

Cheeseburger Rice

INGREDIENTS

1 pound ground beef, lean
1/2 medium onion, diced
1/2 tablespoon salt
3 tablespoons ketchup
1 tablespoon mustard
2 cups rice
2 cups water
4 1-ounce American cheese slices

- In large skillet, brown the beef and drain off the excess grease
- Add the onion and cook for another minute
- Add the salt, ketchup, mustard, rice and water
- Bring to a boil, cover and remove from heat
- Pour into casserole dish. top with cheese and serve

Serves 4