

FEB
2016



ST. ANTHONY CATHOLIC COMMUNITY

PARTICIPATING MORE DEEPLY IN MASS THROUGH MUSIC



Our hand bell choir performs for the special liturgies of Christmas and Easter.



Anyone interested in singing is welcome in our volunteer choirs for each Mass!

The Church tells us that the instrument most suitable for the worship of God is the human voice. While some of us may not view sharing our particular voices as an act of stewardship, for those involved in the various choirs, singing at Mass is a way for members to deepen their faith by sharing their time and talent.

Rosie Johnson, the Music Director at St. Anthony's since 1977, knows firsthand how music enhances the liturgy.

"Music highlights and goes with the themes of the Scripture readings and the homily," Rosie says. "It helps draw out and make an impression of the Scriptures."

St. Anthony's has four choirs — one for each Mass time. Each choir has a leader who works with Rosie to prepare the music. Our musicians also participate in community life in other ways. Some help by providing music for our prayer group, while there is also a handbell choir that performs for the special liturgical seasons of Christmas and Easter.

Music is unique in its capacity to give the believer an experience of faith because of how it can emphasize the universal liturgy that is taking place, while also allowing for a personal spiritual experience.

"Music should open the assembly of believers to the faith," Rosie says. "Music can match the dimensions of meaning and feelings that are sometimes hard to express through words."

The musicians at St. Anthony's have an opportunity
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ST. ANTHONY CATHOLIC COMMUNITY

Living Lent in 2016

During the 40 days that Jesus spent fasting and praying in the desert, Satan was constantly tempting Him. He preyed on Jesus' humanity, trying desperately to get Him to test God. Of course, we all know that it didn't work. As Jesus is 100 percent God at the same time that He is 100 percent man, the devil was unable to take hold of Him.

Yet, the story of Jesus' temptation in the desert communicates an all-important truth to us. Jesus, the God-man, experienced everything we have and everything we ever will as human beings. Satan even tried to tempt Him, just as he tempts us every day. But because Jesus is God at the same time that He is human, He had no tendency to give in to Satan's attempts.

Even so, Christ fought Satan tooth and nail, putting him in his place: "Get away, Satan! It is written, 'The Lord, your God shall you worship, and Him alone shall you serve'" (Matthew 4:10). At that, the devil left Him.

We all find ourselves in similar situations. We live in a world wrought with sin, and, in his ever-so-cunning way, Satan makes the sinful look appealing. We must stand firm in our faith and tell Satan to "Get away," just as Jesus did. Only then will we truly experience the glory of the salvation Christ came to give. Lent offers us a particular time to fight Satan, taking courage in the resurrection that we are preparing to celebrate. It is a time that we spend focused on strengthening our relationships with the Lord. Armed with His power, which

we receive in many different ways, we can resist the temptations of the devil and accept the salvation Christ offers each one of us.

How can we do this? Get to know the Lord through prayer. Read the Scriptures often. St. Jerome tells us that ignorance of Scripture is ignorance of Christ. So, we must be steeped in Scripture. Read it daily - chapter by chapter, or verse by verse. It is, after all, the Word of God! Draw close to the Blessed Mother - she is eager to bring us to her Son. Join her at the cross, where she witnessed her most precious Son die for each one of us. Pray the Rosary - individually and as a family. It is a powerful prayer through which, with Mary, we walk through Christ's life, His Death, and His resurrection. Unite with Christ Himself in His suffering.

At a minimum, the Church tells us to fast and abstain from meat throughout the Lenten season. Catholics who are 14 years of age and older must abstain from meat on Ash Wednesday (which falls this year on Feb. 10), Good Friday (falling this year on March 25), as well as all of the Fridays throughout Lent. In addition, Catholics between the ages of 18 and 60 are required to fast on Ash Wednesday and Good Friday. Fasting is defined as eating one meal and two smaller meals, which, together, do not equal the larger meal.

The idea behind these requirements is to help us focus on the spirit of the season. We are to be preparing ourselves, just as Christ did, for the great event that won for us salvation!

A LETTER FROM OUR PASTOR

Lent – A Time of Preparation, Introspection and Change

Dear Parishioners,

Blessings to your hearts as we celebrate the Lenten season. This is the holiest time of year for Catholics. Lent, of course, officially begins on Ash Wednesday. Most of us are familiar with the traditional Lenten practices of prayer, fasting and almsgiving. Those are important in relation to repentance and renewal. Everything we do should remind us that Lent is a penitential season.

In the midst of this serious time, however, we must keep in mind that the word “Lent” comes from a Middle English word, which means “springtime,” and the time of lengthening of days. When we think springtime, our thoughts tend to be lighter and brighter. That is how we need to view Lent, just as we recognize the joy, colors and brightness of Easter.

In the Church over the past few decades, we as Catholics have come to the insight that Lent is more than a time to give something up. It is also a time to add something, to take action about our faith in ways that make it more meaningful and real. This does not mean we should not make sacrifices – we need to consider that while sacrifices may mean denying

ourselves something, they can also mean we are filling that denial with a positive action.

We are talking about conversion again. We are speaking of stewardship again. This is a time when we should be looking within ourselves. It is a time for introspection. How can we improve? Maybe we need to be a bit more patient with people in our lives – perhaps we need to adjust some of our attitudes. One thing we all need to do is to see and find the good in many small things in our lives.

Do we spend quality time with God, and with our families? Do we help someone in need? Do we set aside a time each day to pray? The possibilities for change and positive action seem quite endless. The point is to do it. Stewardship is a life of action – Lent should be a time of action.

Rather than being concerned about how others see us, this is a time for us to look at ourselves. Fr. Chaminade, the founder of the Marianist Family, reminds us “that the essential is the interior.” We may need to rethink and re-evaluate our



faith and especially our relationship with God. The Lord has called each of us to love and serve. Every day and every season is a time for us to carry out that call – but now, during Lent in preparation for Easter, this is very important indeed.

The 40 days of Lent are a time for us to live life as a disciple and as a steward of our God-given gifts.

Sincerely yours in Christ,

Fr. Roland Bunda, S.M.



Hui Na Lima Kokua: *Group of Helping Ha*



Just as a basket is intricately woven together, so are the lives of those involved with Hui Na Lima Kokua: Group of Helping Hands at St. Anthony Catholic Community. The Group of Helping Hands began roughly 30 years ago. Out of the ashes of the fire that destroyed the historic St. Anthony's in 1977, a new community of faith arose. It was a community that came together, giving what they had, to rebuild what was lost and start anew.

"The building of the new church heralded in a new era of volunteerism," says Valerie Standing, longtime member of the Group of Helping Hands. "Many ministries came about and formed out of the new church rising up, and within a couple of years, the craft ministry began."

One year at Christmas, after the new church was built, Valerie was wearing a sweater she had knit and was approached by a couple ladies asking where she got it.

"When I said I had made the sweater, the ladies expressed amazement and their desire to make a sweater one day - not thinking they could actually accomplish it," Valerie says. "I invited them to get together for knitting lessons and to make their wish of knitting a sweater come true. And thus were the humble beginnings of Hui Na Lima Kokua."

This group served social and fellowship needs in the parish, and over the years has become a tight-knit community.

"Participating in the Group of Helping Hands is like having a second family," Valerie says. "We can always count on the support of one another through joys and struggles in life, all while coming together to share our crafting skills."

Through the years, this group of crafters has become a mainstay at St. Anthony's and began to use the items they were making to assist other ministries within the parish to flourish. The Group of Helping Hands started to sell their goods at a local fair to raise money for the needs of the parish and other ministries. Eventually, this turned into the annual Christmas Bazaar - the main fundraiser for our parish - with all the proceeds benefiting the needs of St. Anthony's.

Quilting has come to be the staple craft of Hui Na Lima Kokua, originally introduced to the group by the late member Ellen Moniz.

"Ellen came from a long line of quilters and taught us all how to quilt," Valerie says. "When we first started making quilts,

Hands

they were all hand-sewn and took months and months to complete.”

The quilts made by Hui Na Lima Kokua are group projects – everyone helps piece them together – and are highly sought after.

The Group of Helping Hands seeks to serve not only St. Anthony’s, but also the community of Wailuku. Many items made by the group are donated to families in need, the homebound, hospitals, etc.

“Wherever we see a need, we try to fill it,” Valerie says. “Over the years we have become more of an outreach ministry, and are still able to have fun and fellowship in the midst of it all.”

What began as a small group of women learning how to knit and sharing in friendship, has grown into a ministry that truly are Helping Hands to the community. Every one of the members of Hui Na Lima Kokua is involved in other ministries as well – lectors, Extraordinary Ministers of Holy Communion, visiting the homebound, etc. – continuing to give of themselves.

“When I finally settled in Hawaii, I felt so welcomed and appreciated by the community at St. Anthony’s that I was driven to give back,” Valerie says. “When I come home from my time with the craft group, I’m strengthened by it and know that I can face the things life throws at me. This comes from a deep-rooted faith, sewn by a life of giving.”

Whether it is making banners and altar cloths for the liturgies, sewing a doll for a child in need, or making rosaries to hand out to visitors, the Group of Helping Hands does it all! They come together twice a month for some fellowship and crafting, all to serve those around them.

Maybe you have a special craft you would like to share or desire some fellowship and to learn a new craft – the Group of Helping Hands welcomes all to join them! For more information, please contact Valerie Standing at 808-244-5159 or vas@maui.net, or simply any one of the members of the group after Mass.

OUR FINANCIAL REPORT 2014-2015

Statement of Activities vs. Prior Year

7/1/2014-6/30/2015

INCOME

Offertory Collection	498,819
Other Regular Income	120,849
Revenue Subject to GET	45,939
Non-Scheduled Income	29,484
TOTAL INCOME	695,091

EXPENSES

Employment Cost	358,470
Professional Services	20,754
Insurance	2,104
Leadership Development	28,583
Supplies & other Services	83,380
Fundraising Expenses	7,580
Repairs & Maintenance	68,058
Utilities	29,696
Contributions and Assessments	216,603
Interest	
Taxes	2,348
TOTAL EXPENSE	817,576

Changes in Unrestricted Net Assets -122,485

Statement of Financial Position

6/30/15

ASSETS

Checking Account	24,626
Building Fund	37,909
Savings	28,305
Other Current Assets	
Property & Equipment	2,934,528
TOTAL ASSETS	3,025,368

LIABILITIES

Custodial Funds	70,430
Retained Earnings	86,558
Notes Payable	0
Unrestricted Assets	2,990,220
Temporarily Restricted Net Assets	643
Net Income	-122,483
TOTAL LIABILITIES	3,025,368

During the fiscal year, there were several costly projects that were completed, such as repairing windows in the chapel and lights in the church. The solar panels are currently in full operation, which will be a significant savings to the church. The church also sent several parishioners to the Religious Ed Congress.

Strengthening Marriages, *Marriage*

For Lee and Tanya Barbero, the goal for Marriage Encounter weekends is not just marriage enrichment. The Barberos – who have offered their time and talent to married couples all over Hawaii as a Presenting Couple for Marriage Encounter weekends since the early 1990s and have been presenters since 2007 – believe that what strengthens the marriage also strengthens the family. In turn, strengthening the family in turn strengthens the community.

“Marriage Encounter is the original marriage enrichment program in the Catholic Church,” Tanya says. “It was started nearly 50 years ago. It is a way for couples to reconnect in their marriages. It’s a weekend away, where we learn a communication skill that helps us to talk about the difficult and easy things in our lives in a format called ‘dialogue.’”

Lee and Tanya have been involved in Marriage Encounter since 1992. As Tanya notes, their parents were “Encounter parents,” so they each grew up with the idea of building strong marriages.

“We believe that strong marriages make for strong families,” Tanya says. “And strong families make for strong community, and therefore make a stronger, better world.”

Lee shares that he first experienced the effects of Marriage Encounter in his own home, when his parents began attending Marriage Encounter weekends. Even as a child, Lee was able to recognize positive changes in his parents’ marriage, and the way their deeper relationship affected the family as a whole.

“Marriage Encounter has been in Hawaii since the mid to late-1970s.” Lee says. “My parents and



Lee and Tanya’s wedding day – June 18, 1983, St. Anthony Church

uncles and aunts made a weekend, so I was exposed to the effects of Marriage Encounter weekend in my family and I wanted to experience that in my own marriage. It truly affected me as I was growing up, seeing my parents praying together, going to Church, all that stuff. I have hope for my family members and friends that they will get to experience a Marriage Encounter. We believe all couples deserve a Marriage Encounter weekend, whether they are Catholic or not!”

Marriage Encounter weekends, which are open to all married couples, are held three times a year – twice on Oahu and once on Maui.

Tanya and Lee have put the techniques from Marriage Encounter to work not only in their marriage, but also in the way they interact with their three children – Marlena, 30, their only biological daughter, and their two adopted children – Isaiah, 9, and Ivah, 18 months. The Barberos would like to encourage all married couples to give Marriage Encounter a shot.

“The weekend is presented by three married couples and one priest,” Tanya says. “We share things like communication styles, how we listen, recognizing the importance of our relationship with each other and then with God. We are not professional counselors. We aren’t asking couples to spill their difficulties in their marriages. We aren’t there to council them or provide professional help. We are there to share our stories. We believe that your marriage is a treasure that’s waiting to be discovered!”

Tanya and Lee believe that investing time and energy into your marriage will not only revitalize

Families, and Communities

Encounter

your marriage and family life, but will also bring new life to our parish.

“Attending a Marriage Encounter weekend is not only going to enrich and affect your marriage, but you’ll affect others in our parish,” Lee says. “When parishioners see the vitality of your marriage, it is a domino effect and that will only make our community more vibrant. When parishioners participate in ministry and in things like Marriage Encounter, it makes our parish a community, and our community will be better and our family life will be better. And every couple deserves marriage enrichment. The one thing that we said from the time we got married is that a wedding is a day, but a marriage is a lifetime.”

Tanya agrees that marriage enrichment is for every couple, young and old.

“It really is true!” Tanya says. “It’s the lifetime that matters. God will carry us through that. We’ve been through so much in our lives, which is why we have a passion for encouraging our parishioners to focus more on the family. Our dream is to strengthen the families in our parish through enrichment, offering opportunities for family to do things together in service, or in fellowship.”

Along with Marriage Encounter weekends in April, August and September, the Barberos are also hosting a one-day marriage enrichment on the “Five Languages of Love” here at St. Anthony, on April 16. The retreat is open to all married couples.



Ivah’s adoption day outside of the courthouse



Lee and Tanya giving a presentation



Ivah, Marlena and Isaiah celebrating Isaiah’s First Communion April 2015

For more information on Marriage Encounter, please contact Lee and Tanya Barbero at 808-268-1578, or via email at lee.tanyabarbero@gmail.com. If you would like to begin the online application for attendance at an upcoming Marriage Encounter weekend, please visit Hawaiiwme.org.

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Participating More Deeply in Mass Through Music

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not only to offer their time and their talents, but also to offer the gift of themselves through sharing their voices. This gift of music is a beautiful gift of praise and thanksgiving to our Lord – and it is a beautiful gift to everyone at Mass, as it invites those present to participate more deeply in the Church’s prayer life by offering a personal experience of the liturgy.

Rosie, having been involved in the Music Ministry for so long, considers music her way of life. Through music, Rosie has found a way to experience her faith deeply while being connected to the Catholic Church through the liturgy.

“Music is considered the most esteemed of the Church’s liturgical art,” she says. “It speaks to the soul more than any other element and opens us to the quality of joy that goes beyond words. It has strengthened and deepened my faith. Faith is an ongoing journey and music, especially at Mass, can be a way to experience the faith.”



*The handbell choir and regular choir
at the Midnight Mass, Christmas 2015.*

*If you are interested in sharing your
voice or learning more about singing
opportunities, please call or email
Rosie Johnson at 808-385-8049 or
rowzee1204@hotmail.com.*

LITURGY SCHEDULE

CHURCH CENTER :: **Saturday** 5:00 p.m. | **Sunday** 7:00 a.m., 9:00 a.m. & 5:00 p.m.

SAINT DAMIEN CHAPEL :: **Monday - Friday** 6:30 a.m. | **Saturday** 7:00 a.m.