

The One For Me

Choreographed by Kathy Hunyadi

Description: 32 count, 4 wall, beginner/intermediate line/partner dance

Position: Side by Side (Sweetheart) position, facing LOD

Music: **From Time To Time** by Rascal Flatts

STEP FORWARD, TOUCH, TRIPLE STEP BACK, STEP BACK, TOUCH TRIPLE STEP BACK

1-2 Step forward on right, touch left beside right

3&4 Triple step (shuffle) back at slight angle left (left, right, left)

5-6 Step back at slight angle right, touch left beside right

7&8 Triple step (shuffle) back at slight angle left (left, right, left)

ROCK STEP, TRIPLE STEP, ROCK STEP, COASTER STEP

1-2 Rock back on right, step left in place

3&4 Triple step (shuffle) forward right, left, right (3rd position)

5-6 Rock forward on left, step right in place

7&8 Step left back, step right beside left, step left slightly forward (coaster step)

SIDE TOGETHER, TRIPLE STEP, CROSS ROCK, TRIPLE STEP

1-2 Step side right on right, step left together with right

3&4 Step right to side, step left beside right, step right to side turning toes out slightly

5-6 Step forward and across right foot with left, step right foot in place

7&8 Step side left on left, step right beside left, step left slightly side left

JAZZ BOX WITH ¼ TURN RIGHT, WALK FORWARD RIGHT, LEFT, RIGHT LEFT

1-4 Cross right over left, step back on left, step forward on right turning ¼ to right, step left slightly forward

5-8 Walk forward right, left, right, left (small steps)

REPEAT