

January 2017

Monday 1/2	Tuesday 1/3	Wednesday 1/4	Thursday 1/5	Friday 1/6
meat sauce spaghetti steamed broccoli tossed salad whole wheat bread orange juice sliced peaches	baked ziti green beans steamed corn tossed salad lite tuna salad lowfat milk fresh apples	roasted chicken french fries steamed broccoli tossed salad whole wheat bread orange juice sliced peaches	rice and lentils spanach jiben tossed salad lite tuna salad whole wheat bread lowfat milk sliced peaches	lite tuna salad whole wheat pita bread sliced american cheese cucumber slices lowfat milk applesauce
Monday 1/9	Tuesday 1/10	Wednesday 1/11	Thursday 1/12	Friday 1/13
chicken cutlets mashed potatoes w/ gravy tossed salad lite egg salad whole wheat bread orange juice fresh apples	fish sticks spaghetti w/ marinara string beans tossed salad whole wheat bread lowfat milk pineapple tidbits	chicken tenders roasted potatoes lite egg salad tossed salad whole wheat bread orange juice sliced peaches	pita pizza steamed corn lite tuna salad tossed salad whole wheat bread lowfat milk	lite tuna salad whole wheat pita bread sliced cucumbers sliced american cheese lowfat milk applesauce
Monday 1/16	Tuesday 1/17	Wednesday 1/18	Thursday 1/19	Friday 1/20
hamburgers french fries lite egg salad tossed salad whole wheat bread sliced peaches orange juice	macaroni and cheese setamed broccoli tossed salad lite tuna salad whole wheat bread lowfat milk fresh apples	No Lunch	No School	No School
			W I N T E R	V A C A T I O N
Monday 1/23	Tuesday 1/24	Wednesday 1/25	Thursday 1/26	Friday 1/27
No School	No School	No School	No School	No School
W I N T E R	V A C A T I O N	W I N T E R	V A C A T I O N	W I N T E R
Monday 1/30	Tuesday 1/31	Served on Meat days:	Served Daily:	
chicken tenders yellow rice string beans tossed salad whole wheat bread orange juice fresh fruit	chef's tomato soup grilled cheese sandwiches tossed salad sliced cucumbers whole wheat bread lowfat milk sliced pears	orange juice	whole wheat bread fresh fruit	
		apple juice		
		Served on Dairy days: non fat milk lowfat milk		