



Living Lent Through the Liturgy

The fourth Preface of Lent is titled: "The Fruit of Fasting." Fasting is to limit the kind or quantity of food or drink in order to draw closer to God: "For through bodily fasting you restrain our faults, raise up our minds, and bestow both virtue and its rewards, through Christ."

Stations of the Cross

During Lent, please come and journey with us as we pray the *Stations of the Cross* (Bilingual) on Friday evenings at 6:30pm.

La Via Crucis

Durante la Quaresima, vieni e partecipa alla *via crucis* (bilingue) il venerdì alle 18:30.



Mass Intentions for the Week

Monday: March 23rd

8:00am - †Raul Pinto

Tuesday: March 24th

7:00pm - †Annunziata Addario
(1 Month Anniversary of Death)

Wednesday: March 25th

8:00am - †John & Albertina Fernandes
7:00pm - †Anthony & Flavy Fulgado;
In Thanksgiving ~
Anthony James and Family
†Atlee Francis;

Thursday: March 26th

8:00am - Reparations for Sins and
Moral Renewal of Canada

Friday: March 27th

8:00am - †Maria and Miguel Pinto
7:00pm - †Alexander Kozlovic

Saturday: March 28th

8:30am - †Rudolph Julian Williams
5:00pm - For the People of Our Parish

Sunday: March 29th

9:00am - †Edmundo Almeida
10:30am - †Giuseppe Bildeno
12:00pm - †Mathias Mendonca



Coronavirus Preventative Measures in Place

The Archdiocese of Toronto continues to work with health officials to monitor the local situation regarding active cases of the coronavirus (COVID-19). Cardinal Collins has asked that at the Sign of Peace, refrain from shaking hands - a simple bow, nod or "Peace be with you" to your neighbour is appropriate. Please also continue to practice healthy hygiene - wash your hands with soap or use hand sanitizer regularly, remain home if you are sick, sneeze/cough into your sleeve and avoid touching your eyes, nose or mouth. Let us continue to pray for all those impacted worldwide by COVID-19.

An Act of Spiritual Communion

Whenever one is prevented from receiving the Eucharist at Mass for various reasons (e.g., the one hour fast has been broken, one is in a state of mortal sin, one is homebound, or a public Mass is not available, etc.) the Church encourages the faithful in these situations to make an act of "spiritual communion."

St. Thomas Aquinas defined spiritual communion as "*an ardent desire to receive Jesus in the Holy Sacrament and a loving embrace as though we had already received Him.*" It is an act which can yield us great benefits as St. Theresa of Avila noted: "*When you do not receive communion and you do not attend Mass, you can make a spiritual communion, which is a most beneficial practice; by it the love of God will be greatly impressed on you.*"

Prayer of Spiritual Communion by Saint Alphonsus Maria of Liguori:

"My Jesus, I believe that You are present in the Most Holy Sacrament.
I love You above all things, and I desire to receive You into my soul.
Since I cannot at this moment receive You sacramentally,
come at least spiritually into my heart.
Amen."

WEEK OF CONFESSIONS

Parishes throughout the Archdiocese of Toronto will have the Sacrament of Reconciliation available during Lent. Please consult the Archdiocese website for the location and confessional times.

Confessions at Our Lady of the Airways will be on Thursday, April 2nd:

8:30am - 12:00noon; 3:00pm - 6:00pm; 7:00pm - 9:00pm

Confessions will also be available at our neighbouring parishes as follows:

St. Patrick's Church - Monday, March 23rd to Friday, March 27th:

4:30pm - 6:00pm & 8:00pm - 9:30pm

Transfiguration Parish - Wednesday, March 25th: 10am - 12pm & 6pm - 7:30pm

St. Marguerite d'Youville Parish - Friday, March 27th: 12:00pm - 7:00pm;

Saturday, March 28th: 2:00pm - 4:00pm

St. Benedict's Church - Friday, March 27th: 8:15pm till finished;

Friday, April 3rd: 7:00pm - 9:30pm

St. Anthony of Padua - Monday, April 6th: 7:00pm - 9:00pm



Eucharistic Adoration



Our parish has Eucharistic Adoration in the church every Friday from 8:30am to 7pm. Can you spare a few moments from your busy schedule to come and spend some time before Jesus in prayer and adoration?

Let us pray...



Source of healing,
cast the light of
health and well-being on
those who've been
exposed to Coronavirus,
those who have
contracted the disease,
and those - God forbid - who
contract the disease in the future.

Bless them,
protect them and bring them
speedily to full recovery.
Bless all who are ill
with healing of body,
healing of soul
and healing of spirit.
Amen.



In today's Gospel we encounter Jesus healing a man who was born blind. In all of the Bible, this is the only healing of a man blind since birth, whereas other healings were of temporary blindness. The uniqueness of this great mystery offers us the ability to richly reflect on what it means to be good stewards of Christ.

Firstly, while the man was healed of his physical sight, the more remarkable miracle was his ability to grasp Jesus' true identity. When Jesus reveals to him that He is the Son of Man, the blind man boldly responds, "Lord, I believe." The blind man did not come to this realization on his own, but it was the Lord's working in his life that led him to this change of heart.

So too in all of us, it is the Lord and His grace that brings about our interior conversion. We must never fall into the temptation that our faith and charity is the result of our own strength or abilities. After the blind man's encounter, it says "he worshipped Him." As good stewards we should seek to imitate his example, falling down in thanksgiving and adoration for all of the grace and gifts the Lord has poured into our lives. Let us take a moment today to praise God most especially for the gifts of our Catholic faith and the Church.

~ Office of Formation for Discipleship,
Archdiocese of Toronto

La "luce" è uno dei simboli originali delle Sacre Scritture. Essa annuncia la salvezza di Dio. Non è senza motivo che la luce è stata la prima ad essere creata per mettere un termine alle tenebre del caos (Gen 1,3-5). Ecco la professione di fede dell'autore dei Salmi: "Il Signore è mia luce e mia salvezza, di chi avrò paura?" (Sal 28,1).

E il profeta dice: "Alzati, Gerusalemme, rivestiti di luce, perché viene la tua luce, la gloria del Signore brilla sopra di te" (Is 60,1). Non bisogna quindi stupirsi se il Vangelo di san Giovanni riferisce a Gesù il simbolo della luce. Già il suo prologo dice della Parola divina, del Logos: "In lui era la vita, e la vita era la luce degli uomini; la luce splende nelle tenebre, ma le tenebre non l'hanno accolta" (Gv 1,4-5). La luce è ciò che rischiarava l'oscurità, ciò che libera dalla paura che ispirano le tenebre, ciò che dà un orientamento e permette di riconoscere la meta e la via. Senza luce, non c'è vita.

Il racconto della guarigione del cieco è una "storia di segni" caratteristica di san Giovanni. Essa mette in evidenza che Gesù è "la luce del mondo" (v. 5, cf. 8, 12), che egli è la rivelazione in persona e la salvezza di Dio - offerte a tutti.



Vocations Corner...

"We must work the works of Him who sent me while it is day."

Are you being called to a life as an ordained or a consecrated person? If God is calling you to serve him as a priest, deacon, brother or sister, contact Fr. Chris Lemieux, Vocations Director at 416-968-0997.

Email: vocations@archtoronto.org

Web: www.vocationstoronto.ca

The Easter Triduum



Holy Week Schedule

Holy Thursday

April 9th

7:00pm ~ Mass of the Lord's Supper
and Washing of Feet
Adoration of the Blessed Sacrament
until 12:00 Midnight

Good Friday

April 10th

Liturgy of the Lord's Passion

10:30am ~ Italian 3:00pm ~ English
12:30pm ~ English 9:00pm ~ Tamil

7:00pm ~ Stations of the Cross (Bilingual)

Holy Saturday

April 11th

8:00pm ~ Easter Vigil Mass

Easter Sunday

April 12th

9:00am ~ English 12:00pm ~ English
10:30am ~ Italian 5:00pm ~ Tamil



Are you in grade 5, 6, 7, or 8?

All students in **grade 5 - 8** are welcome to our next
EDGE Night from 7pm - 9pm

For registration info, please call 416-968-0615 or
email: OLAyouth@archtoronto.org

**** CANCELLED ****
TILL FURTHER NOTICE

Are you interested in volunteer opportunities?

High school graduation are asked to email
OLAyouthministry@hotmail.com to get on the list
for **Parish Service Projects and Youth Events**
which will require volunteers.

Follow us on Instagram: [ourladyairwaysyouth](https://www.instagram.com/ourladyairwaysyouth)

OLA Young Adults

Programs and Events for ages 19 - 39.

Follow us on Twitter: [@Airways_YA](https://twitter.com/Airways_YA)