

Retreat Registration Form
Insight Meditation Community of Charlotte
March 29-April 1, 2019

The retreat will be from supper on Friday night, through lunch on Monday. Check-in is between 3 - 5 PM on Friday. The location is the *St. Francis Springs Retreat Center* near Stoneville, NC; about 2 hours from Charlotte. The registration fee includes lodging and all meals (vegetarian). The retreat will be held in Noble Silence. Previous meditation experience will be helpful, but not required. Chairs and a limited number of meditation cushions and mats will be available. If you have your own, please bring them.

To register, complete the following information and return it with your deposit via U.S. Mail to: Ana Acosta 4815 Water Oak Road, Apt 3, Charlotte, NC 28211

Name _____

Street Address _____ City _____ State _____ Zip _____

Telephone number(s) _____

Email address: _____

Desired accommodation:

- Triple retreat room (\$285.00 for 3 nights, deposit \$142.50)
 - Double retreat room (\$315.00 for 3 nights), deposit \$157.50)
 - Single retreat room (\$405.00 for 3 nights, deposit \$202.50; Limited Availability)
- If requesting a single and all singles have been taken, is a double acceptable? YES NO

Roommate preferences? _____

Amount of deposit enclosed (\$_____) (50% of 3 day rate) - please make check payable to: **IMC Charlotte**. (Sorry, we do not presently have the ability to process credit cards.) If you would like to request a scholarship, do not enclose payment. Instead, please contact Denise Owens at ddherenow8@gmail.com.

Payment in full must be received no later than: March 8, 2019.

IMCC Cancellation Policy: 1) Registrants cancelling before February 25, 2019 are entitled to a full refund; 2) Registrants cancelling March 8, 2019 or after will forfeit their deposit; 3) No-shows are not entitled to any refund.

All meals will be vegetarian. Any special needs will be accommodated to the extent possible. Please describe any special needs:

If you would like to offer or request a ride, please indicate this here: Offer Request
IMC Charlotte will not organize rides, but will share contact information with others who offer or request rides.

At the retreat's end, there will be an opportunity to offer dana (donations) to the leaders.

Emergency contact (required):

Relationship to you:

Email:

Contact's Phone: Day:

Evenings: