

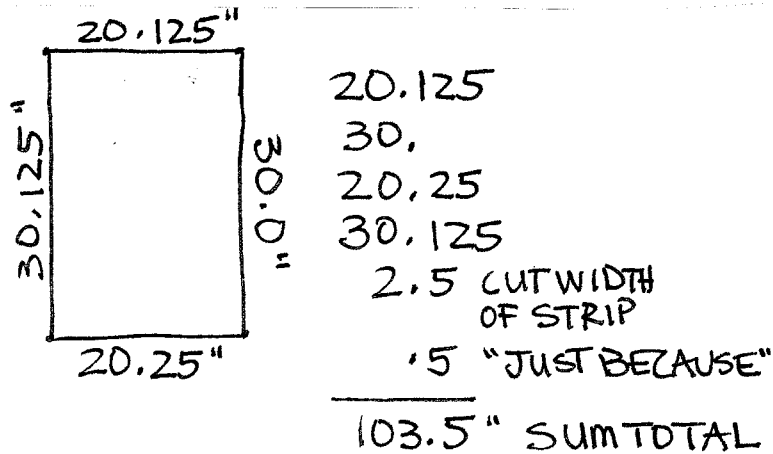
"Binding in the 21st Century"

Part 1: Sew The Binding Into A Loop First

by Wendy Hill

With this method, the binding is *measured, cut and sewn together in a continuous loop* BEFORE pinning the binding to the quilt! Like me, maybe you experience some level of dread about that final step of sewing the ends of the binding together while wrestling with the bulk of the quilt. Never again when you use my method.

1. Measure and write down the *exact measurement* of all four sides (to nearest 1/8").
2. Add the *cut width* of the binding strips.
3. Add 1/2". Add up the *sum total* from Steps 1, 2, and 3 (all four sides, plus the cut width of the binding, plus one-half inch).



4. Make enough binding to exceed the sum total by a few inches. (I make a double French fold binding, with seams joined at a 45° angle.)

5. Cut one end of the binding at right angles to the fold. Measure the binding with a measuring tape- mark a pin at the end-spot that is equal to the *sum total* in Step 3. (Tip: measure twice, cut once.) Cut at right angles to the fold at the pin.

