

Shadow

This is a couple dance. Partners are side by side, holding hands (ladies on the outside) and moving counterclockwise around the outside of the dance floor.

Please note: man's and woman's parts are opposite feet and are listed separately.

Men:

1. right foot steps 1/4 turn to right
 2. touch **left** foot **next** to right (*you are facing the lady*)
 3. left foot steps 1/4 turn to left
 4. touch right foot next to left (*you are facing line of dance*)
- Next 4 counts: drop lady's left hand, take her right as she turns ending directly in front of you. Pick up her left hand. left hands extended, right hands down at waist. This is a free spin.*
5. right foot steps in place
 6. left foot steps in place
 7. right foot steps in place
 8. left foot steps in place *These next 12 steps are done together*
 9. right foot steps to right at 45° angle
 10. left foot slides up to right
 11. right foot steps to right at 45° angle
 12. left foot slides up to right
 13. left foot steps to left at 45° angle
 14. right foot slides up to left
 15. left foot steps to left at 45° angle
 16. right foot slides up to left
 17. right foot steps back
 18. left foot steps back
 19. right foot steps back
 20. left foot steps back
- Drop right hands, next 4 steps are called a rolling vine. You will roll behind the lady.*
21. right foot steps to right
 22. left foot steps to right turning 1/2 turn to right (back line of dance)
 23. right foot steps to right turning 1/2 turn to right (line of dance)
 24. touch left foot next to right (*you have now exchanged places with the lady*)
- Pick up lady's right hand with your left*
25. left foot steps back, pivoting 1/2 turn to left on ball of foot (back LOD)
 26. touch right foot next to left [*pick up lady's left hand with your right*]
 27. right foot steps back, pivoting 1/2 turn to right on ball of foot (LOD)
 28. touch left foot next to right (*pick up lady's right hand with your left*) *Drop hands, next 4 steps are rolling vine. You will roll behind the lady.*
 29. left foot steps to left
 30. right foot steps to left turning 1/2 turn to left (back line of dance)
 31. left foot steps to left turning 1/2 turn to left (line of dance)
 32. touch right foot next to left (*you are in original position, pick up hands*)
 33. & 34. shuffle; right-left-right 35. & 36. shuffle: left-right-left 37, & 38. shuffle: right-left-right
 39. & 40. shuffle: left-right-left
- Dance begins again,*

Ladies:

1. left foot steps 1/4 turn to left
 2. touch right foot next to left (*you are facing the man*)
 3. right foot steps 1/4 turn to right
 4. touch left foot next to right (*you are facing line of dance*)
- Next 4 counts: drop your left hand and give man your right, as you turn ending directly in front of him. Pick up his left hand, left hands extended, right hands at waist. This is free spin.*
5. left foot steps to left

6. right foot steps to left turning 1/2 turn to left (back line of dance)
7. left foot steps to left
8. touch right foot next to left

These next 12 steps are done together

9. right foot steps to right at 45° angle
10. left foot slides up to right
11. right foot steps to right at 45° angle
12. left foot slides up to right
13. left foot steps to left at 45° angle
14. right foot slides up to left
15. left foot steps to left at 45° angle
16. right foot slides up to left
17. right foot steps back
18. left foot steps back
19. right foot steps back
20. touch left foot next to right

Drop right hands, next 4 steps are called a rolling vine. You will roll in front of man.

21. left foot steps to left
22. right foot steps to left turning 1/2 turn to left (back line of dance)
23. left foot steps to left turning 1/2 turn to right (line of dance)
24. touch right foot next to left (you have now exchanged places with the man)

Pick up man's left hand with your right.

25. right foot steps back, pivoting 1/2 turn to right on ball of foot (back LOD)
26. touch left foot next to right (*pick up man's right hand with your left*)
27. left foot steps back, pivoting 1/2 turn to left on ball of foot (LOD)
28. touch right foot next to left (*pick up man's left hand with your right*)

Drop hands, next 4 steps are rolling vine. You will roll in front of man.

29. right foot steps to right
30. left foot steps to right turning 1/2 turn to right (back line of dance)
31. right foot steps to right turning 1/2 turn to right (line of dance)
32. touch left foot next to right (*you are in original position, pick up hands*)
33. & 34. shuffle: left-right-left
35. & 36. shuffle: right-left-right
37. & 38. shuffle: left-right-left
39. & 40. shuffle: right-left-right

Dance begins again.