

# THE TEN COMMANDMENTS OF HAPPY MARRIAGE

- I. I SHALL HAVE NO OTHER PERSON (CONFIDANT) BEFORE MY SPOUSE TO CONFIDE IN.
  
- II. OTHER THAN GOD, I SHALL NOT MAKE ANYONE OR ANY THING EQUAL TO OR GREATER THAN MY SPOUSE.
  
- III. I SHALL NOT ALLOW ANYONE TO DISHONOR THE NAME OF MY SPOUSE OR FAMILY MEMBER.
  
- IV. I SHALL REMEMBER TO GIVE REST, TIME AND SPACE TO MY SPOUSE SO THEY CAN BE REFRESHED AND COMFORTED.
  
- V. I SHALL HONOR MY PARENTS, MY SPOUSES' PARENTS AND GOD BY CHERISHING MY SPOUSE AND BY BEING RESPONSIBLE AND RESPONSIVE TO THEIR NEEDS, WITHIN MY LIMITATIONS.

- VI. I SHALL NOT HARBOR ANGER OR HATRED AGAINST MY SPOUSE AND I WILL STRIVE TO RESOLVE CONFLICTS OR ELSE 'LET IT GO', BY TALKING OUR WAY TO THE END OF THE CONFLICT BY SUNDOWN EACH DAY.
- VII. I SHALL NOT COMMIT ADULTERY, FLIRT, LOOK AT PORN OR SUGGESTIVE ENTERTAINMENT OF ANY KIND, AND I COMMIT TO STAYING SATISFIED WITH MY SPOUSE.
- VIII. I WILL NOT STEAL ANYTHING BELONGING TO MY SPOUSE INCLUDING THEIR TIME, ENERGY OR RESOURCES AND STRIVE NOT BE DEMANDING, SELFISH OR MANIPULATIVE.
- IX. I WILL NOT LIE TO OR INTEND TO DECEIVE MY SPOUSE IN ANY WAY FOR ANY REASON AT ANY TIME.
- X. I WILL NOT COVET ANYTHING THAT IS NEAR AND DEAR TO MY SPOUSE INCLUDING THEIR 'ME' TIME, FREEDOM, CLOSE RELATIONSHIPS TO PARENTS OR FRIENDS AND I WILL PROTECT, SAFEGUARD, ENCOURAGE, FORGIVE, LISTEN TO AND SERVE MY SPOUSE AS I WOULD THAT THEY WOULD DO TO ME.