

Yankee Shuffle

This dance can be done as a line or a couples dance. We mainly teach as a couple dance with the couple in the cape position. You do not move around the floor but remain in one area.

Grapevine

1. Left foot to left
2. Right foot steps to left behind left Leg
3. Left foot to left
4. Kick with right

Grapevine

5. Right foot to right
6. Left foot steps to right behind right leg
7. Right foot to right
8. Kick with left pivoting $\frac{1}{4}$ turn to right on right foot

Your hand position will be with the man behind the lady and his hands on her shoulders grasping her hands.

9. Rock forward on left foot
10. Rock back on right foot
11. Rock forward on left foot
12. Kick right foot pivoting $\frac{1}{2}$ turn to left

You will need to drop left hands here and pickup after turn is completed. Men will now be in front of ladies and hand will be below their waists.

13. Rock forward on right foot
14. Rock back on left foot
15. Rock forward on right foot
16. Chug with left foot
17. Chug with right foot
18. Chug with left foot

Dance begins again

Chug is similar to a hop. Chug with right foot means that the right leg is in the air bent at knee and a hop is done on your left leg.

Note on the hand position: They will change somewhat as you rotate around the floor. Certain times the arms will be on the man's shoulders and/or the hand will be below waist level on the lady when the couple is in a forward/behind position. The hands are always in the cape position when the couple is side by side.

Note from Monterey Entertainment: this dance will go to any song that is used for the dance Blue Rose