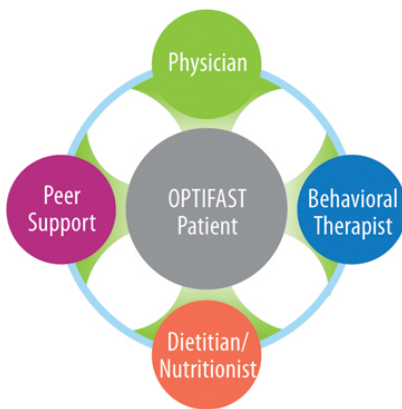




The OPTIFAST program

The OPTIFAST Program is a patient-centric, medically supervised weight management program that closely monitors and assesses progress towards better health and emotional well-being. The program, which usually lasts 18 weeks, utilizes a full meal replacement plan that transitions to self-prepared “everyday” meals in conjunction with comprehensive patient education and support.

The OPTIFAST Program is designed for the severely obese, those with a body mass index higher than 35.

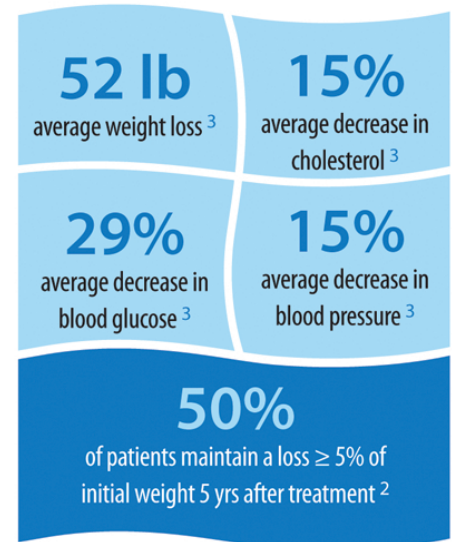


The OPTIFAST difference

The OPTIFAST Program succeeds because it treats the whole patient, focusing on more than just weight. A comprehensive medical weight loss program, OPTIFAST surrounds the patient with a team of healthcare professionals, including physicians, registered dietitians and lifestyle counselors to help patients achieve long-term weight loss. The goal is to provide patients with expert resources to address, modify and support lifestyle, behavior and diet decisions.

The OPTIFAST experience

- + More than one million people have participated in the OPTIFAST Program.
- + More than 80 peer-reviewed studies and a clinical database of over 80,000 patients illustrate the efficacy of the OPTIFAST Program.¹
- + A clinical study of 621 patients demonstrated that 98 percent of patients lost 10 percent or more of body weight within 26 weeks.²
- + Additionally, 50 percent of patients assessed five years after completing the OPTIFAST Program kept enough weight off to improve their health long term.²



* Cholesterol, blood glucose and blood pressure results based on individual patient values from baseline.

¹ Nestlé HealthCare Nutrition National Database, 1997, data on file Nestlé HealthCare Nutrition

² Wadden TA, Frey DL. A multicenter evaluation of a proprietary weight loss program for the treatment of marked obesity: A five year follow-up. *Int J East Disord.* 1997; 22:203-212.

³ Drawert S, Bedford K, Largent D. Change in glucose, blood pressure, and cholesterol with weight loss in medically obese patients [Chart]. *Obes. Res.* 1996; 4(SI):675



ULTIMATE
WEIGHT LOSS SOLUTIONS
Under Medical Supervision

OPTIFAST 800®

Package and Price list:

Package A:

• 18 week Package

Original Cost: \$2,745.00
With 5% DISCOUNT \$2,607.77

Weekly Payment Method

Pay Plan (18 weeks) \$152.50

Package B: No Transition Package

• 15 week Package

Original Cost: \$2,812.50
With 5% DISCOUNT \$2,671.88

Weekly Payment Method

Pay Plan (15 weeks) \$187.50

Package C:

• 10 week Package

Original Cost: \$1,789.50
With 5% DISCOUNT \$1,700.00

Weekly Payment Method

Pay Plan (10 weeks) \$178.95

Package D:

• 6 week Package

Original Cost: \$958.50
With 5% DISCOUNT \$910.56

Weekly Payment Method

Pay Plan (6 weeks) \$159.75

Package E: No Transition Package

• 4 week Package

Original Cost: \$750.00
With 5% DISCOUNT \$712.50

Weekly Payment Method

Pay Plan (4 weeks) \$187.50

Package F: No Transition Package

• 2 week Package

Original Cost: \$375.00

Weekly Payment Method

Pay Plan (2 weeks) \$187.50

Doctor Visit is not included and varies based on location of Office:
Oxnard: History and Physical - \$150 / Follow up - \$ 75
Thousand Oaks: History and Physical - \$185 / Follow up - \$85

*All prices are subject to change.

**\$99 due at time of registration