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Press Release

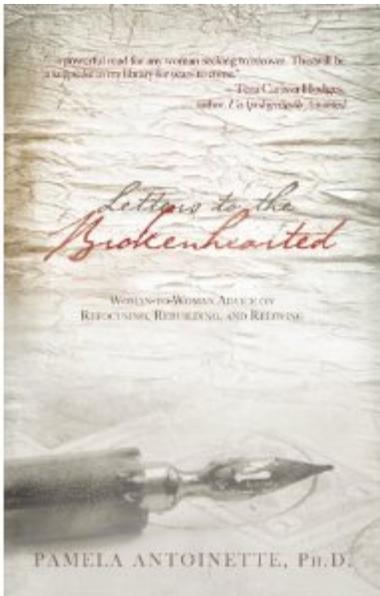
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Local Author Launches Self-Help Book for the Brokenhearted (Atlanta- February 9, 2013)

Author, Professor, Public Speaker, Dr. Pamela Antoinette is releasing her non-fiction, self-help novel *Letters to the Brokenhearted: Woman-to-Woman Advice on Refocusing, Rebuilding, and Reloving*, February 15, 2013

Take a quick glance over your shoulder. Odds are, at least one of those women standing behind you has been brokenhearted for years--raising kids, running businesses, even playing the field--all with the burden of the past still hanging on their shoulders. Or is that woman you? We ladies hide it well because we believe we have to. Whether our hearts were broken recently or years ago, many of us struggle with trust, new relationships, and how we see ourselves. We don't have to be brokenhearted anymore. We can embrace lives that enable us to fully trust, fully love, and fully live. "Letters to the Brokenhearted" speaks passionately to the woman in need of a strategy to finally heal, stay strong, and take her life to the next level by: Refocusing the

strengths in her life; Rebuilding what has been damaged; and Reloving with a new purpose. After all...this is your life, right? It's time to start loving it!

Meet the Author- Dr. Pamela Antoinette and Tandem Light Press invites you, Friday February 15, 2013, at Atlanta's Green Room, 25-D BENNETT ST, ATLANTA, GA 30309 at 8:00pm, for a meet and greet. Dr. Pamela Antoinette will be there reading excerpts of "Letters to the Brokenhearted" Copies of the book will be available for purchase. There will be a \$7 entrance fee.

Be sure to visit her website at www.pamelaantoinette.com