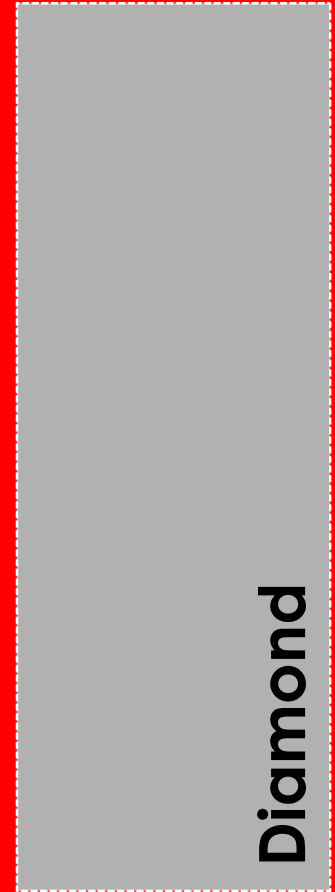


# Monthly Memberships





**Bronze**

**Silver**

**Gold**

**Platinum**

**Diamond**

**Metabolic  
Profile**

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√

√

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√

**Exercise  
Program**

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√

**Quarterly  
Health &  
Fitness  
Report**

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√

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**In-Home  
Personal  
Training**

**1**

**2**

**4**

**8**

**Personal  
Meal Plan**

√

√

√

**Heart Rate  
Monitor**

√

√

**Price:**

**\$119**

**\$149**

**\$199**

**\$399**

**\$699**