



SALT & LIGHT

THE OFFICIAL PUBLICATION OF LOBO INTERNATIONAL INSTITUTE FOUNDATION INCORPORATED



VOLUME 2 NO.1

LOBO, BATANGAS

S.Y. 2011-2012



THE BIG MAN OF THE SCHOOL YEAR. Sir Lino welcomes the students during the first Chapel Day of the school year.

LIIFI hires new principal

Mr. Lourdelino E. Dueñas, 65, is the new principal of Lobo International Institute Foundation Incorporated (LIIFI).

Sir Dueñas is a graduate of Bachelor of Science in Elementary Education from the Philippine Normal University (PNU). He

took up his Master of Arts at Golden Gate Colleges and had taken up 36 out of 60 units for his Doctorate Degree in Education.

He became the Teacher-in-charge of Apar Elementary School for 3 years. Then he spent a year as the Mathematics Coordinator of Lobo Elementary School. He

also became the Head Teacher of Mabilog na Bundok Elementary School. Then he started his career as a principal in Masaguitsit Elementary School and Masaguitsit Banalo Barangay National High School at the same time before he became the principal of Lobo Central Elementary School.

as a principal in LIIFI. This school year is his 31st year of managing a school.

The new principal had already accomplished some of his goals to improve the school's physical facilities. He also teaches students to love, give importance to education, develop their talents and enhance their social relationship.

Last 2006, Sir Dueñas retired due to different health problems. After 5 years he decided to continue his calling

He affirmed, "The remaining minutes of my life will be devoted to others."

School holds Mr. and Ms. UN 2011-12

LIIFI held a Search for Mr. and Ms. UN 2011 last October 4 at the Lobo town plaza.

The search was participated by student representatives from each section and was organized by the school's faculty and staff to raise funds for the improvement of the school physical facilities and to purchase electronic equipments needed by the school.

The Mr. and Ms. UN were Mr. USA (Michael Angelo Acielo) and Ms.

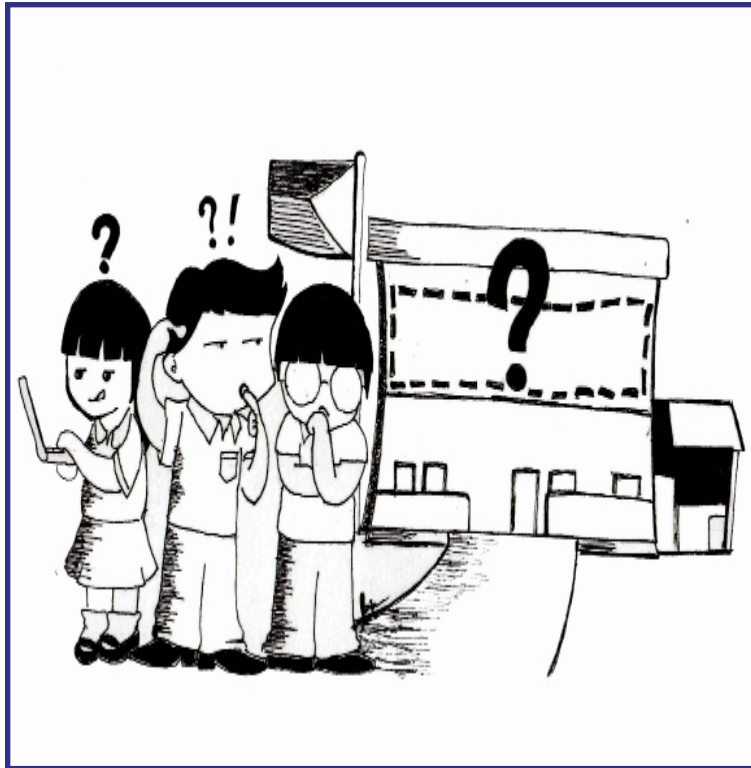
Netherlands (Shera Mae Acielo) while Ms. Spain (Jaycel Verdadero) and Mr. Brazil (Marc Lorenz Nadal) were the first runner ups ; Ms. Brazil (Kaye Ilagan) and Mr. Peru (Jommel Damalerio) were the 2nd runner ups and 3rd runner ups were Ms. Australia (Jeane Ritchelle Dueñas) and Mr. Spain (Kenn Gerald de Chavez).

Ms. Netherlands got a trophy, a sash, a boquet, a crown, and a scepter while Mr. USA and other winners got trophies and sashes.



FAMILY AFFAIR. Siblings, Shera Mae Acielo and Michael Angelo Acielo pose after being hailed as Mr. and Ms. UN 2011-2012.

Editorial



Feedback

By: Novy Mae De Chavez

K12: OK or NOT OK

Is ten years of formal education not enough? The government is planning to add two more years in the education system which is known as the K-12.

"I agree with the K-12, because K-12 can improve the student's knowledge. The government however must enhance the facilities of the school for the effectivity of this program."

-Reil L. Alcantara, SLC President

"The students will learn more but a lot of money is needed to support their education."

-Ma'am Shiela Anyayahan, I Matthew Adviser

"I think it is good to have two more years in high school, but if the students won't pay attention to their

teachers and lessons, it's nonsense."

-Ericka Jane Mendoza, III Isaac

"It has advantages and disadvantages. Advantage because the students will learn more and disadvantage for those who are in the public school in terms of financial aspect."

-Mart Louis Cay, Editor-in-Chief, Salt and Light

"If necessary we will follow, but for me I don't agree with the K-12. K-12 is not the solution in our education's low level. Instead of adding two more years the government should add more school facilities, books, computers, teachers and most especially give importance to the teachers' salary."

-Sir Lourdelino Dueñas, School Principal

School Chapel Day

Chapel Day is a school's monthly activity for all students as well as teachers. It is our time to praise and worship God together. It is the most important monthly activity for those who know Jesus Christ. An event where you can see a man of God holding a Bible willing to share the Word of God.

When there is Chapel day, there are no classes. Everyone is encouraged to be in the conference hall and share their experiences on how they are being touched by God. Unfortunately, not all LIIFI-ans participate wholeheartedly in this kind of activity. Most of them choose to sleep at home, chat with a friend during the program, wait only for their section's special number or just ignore it pretending to be uninformed. That seems to be impossible because even before classes start in June it has been included in the school's calendar of activities for the whole year plus the fact that it is written in the students handbook. It's a must-know and a must-experience for every student.

As seen in our school logo printed in our student's uniform that we wear almost everyday, Jesus Christ should be the center of every student's life. Hence, it's only proper to dedicate at least one day of praise and worship a month. We are given an average of thirty days a month. Why not give Him back at least one day of it?

Salt and Light

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"Commit to the Lord whatever you do and your plans will succeed."
Proverbs 16:3

Christ-centered Journalism By Noel De Castro

“Can we be the light that guides our way or the salt that spices up the world’s appetite?” This is the question that challenged LIIFI to have the Salt and Light.

Lobo International Institute Foundation Incorporated wants something where the students can use the writing skills that God has given to them. We decided to enter the world of journalism. This is our way to gather, evaluate and distribute facts of interest especially the word of God to everyone. Another aim is to advocate and support the immunity and freedom

of journalists and to explore the world of Christ-centered journalism.

Matthew 5:13-16 states that, “We are the salt of the earth: but the salt loss its flavor, how shall it be seasoned? It is then good for nothing but to be thrown out and trampled underfoot by men.” “We are the light of the world. A city seen on a hill cannot be hidden. Nor do they light a lamp and put it under the basket, but on a lamp stand, and it gives light to all who are in the house.”

God wants us to be the salt and light by means of journalism.

Curricular versus Co-curricular By: Raia Joyce Dayoc

Every person is gifted. Some are so gifted that they seem to excel in every aspect possible. Some outshines in a particular field to which he finds to be at his best.

School is where we discover a lot of things. Things that are not just about the world we live in but also things that are within us since we cried our first to tell the world that we have arrived. In school, we discover and exercise skills and talents we are gifted with. But as we go farther in our scholastic journey, there is one question that might cross our mind: Which are far more important, curricular skills or the co-curricular ones?

Academic skills are important. As a senior student, by this time I need to decide about who I really want to be; what field I want to be in in the future. I need to decide what course I have to take up in college. It would dictate the career I would have after college years. In this deciding

part, my academic skills in high school vary a lot. The subjects where I excel are good bases in deciding for my course. I have to be good in academics to be able to surpass the challenges college life offers. A student who has a good ability in academics has an edge over the ones who take academic subjects less seriously. When you’ve been good in your academics and has understood and has ability to apply them, settling in a job after college would not be a problem.

I am not saying that co-curricular activities are not important. They are chances given to students to exercise their social and leadership skills and to expose students in a bigger world that awaits every student outside their classroom. And the exposure that these co-curricular activities provide is not really that less important compared to the academic ones. They are both important in different ways.

Fruitful Branches

Once In a Life Time
By: Sharmaine Dawn Ayano

If you would ask anyone what part of their school life they want to go back to, majority of them would say, “High school!” or “High school is the best!” or maybe “I mostly enjoyed high school!” or better yet “I love high school!”

I had also worn a high school uniform for four years. I graduated from Lobo International Institute Foundation Incorporated. I have a lot of things to remember, memories to share and moments to reminisce about my high school life.

I remember the times when I used to wake up early in the morning to go to school early to see my crush first before anyone else does because he is also an early bird whom I thought also goes to school early to see me first too before anyone else does (just kiddin’) and those few times when I get late for class after my lunch break. I remember those times that we would clean our room after we had been tongue-lashed by our teacher to do so. In fact, I can still hear their sermons and litany clanging in my ears. And I always reminisce those times that we were together, begging our seatmates for a piece of paper during surprise exams, eating noisily at the canteen, having sleepovers for projects that did not really require an overnight to be accomplished and the moments that we so miss each other over the seemingly never-ending weekends.

And also I will never forget those times that foreign missionaries would visit our school during intramurals, Christmas seasons and graduation. I thank Reverend Paul K. Yoo and Dr. Elizabeth Z. Yoo. I honor them for their generosity and great heart for missions.

I thank God for how He managed me during my high school years. Within those years, I learned to be closer to Him. And because the school where He led me offers the subject of Values and Christian Education, my knowledge about Him grew and I knew Him more. God helped me to conquer difficulties and persecutions. He taught me to be strong and how to move on. He never left during those times that I was confused, rejected and bullied. Because of Him I learned how to forgive. I praise Him for all the talents He has given me which I used during chapel days and other school events. God really deserves to be praised and glorified!

Character builds and attitudes change. The change, getting mature, is not that hard to manage if you will obey Him. I thank my schoolmates, friends, classmates and of course my teachers who gave their effort to love us and treat us like their own sons and daughters.

I became also a reproach to them: when they look at me they shake their heads. Help me, O Lord my God; O save me according to Thy mercy; that they may know that this is Thy hand; that Thou, Lord, has done it. (Psalm 109:25-27)

To God be the glory!

Dawnie, 19, graduated with honors from LIIFI last 2009. She is currently taking up BSED, Major in English at BSU.

School year opens with new classroom

A new classroom was opened during the start of School Year 2011-2012.

The new classroom is located at the back of the main building of the school campus beside the conference hall. It used to be the stock room of the school that was renovated to be a functional classroom as a project of the PTCA officers lead by Mrs. Agatona Lopez.

The fund for the said project was raised through a money contest which was dubbed as the Search for Mr. and Ms. LIIFI 2010-2011 participated by representatives from all year levels and sections of batch 2010-2011.

The new classroom is now used by the II-Luke section.

LIIFI celebrates Nutrition Day

Nutrition Day with the theme: "Isulong ang breastfeeding -tama, sapat at eksklusibo!" was celebrated by the LIIFI students last July 15.

Activities include: Food display, quiz bee, poster making, and essay writing.

The highlight of the Nutrition Day was the Food Display Contest where all the year levels and sections participated.

The winners of the aforesaid competitions are as follow:

Food Display:

1st: III-Isaac

2nd: IV-Moses

3rd: II-Luke

Quiz Bee:

1st: Brizka Morales (III-Isaac)

2nd: Aevette Paula Espenilla and Vernadeth Dueñas (III-



NUTRITION DAY IS UNITY DAY. Students from IV-Moses together with their adviser, Ma'am Rea, work together during the Food Display Contest.

Isaac)

3rd: Amiel Cavile (II-Luke)

Poster Making:

1st: Salagubang Team (Ellaine

De Castro, Jeffrey De Torres, Ericka Jane Mendoza)

2nd: Beki Team (Lara Bugas,

Louie Ann Abdon, Jeanella Abanilla)

3rd: Dugas Team (Reil Alcantara, Marjonson Ballad, and Angie Ramirez)

Essay Writing:

1st: Izelle Taguiam (IV-Moses)

2nd: Sara Camagon (IV-Moses)

3rd: Maureen Liberty Dapito (III-Isaac)

Juniors take NCAE

Third year students all over the country took the National Career Assessment Examination, September 30.

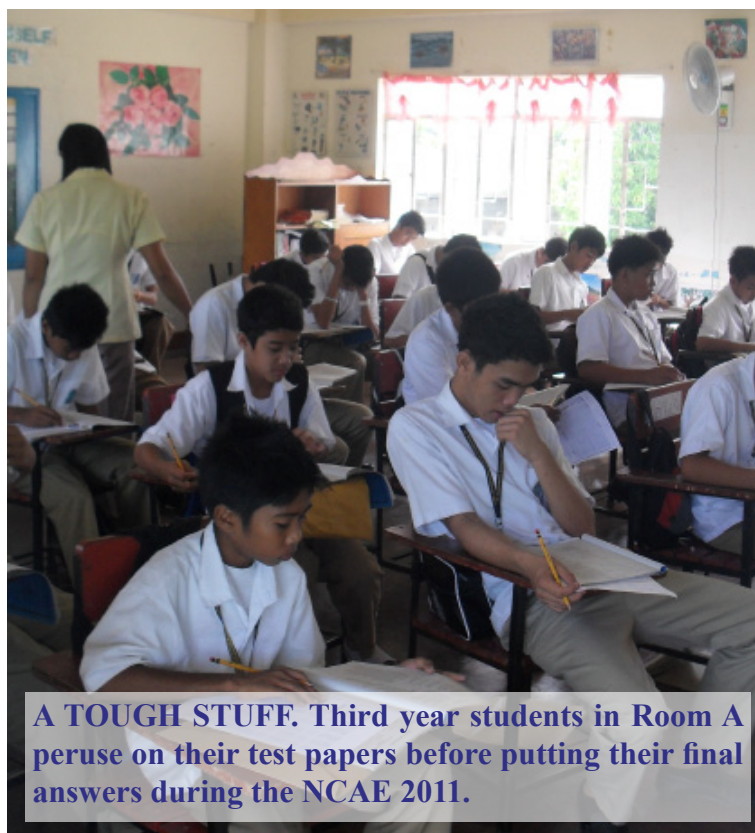
To give sufficient time for comprehensive career guidance to high school students before they enter the tertiary level, the Department of Education (DepEd) through the National Educational Testing and Research Center (NETRC) administered the SY: 2011 – 2012 National Career Assessment Examination (NCAE). It was given to: third year high school students as an amendment to DepEd Memorandum No. 270, s.2007; and fourth year high school students who are applicants to CHED and TESDA Scholarship Programs in accordance to DepEd Order

No. 28, S. 2011.

Starting school year 2012 – 2013, the NCAE will be administered every last Wednesday of August of the succeeding years to all third year high school students and fourth year high school students – applicants to CHED and TESDA Scholarship Programs in all public and private secondary schools with permit to operate.

The results of the NCAE will show the interest and career inclination of the student, whether it is technical-vocational, entrepreneurial or a full college education course.

The NCAE, originally scheduled for September 28, had been postponed in Luzon due to heavy rains brought by typhoon "Pedring."



A TOUGH STUFF. Third year students in Room A peruse on their test papers before putting their final answers during the NCAE 2011.

Lobo is Atis Capital of the Philippines

Lobo was declared the Atis Capital of the Philippines, during the 140th Lobo Foundation Day last September 27 at Lobo Town Plaza.

During the ceremony, Mayor Efren Diona shared the early years of Lobo. He also appealed to the Loboans to become effective part of achieving more for the town. He exclaimed with confidence and strong will: "Kailanman ay walang inatrasang hamon ang mga anak ng Batangas" (The children of Batangas had never retreated from any challenge). And he added "Wala nang pwedeng mag-contest, Lobo na ang may hawak ng Atis

Capital of the Philippines" (There is no more competition, Lobo holds the Atis Capital of the Philippines).

The move for Lobo to officially become the Atis Capital of the Philippines was strengthened by Resolution No. 2011-61, which was authored by SB member Mikael II C. Andaya.

Hon. Jejomar Binay was the guest of honor. He gave away P 500, 000 .00 and a multicab and brand new wheelchairs for the senior citizens of Lobo.

The event was ended with the unlimited atis-eating spree which was open for everyone.



A QUAD OF ACES. (from left to right) Hon. Board Member Christopher De Leon, Hon. Vice Mayor Renato Perez, Hon. Vice President Jejomar Binay and Hon. Mayor Efren Diona sit together during the declaration.

2 LIIFI teachers pass LET

Mrs. Rea Rosendo and Mr. Wilson Dueñas passed the Licensure Examination for Teachers last September 25.

Sir Wilson is a graduate of Bachelor of Secondary Education Major in Biological Science from Batangas State University, Lobo Campus. Ma'am Rea is a graduate of Bachelor of Secondary Education Major in Social Studies from Batangas State University, Main Campus. Sir Wilson is

teaching Science I and II and is the school's SLC adviser. Ma'am Rea is teaching AP I, III and IV.

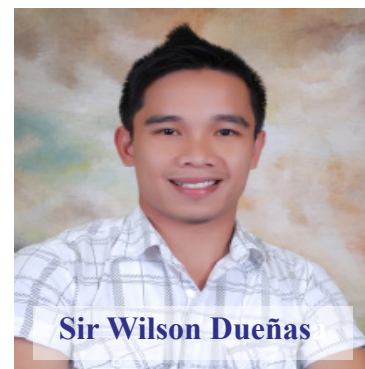
Sir Wilson is still not sure about his career plans after passing the LET while Ma'am Rea is now applying for an item in a public school.

"I thank God for the big blessing for finally letting me pass the LET," exalted Ma'am Rea.

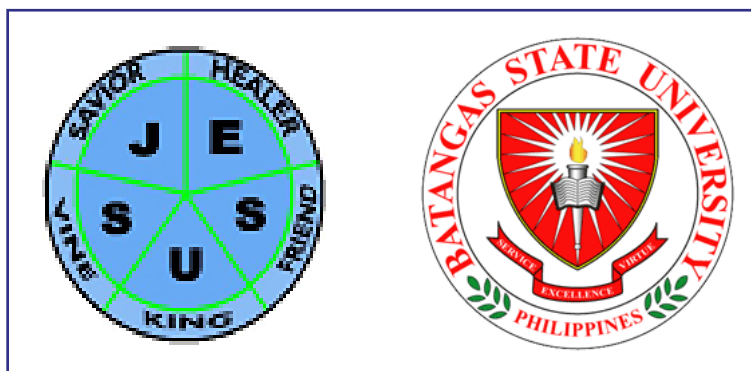
The result of the licensure examination came out November 17.



Ma'am Rea Rosendo



Sir Wilson Dueñas



LIIFI collaborates with BSU in outreach program

LIIFI collaborates with BSU, Lobo Campus in an outreach program with the theme, "Bring the joy and share our love unselfishly this Christmas," December 19-20.

LIIFI donated recycled bags which were projects of third year students in TLE III, canned goods, personal belongings and school supplies for the less fortunate students and families in Brgy. Malabnig, Balatbat and Brgy. Pinaghawanan, Lobo, Batangas.

The SLC officers collected donations from LIIFI students and student representatives from BSU collected the goods from the LIIFI and distributed them to chosen recipients in the said barangays.

"All of us know that there's a reason for every action and both schools aimed the same -sharing blessings and happiness as well as giving them delightful moments in their lives," quoted Sir Wilson Dueñas, SLC Adviser, who led the collaboration with BSU.



If I Were the President

By: Jann Jefferson Calnea

Thirty to forty years from now, you shall hear this introduction echoing monotonously while you are proudly watching television or is cramming yourself in a multitude of Filipinos while you are trying to catch a glimpse of me in person:

“Ladies and gentlemen, the new president of the Republic of the Philippines, his Excellency, Jann Jefferson Reyes Calnea!”

Then you’ll wake up and ask, “Was that a nightmare or what?”

Well maybe not. I think the majority of the wise future voters of the Philippines would not vote for a Janjan (yes that’s my nickname and, ehem, campaign name in case the universe conspires to make me

run for any of the future presidential elections) R. Calnea who they think does not have the capacity to run a country like hell short enough to turn it into an eternal heaven afterwards.

They will instantly cast their votes on me once they hear (and hopefully believe) my

...the greatest things that I have in my arsenal for change for this country are my Prayers and Faith – God bless the Philippines!

plans for this country:

Because if I were or will be the president of the Republic of the Philippines, supported by the positive impetus of my countrymen who have faith in me, I shall not waste my time debating against the church whether the RH Bill can help the country or not. I shall make this country a paradise even

if it is occupied by a lot of Filipinos (because, hey, that’s way better than a Philippines that is overpopulated with foreigners who rob, pollute and corrupt us). I shall wrestle the main cause of poverty which is neither over-population nor not using condoms and contraceptives.

To make a great country we will need a potent populace. So my first priorities shall be to nourish and educate my countrymen.

To provide nourishment for my starving brethren I shall encourage them that this country should be the Granary of Southeast Asia. I shall make them realize that our country

did not rise from the Pacific to be an industrial country that would pollute it but to be an agricultural country that feeds it people and provides clean air for the rest of our already gasping world.

To provide good education for my countrymen I shall augment the budget for their education. Schools shall be erected and educators shall be well-trained so that they could inculcate more to their students, young and old, good conduct and practical wisdom and promote good social relationship.

And most of all, the greatest things that I have in my arsenal for change for this country are my Prayers and Faith –God bless the Philippines!

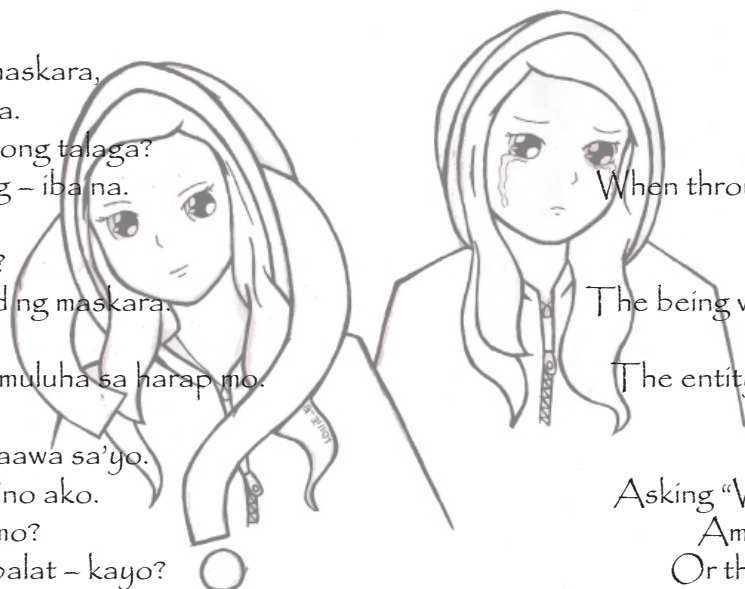
Jan-jan, 19, graduated from LIIFI last 2009. He is currently taking up Hotel and Restaurant Management at De La Salle University, Lipa City.

Sino Ako?

Ni: Novy Mae De Chavez
Sa likod nitong nakangiting maskara,
Ay isang mukha na ibang – iba.
Masasabi mo ba kung sino akong talaga?
Kung kilos at galaw ko’y ibang – iba na.

Sino na nga ba akong talaga?
Ang taong nagtatago sa likod ng maskara.
Sabihin mo. Sino ako?
Ang taong nakamaskarang lumuluha sa harap mo.

Ngayon heto ako, nagmamakaawa sa’yo.
Nakikiusap na sabihin kung sino ako.
Ako nga ba ang taong kilala mo?
O ang totoong taong nagbabalat – kayo?



Who Am I?

By: Ericka Jane Mendoza
Behind this smiling mask,
Is a face from a different cast.
Can you tell me who am I?
When through my actions, you can’t rely.

Who really am I?
The being who behind this mask is hiding.
Tell me. Who am I?
The entity who in front of you is crying.

Now here I am, begging you.
Asking “Who am I?” Please tell me who.
Am I really the person you knew?
Or the real person who is not true?

Loving You with All My Heart

By: Elaine De Castro

Loving you with all my heart,
Means we'll never be apart.
But what are you doing to me right
now?
You're lying to me and have broken
your vow.

Each time I close my eyes,
I feel the sadness so I want to
disguise.
I tried to be okay even if I'm not,
But I can't help it, I think of you a lot.

All I want for you is to be happy.
So now, I have to set you free.
'Cause as far as I can see
You're gonna do fine without me.

A Rich Lesson

Submitted by: Ericka Jane Mendoza

Source: An Anonymous SMS

One day the father of a very wealthy family took his son on a trip to the country. He wanted to show his son how poor some people can be. They spent a couple days and nights on the farm of what would be considered a very poor family. As they were returning home, the father asked the boy,

"How was the trip?"

"It was great Dad."

"Did you see how poor people can be?"

"Oh, yeah."

"So what did you learn from the trip?"

The boy said, "I saw that we have one dog and they have four. We have a pool that reaches to the middle of our yard, and they have a creek that has no end. At night we have imported lanterns, and they have the stars."

"Our patio reaches the front yard and they have the whole horizon. We have a small piece of land to live on, and they have the fields that go beyond our sight. We have servants who serve as but they serve others."

"We buy our foods, but they grow theirs. We have walls around our property to protect us. They have friends to protect them."

Then the boy added, "Thanks Dad, for showing me how poor we are!"

Too many times we forget what we have and concentrate on what we don't have. One person's worthless object is another's prized possession. It's all based on one's perspective.

Makes you wonder what would happen if we will all give thanks to God for all the bounty He has provided instead of worrying about and wanting more.

I SEE HIS ABSENCE BUT I FEEL HIS PRESENCE

BY: LORELYN ABDON

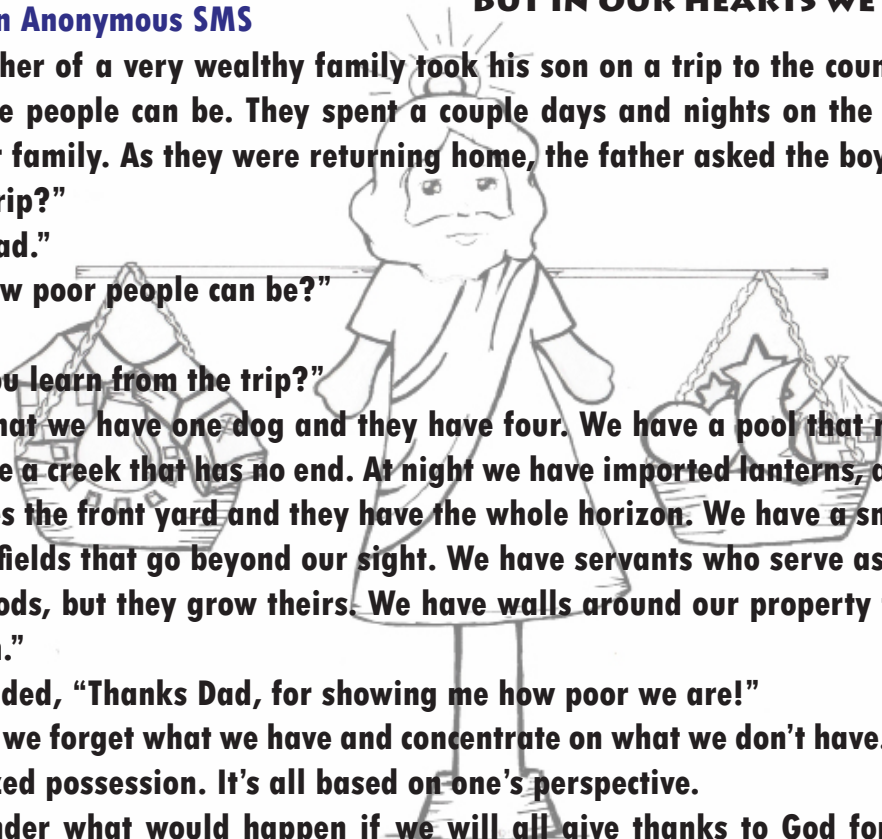
THERE ARE TIMES I FEEL ALONE,
DOING THINGS ON MY OWN
ALTHOUGH I CAME WITH THEM ALONG,
SOMETIMES I FEEL I DO NOT BELONG.

SOMETIMES I FEEL LIKE A GHOST;
THAT NO ONE CAN SEE OR THINK THAT I'M
LOST.

THAT'S WHY IT HURTS FOR ME TO SAY,
THEY DON'T WANT ME HERE TO STAY.

BUT ONE DAY I REALIZED;
IT'S NOT GOOD TO SOCIALIZE,
WITH PEOPLE WHO ARE AS COLD AS ICE,
AND MAKE YOU WORTHLESS IN OTHERS
EYES.

THAT'S WHY I KNEW THE BEST TO DO.
JUST PUT GOD FIRST AND ACCEPT HIM TOO.
ALTHOUGH OUR EYES CAN SEE HIS ABSENCE,
BUT IN OUR HEARTS WE FEEL HIS PRESENCE.



A student ambles playfully with an English teacher along a seemingly abandoned corridor to the faculty room after their class about comparison of adjectives.

S: (Wearing a smile while staring at and waiting for the teacher to look back.)

T: (Aware of what the student is doing and waiting for but feels uneasy to respond.)

S: I love you to the superlative degree!

T: (Silent and seemingly indifferent but listening.)

S: Do you love me too?

T: (Without looking at the student but sincerely.) Higher than your superlative degree.

S: Are we?

T: No.

S: Why can't we be?

T: Because it's unacceptable.

S: Why is it unacceptable? You and I do have the right to love, don't we?

T: We do. But in our case, you and I...

S: You and I are what?

T: (Sighs.) I am your teacher. You are my student.

S: And so?

T: It's unethical.

S: Loving is unethical?!

T: According to Article VIII Section 7 of the Code of Ethics of Professional Teachers, "In a situation where mutual attraction or subsequent love develops between the teacher and the learner, the teacher must exercise utmost professional discretion to avoid gossip, scandals and preferential treatment of the learner."

S: (Pauses trying to comprehend what the teacher said.)

T: (Continues to walk leaving behind the student.)

S: (Smirks and then giddily strides to catch up with the pace of the teacher.) If that's the case then we can be! We just need to be discrete. After all, it's less than a school year left before I graduate from here. We'll just go public after a year or two or maybe or even maybe after a month, a day, an hour, a minute or even a second after my graduation ceremony would not be unethical anymore and then we're going to last forever!

T: (Stops, turns and twists the doorknob of the faculty room.) Do you really want us to last forever?

S: (Giggles and then points her index to the highest towards the ceiling.) To the superlative degree!

T: Let us just be friends. (Enters the faculty room and slowly closes the door.)

S: (Still standing in front of the faculty room's door with lips stitched with sad silence and tear-welling eyes.)

T: (Still standing in front of the other side of the door while looking at the student's face through the one way mirror pane of the faculty room's door; feeling a lump in his throat while trying hard to stop his tears from bursting out of his crimson eyes.) For now.

Letting You Go Hurts Me

By: Bernadeth Babao

*It's been a long time
Since you've been gone
You left me all alone
Without any reason.*

*Don't you know that
It hurts me a lot
I'm always thinking of you
Every hour, every minute.*

*Even though it hurts
I had to set you free
Because I know with her
You'll be happy.*

My Best Companion **By: Dianne Imercen Patal**

**Whenever you and I are together,
There is no sadness and I feel better.
And I just want you to stay.
To God Almighty I always pray.**

**And at every turning of the road,
You're there to help me with my load.
You always forgive my failings.
That's why I want you to be my sibling.**

**When I think that soon we'll be apart,
My heart aches and I feel so upset.
But I promise I'll never forget you:
I wish my friend, you'll do the same too.**

Are You Afraid To Die?

By: Job Camagon

In this time, many of us live happily and contented in this world. If you are one of these people, you're a lucky one. But the question is, are you still lucky if you die? Others say they will be blessed when they die even if they were not blessed here. Do you want to know their secret?

This secret is what we call the Bible and Jesus their Lord because He promises they will be rewarded with everlasting life. If you want to know how it can happen unto you, here are some advice:

- Read Bible with understanding and keep it unto your heart, mind and soul.
- Follow all of its rules
- Know your God
- Be a good follower of the Lord

These are the secrets on how to be a lucky one, when you die. Now the question is: Are you still afraid to die?

It's Not the Student's Fault By: Noel de Castro

It's not the student's fault if he fails in his subject. Why? It is because the year only has 365 days. Take these factors into consideration:

SUNDAYS. There are 52 Sundays in a year. Sunday is rest day. Days left: 313

SUMMER. There are 50 days of very hot weather. You can't study when the weather is hot. Days left: 263

SLEEP. You need 8 hours of sleep everyday. Calculate it and would equal to 122 days. Days left: 141 days

RELAXATION. You need at least 1 hour to relax per day which is equals to 15 days a year. Days left: 126 days

CHAT. "Man is a social animal." They chat for approximately 1 hour per day. That means another 15 days. Days left: 81 days

EXAMS. Approximately 24 days per year. Days left: 57 days

FESTIVALS/HOLIDAYS/CHAPEL DAYS. 48 days. Days left: 9 days

ILLNESS. Yes, you do get sick. Approximately 4 days per year. Days left: 5 days

ORGANIZATION. You are a member of one of the school's organizations. The time you allot for it is approximately 4 days. Days left: 1 day

And the remaining 1 day is your **BIRTHDAY.** How can you study on that day?! Days left: 0

When Are We Going to Change?

By: Bernadeth Babao

"If you would have God hear you when you pray, you must hear Him when He speaks."

This statement was given by Thomas Benton Brooks. All of us know how to say our prayers but the big question is, "Do we listen to what God says?!"

When we are praying, we are giving thanks and asking for God's forgiveness. But it's really sad to say that some people who pray are praying more for blessing than to extend their sincerest thanks to God. Sometimes we are asking for frivolous things. There are people who loath praying.

God always answers our prayers. He never refuses to listen to us and He never fails to keep his promises. Just

be patient in waiting for His response. After our long waiting, He will grant our requests. God is good at all times.

But are we listening to Him and are we doing what he wants us to do in return?! Despite of all the blessings that God is giving to us, He is still not fully in our hearts. We keep on asking for more blessings but still we are very hard-headed. A lot of us are not following the words of God.

When are we going to change? When are we going to make our relationship with God deeper? In your mind's eye, imagine yourself without Jesus Christ. Now is the time for us to change and be closer to Him.

Walking with Him

By: Vanessa Carmona

*I was empty and alone the first time I met you.
But I thought to my self, "Hey! You must not be in blue."
Because I know through you, no doubt and no clue;
My dreams are soon coming to be true.*

*You mold our lives; You build our minds.
You take away the tear drops from our eyes.
You bear to us that in every sacrifice,
There is nothing impossible because there's Jesus Christ!*

*As I leave you, I lay down my head.
Walking along your halls as my eyes turn to red,
I look back my way I found four footsteps and wondered.
"It's my friend, our savior, our healer!" I said.*

*Hail to you dear God and LIIFI!
Your walls help me to be the salt and the light.
We're strengthened by Him and can do all things through Christ.
You'll be in our hearts until the day we die.*

Vane, 18, graduated as a salutatorian from LIIFI last 2010. She is currently taking up Developmental Communication in BSU Main Campus, Batangas City.



ABEL

Facebook: The 21st Century's Way of Communicating

By: Michaella Reyes

Social networking websites have been around since the mid – 90's but in recent years, social networking has exploded across the web. The Web 2.0 initiative has made modern social networking sites increasingly popular and easier to use than the initial wave of sites that bunched in the 90's.

Today, Facebook is the best social networking site not only in our country but on the world as well. The idea of Facebook can be quite confusing to those new to social networking. So what is Facebook? It is a place to communicate with friends and family, to share photographs or family links you find on the web, to play social games like Farmville or Mafia Wars, search for long-lost friends or even chat interactively with your buddies. In short, it is your home on the web. Facebook sprung from its root as a school-based social network to become the most popular social network in the world. A few keys to Facebook's success is its ability to appeal to both people and business, the success of Facebook's developers network which has turned Facebook into thriving platform, and Facebook Connect's ability to reach out the rest of the web and provide a single login that works across multiple sites.

Facebook is a social network service and website launched in February 2004 that is operated and privately owned by Facebook, Inc. As July 2010 Facebook has more than 500 million active users, which is about one person for every fourteen in the world. Facebook allows anyone who declares themselves to be at least 13 years old to become a registered user of the website. Facebook was founded by Mark Zuckerberg with his college roommates and fellow computer science students Eduardo Saverin, Dustin Moskovitz and Chris Hughes.

As of January 2009 compete.com study ranked Facebook as the most used social network by worldwide monthly active users, followed by MySpace. Entertainment Weekly put it on its end-of-the-decade "best-of" list saying "How on earth did we stalk our exes, remember our workers' birthdays, bug our friends, and play a rousing game of Scrabuluos before Facebook." Quantcast estimates Facebook has 135.1 million monthly unique U.S. visitors.

Source: <http://webtrends.about.com/od/socialnetworking/a/social-network.html>

<http://en.wikipedia.org/wiki/Facebook>

Bible Bits

By: Sara Camagon

- The Bible is written by 40 different authors with different occupations and it is written over a period of 1600 years including 400 silent years between the last book of the Old Testament and the birth of Christ. And also it is written in different geographical locations and yet tells one unfolding story with no contradictions.
- The bible said that the Earth is round before Magellan said it is. (Isaiah 40:22)
- The moon and sun stood still when the Israelites fight against the Amorites and it is said that it will never happen again. (Joshua 10: 12-14)
- When Cain killed Abel he killed ¼ of the world's population.
- The oldest man who lived in the world is Methuselah. He lived for 969 years.
- Solomon, the wisest king, has 1000 wives.
- The longest name in the Bible is Mahershalalhashbaz (Isaiah 8:1)

Ang Lobo ay Atis

Ni: Mart Louis Cay

Matamis. Maraming buto. Luntian. Maraming umbok. Masarap. Mabango -'yan ang atis!

Ang tamis nito at maputing laman ay maihalintulad sa matamis na ngiting mababakas mo sa bawat mukha ng mga taga- Lobo at ang kabutihang loob nila.

Ang mga buto naman ay sumisimbolo sa mga kabataan na kung itanim at pangangalagaang mabuti ay unti-unting lalaki, yayabong at sa kalauna'y mamumunga ng kaunlaran.

Ang berdeng kulay naman nito ay tila ang luntiang kulay ng mga birheng kagubatan na bumabalot sa bawat umbok o mga kabundukang kumukubli sa bayang ito. Ang malaparaing kagubatang mapagkukunan ng mga nag-uumpaw na likas na yaman na tumutulong sa pang-araw-araw na pamumuhay ng mga taga-Lobo.

Ang pagtanim ng atis ay pareho ng pagkayod ng mga taga- Lobo. Dedikado, seryoso, at masipag. Ika nga "Di bale nang walang tulog, basta may gising" pero kahit mahirap, kapalit naman nito ang tagumpay na kasing tamis at kasing sarap ng atis.

At ang halimuyak nito na tila samyo ng haplos ng Maykapal dagdag pa ang bulaklak nito na tila namumukadkad tulad ng patuloy na pagtatag ng paniniwala at pananampalataya sa Diyos ng mga taga- Lobo.

Ang pagdami ng atis ay magpapakita ng pag-unlad ng Lobo. Ang atis ay ang bunga ng paghihirap at pagtitiyaga. Ang atis ang tagumpay nating mga taga- Lobo.

Tunay ngang ang Lobo ay Atis!

LIIFI holds Fourth Intercolor Intramural

LIIFI held its Fourth Intercolor Campus Intramural last July 19 – 21, 2011.

The teams who competed were dubbed the Black Bear Cats, Blue Street Sharks, Unusual Pink Orcas, Ferocious Orange Timberwolves, Red Hawks, Purple Amethyst Fellas, Yellow Shaolin Monkeys and Green Hornets.

The intramural started with a parade around the vicinity of Poblacion. Then a flag-making contest and the cheering competition were held. Muses and escorts from each team also vied to be the

Mr. and Ms. Intramural 2010.

Teams competed in different sports like ballgames and track events.

After the dust settled the Black Bear Cats reigned as the overall champion followed by the Purple Amethyst Fellas in second place and the Ferocious Orange Timberwolves and Blue Street Sharks got the third place.

One of the aims of the intramural is so that the administration could scout for potent players for the District Meet.

The results of the events are shown in the table below:



Black Bearcats grounds Red Hawks

The Black Bearcats dished out the Red Hawks, 23-25, 25-19, 25-17 to grab the volleyboys championship, last LIIFI's Fourth Intercolor Intramural.

The whole championship was full of explosions. The first set was bagged by the Hawks led by Jester Alegre with his flashing services but the Bearcats came back in the second set with their unstoppable spikes and tricky placing skills. Jay-Ar De Guzman gave raging

wallops that destructed the concentration of the Hawks.

The third set was even more explosive. The Bearcats continued their fearful spikes and tricky placings while the Hawks answered back with blasting spikes and exhibit agility in footwork to dig the emphatic spikes and spontaneous placings of the Bearcats.

The Bearcats dominated however in the third set and with a zooming spike from De Guzman, they won 2 out of 3 sets against the Hawks.



UMH-AH! The Blue Street Sharks Cheering Squad celebrates after bagging the cheerleading championship.

Events	First Place	Second Place	Third Place
Flag-Making	Black Team	Red Team	Blue Team
Cheering Competition	Blue Team	Purple Team	Green Team
Ms. Intram	Yellow Team	Pink Team	Red Team
Mr. Intram	Orange Team	Yellow Team	Red Team
Basketball	Orange Team	Pink Team	Yellow Team
Volleyball (Boys)	Black Team	Red Team	Orange Team
Volleyball (Girls)	Green Team	Red Team	Purple Team
Sepak Takraw	Orange Team	Blue Team	Black Team
Track and Field	Black Team	Purple Team	Blue & Orange Team

LIIFI archer qualifies in STACAA

Iris Em, a freshman, won 2nd place in the Archery Competition at the Batangas Provincial Meet held at the Batangas Sports Complex at Bolbok, Batangas, last October 11-15 to qualify in the STACAA 2012.

The Districts who participated in the said competition were Balayan District, San Pascual District and Lobo District.

At first, Em had difficulties in adjusting with the equipments used in secondary level archery. But because of her determination and aggressiveness to win

the competition, in the six ends and eighteen arrows, the highest score that she got is 138 points.

Em got the silver medal for the 20 meter category and a bronze medal for the 15 meter category. She got a silver medal and a certificate.

Em was also the overall grand champion in the Archery Competition in Batangas Provincial Meet 2010.

She was coached by Mrs. Emely Pantoja, from Malabrigo Elementary School, Lobo, Batangas.

EM IS FOR ARCHERY.
Iris P. Em proudly poses with her medals after her victory in the Batangas Provincial Sports Meet.



Green Hornets stings Red Hawks

Riding on sizzling spikes, the Green Hornets ended, 25-16. In the second set Ebreo blasted the Red Hawks by winning straight 3 out of 5 sets to win the volleys' championship game last intramural.

The first set is full of action. Both teams exchanged sharp spurs like angry fighting cocks. The Red Hawks took the advantage of the absence of Vivianne Ebreo, the Hornets' captain, during the start of the game to take edge. Ebreo had arrived however before the first set ended and with her booming services the first set

ended, 25-16. In the second set Ebreo went all out and destroyed the defense and concentration of the Hawks. It was a massacre. The Hawks tried to catch up with their placing skills but they were no match to the Hornets' agility. It ended, 25-19.

During the third set, the Hawks seemed exhausted and could not keep up with the boost of the Hornets. They tried to dig the raging spikes of Ebreo but to no avail. She ended the match with a flashing wallop, 25-20.



CATCHING A GREEN STING. Macatangay of the Red Hawks attempts to deflect one of Ebreo's killer spikes.



A FEROCIOUS PACK. The first five hoopers of the Orange Timberwolves: (from left to right) Zaraspe, Pestijo, Ebra, Acob and Ramos).

Orange Timberwolves thwarts Pink Orcas

Jerwin Pestijo of the Ferocious Orange Timberwolves scored before the buzzer which resulted to 35-34 to edge out and grab the basketball championship last intramural.

During the first half, the Orcas were massacred by the ferocious attacks of the Timberwolves led by Jerwin Pestijo, Schemershon Ebra and Nestor Acob.

Orcas with 11 points deficit came back in the 2nd half as their rival commits early turnovers.

With less than 5 minutes going to the fourth quarter, E-Jay Gamboa of the Orcas hacked through the Timberwolves' defense and scored 6 points after three dead locks, 24-26.

The Orcas maintained the lead but Acob of the Timberwolves heated up and scored 4 points, 30-26.

The last three minutes of the game was a seesaw match for what seemed to be the winning shot.

Ten seconds was left and the score was 33-34.