



## **Gathering In Kingston, WA – July 23, 1995**

**By: Raj Christ Jesus –**

RAJ OPENING COMMENTS: Good afternoon. I welcome you and I want to share with you that I always enjoy being together with you in this manner. What I want all of you to grasp more completely is that I am with you all the time, that you are always companioned with both me as well as your own guide. And I encourage you to take time during your days to at least stop and remember and acknowledge our presence. Just take a moment to remember that you are truly not alone.

I am not suggesting that you must listen to what we have to say. I am not suggesting that you have to ask questions or engage in conversation, but at least, at least hesitate any number of times during the day just to acknowledge and remember our presence and the fact that you're not alone.

You would be surprised how much difference that pause and acknowledgment will make in your life. Because although most of you don't deal with loneliness, and most of you never feel alone because you are with others—many others in some cases—everyday, it makes a difference to know that there are those companioning with you who are Awake, whose perspective is not biased by ego dynamics, who are therefore available to you to help you abandon your ego perspectives that get in the way of your knowing how to truly be appropriate. Appropriate, meaning being able to be a transformational presence, being able to be that which cuts through unpleasant ego dynamics to resolution, that which communicates an absence of fear that puts everyone else at ease. And I could go on and on.

The primary benefit for you in taking these moments to acknowledge that you are not alone is that if nothing else you are remembering that there are those available to you who have a perspective that they can share with you that can lift you out of what seems to be the prisons of limited perspective and hide bound beliefs. And if you remember nothing other than that a number of times during the day, you will find greater peace being experienced, generally speaking, without your having had to learn anything or do anything other than remembering that you're not alone.

So let us begin. Who has a question.

QUESTION: Good afternoon, Raj.

RAJ: Good afternoon.

QUESTION: There are many things that I would bring to our conversation. One in light vein I had a song come to me on my way up after we'd locked up our differential on the Freeway, but only a 45 minute wait we were able to change to my brother-in-law's car. The car was carried away and I do acknowledge though that I wasn't listening last week when I was told to put fluid in it. So the song that came to me was:

99 lessons of trust on the wall,  
99 lessons of trust.  
He takes one down,  
we walk right through.  
98 lessons of trust on the wall

RAJ: (Raj, chuckles)

**QUESTION: Although it didn't ring totally clear as I was trying to meditate. I have two questions. One very short: Is it to you I have been speaking the last three and a half years or two and a half years on my writing?**

RAJ: It is, yes.

QUESTION: Thank you.

RAJ: You are welcome.

**QUESTION: The question I have is not clear. I tried to draw it together our previous meeting a month ago. So please hear my heart as my words try to put it together. To try to gather my guidance it is sort of, "shut up, listen and yield." When I have come to the point, as I have tried to acknowledge, that being that all things are provided unto me in support. And yet this continues to be my issue. I'm sure I'm making it my issue, and I cannot see by that. But that's not what I'm asking you. What I would like to ask is, is there a point where we as co-creators with the Father join together in co-creation and intent but are not exercising willfulness in our eagerness to be one in the Creation of that which the Father has given us to create? Am I being clear?**

RAJ: Indeed. There is a point, yes. It is the point where you really yield. When you really yield you abandon any agendas you as the limited one you currently perceive yourself to be... just a moment... When you yield you abandon the one you have thought you were together with its goals no matter how excellent they were. And in the abandonment of the agendas that that one has had one becomes infilled with what you would call the Father's agenda, which you find yourself in the midst of, inseparable from and therefore part of, you might say.

But don't take these words too absolutely, because when this yielding occurs, when this abandonment of personal agendas occurs, the infilling I spoke of is really constituted of having nothing going on in your experience that distracts you from the Movement of Creation that God is being. And if you are not distracted from it in any way then you can find no boundary between it and you.

And so it is as though you are caught up in an infinite Movement that you can't identify as anything other than you, and yet not exclusively you. And in the sense that you are no longer acting in anyway at odds with the Movement of God you find that the Movement of God is the Movement of You. In that sense you are co-creators.

And I know this word has been used a lot in New Age philosophies and is also used in A Course In Miracles, but you must be careful because the ego would love to be a co-creator with God. And so when one is coming out of the ego frame of reference but still in it one can feel inspired to seek God because it will mean that one is going to be able to become a co-creator, as though you and God are going to sit down at the drawing board and discuss together what the potentials are and what will come out of those potentials by virtue of a mutual agreement between you and God. You see?

That is quite an empowering idea, is it not, that you could sit down at the drafting board with God. Well, forget it. Because when you abandon the sense of yourself that has agendas so that you may yield, so that you may yield to God, so that you may yield to Reality, this one who would sit down at the table with God disappears and you experience no separation from God whatsoever as something which can negotiate with God about what Creation will be. And yet, you will still be you. You will still experience identity, it's just that it won't be identity separate and different from other identities, even though everyone else experiencing identity also will continue to recognize themselves, but unseparated from you.

The key word is the word "yield." Another way of putting it is submit—insulting words to the ego, demeaning to most everyone's conditioned thinking. It's demeaning because the words are so absolute, the yielding must be so complete, total. The words really mean what they mean, because it is the exercise of will separate from the Father's will that seems to have created for you an experience of an existence of independence and authority, an authority which when you try and exercise it gives you a hit, a thrill that keeps you coming back for more.

And yet this exercise of authority or will separate from the Father's forever denies you the infinite experience of the Movement of Creation that it is your Birthright to experience as something inseparable from you, something with which you experience complete unity. This exercise of will also deprives you of peace. Because as long as you are in a state of self-denial, as long as you are denying God's point of view in favor of a point of view that you yourself are creating you are not in balance. And not being in balance is like walking a tight-rope. It is scary, at the least it is an uneasy experience. And in the presence of that uneasy experience there is no joy. There may be excitement. But there is not joy. Because joy is inseparable from peace. And joy is not thrilling.

Now, I do want to share with all of you today that peace is your most valuable asset. I did say asset because it is uninterruptedly yours. An asset is something that one says they own, it is something they possess. An asset is not something that you go out and get. An asset is something that is already yours. Peace is always and forever yours. It is built in, if you will. But it is unavailable to you as a conscious experience when you are engaged in exercising will—personal, private, authority—in which you never inquire to see what God’s point of view or perspective is, or what God is really being right where you are attempting to authoritatively create your life.

Now I am bringing this up because waking up is never ego satisfying. It’s never exciting. It may be moving, it may leave you in a state of awe and wonder, but it is not exciting, it is therefore never attractive to the ego frame of reference. It is by contrast boring. What arises out of the peace once you experience and abide with it is meaningful beyond anything you can imagine. But the choice for peace and the accessing of your peace is totally unsatisfying to your current way of thinking about everything, which is the reason that few people choose for their peace and choose for that step which opens the door to their being able to listen, hear, feel the peace of their being and in the absence of fear understand deeply that it is safe to yield.

And that’s just the beginning. But getting to that threshold where you recognize that it is safe and that you can yield is something you must choose for consciously and persist in arriving at without a pay off. It is important for you to understand that it will not be particularly interesting, it will most certainly not be stimulating, because the only thing that is stimulating is that which the ego thrives on to keep itself alive, or seeming to be alive.

Now I’m not meaning to paint a bleak picture. What I am meaning to do is to explain to you how it works so that when the ego comes up afterwards and says, “well, that can’t possibly be the way Home, with a capital “H”, because if it was it would be more dynamic. You would begin to hear the music of the spheres. You would begin to hear angels. And your guidance would come with a deep resounding voice that is unmistakably divine.” You see? And if you know that, it’s not going to be any of those things, because I have shared it with you. And then you find out that it isn’t any of those things, your ego will not be able to distract you from pursuing it by telling you how it ought to be if it really is a divine thing.

Almost no one who is here today has embarked upon their spiritual path for ego reasons. There is a motivation present that has not come out of life experience, but rather has come out of a deep place in which the Movement of your Spirit is occurring and is not escaping your attention. Some of you are experiencing this Movement because your experience of the world has caused you to lose faith in it and caused you to look deeper or further beyond what you thought it was all about.

And others of you have not seemed to need life experiences that cause you to lose faith in what you thought life was. And if you stay in touch with this, that is, coming from a little bit of you that is experiencing its capital “S” Sanity, you will find the apparent dullness or boredom of connecting with your peace not bothersome. You will persist for deeper reasons because there is an impulse in you that you are experiencing.

Now why am I telling you all of this in response to your simple question? Because, the idea of becoming a co-creator is of interest only to the ego. But your impulse to wake up, your impulse to uncover and experience what is divinely Real about everything isn’t coming from your egos. It is coming from that divine energy or Spirit in you that is not totally covered over. That part of you is not seeking to become a co-creator with God. That part of you is already at One with God. That part of you is already experiencing the Movement of Creation that God is without any experience of separation from it. And that’s why it has the power, even though it is so seemingly minuscule within your current sense of yourself, that is why it is powerfully enough, I will say, to give you the courage, to persist in the face of a process that seems particularly nonstimulating, and certainly a process that is not justifiable in the world’s terms.

And as that little part is allowed to expand by virtue of your giving your attention to it and valuing it for the unreasonable reasons that are coming from this Movement of Spirit in you, you will find your interest in being or becoming a co-creator with God being replaced with the discovery that you never were separate from God to become a co-creator. And that you will never be able to sign your name at the bottom of the work of art called the Movement of Creation.

What is boring to the ego is the peace of your Being, with a capital “B”, that your Soul is experiencing, which is providing you with the impulse to let go of a little bit more of your exercise of authority of willfulness, or the conscious act of will, which is providing the environment in which you experience enough safety to know that you can yield your exercise of authority.

It’s already happening. Does that answer your question?

**QUESTION: Well it relieves me of the responsibility to have a co-creative spark. But the question that comes as I was drawn to an organization in southern Nevada... All the words were right and the gentleman said, “what is it you want? Do you want to be in this movement of creating dreams and making things happen?” And I said, “yes, but only if I’m led.” And therefore, the question in “new thought” and so forth, is we’re taught to... “What is it you want? What is it your intent? Where do you put your attention to other than only seeking the peace of God?” And I’m in dichotomy of one is willful and one is not. I guess I thought there was some co-creation issues in there, but maybe my question is much simpler.**

RAJ: The only answer there can be to the question, “what do you want,” is, “I don’t know what I want until I check in with God.” There isn’t any me present to want anything that means anything until I let God through. And then that point through which God is flowing has Meaning. And then by virtue of experiencing the Movement of God through me, as me, I will know what I want. Because what I want is what the Movement of Creation in the act of. You see?

The impulse of creation could be called the establishment of a desire which fulfills itself, and the fulfillment is creation. And This does not occur in time. So you do not have one who then experiences a desire which then becomes manifest as creation. God experiencing being God is the experience of an impulse which is a desire, the function of which is to move into completion. And all of that is instantaneous. And it is, for lack of better words, constant, although that implies time.

What I am saying is that Being is a Movement that could be described as an impulse called a desire, the function of which is to fulfill itself, and the fulfillment is called Expression or Creation. That is the Movement of Being, not moving from here to there, but being the Movement that is Creation—I want to say endlessly, but again that implies time. Being, being a Movement that is ever Moving, let’s put it that way.

Now you can’t possibly know what you want until you abandon what the you you presently think you are wants and let in the Movement of Being. Then right where the you that would have wants like a swimming pool, or a car, or a big house, or freedom from debt, right there where the you wanted those things will be you experiencing the impulse, called a desire, the function of which is to move into fulfillment, and the fulfillment which constitutes Creation. When you feel that impulse, which for lack of better words we will say is God’s experience of impulse, that’s when you know what you want. And that impulse is what you want.

What that impulse is leading towards, and these are poor words, but when you feel that impulse you will know that what it is leading toward is what you want and you would no more stand in the way of the conscious experience of it. You would not stand in the way of it! You see? That involves yielding. But to ask what do you want, or as a current slogan says, “where do you want to go today,” you see, these things appeal to the current sense of yourself that all of you are entertaining. And so you say, “yes, what do I want?” And immediately considering that question as though it could mean something creates in you a sense of power of violable presence that could make a difference to you in your life. But what it does is, it distracts you a little longer from becoming still and saying in effect what does God want, more than that, what is God being? Another way of saying it that might seem less imposing is “what is Really happening here, right

now—Really, with a capital “R” happening right here, right now.” That gets you beyond any little personal wants.

That kind of question, “what is Really going on here now,” is a bridge out of a sense of private selfhood that has been substantiated for eons by your personal acts of will. It’s the bridge out of that, as I said, so that you can be still enough to experience the impulse, the Movement of Creation that is the Movement of You, that is the Movement of Your fulfillment, but not you tiny, You as the expression of God, You as who you truly Are.

The bridge out is to stop asking the question, “what do you want,” or, “where do you want to go today.” Another way of asking the correct question is, “where am I today?” “Where am I Really today?” Because if you are indeed at this very instant the direct expression of God, you must be somewhere, and you must be somewhere divine, and you must be somewhere in your integrity. You must be somewhere in the power of the presence of your Real Being.

To want to know where that is, where you are today is another bridge out of the realm in which you would say, “What do I want? Where do I want to be today,” which keeps you blind to your Birthright.

We will take a break and if you have a “yes, but,” we will pursue it after the break.

QUESTION: Okay.

**QUESTION: You asked the question do you have a “yes, but.” And the question is how... If my question is how can I see where I am more clearly, where am I blocking. I feel like I am going through the ninety-nine lessons on the wall. And I want to see it differently... Where am I blocking?**

RAJ: Ah-ha! Ah, that is not what I said to ask.

**QUESTION: No, okay, I’ll ask. I’ll ask. Where am I in the Kingdom today? I know I’m in the Kingdom today with my eyes all scrunched up wondering why the pile of bills... they’re coming to shut the utilities off. The Mercedes was dragged off the highway... it seems to be the same lesson over and over and over. And why am I blocking, or where am I blocking?**

RAJ: Or the same opportunity over and over...

**QUESTION: Yes. I was trying to be much more philosophical. But, belly to belly (?sounds like?) where can we go differently?**

RAJ: First of all, when you ask, “where am I blocking,” it is like looking for the end of the string, or looking for the end of the spaghetti in a ball of spaghetti that is made up of thousands of pieces of spaghetti and therefore there are at least 2000 ends. And if you are looking for the absolute end of the ball you will never find it, you will keep finding another piece of spaghetti. The ego will constantly supply you with explanations of why you aren’t seeing what’s really there, or why you aren’t experiencing where you really are, you see. It will be endless.

So do not ask, “where am I blocking,” ask “where am I”. Two things will happen: You will have the opportunity to listen. And I want to encourage all of you when you listen, don’t always listen for an explanation. I encourage you to listen for an experience.

Now two things will happen. One is you will be in alignment for clarification, whether it is words or whether it is an experience. Secondly, you will by virtue of asking, “where am I Really,” you will find arguments presenting themselves against your getting the answer. And these arguments will uncover to you where you are blocking. You will not have had to ask, “where am I blocking.” All you have to ask for is the ultimate, “where am I Really,” or, “what is Really going on.” All you have to do is to ask for the ultimate in order to have your blocks to the answer present themselves. So you don’t have to go on an internal witch hunt. All you have to do is ask for an ultimate.

Now either you can engage in examining the blocks that do come up, or you can say, “I’ll deal with you later, I’m listening for the answer.” “Where am I Really?” Say to yourself, “aside from all of my best conditioned thinking, aside from all of my excellent assumptions as to what Reality must be like, I am for the moment going to assume that I don’t know anything valid about it, and therefore I cannot possibly be listening for anything I already have an experience of. And so I’m going to listen for what I don’t know anything about. My desire is to be infilled with clarity I have never experienced before.” And then comes the boring part. The willingness to sit in the silence with no answer. The willingness to sit in the silence with no answer. This is where you find out how much willfulness you’re bringing into the process. Because if you are free of willfulness you will not say, “Hmmm, well I’ve been listening for twenty minutes nothing has happened. Hmmm, come on, come on, I have other things to do.” If you are willing to value the silence of not knowing, you will have provided the environment in which clarification can come.

What it is important for you all to know is that because it is your Birthright to be experiencing yourself in your total Sanity, which is another way of saying, experiencing your Birthright of not being ignorant of any aspect of the wholeness of the Movement of Creation, because that is your Birthright, everything is actually conspiring toward the end of your experiencing your Sanity and experiencing where you Really are. Like any healthy organism that immediately goes to work to heal an injury Creation is intent upon not being misunderstood, if I may put it that way. And so when you let yourself into the silence and the void of not-knowing, willingly, this intent of the infiniteness of Creation to register with you without your experiencing any misunderstanding of it has a fair chance of succeeding. You see?

It isn’t a matter of how well you are willing. It has nothing to do with skill. All it has to do with is a certain degree of genuineness you bring to your desire to



know the truth, which as I've said, is something different from knowing where you're blocking the truth. This is a most important point. Wanting to know the truth is different than wanting to know where you are blocking the truth. Wanting to know the truth is going for the ultimate. You see?

So, this piss-ant little self that might have thought that it wanted to be a co-creator with God doesn't have to have any skill whatsoever. Somewhere in the middle of this piss-ant little separated sense of self is what has been called the "divine spark", the energy of the Spirit of you that is Moving, that is the Sanity of your divine Self. And your willingness to be in the silence rises out of that little bit of capital "S" Sanity in you. And when you allow the silence, and you allow the not-knowing, and you have no vested interest in the outcome or what the answer will be, there is nothing present to block the experience of truth. And Creation, because it is its intent to register with you without any misunderstanding, has a place to fulfill its intent. So everything is on your side and will work on your behalf when you yield.

That's the end of the answer.

QUESTION: Thank you very much.

RAJ: Do we have anyone with a question that will have a short answer?  
(chuckle)

**QUESTION: Gosh, my ego was busy telling me that my question wasn't that important, and yet it is to me personally. I have a problem being in a quiet space listening, and so for the past year or so I have been using—what I'll describe as a crutch then—I use a pendulum at times to ask questions of myself. And the answers that I get, it has been my perception that those are from my guide. And can you tell me if that is legitimate?**

RAJ: It is indeed. It is a manner of becoming still because you are reaching beyond your reasoning, you are reaching beyond your thinking. In affect you are not sitting there trying to figure out the answer, are you? That is called silence, you see. You will find ultimately that it will lead to your capacity to experience the answers without the pendulum. In other words, you will not be stuck forever having to use a pendulum to access the truth. But in the meantime it is a manner of approaching truth which bypasses the tendency to block and lets you access that which is beyond your best judgment and your best thinking. Use it! That's the end of the answer.

QUESTION: Thank you very much.

RAJ: You are welcome.

You see—and I'm speaking to everyone—because Creation is intent upon registering with you without your experiencing any misunderstanding. You could say that it is constantly conspiring on your behalf and will reach you, will connect with you in whatever way you allow, wherever you create let us say an open door. And you're just allowing an open door in this fashion. Others do it in other ways.

They visualize a street light, a signal, red, yellow, green. And they let the light light up for yes or no or maybe.

Sometimes when Paul is afraid that he is getting in the way of an answer, he will ask me to answer the question yes or no in another language. And so I will do that, because he's not thinking, he's not listening for the answer in that language and is not projecting his expectation.

Wherever you open the door the conspiring Creation will register with you, because it is its intent and ultimately it is your intent for you to experience Reality without misunderstanding. Thank you for your question.

**QUESTION: This question relates to kind of a life long issue of the way I perceive it, kind of a limitation in my capacity to be around people for long periods or even as long as periods as most people I think can comfortably be with people. I'm just wondering what is the meaning of this limitation for me and what can I do, if necessary, to work through it or learn to live with it even better than I... I feel like I've already made progress with it, but learn to live with it better? It has to do basically with the capacity to be with people, comfortably with people for long periods of time.**

RAJ: Long periods of time, meaning hours or days?

**QUESTION: Well, for instance, I can spend easily a full day with work and enjoy it, you know and enjoy all the people. But when I come home in the evenings I feel a very strong need to be alone and for what I think is for longer periods than what would normally be required. Most people might come home to families and still feel or have the capacity to relate in a somewhat balanced way without feeling inner tension, whereas I feel a strong need to withdraw and a very strong need to... I have to, otherwise I get very anxious and tense.**

RAJ: What is the question underneath that question?

**QUESTION: Because of what I feel is a need for more solitude than most people would need I guess the bottom question to me is it makes me feel something is wrong when maybe not, but maybe so. And if so what can I do about it, if there is something wrong—there might not be.**

RAJ: No there is nothing wrong with it. And that is what needs to be put to rest in you. You are not handicapped. You are experiencing an inconsistency, an incompatibility, if you will. You recognize or sense energy. And the energy of competition, I'm going to say the energy of business is incompatible with your normal level of equilibrium. That you feel uncomfortable is appropriate. Everyone else should be feeling uncomfortable too, but their deep level of Sanity is covered over by their assumption that this is the way they must behave.

Now there is something you can do here because your ability to function in the world should not be incapacitated by what I'm going to call a greater experience of your Sanity. I want you from now on when you come home and you

take time to be alone to value it without an accompanying feeling of guilt as though there is something wrong with you. It is when you take this time to be alone that you ground yourself again in your Sanity. It is when you get your equilibrium back. What I want you to begin to do now is when you get your equilibrium back, hold on to it. In other words, do not abandon it when you once again engage with others. I encourage you to carry forward with you that groundedness. I want you to understand that you do not have to abandon it just because you feel an energy of inappropriateness.

You have gone out into your day, you have subtly shifted and you have become more uncomfortable and you have joined them in so many words, and then you come home and you bring it with you and you abandon it consciously by your choice to be quiet and alone. We need to reverse this. You need to ground yourself as you do and then don't abandon that, carry that forward with you into your day.

What you haven't realized is that you are not required to join the rat-race. You are not required to join with or defend yourself against the energy you feel around you. What you have to do is leave it to be what it is and you stay with your groundedness and bring that forward. You will find that as you do this and you're no longer burdened with a sense that there is something wrong with you—that perhaps you are too sensitive for your own good—you will find your ability to come from your groundedness extending further and further into your day. You will discover how exactly correct I am in my statement that you don't have to join them, and you never did.

You will then learn how to stay in your peace no matter what the energy is. And you will less and less need to isolate yourself to regroup yourself. That's the end of the answer.

QUESTION: Thank you.

RAJ: You are welcome.

**QUESTION: Now I'm nervous. My question is sort of, it sounds like a silly kind... to me it sounds like a silly question, except knowing my history: I've had a lot of loss in the last ten years through death of my family and friends and have sort of a narrow system in my children only. My question is...**

RAJ: I didn't hear that.

**QUESTION: Now the system is that I only have my children now as my family. And my sense is that I want to know if I'm going to ever find someone that I can have a loving, healthy marriage with, or if I'm going to continue to have to struggle by myself in doing the things that I'm doing?**

RAJ: I'm going to put it this way, it is not the way the things are unfolding for you to not ever be in a close, warm, loving, supportive relationship. However, something beyond your being in or out of a relationship is occurring. You have, in

terms of past lives, provided yourself with ongoing experiences of use and abuse. You have provided yourself with ongoing experiences of use and abuse. You have provided yourself with life experiences in which you were always subject to the will of others, especially men. And of course, you lived in times when as a woman you had no voice.

You are in the process of emancipation from that self-image or self-concept. You are in a process of breaking out of it and coming into a clearer experience of your sovereignty, of you wholeness, of your integrity that isn't subject to the opinions of others. And until this strength is more fully realized—and I will let you know that you are learning very rapidly—until this is more fully learned you will not be distracted by the kind of relationship you are asking for. Because if you have it too soon you will give your power away again.

Now I told you on purpose that you are learning very rapidly. I want you to be concerned less with how soon you will be able to be in a fulfilling relationship. I want you to replace that with the valuing with what you're learning, so that you may let it be fully incorporated. Don't water it down or drain off its energy by constantly wondering and fretting about why you don't have a fulfilling relationship. You don't have a fulfilling relationship because that's not what's on your plate. What's on your plate is the establishment, if you will of, or the substantiation of a woman with integrity, so that this woman with integrity is what you bring to your next relationship. That is what is happening here.

Now, you can put to rest the idea that it must be that there's something wrong with you, and that's why you're not in a new relationship—that you must be blocking it in some way. No, the coming forth of your integrity is what's blocking whatever would degrade that blossoming of your integrity and your conscious experience of your wholeness, you see.

So relax about this issue and let the establishment of your integrity take place without being drained of its impulse by your fretting about when and if there will be a relationship, and why isn't there a relationship and on and on and on, you see.

Those of us watching you who can see the larger picture watch with great joy as you break this habit of some lifetimes duration. It is taking courage, but the resolve to complete it is there. Then we say "Bravo!" That's the end of the answer.

QUESTION: Good afternoon, Raj.

RAJ: Good afternoon.

**QUESTION: I have a personal question and I'll try to keep it brief and keep emotion out of it. But it's something that's been very heavy on my heart for a very long time, and it's causing me a great deal of turmoil and I'm not experiencing peace. And it has to do with a relationship and a marriage that**

**I'm in. And my husband and I are separated and we've been separated for two years and he lives in another country and we have a little boy together.**

RAJ: He is with you or your husband?

**QUESTION: Our son is with me. And I have been wrestling with God's Will for me for such a long time in the relationship, now whether I need to be with my husband or whether I need to let it go and get a divorce. I pray and I want to do what God wants me to do, but I'm just not getting any answers.**

RAJ: What are the arguments that present themselves to you against getting a divorce?

**QUESTION: There's quite a history of it in my family. Both my mom and dad are each on their fourth marriages. My son is the main thing. I guess I want him to have maybe what I didn't. I don't know if it's my ego that's telling me to go or to stay or what. I'm just so confused. And it's been like this for so long. I have to make a decision because it's just tearing me apart and I can't get on with my life, and my husband can't get on with his.**

RAJ: You know what your son needs? The same thing you need. He needs you to get off the fence. You need you to get off the fence. He needs you to stop being in a circumstance that hurts. Because as long as you keep yourself in a circumstance that hurts you are teaching him, as well as yourself, that suffering is a part of life, that it must be tolerated, that—and this the most important part of the mislearning—that you have not the right to challenge it. Well, there's a phrase for it, it is a "suffer it to be so now," suffer it to be so, instead of refuse to indulge in it longer, you see. So you are teaching yourself something and you are teaching him something. And what you're teaching the two of you is confusion. And he needs clarity, you need clarity.

You're sitting on the fence undecided about staying in the marriage or getting out of it. You in your simple common sense—I'm not talking about your highfalutin ideas and best judgments—but you in your simple common sense know that it is not congruent for you to get off the fence on the side of maintaining the marriage.

There is a wonderful story which I will be very brief in describing. It is a story about a young woman who got married and whenever she made a roast she cut off the ends before she put it in the oven. Finally one day her husband asked her, "why do you cut off the end of the roast?" She says, "I don't know what the reason is, but my mother always did it and I assumed that it made the roast tender or more tasty or something. So I've always done it." So he asked his wife's mother the next time they were together. And she likewise said she didn't really know but her mother had always done it. Well finally one time when they were at a family gathering and his wife's grandmother was there, he cornered her and said, "I must know, everybody cuts off the ends of their roasts because you did." Why

did you cut off the ends of the roast?” And she said, “Oh it was very simple. My pan was too small.”

Now I’m telling you this because part of your dilemma is that historically it seems as though your family is not able to maintain marriages of any great duration. I’m going to ask you what if in each of those cases they got a divorce because it was profoundly clear to them that it was inappropriate for them to be married? I’m also going to say that it doesn’t matter what their reasons are or were but in this case, your case, you must be sure that you are staying in the marriage for intelligent reasons or getting out of the marriage for intelligent reasons whether anyone else did it or not, and whether it makes it look like you are continuing a chain of established patterns.

You may not know why they got divorced any more than the young bride knew why she cut off the ends of the roast or her mother or her grandmother. Don’t stay married based of assumptions about what went before. Stay married or get divorced because it expresses intelligence now. And you will be teaching your son something else besides the fact that you can say no to ongoing suffering. You will be teaching him that intelligence acted upon in the present is more important than what it’s going to look like, or what people will think.

It is time for some decisiveness. It is time to get off the fence. It is not justifiable for you to continue to “suffer it to be so now.” Because you have a life and you have freedom that it’s your Birthright to be experiencing. But you’re going to have to take hold of it. I am not meaning that you are needing to express authority and willfulness. I am saying that you need to be willing to fit into a picture of yourself, if you will, as one who has freedom and one who has integrity, and one who can dare to act on the basis of intelligence, and one who can say, “stop” to your suffering and not justify it. Absolutely no one involved is being blessed by your indecision. That’s the end of the answer.

**QUESTION: Well my wife and I have been reading in... I guess it’s a letter, isn’t it? ...from a humanity thing in Los Angeles, I think about this Photon belt that the planet seems to be entering. And according to the scientist in the article there seem to be a whole lot of effect on us from this, I mean it can even change the DNA patterns it says. I’m just wondering if we should be concerned about it or not?**

RAJ: No concern is called for. Relax.

QUESTION: Thank you.

RAJ: You are welcome.

**QUESTION: This should be a real short answer. I have all the documentation necessary to remove myself from various government control. I tried to do this with a lot of peace and love in this, but the repercussions could be quite serious. But I guess the question is, is it appropriate?**

RAJ: The control does not serve you, sovereignty does. It is appropriate, yes.

QUESTION: (Laughing) Right on!

RAJ: Your question brings up an interesting point that others can benefit from as well. The suggestion is that if you claim your sovereignty it can have consequences. The thought is, if you get off the fence it can have consequences. The thought is, if you yield and abandon the exercise of authority it can have consequences. And mind you the word consequences does not have a good meaning as it is being used here. The thought is, if you actually woke up, if you became fully enlightened it would have consequences. Mind you, the ego which is saying this never gives you specifics, it is just suggestions, “well, if you wake up you may ascend and never see your family again.” “If you wake up you will be dysfunctional in the world.” “If you wake up, people will be jealous of you and you will get the brunt of their jealousy.” “If you get a divorce, how will you take care of yourself?” You will give up perhaps what little bit of a reasonable life you have. In other words, if you actually followed the intelligent guidance that comes at the deepest levels of your being you will have to pay for it. It’s like if you are guiltless you have a problem, but if you are guilty you are part of the crowd and you are safe. You see?

“Nobody likes a nice guy.” “Nobody likes somebody whose Awake.” “Nobody likes somebody whose really intelligent.” “Nobody likes someone whose really sovereign.” You see? However you don’t like yourself when you’re not sovereign. You don’t like yourself when you’re not Awake. You don’t like yourself when you’re not expressing intelligence. So nobody is really in a rush to be too intelligent, or too Awake or too sovereign. And that’s the fact.

But do you know what? Anyone who takes small steps and incorporates intelligence and enlightenment that is experienced, and sovereignty, anyone who does not violate their integrity begins to feel less fear, begins to feel a capacity to be at peace with themselves. And as a result they begin to be more appropriate. And they don’t stand out like a sore thumb. And they don’t become the object of jealousy and attack.

I’ve told Paul a long time ago that as you get near the gates of Heaven the ego superimposes gargoyles all around the gate, implying that it is a fearful place to try to gain entrance to. And so when these arguments against sovereignty and against one’s integrity, and against one’s enlightenment and against one’s Awakening present themselves to you remember that it is just gargoyles attempting to scare you away. And I want you to ask yourselves, “why would the ego put gargoyles up?” Because you’re headed in the right direction. That’s why! And that direction threatens the existence of your ego—your sense of who you are, which isn’t who you Really Are.

So as some of you have found out, and some of you will find out the process of Awakening, the actual Movement of coming Home involved violating the ego's rules, violating the ego's incursion of frightening images or frightening thoughts that say, "if you do assert or express integrity you're going to pay for it." So you have to violate those and walk right through the images it presents. The consequences of intelligence are harmony and peace. The consequences of Awakening are finding that you fit into everything and everything fits into you—that you belong, if you will. The consequence of sovereignty has no more co-dependence. The consequence of sovereignty is fearlessness. The consequence of sovereignty is that there's no call to exercise power.

So I'm glad you asked that question.

**QUESTION: Well knowing that you and my guide are with me will make this easier.**

RAJ: That is what I said in the beginning today, yes, yes, yes.

**QUESTION: Thank you for being with us. The question that I have today is a difficult one for me. It involved divinity versus being human. And I have a son who is struggling with manic depression at the moment. And I don't know, he could be in a struggle for choosing to stay and live or not. And I need to know when I feel the pain of it...am I allowed to feel the pain of it, because it seems to me that what you're saying is if we relax into our own divine nature you don't feel that kind of thing. So the question is, is he struggling for his life? Am I being appropriate? And what do you do when you feel the pain and you don't think that you're supposed to?**

RAJ: Well, to speak very practically, you will feel the pain whether you ought to or not until it has worn you out, until you discover that it is not having any real meaning, that it is not accomplishing anything except that it is debilitating you. You can save yourself grief by realizing that it is not going to change one thing. Ahhh, so then why does one indulge in it? Ahhh, it's because you can't do anything about it. You can't do anything about his struggle with life and you want to be able to. You want to be able to save him. You don't want him to hurt and you want to be able to be the reason he doesn't hurt. But you cannot be. And if you cannot be, then you are left with only feeling guilty or you are left with feeling innocent with no accompanying grief.

Everyone is struggling with life as long as they are not Awake. And no matter how much help any of you have had you have not done your growing until you said okay. And then when you said okay you may have used the teachings, or the wisdom or the friendships that have been shared with you as you take your growing steps. But each one of you is the only one who is responsible for letting the growth happen. Just as you are the only ones responsible for blocking it, resisting it, delaying it. I know, it's because you're a mother. No it's not! That's



just an excuse for justifying a belief that you ought to be able to be an affective presence in someone else's life.

You know, I know that you know that I have spoken before about what happens when you begin to listen, that you become a transformational presence. I've said that haven't I? (no one responds) Hello!

QUESTION: You have!

RAJ: So now it sounds as though I'm saying you cannot be a transformational presence. Well, the only time you would be a transformational presence is when you're not trying to be a transformational presence. But you are being the unfolding of what is happening as Paul is doing at this very moment, which you have no tiny personal responsibility for. This means that when you are being a transformational presence you are not engaged in outcomes. You cannot set the agenda as to what the outcome will be, what the particular transformation will be. You cannot say, "I am going to be a transformational presence for him or her."

You become a transformational presence because there is no exercise of control coming into play and the other's have the space in which, for their reasons, to come to a realization that they are safe enough to let go of their cages that have provided them with a sense of structure and safety, but which have constituted a prison. But they are the one's who give permission for the clarity. They are the one's who say, "well, I'm going to try opening up the cage door and stepping out for awhile because I feel the confidence to do it." They will do it themselves, just as you take every step yourself when you're ready, and you give the word no matter how much help there has been.

Mr. Thoreau expressed a great wisdom when he said, "If I knew for a fact that someone was coming to do me some good, I would run for my life for fear that some of their good would get done to me."

Your son, or anyone any of you care about, has divine integrity just as each one of you does, but those whom you care about are not any different from each of you. And they will take their steps in the way they say they will take them just as you do. What you must understand is that their integrity is God derived whether they're ignoring it or not. And you must entrust them to their integrity because that's where the impulse of their being is coming from, not from you.

Now, I'm being very blunt, very clear and I'm not mincing words and I may sound as though I lack compassion. Shall I express a little bit of compassion and tell you to suffer, give you permission to feel grief, heartache, so that you may take an hour, a day, a month, a year to find out that you're sick and tired of engaging in this activity? And no matter how much you associated it with being a mother or a caring person, you've got to stop it because it's unprofitable. I won't do it! I encourage you to grow up. And not be fooled into believing that you're capable of fulfilling something that it's impossible for you to do and to realize the realization

that you can't do it doesn't make you guilty. It's your freedom from spending an hour, a day, a month or a year suffering needlessly in the name of love and motherhood.

I love you enough to put it to you straight.

QUESTION: I have two things to say. Can I give you a "yes, but?"

RAJ: Of course.

**QUESTION: Well one of them is I'd like you to come live in my float home for awhile so you could enjoy the dynamics with me. And the other one is that there's a point that I've come very close to this last Thursday where there was like an anger inside. And although it wasn't an anger it was just like a very strong sense inside that would hold me up and give me some relief and some freedom with the dynamics that were going on. And I chose not to experience that, but it chose to flow through and come out into a joyous life instead. What was that? Did I make the wrong choice?**

RAJ: Would you briefly restate the question?

**QUESTION: There was a point at which I felt an anger rising in me. And it would have been an anger that would make me strong and be able not to feel the pain as I saw him struggle. And I chose not to experience that anger, but I chose to experience the joy instead. What was that? I mean did I make the wrong choice?**

RAJ: Very simply you stopped overriding your integrity. You stopped trying to do the impossible, and you felt your freedom. Very often when all of you feel anger and tend to criticize yourself as having gotten caught up in the ego and lost control, you are really feeling from the tips of your toes what is principled, not as a principle but as part of the substance of you. And the anger is your misinterpretation of your direct experience of your integrity.

That is what happened to you.

QUESTION: Thank you, I got it.

RAJ: You are welcome.

QUESTION: Hello, Raj.

RAJ: Welcome.

**QUESTION: I would like you to comment on a concept that I had that seemed at least to me very illuminating. And it had to do with the idea of a matrix for the Soul. And that matrix would be unique for each individual but yet a part of the Totality of God or Consciousness, or whatever you wish. And that perhaps in order to somehow walk through many lifetimes, if we could somehow get a glimpse of this matrix of our own Soul, perhaps it would ease our trip a little bit, if you will. Would you please comment on that?**

RAJ: I cannot improve on expressing clearly what you have just expressed. It is true. I will only say that for those of you who are familiar with fractals—and I'm not going to explain fractals, and you can explore it on your own at another

time—but fractals are pattern that is repeated and repeated and repeated and repeated. A fern leaf is very much a manifestation of what is being called a fractal design, because you can take the whole leaf and then you can take a branch and you will see that the branch is a smaller version of the whole leaf. And on the branch there are other branches that are smaller copies of the branch. And no matter how far you go into the minuscule you find that it is the same pattern. And yet, the repetition of the pattern at varying sizes expresses more infinitely the basic pattern and cannot be called unnecessary, or shall I say unnecessary repetition, because in the repetition it is something different.

I will not go any further into that. But the point is that there is a divine pattern which is infinitely self-expressed and everything and everyone are that pattern infinitely expressed.

And you do not understand the seeming variation in forms, but that which the forms identify or render visible—in other words the Soul or Spirit or Mind, the identity of each of you—is identical. And I have spoken before on these Sunday afternoons about the fact that everything and everyone is at the same time universal and specific.

Now, I really have distracted everyone from the simplicity of what you expressed, and that was not my intent. But there is unity and diversity. And the separation you all experience between things is not actually there as a fact. That is why as you begin to Awaken, you begin to recognize yourself in everything no matter what you're looking at, whether it is a broad view or a tiny focused view you will feel the words, "it's just like me." You will have at one and the same time an experience of identification with the smallest particle and the infinite manifestation of Creation. And for lack of better words, in that full scope, from the infinitesimal to the infinite you experience being the Movement of Creation that is God, and you have become the co-creator that we spoke of at the beginning—co-creator because in the full spectrum, from the infinitesimal to the infinite you recognize yourself in it. And what it is that you recognize yourself in is the Movement of Creation, called God.

I thank you all for sharing your time with me. It has been a pleasure being with you.

QUESTION: Thank you very much.

RAJ: You are welcome. I look forward to the next time.