

Monthly Memberships

Bronze

Silver

Gold

Platinum

Diamond



www.insidertrainingfitness.com



Bronze

Silver

Gold

Platinum

Diamond

Metabolic Profile

✓

✓

✓

✓

✓

Fitness Program

✓

✓

✓

✓

✓

Metabolic Re-Assessment

+\$50

✓

✓

✓

✓

Health & Fitness Report

N/A

✓

✓

✓

✓

In-home PT sessions

1

2

4

8

Monthly Pricing:

\$159

\$199

\$399

\$599

\$999