

## Bama Slam

Choreographed by Tom Avinger

Description: 32 count, 4 wall, beginner/intermediate social cha line dance

Music: **If You Want My Love** by Laura Bell Bundy

Start dancing on lyrics

### TOUCH, TOUCH, SAILOR STEP, TOUCH, TOUCH, SAILOR STEP

1-2 Touch right forward, touch right to side

3&4 Right sailor step

5-6 Touch left forward, touch left to side

7&8 Left sailor step

### LOCK STEP, SHUFFLE, LOCK STEP, SHUFFLE

1-2 Step right forward, lock left behind right

3&4 Chassé forward right, left, right

5-6 Step left forward, lock right behind left

7&8 Chassé forward left, right, left

### JAZZ BOX WITH TURN $\frac{1}{4}$ RIGHT; EXTENDED WEAVE

1-2 Cross, cross right over left, step left back

3-4 Turn  $\frac{1}{4}$  right and step right forward, cross left over right

5-6 Step right to side, cross left behind right

7-8 Step right to side, cross left over right

### ROCK RECOVER, CROSS SHUFFLE, ROCK RECOVER, STOMP, STOMP, STOMP

1-2 Rock right to side, recover to left

3&4 Cross right over left 2 x

5-6 Rock left to side, recover to right

7&8 Shuffle (stomp) in place left, right, left

REPEAT