

**Insight Meditation Community of Charlotte  
Fall Retreat Registration Form  
September 20 - September 22, 2019**

The retreat will be from supper on Friday night until approximately noon on Sunday. Check-in is between 3 - 5 PM on Friday. The location is the *Heartwood Refuge & Retreat Center in Hendersonville, NC*; about 2 hours from Charlotte. The registration fee includes lodging and all meals (vegetarian, with vegan & gluten-free options). This retreat will be held in Noble Silence. At the end of the retreat, there will be an opportunity to offer dana (donations) to the leaders.

**To register, complete the following information and return it with your deposit (50% of 2-day room rate) via U.S. Mail to: IMC Charlotte, 3900 D Park Road, Charlotte NC 28209.**

Name \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone # \_\_\_\_\_ Email address: \_\_\_\_\_

Desired accommodation:

Double room (\$180 for 2 nights, deposit \$90)

Single room (\$240 for 2 nights, deposit \$120; *very limited availability*)

If requesting a single and all singles have been taken, is a double acceptable?  YES  NO

Roommate preference? \_\_\_\_\_

Amount of deposit enclosed (\$\_\_\_\_\_) (50% of 2-day rate) - please make check payable to: **IMC Charlotte**. (Sorry, we do not have the ability to process credit cards.) If you would like to request a scholarship, do not enclose payment. Instead, please contact Linda at [IMCCncregistrar@gmail.com](mailto:IMCCncregistrar@gmail.com).

**Payment in full must be *received* by September 4.**

**IMCC Cancellation Policy:** 1) Registrants cancelling before August 20, 2019 are entitled to a full refund; 2) Registrants cancelling from August 20 to Sept 4, will forfeit their deposit; 3) Registrants cancelling after Sept 4 are not entitled to any refund.

**P e r s o n   t o   c o n t a c t   i n   a n   e m e r g e n c y   ( r e q u i r e d )**

Relationship to you \_\_\_\_\_

Email \_\_\_\_\_

Contact's Phone: Day \_\_\_\_\_ E v e n i n g s \_\_\_\_\_

If you would like to offer or request a ride, please indicate this here:  Offer  Request  
IMC Charlotte will not organize rides but will share contact information with others who offer or request rides.

Please list any medical, food, or mobility notes or other preferences you wish to share with us:

gluten-free diet  vegan diet  have Epi-pen  use CPAP