



GOING DEEPER: SUPPLEMENTAL WORKSHEET II

RELEASING "NEGATIVE CORE POLARIZED VALUE BLOCKS" / ADOPTING "PURE POSITIVE FEELINGS"

This supplemental exercise to Worksheet II in the Perfection Healing lab work aims to assist us in releasing opposition truths of the ego, the negative unreal truths that somehow "God is not Perfect Love, He created us to suffer, and His Love is less than All Encompassing! As we are willing to look at and own the miscreations we mistakenly made our truths (Miind Apps), the Holy Spirit guides us through releasing these insanities as we choose. When we do say "YES" to letting them go, our Holy Spirit corrects our perceptions, where the miracle of the awareness of God healing Love within us replaces these blocks of resistance with the Truth of God's Love, making His Miracle Healing a Real, Tangible Experience.

Instructions for this Supplemental Worksheet II: Read through each statement below where the ego tricked you into valuing fear as a defense of your peace and body. In truth, these are blocking your Awareness of Love's Pure Positive presence within you. Ask guidance to identify the level (a range, example 2-5) of "you current core value Truthd" that you believe & value as defenses of your peace, body, and spirit . After getting your ranges, ask your Guidance twice daily if you can release each in a gentle, loving way? If yes, continue with each one, if answered no, continue to go deeper and owning them... as we can't let go of something we deny as our creations. As you release the 'negative', consciously 'allow' its replacement to the positive, know that you seek only the NEW CORE AWAKENED VALUES at the bottom of the page. Here, you too can ask guidance and get how much you currently value God's truths scaled 1-10. When you feel ready or guided, write 'your new story, using the Pure Positive Feeling Reality "where you allow deeper God's Living Truth For You!"

MISTAKEN EGO BELIEFS WE MISTAKENLY ADOPTED DURING LIFE:			What Is "Your Truth" or Your Core Value Range Now?											NEW 100% Pure Positive Feeling Reality		
NEGATIVE Core Values/ Mind Apps Concerning People:			Zero						Either Way							Highly
People Mind Apps	1) Abandoned	I can feel or believe I can be abandoned by people:	0	1	2	3	4	5	6	7	8	9	10			I Feel Welcomed
	2) Abusive	I can feel or believe I can be abused by people:	0	1	2	3	4	5	6	7	8	9	10			I Feel Appreciated
	3) Betrayed	I can feel or believe I can be betrayed by people:	0	1	2	3	4	5	6	7	8	9	10			I Feel Honored
	4) Criticizing	I can feel or believe I can be criticized by people:	0	1	2	3	4	5	6	7	8	9	10			I Feel Praised
	5) Dejected	I can feel or believe I can be dejected by people:	0	1	2	3	4	5	6	7	8	9	10			I Feel Accepted
	6) Disrespected	I can feel or believe I can be disrespected by people:	0	1	2	3	4	5	6	7	8	9	10			I Feel Respected
	7) Hopelessness	I can feel or believe I can be hopeless about people:	0	1	2	3	4	5	6	7	8	9	10			I Feel Hopeful
	8) Vicious	I feel or believe people can be vicious/mean:	0	1	2	3	4	5	6	7	8	9	10			I Feel Kind, Loving
NEGATIVE Core Values/ Mind Apps Concerning Places:																
Places Mind Apps	1) Imprisoning	Certain places I can feel imprisoned:	0	1	2	3	4	5	6	7	8	9	10			I Feel Pure Freedom
	2) Inhibiting	Certain places I can feel inhibited:	0	1	2	3	4	5	6	7	8	9	10			I Feel Uninhibited
	3) Judged	Certain places I can feel judged:	0	1	2	3	4	5	6	7	8	9	10			I Feel Accepted
	4) Intimidated	Certain places I can feel intimidated:	0	1	2	3	4	5	6	7	8	9	10			I Feel Empowered
	5) Lonely	Certain places I can feel lonely:	0	1	2	3	4	5	6	7	8	9	10			I Feel Whole & Compete
	6) Lost/Separated	Certain places I can feel lost/separated:	0	1	2	3	4	5	6	7	8	9	10			I Feel Supported
	7) Love Unreceived	Certain places I can feel Love Unreceived:	0	1	2	3	4	5	6	7	8	9	10			I Feel Loved
	8) Powerless	Certain places I can feel Powerless:	0	1	2	3	4	5	6	7	8	9	10			I Feel Empowered
NEGATIVE Core Values/ Mind Apps Concerning Things:																
Things Mind Apps	1) Robbed	Concerning certain things, I can feel robbed:	0	1	2	3	4	5	6	7	8	9	10			I Feel Gifted
	2) Unsafe	Concerning certain things, I can feel unsafe:	0	1	2	3	4	5	6	7	8	9	10			I Feel Secure
	3) Untrusted	Concerning certain things, I can feel untrusted:	0	1	2	3	4	5	6	7	8	9	10			I Feel Trusting
	4) Unknown	Concerning certain things, I can fear the unknown:	0	1	2	3	4	5	6	7	8	9	10			I Feel Enlightened
	5) Unimportant	Concerning certain things, I believe it has/is unimportant:	0	1	2	3	4	5	6	7	8	9	10			I Feel Its Grandeur
	6) Useless	Concerning certain things, I believe/feel useless:	0	1	2	3	4	5	6	7	8	9	10			I Feel Only Usefulness
	7) Worthless	Concerning certain things, I can feel worthless:	0	1	2	3	4	5	6	7	8	9	10			I Feel Only Worthiness
	8) Limiting	Concerning certain things, I can feel limited is real:	0	1	2	3	4	5	6	7	8	9	10			I Feel Boundless
THE MIRACLE SHIFT IN PRECEPTION, THE "NEW" CORE VALUE, OUR AWAKENING WE ARE SEEKING TO EMBRACE:																
GOD'S APPS															Value Levels (1-10)	
	1. We Know We Are God's Sons and Daughters of God, Perfectly Expressing as are All our Brothers and Sisters!															
	2. We Once Again Walk and Live the Experience of a miracle filled life (places), for nothing threatening to Love exist.															
3. Our purpose and function in Life Becomes Perfectly Clear, acknowledging EveryThing as the Love, Light, and Truth of God.																