you to fight FOR YOU against your enemies to save you( Deut. 20:3-4).

Weapons against fear:

II Tim 1:7

Isaiah 41:10

II Corinthian’s 10:3-6

Philippian’s 4:6-7

Isaiah 26:3-4

Luke 10:9

John 16:33

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