

July2019

Church Office: 858-277-6572

Introducing The Gethsemane Library

When I first walked in to the pastor's office here, I discovered a bunch of books already on the shelves. As a book lover myself I thought to myself, "These books ought to be read by more than just me!"

So I have put them all in the first bank of shelves inside the 'back door' and created The Gethsemane Library! The shelves are clearly marked and there is a clip board on the side of the bookcase so you can sign out the book of your choice. On Sunday mornings when my back door is open, you are welcome to come on in and browse the books and decide which one you might want to borrow. Just print your name, add the book title and the date and take it home,



read it and bring it back. THEN TELL ME HOW YOU LIKED IT, because there are a lot of titles there I have not read!

There are all kinds of books. There are some novels, some memoirs, some Bible study books, quite a few on aging, some on living well even up to the end of life, a few on addictions and other mental health issues, and many more.

Here are some titles I have read that I recommend:

Novel: <u>The Red Tent</u> by Anita Diamant. This is the story of Dinah, daughter of Jacob. We are familiar with Jacob's story as one of the patriarchs of Judaism, but not much is known about the lives of the women in those Bible stories. Diamant has done a whole lot of research and used a bit of imagination to write this engaging novel. Read this book for a peek into the lives of our ancient forebears of faith.

Memoir: Pastrix: The Cranky, Beautiful Faith of a Sinner and Saint by Nadia Bolz-Weber. This book tells the unlikely story of how a foul-mouthed stand up comic came to be a Lutheran pastor. This story is not for the delicate. It is a gritty tale of faith and life.

Non-fiction (Spiritual Life): <u>Celebration of Discipline: The Path to Spiritual Growth</u> by Richard J. Foster. This is a very straightforward overview of spiritual disciplines, both the usual ones we think of, such as prayer, fasting, and worship, and ones we don't necessarily recognize as disciplines: celebration, confession and solitude, among others. If you want some help seeing God acting in your life, reading this book will open your eyes.

Here are some other books I have not read but think you might find interesting...

Devotional: <u>Married for Life: Inspirations From Those Married 50 Years or More</u> collected and edited by Bill Morelan. Stories gleaned from interviews with older couples reveal wisdom for building and sustaining a long-lasting, living marriage.

Non-fiction (Spiritual Life): **Soul Types: Matching Your Personality and Spiritual Path by Sandra Krebs Hirsh and Jane A. G. Kise**. Using the Myers-Briggs Type Indicator, the authors explain how to approach and practice spiritual disciplines for a fuller, freer life.

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Non-fiction (Christian Giving): **Giving to God; The Bible's Good News about Living a Generous Life by Mark Allen Powell**. Powell presents stewardship as an act of worship, and expression of faith, and a discipline for spiritual growth. But stewardship isn't just about church. It is about how we live.

Non-fiction (Christian Life): <u>Living into Community: Cultivating Practices That Sustain Us</u> by Christine D. Pohl. Pohl identifies four practices that are the keys to sustaining a healthy community: gratitude, promise-keeping, truthfulness, and hospitality.

Non-fiction: (Forgiveness): <u>Forgive & Forget: Healing the Hurts We Don't Deserve</u> by Lewis B. Smedes. A handbook with reflection questions for anyone wanting to find healing for emotional, spiritual or physical pain inflicted by another.

Autobiography: <u>Losing My Mind: An Intimate Look at Life with Alzheimer's</u> by Thomas DeBaggio. DeBaggio, a writer by trade, gives an extraordinary first person account of early onset Alzheimer's; how it was diagnosed, how it affected him and his loved ones and how he chose to deal with it

This is just a little glimpse of the treasures that are on these bookshelves. Happy Reading! blessings,

Pastor Karla

SUNDAY JULY 21 IS AGAPE HOUSE SUNDAY!

Agape House, the Lutheran-Episcopal campus ministry at San Diego State University is about to grow. Deacon Melissa James will speak at the service, telling us about the ministry there and the hopes and dreams they have for the future. God is doing a wonderful thing through Agape House and it is right under our noses! You will be inspired. Please plan on attending worship July 21.



SAN DIEGO PRIDE PARADE

Saturday, July 13 Watch for details in the bulletin

The annual San Diego Pride Parade is the largest singleday civic event in the region, and is among the largest Prides in the United States, attracting over 250,000 cheering supporters of the LGBTQ community!

Come show your Pride on Saturday, July 13, 2019 at 10:00

am. The parade begins at the Hillcrest Pride Flag at University Ave. and Normal St., proceeds west on University Ave., turns south on 6th Ave., turns left onto Balboa Dr. and ends at Laurel St. – where you'll find the entrance to the Pride Festival!

For more information visit www.sdpride.org/parade



DID YOU KNOW...

- The Trinkles' correct phone numbers are: home (210) 265-5222 and Earline's cell is (619) 886-1694
- Virginia's working email is v.int@mac.com
- Living Lutheran is available on the table in the Narthex for loan as they become available.
- "God's Work Our Hands" is coming Sunday, September 8th. Stay tuned for more information.



Outreach in the ELCA Community

Federal Scholarship Winners for 2018-19

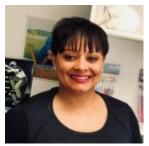
Andrew Berdahl and Vianney Blomgren are this year's winners of the ELCA Federal Chaplaincy Scholarship Awards, netting \$4,250 apiece for the 2018-19 academic years. Both MDIV students, they continue with their studies to become pastors.

Luther Seminary student Blomgren finds support for her journey towards chaplaincy from her favorite Biblical passage, Hebrews 10:23-25. "Let us hold unswervingly to the hope we process, for he who has promised is faithful. And let us consider how we may spur one another on toward love and good deeds. Let us not give up meeting together, as some are in the habit of doing, but let us encourage one another-and all the more as you see the Day approaching."

Likewise United Lutheran Seminary Berdahl finds his support from Ecclesiastes 12:4. "Though one may be overpowered, two can defend themselves. A cord of three strands is not quickly broken."

Andrew is a 2LT and Chaplain Candidate. He had a circuitous route to his commissioning in March 2018 into the Pennsylvania Army National Guard. Andrew is a first-year student at the newly formed United Lutheran Seminary which has two campuses, Gettysburg and Philadelphia. He is a graduate of Muhlenberg College, gifted in Greek, a student of political science and history. Right after college, Andrew approached the National Guard to join with the possibly of becoming a chaplain. Along the way, he had a detour, as he was enlisted with an agreement to go to boot camp and Officer Candidate School (OCS) which would have been a possible though circuitous route. The National Guard realized that with Andrew headed to seminary and aiming for the Chaplain Corps, a more direct pathway would be appointment as a Chaplain Candidate.

*article copied from ELCA website





Vianney Blomgren

Andrew Berdahl

Here at GLC, we are hoping to raise \$500 before Veterans Day toward a gift to this scholarship fund. A challenge has been offered to match our \$500 for a total gift of \$1000, achieving the status of a Medallion Congregation. Make out your check to GLC with a note Chaplain Scholarship. A gift of any amount will be gratefully accepted, every little bit helps; it all adds up.

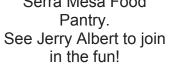
Birthdav



Carly Pfizenmeier Jurasavich	5th
Peggy Watkins	11th
Don Burmeister	12th
Jim Neuman	23rd
Jon Peterson	25th
Julia Miller	26th
Frank Mazzone	28th
Piper McGinley	31st

PADRE FUNDRAISER FOR SERRA MESA FOOD PANTRY

Time is running out to get your tickets for Sunday, July 14, 1:10 p.m. game with proceeds supporting our own Serra Mesa Food Pantry.





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ADDRESS CORRECTION REQUESTED

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Check out our Website at www.gethsemanesd.org

Gethsemane Lutheran Church... grounded in the gospel, anchored in Word and Sacrament, traditional yet creative, seeking to be God's people in this time and place.



Independence Day July 4



Weekly Opportunities

Worship with us each Sunday in July

8:00 a.m. Contemplative

Communion Service

9:30 a.m. Classic

Communion Service

July 28th is Gospel Sunday

Monday

10:30 a.m. Text Study

Except the 1st Monday in July—Join us on Tuesday, July 2

Tuesday

12:30 p.m. Centering Prayer