

Central Nebraska Council on Alcoholism and Addictions Presents.....



The Opiate Crisis: Understanding and Treating the Opiate Addict *with Dr. Cardwell Nuckols*

The misuse of and addiction to opioids—including prescription pain relievers, heroin, and synthetic opioids such as fentanyl—is a serious national crisis. The CDC estimates that the total "economic burden" of prescription opioid misuse alone in the United States is \$78.5 billion a year, including the costs of healthcare, lost productivity, addiction treatment, and criminal justice involvement. Heroin, fentanyl and its many analogues have taken over as the leading force behind opiate addiction, overdose, death and criminality. Treatment professionals, criminal justice, first responders and the community at large are deeply and negatively impacted by these powerful and deadly drugs. This skills training event will introduce ways of understanding the opioid addicts experience as engagement and all attempts at intervention must start here. Both psychotherapeutic and pharmacological management will be discussed. For example, how can the clinician assist the addict in the management of overwhelming negative feelings and problems of sleep? How and when can pharmacological approaches such as buprenorphine, naltrexone and methadone be helpful in aiding recovery? The importance of discharge planning, "wrap arounds" and extended care is critical for many of the younger addicts as they may not be candidates for rehabilitation but for habilitation. More than fifty percent will have a history of early life developmental trauma. This training will take an honest look at a difficult-to-manage population and offer approaches designed to increase retention and enhance the possibility of long-term recovery.

WHEN: Thursday, August 30, 2018

TIME: 8:30am – 4:00pm (Doors open at 7:45am)

COST: \$145 per person

LOCATION: College Park, 3180 W. Hwy 34, Grand Island, NE

(Park on north side of College Park for easiest access)

Space is limited. Please register by August 15th to ensure your seat and receive special door prize ticket!

6.0 Criminogenic CEUs and

6.0 LADC CEUs have been

APPROVED!!!

Dr. Cardwell Nuckols is described as "one of the most influential clinical and spiritual trainers in North America." He has served the behavioral medicine field for almost 40 years and for the last 20 years is considered one of the leading experts in the world on addiction and recovery. Dr. Nuckols is widely published, having authored more than 60 journal articles, 30 books and workbooks, 50 DVDs, CDs and videos, and 25 audiotape series. His background includes advanced work in such areas as medical research, pharmacology, neurobiology and psychology. His personal spiritual path has involved studies into various spiritual traditions predominately early Contemplative Christianity. For over 35 years, he has gratefully served the healthcare industry in multiple capacities as a clinician, supervisor, program director and hospital administrator. Dr. Nuckols has consulted and trained with Labor Assistance Professionals (LAP), Employee Assistance Professionals Association (EAPA), The Central Labor Council (AFL-CIO), United Auto Workers, Stouffers, Boeing, DuPont, General Motors, Bechtel-Bettis, Ford Motor Company, United Airlines and other industries in the area of enhancing productivity. He served as a trainer and consultant to the Federal Bureau of Investigation (FBI), federal court systems, and branches of the armed forces specializing in the areas of antisociality, violence, and trauma. During his career Dr. Nuckols has been awarded multiple national honors as well as being recognized for his contributions to The American Society of Addiction Medicine's Patient Placement Criteria. Dr. Nuckols is on the review board of Counselor Magazine and serves as the conference chairperson for national conferences including the US Journal offerings "Neuroscience Meets Recovery" and "Counseling Skills."

Learning Objectives Discuss the opioid crisis from multiple viewpoints including pharmacological, psychotherapeutic and criminal justice perspectives. Discuss the subjective experience of the opiate addict and understand what "normal" means to them. Describe the relationship between early life developmental trauma and opiate addiction including the inability to successfully manage negative feeling states. Describe several psychotherapeutic techniques useful with opiate addicts. Describe the use of pharmacological agents with the opiate addicted population. Discuss the importance of discharge planning, extended care and support necessary for many of those addicted from an early age to reduce relapse and recidivism rates and increase propensity for long-term recovery.

Name: _____ Title/Profession: _____

E-mail: _____ Daytime Phone: _____

Address: _____ City: _____ State: _____ Zip: _____

Payment Enclosed: \$ _____ Check / Money Order / Purchase Order# _____

VISA / MC # _____ Exp. Date _____ Code on Backside _____

Mail your registration to: Central Nebraska Council on Alcoholism and Addictions, Attn: August 30 Workshop, 219 W. 2nd Street, Grand Island, NE 68801; **Telephone:** 308-385-5520 **Website:** www.cncaa.net

- CNCAA will no longer receive credit card information via email or fax. ALL credit card information must be taken via telephone or postal mail from individual. This is for the security/safety of all of our patrons.
- Any cancellation is subject to at \$25 processing fee.
- **Force majeure:** In the event CNCAA is prevented from carrying out its obligations as a result of any cause beyond its control, such as but not limited to acts of God, war, acts of terrorism, airline flight cancellations, strikes, lock-outs, flood, commercially unfeasible or failure of third parties to deliver goods or services, CNCAA shall be relieved of its obligations and liabilities for as long as fulfillment is prevented.